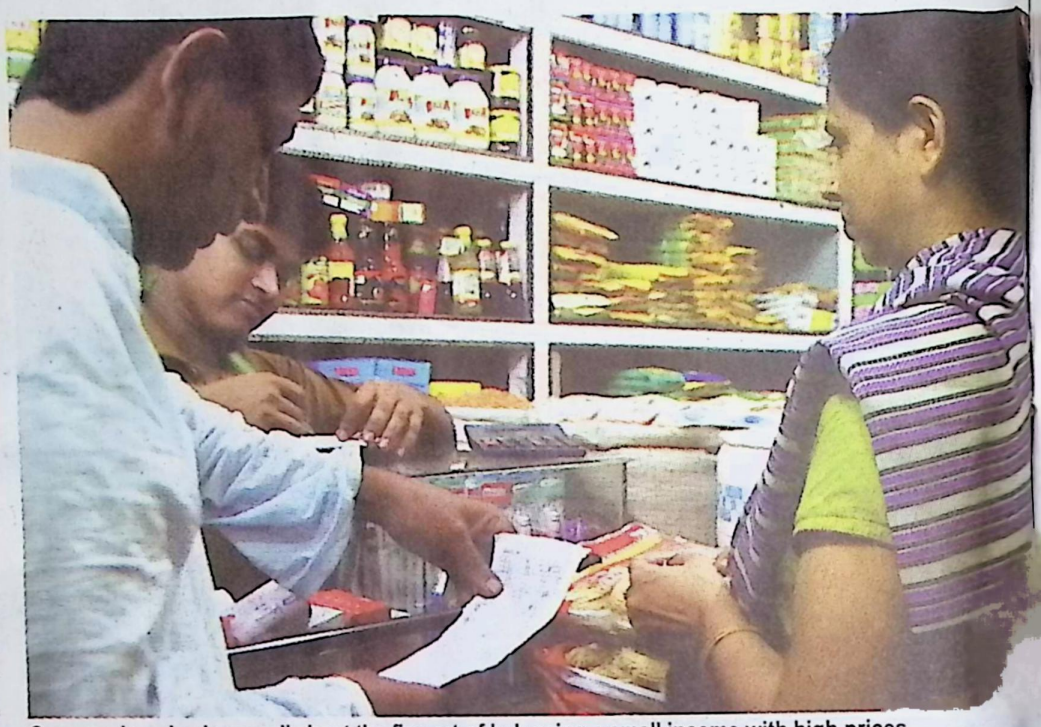
Already every income group is cutting down on what they deem excesses but what at times is essential for children to lead a healthy life. Milk, not even in the list of essentials for the poor for a long time now, has become a luxury for lower income households.



Grocery shopping is now all about the fine art of balancing a small income with high prices.



Most people view meat as a luxury and with the price of fish skyrocketing it an item many households feels they can do without.

times is essential for children to lead a healthy life. Milk, not even in the list of essentials for the poor for a long time now, has become a luxury for lower income households. If this continues there could be a whole new generation of calcium deficient Bangladeshi children.

Kazi Mia another day labourer says, "the situation now is like that of the famine in the seventies, those were terrible times and I remember what it was like to be hungry then. The only difference now is that food is available but I simply cannot afford it. I can see it right in front of me, but I can't buy it, in a way it's worse than the famine." He went on to say, "the daily wage of day labourers has not increased in a long time and I doubt if it will. If I am not willing to work for Tk150 a day as I did 10 years back then there will be more than a thousand people waiting behind me for that job. We take what we can get, but with the cost of living the way it is we actually need over Tk 200 a day to sur-