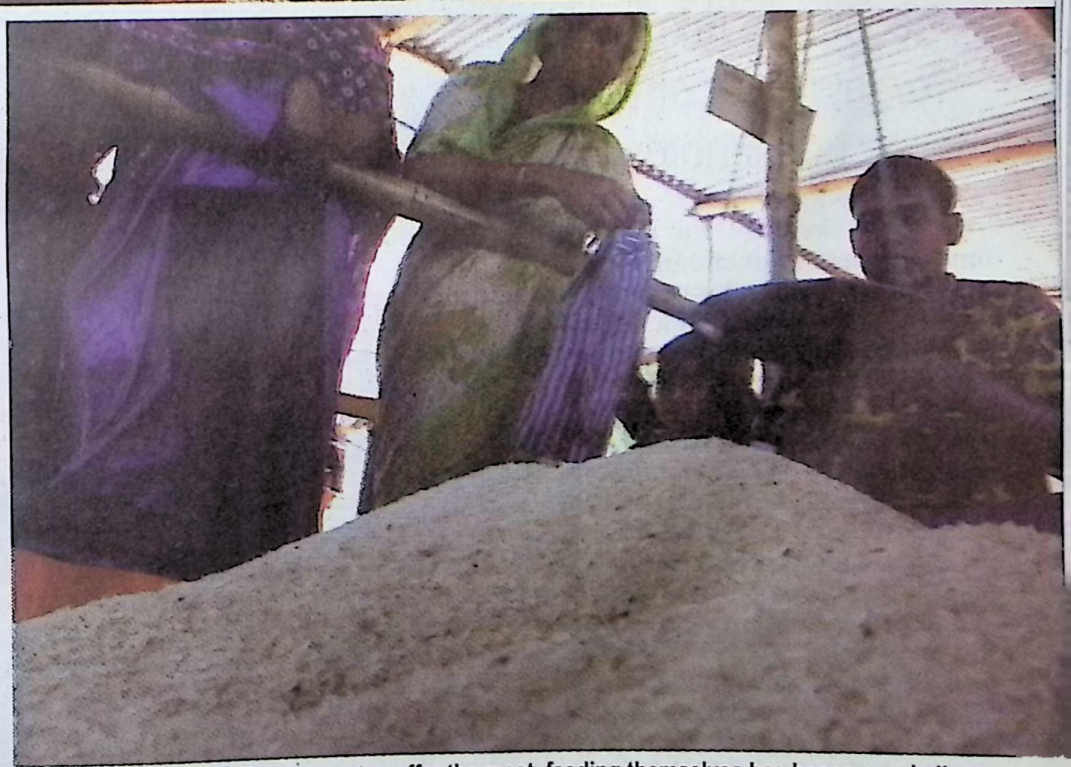
"I have not eaten any kind of meat in the last six weeks, with prices and my income the way it is it will be a long time before I eat meat again. Before I do that I need to pay a full month's rent and expenses."



The poor are the people who have to suffer the most, feeding themselves has become a challenge in its self and they feel there is no hope in sight.