DHAKA, FRIDAY, JULY 23, 2010, E-MAIL: it.telecom@thedailystar.net

Nevertheless, we cannot contro-

vert the fact that rapid advances and

continuous innovation in technology

have made the world a smaller place.

The internet has made it possible to

access information and communi-

cate free of charge with a person

sitting at the other end of the world at

slowly entered our lives and become a

part of our daily activities, even with-

keep in mind the best and worthy use

of it. Our goal is a harmonious bal-

ance between our daily productive

lives and feeling like we are still clued in on the world around us being

Let us see whether the points

Schedule your surfing -- Give

below can help us come up with ways

to take away the distraction part from

yourself a block of time to catch up on

all your Facebook contacts, personal

out our conscious knowledge.

It is amazing how technology has

When using technology, we should

the click of a button.

completely digitised.

email, and news feeds.

the equation.

# Digital distractions





SHAMRIN AFIA ADIBA

Imagine you are sitting in your living room, looking at your friend's new photos on Facebook. Old friends start to send instant messages, and you have your email account open on a different window. Other links are also open, where you are browsing for information. Your television is also switched on and your cell phone rings, you pick it up, and while conversing, you try to read and send a text message. Looking obliquely from the corners of your eyes at the computer screen and someone enters your room and you finish your important family talks.

You must be thinking that this is exactly what you do. It doesn't take PC World recently publish much imagination to conjure up this scenario, because in this era of technology, all of us go through this situation. But a growing body of research suggests that people are paying a mental price for their addiction to electronic gadgets.

Today's office workers face a lot of distractions. There are some with a Facebook obsession and others who check multiple e-mail accounts throughout the day. Inside office cubicles, workers can surf the web or text without worrying about whether anyone is looking over their shoulder.

It is also common for students to browse the internet with their cell phones in classrooms and while riding CNGs three-wheelers or rick-

Digital distractions are every-

We have so many ways of communicating that it's nearly impossible to simply answer a call, research something online or jot down a note with-

PC World recently published an article saying the biggest digital distracters are calls and texts from our cell phones, emails, instant messages and social networking sites, like Facebook and Twitter.

The article is great because so many of us don't realise how much

facebook.

time we drain on these forms of remote communication. They've become so deep-seated in our day to day lives that, for some of us, it's hard to imagine what the world would be like if we didn't know whether someone has changed his/her profile picture or not, or what your cousin and friends abroad are doing.

In 2009, David McCandless, a writer, conducted a survey, The Hierarchy of Digital Distraction, to spot the attention-grabbers. The iPhone and e-mail topped the list.

The hierarchy showed the entries at the top of the pyramid wins attention over the lower levels. Landline still has a place, but it is thoroughly trumped by anything coming in on your iPhone. Facebook makes a surprisingly low

showing, occupying only the lowest two levels of the hierarchy.

At the very top of the pyramid is the ultimate arbiter of them all: significant other closing the laptop lid on your fingers. At the very bottom? Any kind of actual work.

If you are constantly refreshing a favourite site or pressing send/receive on your mail client, then

message screen name.

reasonable basis.

you are not actively engaged -- you are probably avoiding your long-term priorities, which show you are wasting time and energy. While you are trying to read

Create a schedule that allows you to check in with your inbox, friend's

Limit yourself to one email ac-

list and social networking friends on a

count, Facebook page and instant

something online, do not log on to social networking sites. Stick to that very topic, do not open more than four or six links on different topics or else, you will end up remembering nothing. Settle on a schedule that works for

you. We all have different priorities, commitments and levels of activity. Determine how much time you can comfortably spend "plugged in" to these digital distractions and work from there.

If possible, make more time for people, not people's emails, status updates or instant messages. When we engage with people face-to-face, we're able to dive a lot deeper into conversation, resulting in a pleasant experience for both parties.

Limit the number of times you check your phone while you are really working on something online.

A break from work should be a restorative action, chatting with a friend online about your project isn't a break. It's a distraction.

Distractions exist because we allow it. It's human nature to wonder what we're missing and we want to be the first to receive an update from a loved one or a piece of gossip from a well-placed source. E-mails, text messaging, push updates, and chat sessions may make us more productive than we've ever been -- in fact, they may be vital in helping us do our jobs, but for many, it may reduce the ability to focus on a single task for more than a few minutes at a time. Rather than multitasking, we are being distracted.

