changes have taken place in the political arena, which, at least

rights to the women minorities

and other disadvantaged

groups. But have these changes been as profound or as far-reaching as one would like to think? Is America today a real democracy or is it still a crypto-

oligarchy perhaps more broad-based than before?

Well, pause for a moment and

consider a nation, where: 1) money is the principal factor

that determines the nomination

of a candidate in an election for

any major political office; 2) the

voting function itself is not simple and automatic but for all

community are disproportion-

thousands of votes cast largely by the minorities, poor and

that they are open to manipula-tion by the powerful; 6) sub-

standard voting technology (flawed machines) is used in

poor and minority areas so that

appointed on partisan lines) at

opinion polls are often manipu-

theory, have given equal

LETTER FROM EUROPE Election 2000 and Democracy in America

O, finally the legal wrangle is over and America has got a new President-elect and God willing (perhaps I should have left God out of this bizarre godless affair), the world's most powerful democracy will have a President on January 20, 2001. Thanks to a craftily-engineered "coup" mounted by the Republican controlled Federal Supreme Court, for the first time in many decades, the Republican party will not only occupy the Presi-dency, but also control both houses of Congress (the Senate because of Mr. Cheney's casting vote). In other words, all organs of government the executive, legislative and the judiciary will be in the hands of the same party. (The only Supreme Court judge who came out unblemished was the dissenting judge, Justice John Paul Stevens.) Yet, latest opinion polls indicate that most of the Americans are glad that this unhappy chapter (the post election squabble) of their recent history is over and that they are quite happy with the outcome. They seem to have accepted the results of the election with surprising stoicism in spite of their doubtful legitimacy. During this episode, most people seemed to be interested in achieving the "finality" not justice. But in certain quarters questions have been raised about the health of democracy in America. Others have even gone further and cast doubts on the nature of democracy practised there. Is it a constitutional democracy (government of the people, for the people and by the people) or an oligarchy- in disguise (a government of the people, for the people but by a powerful few)?

Actually, the founding fathers (a disproportionate number of them were lawyers: thirty-four ally great egalitarians in their outlook. Essentially, they were elitists. Many of them feared the idea of full democracy. Although they opposed a monarch's divine right to govern,

have never liked the latest

Indian-cum-Pakistani heart-

throb Hrithik Roshan: and

have not been able to under-

stand as to how he became so

popular just by starring in one

movie unless it has something

to do with his bulging biceps.

However, this does not mean at

all that I would love the people

of Nepal burning his cardboard

effigies, attacking businesses,

calling for strikes and getting killed to protest Hrithik's alleg-

edly saying in a television interview that he did not like Nepal

Hrithik denies making any

derogatory statements about

Nepal and calls upon the people

more than seven leftist parties.

change things even if the

Indian actor divorces his newly-

wed wife and declares to marry

or its people.

In 1832, the French political scientist Alexis de Tocqueville wrote, "A perfect liberty of mind exists in America just as long as the sovereign majority has yet to decide its course. But once the majority has made up its mind, then all contrary thought must cease, and all controversy must be abandoned, not at the risk of death or physical punishment, but rather at the more subtle and more intolerable pain of ostracism, of being shunned by one's fellows, of being rejected by the society". What is

extraordinary about this statement is that it is still valid after one hundred and sixty eight years, as Al Gore has just found out, because it seems that the Democratic party bosses will not nominate him to run in the next presidential elections.

by Chaklader Mahboob-ul Alam

they did not believe that "all the people" were intellectually capable of making decisions about governing a country. They were of the opinion that democracy could be equal to

