

PICK OF THE WEEK



The Movie

The Indian in the Cupboard
On HBO Tuesday, 27th August at 10:00 PM
In this magical adventure, a nine-year-old boy, Omri discovers his new cupboard has magical powers when a toy Indian comes to life. He tries to keep it a secret, but a friend finds out and stirs things up by putting a toy cowboy inside! An "altogether amazing film...will still produce joy and wonder when watched by children 50 years from now" (NY Post).



The Sport

Test cricket
Live coverage of the 3rd test on ESPN from **Headingly, England.** August 23 to 26 at 4:00 p.m. (BST) everyday
India Vs England



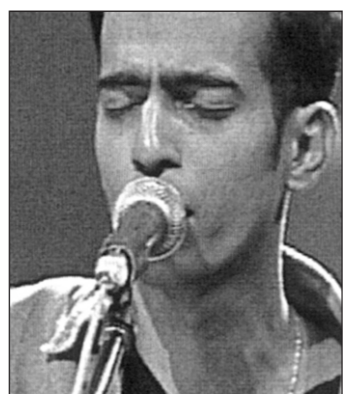
Our Choice

Exposure
Star Movies: 3:30 p.m. on August 28.
An American photographer living in Rio for three months while working on his latest book grapples with the Brazilian mob as he searches for the killer of a model / hooker who he had once photographed.

Satellite TV



Ekushey on August 23 at 9:00 p.m. Khoron. The drama reveals the story of a couple, in which the wife, Julekha, is gang-raped by a group of smugglers. The husband, Golam Ali, who works as a night guard at a nearby factory, seeks justice on the incident, to the senior members of the area. But none hears his plea instead rebukes the molested wife. Julekha, out of shame and frustration, commits suicide. Golam Ali is forced to leave the village and he arrives in the city. There too, he faces new trouble.



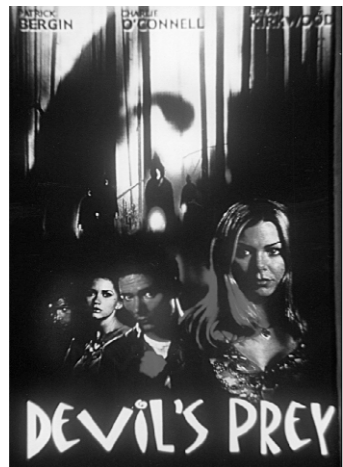
Ekushey on August 23 at 10:30 p.m. Video kring kring. This is a musical program. This episode presents the two artistes of the reputed band, Dalcchut. The two stars will reply to query of their fans over telephone. They will tell many unknown stories of their life. The stars will also tell about their favourite songs. The two Dalcchut members will speak on upcoming band groups of the country whose songs will also be presented on the program.



Ekushey on August 24 at 9:30 p.m. Neel towale. The drama, one written by Humayun Ahmed, depicts various situation in a family of the city. Prithu gets lost from his family and his uncle, Anis, starts distributing message on the street, in search of the child. Prithu, on the other hand, is found in his aunt's home. Ira tells her mother about her father's intentions of revealing some important matter. Atiq meets Kana Majid. Atiq also gives Prithu some punishment.



"The Little Rascals" on HBO Wednesday, 28th August at 10:00 PM
Three stooges gone wrong? Kids writing their own rules? Oshkosh style rags? Guess the age-old formula of the brat pack dishing out old-fashioned slapstick still works like a charm. And Sparky, the self-proclaimed leader of the He-man Woman Haters Club is back to teach the kids how it's done. But Alfalfa's (Hall, Skipped Parts) is attracted to Darla (Holmes), and that goes against the toddler tradition of "all girls are icky". A definite club no-no. Guess Sparky will have to kick some sense in to him, with a little slapstick to boot.



"Devil's Prey"
Friday, 23rd August at 12:15 PM
Fans of the horror genre -- complete with escalating body count, nightmarish attacks, unexpected plot twists and an array of sharp instruments of death will find this flick truly entertaining. A group of teenagers go to a rave party outside the city. Before long, they are kicked out of the rave after a chance run-in with some locals. While driving away, they accidentally hit a young woman, Fawn with their car. She isn't too badly hurt, and informs them she is on the run from some cult group. Pretty soon, they are all being pursued by devil worshippers and forced into a desperate struggle to save their lives.

