# Conscious Parents for a Better Society

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EVERY human being is born with a virtually empty psyche. An infant's psychological status can perhaps be compared to a computer's blank memory cell, which will gradually be filled with a diverse range of interactive data and provide outputs accordingly. Similarly, when we begin to grow up, we continually take inputs from our societal environment, which mainly consists of our family and our parents. As a result, our outlooks and our overall psychological growth significantly depend on the type and structure of the inputs that we receive. It is undeniable that among all the environmental elements that are responsible for this systematic psychological enrichment, our parents play the most crucial role in shaping our inner world, our bases of values and relevant lifestyle approaches. It is our parents who chiefly control the inputs that we receive from our family and environment, which determine the type of person we will eventually grow up into. Alternatively, we can say that what a person will become in his life largely depends upon his upbringing and his parents' constructive attitudes towards him. It is often observed that people who are otherwise considered to be remarkable as human beings fail to make ideal parents. Often parents do not try to understand their children earnestly and fail to have evaluative insights into different necessities of their children, which keep on changing as the children progress through the course of their lives. It is undeniable that we owe most of our achievements to our parents. Similarly, if a person fails to grow up as a decent human being, his/her parents must owe him/her a convincing explanation, emphasizing why they failed to provide him with the proper directions.

It is our parents who are entrusted with the sacred responsibility of endowing us with the greatest values that are imperative to enlighten our life. They do not actually have the option to be negligent about the upbringing of their children, because their unintentional negligence might one day prove to be fatal for themselves. We often find parents miserably lamenting the misfortunes of their children. Many get frustrated to see their only child becoming an incorrigible drug addict or a vicious delinquent. These parents recurrently wonder where actually things went wrong. Perhaps, the answer lies in the fact that these financially better off parents 'unconsciously' failed to fulfill the 'intangible psychological needs' of their children that chiefly consist of unconditional love, warmth, care, and above all a relationship that ensures communication of proper values and a reciprocal trust that makes us believe our parents to be our best companions.

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Parents should endeavor to be the trustworthiest companions of their children. This relationship must never be characterized by intimidation, coercion, and misunderstanding. In contrast, this companionship should be based on selfless cooperation, compassion and empathy. Our parents often get so busy in earning money that they fail to look after their children in a proper manner. These people, who claim that they are earning it all for their families, actually take their family and children for granted because the most important need of any child is the warm intimacy of someone who really cares for them. We want our parents to stand by us in our happiness and sorrows, when we face an obscure transition in our adolescences, when we confront intolerable emotional turmoil, when we are depressed and when there is something extremely unique going on inside us. We want them to give us the needed suggestions to cope with these distinctive stages of life by holding our hands firmly. In this case "consciousness" is the key word. Despite being well educated, many of our parents are not conscious enough to understand the significance of this sacred relationship. Many parents often do not care about how their children are growing up. They consider 'growing up' to be a spontaneous process and think that their children will grow up anyway like everyone else if they keep on providing them with the tangible essentials. Factually speaking, most of our parents are unaware of the fact that raising a child requires a full-fledged planning, unique strategies and rigorous efforts. How many of our parents actually sit for a considerable period of time in order to think of the intimate needs of their children, which change in different stages of life? How many of our parents actually try to evaluate the apparent psychological traits of their children at an early age by closely observing their behaviors so that in accordance with their findings they can show them the proper direction. For instance, if a child displays traits of a radical introvert in his very childhood and if his parents can analyze these traits properly at an early stage, then they might be able to socialize him more effectively. Moreover, the quality of the companionship and the circle of friends we mingle with largely depend upon our parents since they construct the blueprint of our social interactions.