## Bronze for Bangladesh at WCG

IT.TELECOM DESK

Bangladeshi Arafat Jani made sure that the team returned home from the WCG 2010 Asian Championship with something to smile about after the younster bagged the bronze medal in FIFA 2010 play.

Arafat's third place finish and subsequent medal was the first time ever that Bangladesh has been awarded in the World Cyber Games arena. Arafat started off in Group B facing off against Australia and China. He convincingly defeated Australia, 5-2 and 3-2, home and away before suffering a minor hiccup against China. He qualified for the quarterfinals as group runnerup where he decimated Thailand 4-1 at home and 3-2 away. Arafat's fantastic run ended in the semifinal after he narrowly lost out to Singapore by 1-2 at home and 1-1 away. But his disappointment at not making the final was alleivated after he did away with China, making sure of sweet revenge after the first round upset. Arafat defeated his Chinese counterpart by 3-1 in his home match, and drew the second game.

Arafat's medal made up for a disappointing performance from Team ShadowPlay who lost both their matches in the group stage of DOTA. Ashik, playing Forza, put up a brave show and muscled his way into



the quarterfinals defeating Korea and Thailand, before falling to Malaysia in the last eight.

The World Cyber Games (WCG) is an international e-sports event (or "Cyber Games Festival") operated by Korean company World Cyber Games Inc. and backed by Samsung and, since 2006, Microsoft.

The World Cyber Games were set up in 2000 with the first festival being held in 2001. The festival is influenced by the Olympic Games with a players village for competitors and since 2004 a different host city every year.

## Facebook hits 500 million mark

AFP, San Francisco

The number of people using Facebook hit the 500 million mark on Wednesday, meaning one in every 14 people on the planet has now signed up to the online social-networking service.

"As of this morning, 500 million people all around the world are actively using Facebook to stay connected with their friends and the people around them," Facebook founder Mark Zuckerberg said in a blog post.

"This is an important milestone for all of you who have helped spread Facebook around the world.'

To celebrate, the Californiabased firm introduced an application that lets members of the online community "tell the incredible stories of the moving and interesting ways they've used Facebook."

Examples given by Zuckerberg included Nato Secretary General Anders Fogh Rasmussen jogging with Facebook fans during his term as Danish prime minister and a US woman using the service to battle breast cancer.

"Our mission at Facebook is to help make the world more open and connected,"

Zuckerberg said.

"I could have never imagined all of the ways people would use Facebook when we were getting started 6 years ago."

Zuckerberg has pointed to Facebook's unrelenting growth to rebuff criticism of feature changes or privacy safeguards at the website.

Americans are increasingly obsessed with Facebook and many young women check their page even before using the bathroom in the morning, according to a poll released last week.

However, a US study released on Tuesday indicates that while people may be addicted to Facebook they rank it near the bottom when it comes to customer satisfaction. Facebook landed with notoriously despised airlines and

cable television companies in the bottom 5 percent of private companies ranked in a 2010 Ameri-

can Customer Satisfaction Index E-Business Report produced in partnership with ForeSee Results. "Our research shows that privacy

concerns, frequent changes to the

website, and commercialization and advertising adversely affect the consumer experience," ForeSee chief executive Larry Freed said in a release. Zuckerberg openly advocates Internet firms releasing innovations

quickly and "iterating" with improvements. "It's clear that while innovation is

critical, sometimes consumers prefer evolution to revolution," Freed said. Facebook recently overhauled privacy controls in the face of

a barrage of criticism that it is betraying the trust which has made it the world's biggest social network.

Facebook is growing despite criticisms because "there really isn't a strong alternative and Facebook is relatively sticky,

migrating off is a ton of work," said analyst Rob Enderle of Enderle Group in Silicon Valley.







## IT.TELECOM REPORT

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Still wondering which smartphone to buy? Which could best assist you in office work and provide best entertainment service at a time? Those,

market by the end of this month. The Daily Star had an exclusive privilege to take a very good look at the device, which could be argued as most endowed, packed full of features Android device so far. And after thorough examining, the writer has to finally admit that the tagline is quite

who are thinking of iPhone is the best

ing consumer electronics brands, is

about to introduce the Samsung i9000

Galaxy S, which is going to hit the local

Samsung, one of the world's lead-

solution, think again.

The first thing that will come to a user's mind after buying the phone is, "Finally I got something that will give me the ride of a lifetime." The 9.9mm smooth and thin phone is displaying an AMOLED (Active-matrix organic light-emitting diode) screen - the most sophisticated technology so far in display science.

admirably true to some extend.