"mobocracy The Declaration of Independence boldly proclaimed, "all men are created equal". The constitution starts with the solemn words, "We, the People of the United States, do ordain and establish this Constitution for the United States of America". What did the founding fathers have in mind when they referred to the People of the United States? Did they mean that all persons, irrespective of their sex, colour, and ethnic origin were equal and therefore entitled to vote? No, far from it. First of all, even the European-American (so-called white) women had no voting rights. Since the African-Americans were slaves and slaves were considered as personal chattels, not persons they could not vote. (Yet, for the purpose of calculating voting districts for representation in the House of Representatives, each slave was counted as three-fifth of a free man. How cynical!) After this outright exclusion of the women and the minorities (both male and female), there remained only the white males for suffrage. Did all the white males have the right to vote? No, who could vote and who could not depended on state legislatures. Although each state had a different set of rules for voting qualification, essentially it boiled down to the fact that

when the founding fathers pompously declared, "We, the People of the United States", they really meant only the European-American property-

owning males.
Actually, the founding fathers were not particularly con-cerned about the introduction of full democracy. Their primary concern was to put in place a system of government that would work in those very special circumstances. Women of all races, the poor and the minorities were excluded. In spite of the passage of the Fif-teenth Amendment in 1869 (nearly one hundred years after the Declaration of Independence), which stated that "the right to vote shall not be denied or abridged by the United States or any state on account of race, colour or previous condition of servitude", the Southern states invented ingenious legal devices such as the "grandfather clause" and imposed com-plex poll taxes and discriminatory literacy or understanding tests to keep the minorities, especially the African-Americans out of polling booths. Unfortunately it was not until 1965, nearly one hundred years after the ratification of the Fifteenth Amendment. that the Voting Rights Act of 1965 suspended these tests. The federal government was also authorised to protect the voting rights of the minorities.

The Nineteenth Amendment (1920) finally gave women the right to vote.

In spite of all this, while in many countries of the world, voting is not only a right but also an obligation of a citizen, voting in the US, in reality, is a privilege, which is granted and often manipulated by the powerful at their will and discretion. One has to go through a lengthy bureaucratic process in order to register to vote and again that registration must take place thirty days before an election. While in most European democracies, a citizen is automatically registered by the government to vote (in Australia and New Zealand a citizen is not only registered by govern-ment but also compelled to vote by law), it seems that in the American democracy, a citizen has to fight against all sorts of odds to establish his right to vote. In spite of all this he stands a good chance of being disenfranchised if he belongs to the minorities or is poor and/or elderly. While in the US, the election day is a working day, in most other democratic coun-tries of the world, the election day is a full or half holiday so that the citizens can exercise their right to vote without seeking special leave for this purpose. No wonder, the US has the dubious privilege of having the lowest voter turnout rate in the western world except Switzerland. So many obstacles are placed to obstruct an easy exercise of the right to vote that often the poor, the elderly and the minorities, (who do not have enough education, time and perseverance) cannot exercise this so-called sacred right

group fine. As mentioned before, important

and that suits the dominant

principles, and then decide whether this country's government can be considered as a democratic one, in the strictest sense of the term. In order to be fair, at the same time, the reader may also consider whether in practice, it is at all possible to have a really democratic gov-ernment (government of the people, for the people and by the people) anywhere in the

It is up to the reader to decide upon the nature of American democracy. Although I do not like the inherent hypocrisy of the American system, I cannot but admit that the system despite its imperfections, seems to have adequately addressed the succession issue by guaran-teeing a smooth transfer of power and therefore, its continuity. The succession problem, as any student of history knows, has plagued most human civilisations and eventually destroyed them causing fratricidal wars. For better or for worse, the magic (or the strength, if you like) of the American system lies in its

resilience. practical purposes is a hurdles race for the underprivileged; 3) In 1832, the French political voter rolls are often purged in scientist Alexis de Tocqueville wrote, "A perfect liberty of mind such a manner that voters belonging to a particular ethnic exists in America just as long as the sovereign majority has yet ately disenfranchised; 4) the highest court of the nation to decide its course. But once the majority has made up its mind, then all contrary thought revents the recount of tens of must cease, and all controversy must be abandoned not at the elderly; 5) there are no uniform risk of death or physical pun-ishment, but rather at the more subtle and more intolerable electoral laws, no uniform procedures and standards so pain of ostracism, of being shunned by one's fellows, of being rejected by the society". What is extraordinary about this statement is that it is still the votes are rejected by elec-tion supervisors (often valid after one hundred and sixty eight years, as Al Gore has just found out, because it seems the time of counting them; 7) the nation's confidence in the that the Democratic party bosses will not nominate him to judge as the impartial guardian run in the next presidential elections. The message is: Do not challenge the system. If you of the law has been shaken; 8) lated by a few people; 9) expedi-

ency is more important than

But there are still hurdles to jump.