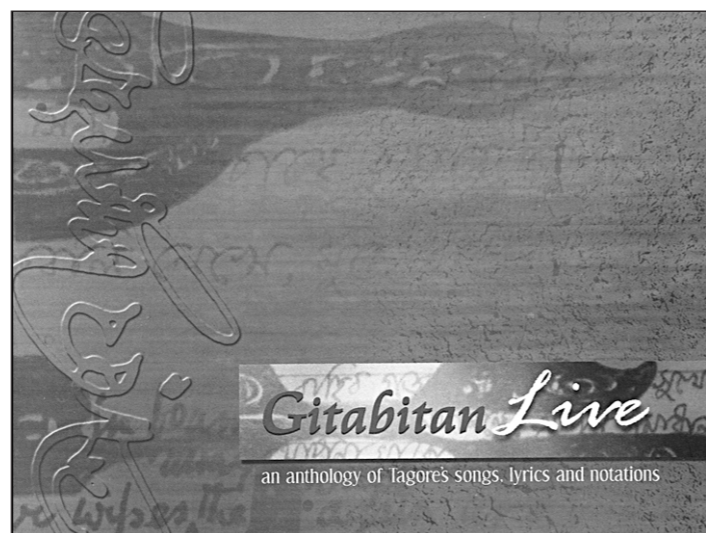


Star Movies: 7:00 p.m. on August 26. Mr. Wrong. Like most single women, Martha Alston is looking for her soulmate. She thinks she finds him in Whitman Crawford, a handsome, charming man who -- at first -- appears to be Mr. Right. But before you can say "Fatal Attraction," Whit begins exhibiting very disturbing behavior, such as shoplifting for the fun of it, and deliberately breaking his finger to prove his love for Martha. Naturally Martha backs off, but unfortunately, Whit is now obsessively in love with her. As a result, he becomes a perpetual presence in her life, with his bizarre antics causing her constant chaos and embarrassment. How far will Martha go to rid herself of Mr. Wrong? And how far will Whit go to prove he's the man of her dreams?



Star Movies: 7:00 p.m. on August 24. Men of Honor. A heroic life gets a suitably dramatic retelling in George Tillman Jr.'s docudrama Men Of Honor. Based on the true story of Carl Brashear, the first African American to become a United States Navy master diver, the film follows the conventional yet pleasurable against-all-odds narrative. Carl Brashear is the son of a degraded southern sharecropper. Determined to succeed in the vocation he believes he was born for, Brashear enlists in the navy. Once there, however, the determined young man finds his dream inaccessible -- thwarted by the antagonistic forces of institutional and personal racism. When, after a long and difficult struggle, he is finally allowed into diving school, he finds himself under the authority of Billy Sunday.

