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SYSCOM  
Tel: 9124917, 8123204  
Fax: 98-02-8122509  
E-mail: syscom@bd-online.com

COMPUTERS

# Star Sport

DHAKA, FRIDAY, SEPTEMBER 8, 2000 Email: dssports@bdonline.com

## SPORTS TALK



### Tiger Woods

(American golf superstar)  
"It is the time to rest when I am not playing. This week I am at work and that means I want to win. You can not turn the switch on and off."

Said during the US PGA Championship, which he eventually won, this year.

### Boost sports WHIZZ KID Competition-135

✓ Tick the Correct Answers  
Post to The Daily Star  
Win attractive prizes

Competition closes at 8 pm  
Sept 8, 2000 and draw  
shortly afterwards

1 Who scored the first hattrick in this year's Fed Cup football?  
Ritu Ranjan Tamir

2 Who is Pakistan's cricket team captain?  
Wasim Waqar Meht

3 Who is the captain of Bangladesh cricket team?  
Aminul Akram Naimur

4 Who won the AB Bank Men's TT title?  
Armantrola Biman Marins

5 Who was voted Germany's footballer-of-the-year in 2000?  
Kahn Sammer Reuter

Name.....

.....

Class ..... Roll No. ....

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School Address .....

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Phone: (If any) .....

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POWERED WITH  
EN-VITS  
ENERGY RELEASING VITAMINS

'Worse is  
coming!'

LONDON, Sept 7: West Indies Test cricket is doomed to years of failure and defeat, according to their former Test pace bowler Michael Holding, reports Reuters.

Holding, writing in Wednesday's Daily Telegraph, said: "Everybody connected with West Indies cricket has to understand this team are going to be beaten regularly for the next few years."

Stung by West Indies' first Test series defeat by England since 1969, Holding added: "There are a few people on this tour who should never get near a West Indies squad again."

The only way forward is to build a better team from players with the right attitude, which is ultimately more important than talent ... England are a good example for us to follow."

### Technology to be tested

LONDON, Sept 7 (Reuters): Cricket chiefs are to investigate the use of technology to determine LBW decisions, the international Cricket Council announced on Thursday.

The United Cricket Board of South Africa will experiment with devices to assist with LBW decisions in domestic cricket this season before reporting back to the ICC with their findings.

The ICC will review all the evidence. May next year.

"Any system considered for LBW decisions will have to be proven and the technology will need to be available in all test-playing countries," the ICC said in a statement.

The ICC currently uses slow motion video to determine close run-out decisions when an umpire is unsure.

Scientists at German company Siemens said on Tuesday they had invented a machine which can clarify LBW decisions.

The instrument adapts a military missile-tracking system to predict the path of a cricket ball. In the case of an LBW decision, it can calculate to within 5mm whether the ball would have hit the stumps.

## Fitness gets average mark

Hasan Masood, back from BKSP



The Bangladeshi national cricketers have an average fitness level which falls well below the international standard, according to team physio Gavin Benjafield.

The young South African joined the team a year ago along with countryman and Bangladesh Cricket Board's (BCB) Director of Development Eddie Barlow. He replaced Australian physio Alan Hunt who had a very successful three-month stint with Bangladesh's 1999 World Cup squad.

Benjafield was giving his views regarding the physical conditions of the players during a conversation with the Daily Star Sport at the Africa bound team's Bangladesh Krira Shikkha Protishthan (BKSP) camp yesterday.

Bangladesh will play in the 11-nation ICC Knock-out tournament in Kenya and then tour South Africa in October.

BCB named a 14-member squad on September 5 after a 20-day long conditioning camp held at BKSP and Cox's Bazar. Twenty-six cricketers took part in the camp.

The conditioning camp was an eye-opener, believes Benjafield.

"Before we went to Cox's Bazar, there was a fitness test for everyone except Aminul Islam, who was in England. The test helped each cricketer to know which areas they need to improve upon," he said.

"There are many areas such as strength, speed, stamina and

flexibility which concerns overall fitness. Nobody has it all. The difference is that before the test nobody had any clear idea about his own fitness but now they all know where they are. They have a graph chart where their progress is monitored."

Benjafield informed that the chart is a guideline for the individuals.

"At the moment not everyone

For example, the skipper Naimur Rahman doesn't have to work on speed. His speed is very good... his strength is also very good. But his flexibility and stamina is below average. Again a player like young Ashraful, he has very good stamina but he lacks speed and strength."

"Overall, the bowlers of the team are fitter than the batsmen, but still they are some way off the international level," he added.

About the six-day fitness camp by the sea at Cox's Bazar, Benjafield thought the duration was a bit short. "I should've been a ten-day camp," he opined.

He also emphasised on the fact that the cricketers must remain serious about their health and fitness and work on it all-year round and not just during the cricket season.

Replies to query on the fitness of old guards -- Akram Khan and Aminul Islam -- Benjafield informed. "He (Akram) is pretty much on the average line for batsmen and I have no worries about him. About Aminul, I'm afraid I can't say much as he has only recently joined the camp and has not appeared in any fitness tests so far."

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