LAVEANCEDAY

Dr. Rubaiul Murshed

Good news for Patients having chemotherapy

Around the world

may become a thing of the past.

rom chemo.

All health information to keep

you up to date

Undoubtedly getting chemotherapy is awful. Many patients have

to bear tidal waves of nausea and insistent fatigue. But for lots of

men and women, another side effect is equally traumatic: that is

hair loss'. Thankfully, a recent study suggests that this distress

That trial put an experimental gel to the test. Researchers at

them with chemotherapy. Half kept their coats; the rest experi-

enced some hair loss. By contrast, 90 per cent of the rats that

didn't get the gel lost all their fur. Researchers say the gel tempo-

rarily stops cells in the hair follicle from dividing, shielding them

They are hopeful that one day the gel will be available as a hair

product that a patient would apply right before getting chemo.

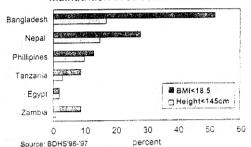
Glaxo Wellcome rubbed it on rats with cancer before treating

Health and nutrition

It's better to get your vitamins from food than from supplements. This is almost always true. Foods provide a nutritious combination of nutrients (vitamins, minerals, protein, fat and carbohydrates) that may act in concert with each other. For example, dietary protein increases the body's absorption of calcium; Milk foods, excellent sources of calcium, are also good sources of protein. Calcium supplements are not.

My country -- my health

Comparison of prevalence of maternal malnutrition in selected countries

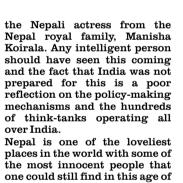


Tomorrow: Commonly asked questions and other tips

Anti-Indian Riots in Nepal

...The other side of the coin is the unemployed angry Nepali youth burning Hrithik effigies and destroying anything Indian that he can lay his hands on. The anti-Indian riots will subside and things will normalize. But the anti-Indian feelings will not only continue to simmer but augment. The solution lies not in invoking the India-Nepal Treaty of 1950 but by stop taking Nepal for granted...

by Anees Jillani



of Nepal that unless they see places in the world with some of proof of the interview, they the most innocent people that one could still find in this age of should not go by hearsay. Sevglobalization. Perhaps partly due to this innocence, it eral people have so far been killed and many injured; cineremains one of the p mas across Nepal have susoorest. With a population of pended the screening of Hindi over 23 million, only 11 per films following calls by stucent are urbanized. Its per dents groups for cinemas to capita income is \$220. Its literboycott all Hindi films for ten acy rate is 36 per cent; only 16 days. Private cable operators switched off television channels per cent have access to adeshowing Hindi movies and quate sanitation and 71 per other Hindi programmes. A cent have access to safe water. It is a land-locked country and major wheel jam strike has been thus totally dependent on India called for two days on January for its external trade which has 2nd and 3rd in this regard by resulted India yielding immense leverage. Frankly, I am not surprised by Kathmandu's relationship with the reaction and the ensuing Beijing has always been a sore riots. The naive ones would keep shouting from whatever point with New Delhi; at times, India has reacted to improved forum they could find to explain Beijing-Kathmandu relations that Hrithik never said these things about Nepal; what they by refusing to renew its trade fail to realise is that it would not and transiagreement.

over India.

In the late eighties, India did not renew its treaty with Nepal that resulted in almost an 18month long economic blockade



Bollywood star Hrithik Roshan (inset), angry youths burning his effigy in Kathmandu.