And that's not all... the Galaxy S has got stainless steel trim and a central "home key" below the touchscreen. At the back of the phone, there is a large square, five-megapixel camera lens at the top-left corner.

Like all Android phones, the Galaxy S comes with a suite of Google apps till the launching of the phone!

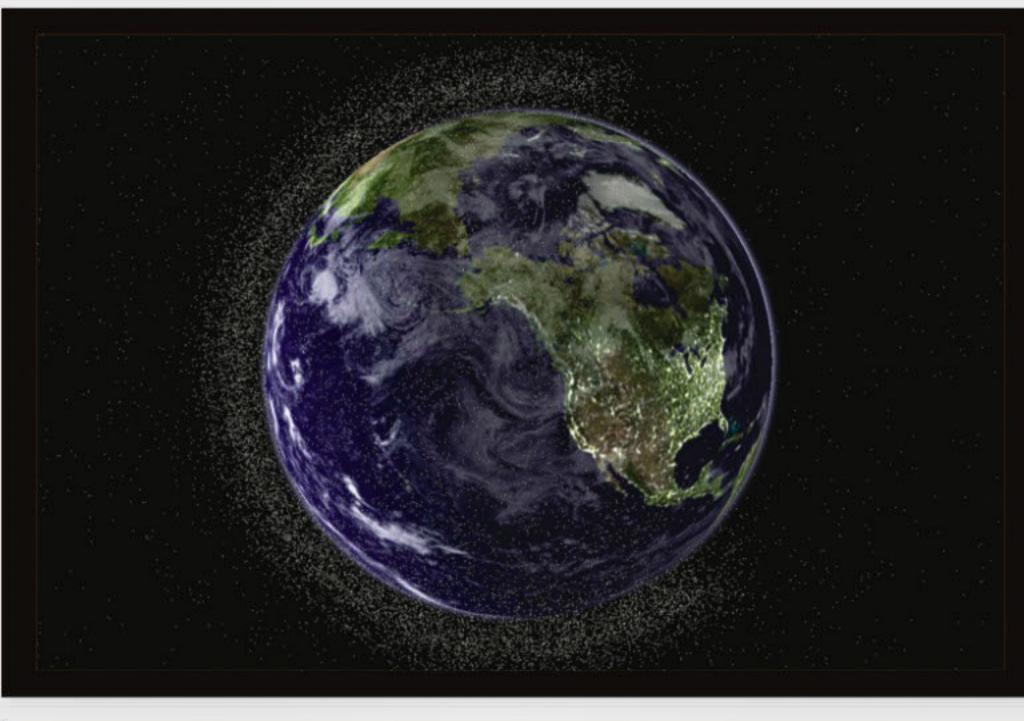
pre-installed, including Google Maps, Google Talk, Gmail and Google Buzz. It can also be connected to an MS Exchange mail account and sync contacts with Facebook, Twitter and MySpace and view updates using a Samsung-designed home screen widget.

Packed with DLNA streaming, the Galaxy S is capable of connecting to a compatible device, like a Play Station 3, Desktop computers or flat panel TV, and can stream media stored on the internal memory or microSD card.

For Movie buffs, the Galaxy S supports DivX and XviD video formats, alongside the standard MP4 and H.264 files we see on all Android phones.

The Galaxy S could definitely do with a sprinkling of individuality, especially for customers looking for a viable iPhone alternative. The Android system will appeal most to tech-savvy people, who will likely to appreciate the attention Samsung has given to this phone's multimedia capabilities. The Galaxy S could well be everyone's upper-midrange Android phone.

So guys, keep your finger crossed



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## **TECHPHOTO**

## Space derbis

This handout illustration image created by Australia's Electro Optic Systems (EOS) aerospace company shows a view of the Earth from geostationary height depicting swarms of space debris -- approximately 50,000 of the half-million or more debris objects greater than 1cm -in Low Earth Orbit (LEO). An Australian company said on July 20, that it had developed a laser tracking system that will stop chunks of space debris colliding with spacecraft and satellites in the Earth's orbit. Electric Optic Systems said lasers fired from the ground would locate and track debris as small as ten centimetres (four inches) across, protecting astronauts and satellites. Debris on the eastern side of the image are in the Earth's shadow and so not visible to the eye.

PHOTO: AFP



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