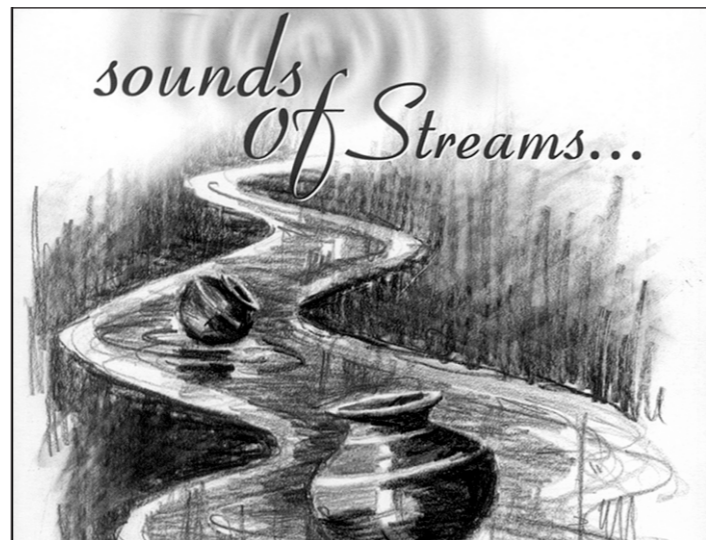
Cassettes & CDs



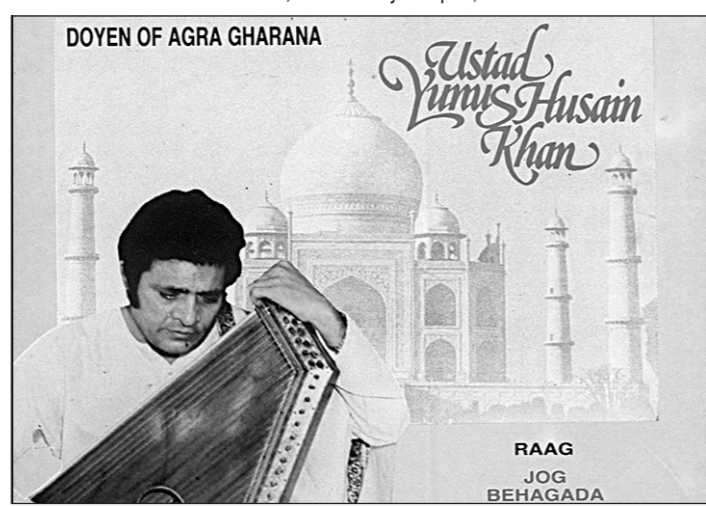
Gitabitan Live
An anthology of Tagore songs, lyrics and notations Price: Tk. 2250.00
Gitabitan Live is the first ever CD ROM archive of Tagore's musical compositions. It has complete lyrics and notations as well as vocal renditions of 1000 songs composed by the greatest Indian poet of all times. In Gitabitan live, using a friendly and interactive interface in the computer, one can search for any of the poet's songs. One can read the lyrics, browse through the notation, simply at a click of the mouse, and listen to vocal performances of some of the leading Tagore exponents of the subcontinent. Designed, conceived and developed by Innovative Solution Systems Inc. U.S.A.



Relaxation
Music Therapy Series Price: Tk. 350.00
Researchers world over have come to the conclusion that Music Therapy is one of the most important aspects in healing mind and body. Music can have a tremendous relaxing effect on ones' self. It can slow down and normalize abnormal pulse and heart beat, lower blood pressure and decrease levels of stress hormone in the body. Music therapy induces sleep. This album, part of a music therapy series can become an invaluable companion in ones' daily stress filled life and help remove it.

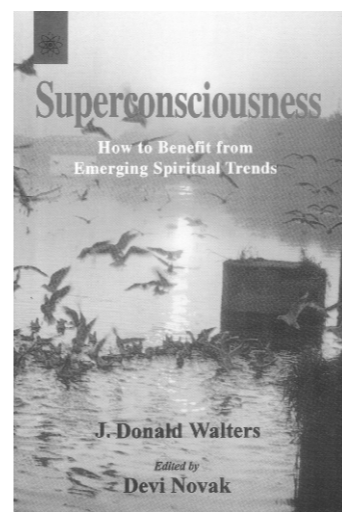


Sounds of streams
Therapy-based recorded sounds of flora and fauna Price: Tk. 350.00
Nature and music are co-existent since time immemorial. Nature has showered its riches on the human by creating snow clad mountain, flowing streams, flower filled meadows, scenic landscapes. There is music in every creation of nature, be it the sound of a flowing stream or the falling rain-drops or even the crashing sound of the thunder. This album contains fusion of instrumental tunes from organs like flute, santoor and sitar. The tunes provide a feeling of a flowing stream or ripples of water that again soothes the mind and soul of the most depressed figure.



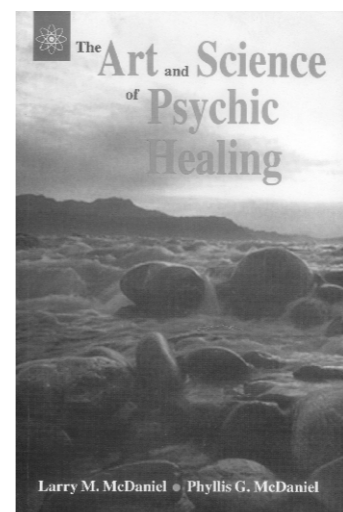
Doyen of Agra Gharana
Raaga by Ustad Yunus Hussain Khan. Price: Tk. 150.00
Ustad Yunus Hussain Khan has been prominent in the Hindustani Musical scene for more than five decades and has carried himself eminently as a worthy representative off the glowing musical heritage of India at all levels. Possessed with a rich voice and superb musicianship, he became an Agra Gharana Gayaki in his own individuality.