Chinese weapons or building of crucial strategic roads by the Chinese are not enough, some Indian politicians of Nepalese origin in the northeastern Indian states once in a while call for Greater Nepal. Nepal is the only Hindu Kingdom in the world. Historical,

geographical, religious, social

of the country. As if purchase of and cultural ties are as close as they could be between the two neighboring countries. Almost all Nepali politicians of the senior generation, and majority of the intellectuals, including the present PM, have been educated in Indian universities. The Indo-Nepal border is peculiar in the sense that it is open and one can literally just walk

across. Many years ago, when Indian PM AB Vajpayee was leader of the opposition, he criticized the Rao Government in the Lok Sabha by saving that it is so inept that it had managed to strain ties even with Hindu Nepal. One would really like to ask Mr Vajpayee as to what is happening now. He should have realized a long time ago that mere flashing of communal motifs are not enough to develop brotherly relations; if it had been so simple an affair, East Pakistan would never have by Jim Davis become Bangladesh and the Deputy High Commissioner of

> kicked out from Dhaka in such disgrace. All major businesses in Nepal are owned by the Indians. The people know this and it does not

> Pakistan would not have been

an extra effort to create a good impression. It spent billions to beautify Kathmandu and what it gets in return is a refusal by India to the holding of the SAARC Summit in 1999 as long as General Pervez Musharaf remains in power in Pakistan.

The Government of Nepal tried its best to convince India to change its unreasonable stance but to no avail: the result is that the summit has indefinitely been postponed and the money has simply been wasted. And the money spent on fountains and white-washing is not so important: what is more significant is the pride of a very proud nation that has been hurt.

As if this was not enough, following the hijacking of IC-814 in December 1999, the whole Indian machinery and particularly its media ridiculed the security obtaining at the Tribbuyan International Air. port in Kathmandu. If it had been a day-long, week-long or even a month-long criticism, the nation could have stomached. However, it continued for ever. Indian Airlines in an unprecedented move called off its flights to Kathmandu from New Delhi, Bombay, Varanasi and Calcutta. Whoever in the Indian Government thought of this move should be awarded Bharat Ratna for spoiling relations between India and Nepal and for hurting the Nepal economy in an acute fashion; according to one estimate, Nepal was incurring a loss of at least Rs 2.5 million every day. Tourism has always been one of the biggest sources of Nepal's revenue; and Indians constitute the bulk of the tourists. Go to any of the Indian-owned four casinos in Kathmandu (Casino Nepal: Anna; Everest or Royale) and you are flabbergasted by the

of Indians doing nothing but gambling and enjoying the free drinks and food amidst several deafening Indian songs playing simultaneously in the same hall; Nepalese are not allowed in the casinos. Visit any shopping centre and you are constantly bumping into Indian rather than Nepalese shoppers who ironically end up mostly looking at Indian goods: Nepal is flooded with Indian products and you would be lucky if you can find a toothpaste or a soap made in Nepal. If the Americans, the European community and the Chinese do this to the Indian markets, then the Hindutva forces led by RSS (Rashtriya Swayamsevak Sangh), Vishwa Hindu Parishad, Bajrang Dal and Jan Jagaran attack McDonalds and KFC and break thousands of Coca Cola and Pepsi bottles to show their Swadeshi feelings The other side of the coin is the unemployed angry Nepali youth burning Hrithik efficies and destroying anything Indian that he can lay his hands on. The anti-Indian riots will subside and things will normalize. But the anti-Indian feelings will not only continue to simmer but augment. The solution lies not in invoking the India-Nepal Treaty of 1950 but by stop taking Nepal for granted simply because it is a Hindu Kingdom and small in size. It may not be a nuclear power with missiles but it has plenty of

national pride.

Garfield ®













matter to them as to whether the owner is a Hindu. Buddhist or a Muslim: he is simply seen as exploiting the toiling masses and if the exploiter is a foreigner even if from Hindu India, it does not help to appease hatred. One need not be a rocket scientist to figure out the causes of such a resentment and it has been seen too many times all over the world, particularly in the under-developed world to be explained in greater detail. India instead of assuaging this feeling and rather than attempting to improve matters has constantly been taking Nepal for granted. It should know that all Third World countries, including India, take pride in holding summit meetings. And when it is a small Kingdom like Nepal, it makes