Books



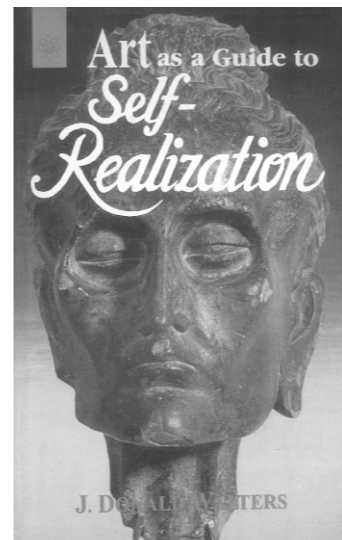
Superconsciousness
How to benefit from emerging spiritual trends
JD Walters & Devi Novak
Price: Tk 350.00

We are now at a major turning point in our personal and planetary development. Our values are changing dramatically: many of us are moving away from our previous emphasis on mere worldly gain, toward a new embrace of our own inner spiritual development. Superconsciousness--How to Benefit from Emerging Spiritual Trends explains the emerging techniques and attitudes that will help ease the transition to a more spiritually nurturing society and teach us to awaken the seeds of intuition, freedom, and joy that lie dormant within each of us. This is the first book that applies the teachings of the great sage Paramhansa Yogananda (1893-1952, author of Autobiography of a Yogi) to the 21st Century.



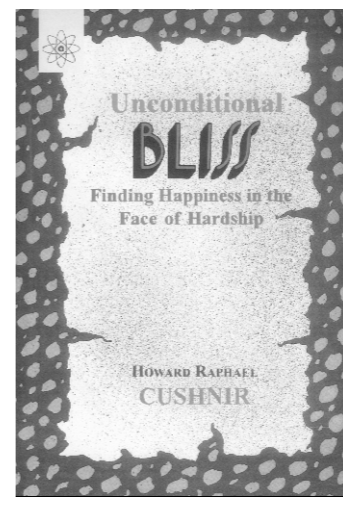
The Art and Science of Psychic Healing
Larry M McDaniel & Phyllis G McDaniel
Price: Tk 225.00

Over the many years of working with all types of people in all walks of life, the predominant concern of the vast majority has been in the area of romantic interests. Finances, of course, come into importance, but it is secondary when compared to the concern of people when it comes to interpersonal relationships. Using the techniques described in Part I "Techniques for Psychic Reading", the reader is now able to move forward and use exact techniques in specific ways. This volume will illustrate in detail just how psychic power may be utilized for greater personal relationships and sexual harmony. Since so many divorces and relationship problems are due to sexual incompatibility, blockages, abnormalities, etc., it is imperative that some method be made available to discern these types or problems beforehand. If people could somehow "sense" or "know" in advance of possible relationship problems, much heartache and discord could be avoided.



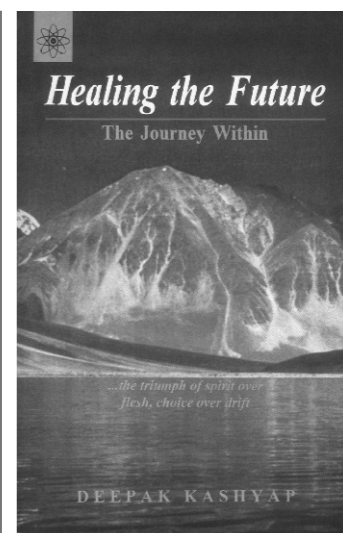
Art as a guide to self-realization
J Donald Walters
Price: Tk 300.00

This book offers a blueprint for the future of art, and shows how art can be a powerful influence for meaningful existence and positive attitudes in society. With insightful commentary on the great musicians, artists, and creative thinkers of our time, the book presents a new approach to the arts, one that views both artistic expression and artistic appreciation as creative communication. J Donald Walters shows the importance of seeing oneself and all things as aspects of a greater reality, of seeking to enter into conscious attunement with that reality, and of seeing all things as channels for the expression of that reality.



Unconditional Bliss
Finding happiness in the face of hardship
Howard Raphael Cushman
Price: Tk 200.00

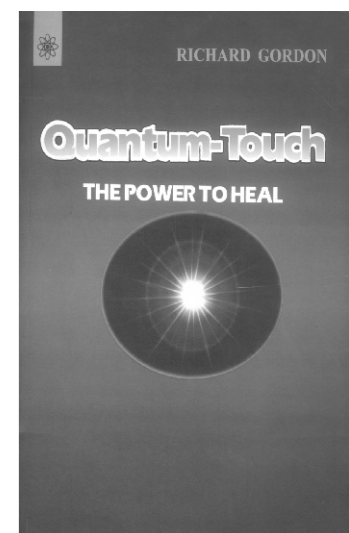
No matter how difficult life may be, you can still live in a state of radiant bliss, says Howard Raphael Cushman even if you're alone, sick, failed, and broke. Pie-in-the-sky? This down-to-earth book shows us how. Based on universal spiritual principles, the message is profound, but the method couldn't be more practical. All it takes is a simple two-step process called Living The Questions, demonstrated here with compelling, real-life examples.



Healing the Future: The Journey Within
Deepak Kashyap
Price: Tk 350.00

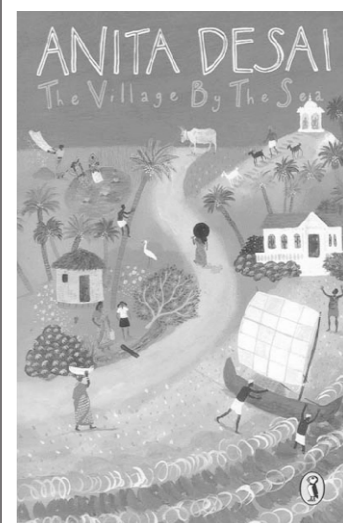
It sounds crazy in these 'physical' times, yet is a fact that the greatest possibilities of body-cure lie in our ability to 'forget' the body. As we gradually lose body-consciousness identifying more and more with the spirit physical disability and mental trauma wear off on their own. To practise yoga is to climb from body to mind, and from mind to spirit. Healing (literally, to make whole), is then much more than riddance from physical imperfections. It is the process that signifies our graduation from body to spirit via the mind, and catapults us to a state of existence that is proactive and literally, creative of our own healthy future. In other words, each time we experience healing, we effectively order for ourselves a fresh destiny. Having accessed many secrets of 'higher living' in the course of his meditation, the author intends to share his insights with readers, with practical tips on successful and effortless practice of yoga. 'Healing the Future', is then likely to powerfully, yet musically impact the reader's sensibilities, ushering him into a world of healing that is as much scientific as spiritual. It is an attempted tip-off on the little secrets of holistic living that can be mastered in easy, small steps.

Source: Pathak Shamabesh



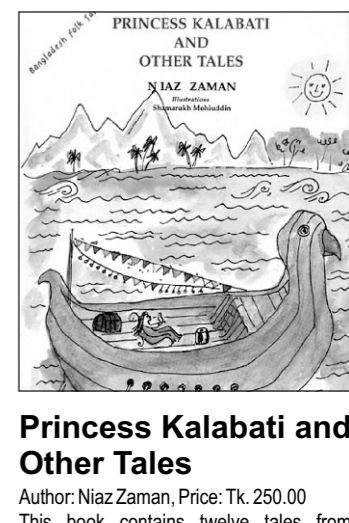
Quantum-Touch: The Power to heal
Richard Gordon
Price: Tk 570.00

Quantum-Touch represents a major breakthrough in the art of hands-on healing. Whether you are a complete novice, a professional chiropractor, physical therapist, body worker, healer, or other health professional, Quantum-Touch allows you a dimension of power in your work that heretofore has not seemed possible. This book clearly teaches you to use special breathing and body focusing techniques to raise your energy level so high that with a light touch, you can see postural corrections spontaneously occur as bones gently glide back into their correct alignment. Beyond this, pain and inflammation are rapidly reduced and healing is profoundly accelerated. The work is so easy that children naturally learn to do it, yet so powerful it is endorsed by physicians, acupuncturists and chiropractors. Since the body already knows how to heal itself, the practitioner need only apply the energy to affected areas. For the millions suffering from neck or back pain, this may be the safest, fastest, and most effective treatment ever discovered.



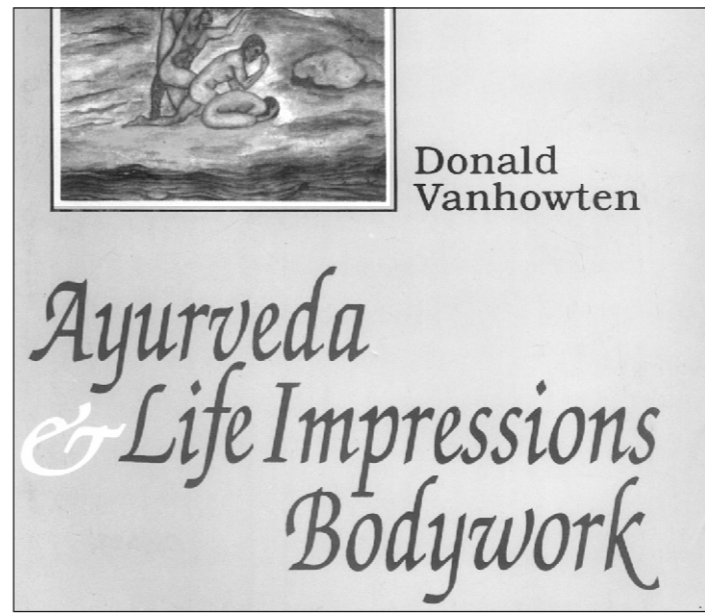
The Village by the Sea
Author: Anita Desai
Price: Tk. 275.00

The Village By The Sea is an award-winning story about a family's survival in a small fishing village in India. With their mother ill and their father permanently drunk, Hari and Lila have to earn the money to keep house and look after their two young sisters. In desperation, Hari runs away to Bombay, and Lila is left to cope alone. This story is based entirely on fact. Thul is a real village on the western coast of India and all the characters in this book are based on people who live in this village; only their names have been altered.



Princess Kalabati and Other Tales
Author: Niaz Zaman
Price: Tk. 250.00

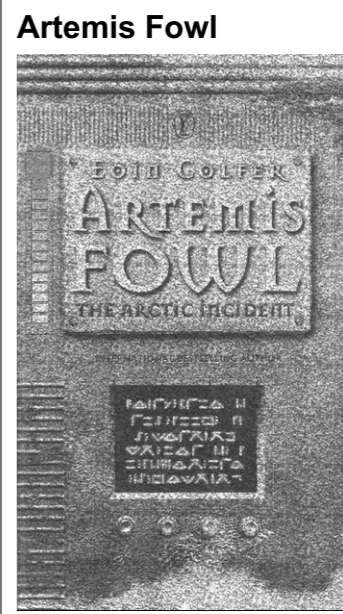
This book contains twelve tales from Bangladesh, including the well-known story of 'Princess Kalabati and the Monkey Prince' as well as lesser known folk tales. Despite the fabulous nature of these tales in which animals talk and birds fly up to heaven, queens give birth to monkeys and owls, and half-chickens find pots of gold, these stories provide realistic details of life in rural Bangladesh. Some of these tales have roots in the Panchatantra, some have similarities with Assamese folk tales. Still others have motifs common to well-known fairy tales the world over. Attractively illustrated by Shamarukh Mohiuddin, these tales will delight the young while providing a glimpse into the cultural heritage of Bangladesh.



Ayurveda & Life Impressions Bodywork
Seeking our healing memories
Donald Vanhoyten, Price: Tk. 400.00

This book takes the wisdom from the East, specifically from the ancient science of Ayurveda, and combines it with a version of the Western medical model, stirs in large portions of awareness, safety, and support, adds practical visual techniques, and passes this recipe along into capable hands and hearts. Whether you are a professional in the health field or lay person simply interested in taking better care of yourself and others, you will find Ayurveda & Life Impressions Bodywork a refreshing, insightful, and practical approach to updating our old life impressions.

Source: Pathak Shamabesh, Ph: 9662766



Source : Etcetera Bangladesh, Gulshan-1, Dhaka

Artemis Fowl
Author: Eoin Colfer
Price: Tk. 335.00
This book is an inventive mix of myth and modernity, magic and crime. Artemis Fowl is a radically different type of young person's book, not paying homage to any Irish tradition, but shaking that tradition like a dog shakes a rat between his teeth. Twelve-year-old Artemis, the story's "villainous hero", is one of the most original creations in contemporary writing for children and will be around for a long time to come. Looking into the story, someone has been supplying Class A illegal human power sources to the goblins. Captain Holly Short of the LEPrecun Unit is sure that the person responsible is her arch-enemy, thirteen-year-old Artemis Fowl. Artemis has his own problems to deal with: his father is being held to ransom and only a miracle will save him. Maybe this time a brilliant plan just won't be enough. Maybe this time Artemis needs help.