Sports WHiZZ KID

COMPETITION FOR SCHOOL CHILDREN

WIN TK, 2000/-PRIZE BOND **EVERY FORTNIGHT**

Sports WHiZZ KID competition-67

✓ Tick the Correct Answers Competition closes 8 pm,

Apr 11, '97 Who lifted the Nirman schools cricket title? Scholastica Nganj High Who won the 17th national vouth championship? Rajshahi Comilla

Who clinched the title of the Cup hockey Club tournament? Abahani Mohammedans Who became champions in the five-nation hockey

tourney in Pakistan? Germany Holland Pete Sampras has won all except one Grand Slam singles' title. What is that one?

Name

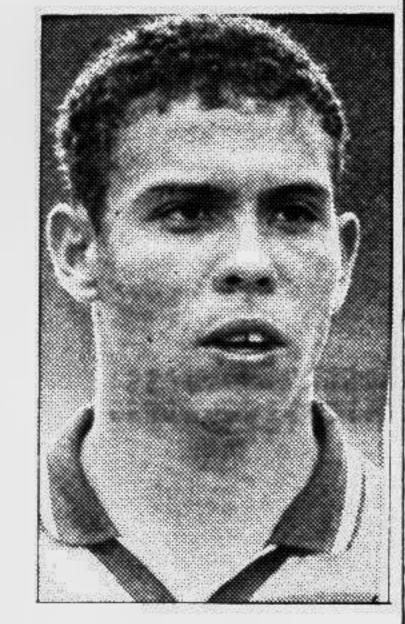
.........

Wimbledon US Open French Open

Class Roll No. School Address

Phone: (If any)

TALK SPORTS



Ronaldo

(Brazilian star footballer) "I would like to stay here but I'm a professional and I must choose what is best for me. Cir-

cumstances could make me go." About the speculation that he is leaving Barcelona for Lazio of Italy.

Notice No

Name of work

Estimated cost

Earnest money

5. Time for completion

Eligibility of contractor

Offices where tender

& schedule will be

8. Officers & offices :

where tender &

schedule will be

9. Last date of selling:

receiving sealed

received at

tender

tender

tender

DFP-6968-23/3

G-859

opening

necessary)

available from

of work



Spaniard Sergi Bruguera makes a backhand return against top seeded Pete Sampras of the United States during their semifinal engagement at the Lipton Championships in Florida - AFP/UNB photo on Mar 28.

Florida faces freak fact

KEY BISCAYNE, Florida, Mar 29: When it comes to hard-courts. Spain's Sergi Bruguera and Aust-

ria's Thomas Muster no longer have feet of clay. Just ask upset victim Pete Sampras. Unseeded Bruguera shocked world number one Sampras 5-7.

7-6, (7-2), 6-4, while secondranked Muster ousted hometown hero Jim Courier 6-3, 6-4, here Friday to reach the final of the ATP Lipton Championships, reports AFP. "It's one of the best feelings you can get in tennis," 35th-

ranked Bruguera said. "I played an unbelievable match. played just to fight and play my best and I think I did it. Sampras suffered his second 1997 loss against 20 triumphs on his favourite footing by a man who has never won an

ATP event outside Europe, has never won before the April start of clay play and has won no ATP title since 1994. "It's a match I should have won," Sampras said. "On hard courts it's a match I should win

nine times out of 10. I just played a bad match." Clay-court master Muster. the 1995 French Open champion, and Bruguera, the 1993 and 1994 Paris Red Clay king. meet for 360,000 dollars in to-

day's best-of-five final at the 2.45 million-dollar event. Bruguera has won one hardcourt title in nine pro seasons. Muster claimed his second hard-court crown in a 12-year career last month in Dubai. Sampras has won three hardcourt titles this year, including

the Australian Open. "Even though I wasn't playing well, I had opportunities, Sampras said. "I usually convert my opportunities. I'm the one that should be setting the tone, being aggressive. I didn't have my game. That is disappointing.

Muster, off to a career-best 20-3 hard court start, had not reached a US final since he did

: Supply of materials for

manufacturing fan & pin of

different ferries of (R&H) Ferry

Division, Bogra under R&H,

: 2% (two per cent) of estimated

cost to be submitted through

BD/TC/Sanchayapatra/CD from

any scheduled bank of

Bangladesh Bank in favour of

Executive Engineer, R&H

15 (fifteen) days from the date of

As per eligibility & rules — R&H,

Directorate enlisted 'A' to 'E'

Can be purchased at Tk 510/=

per set including Bangladesh

Form No 2908 (non-refundable)

from Workshop Division,

Dhaka/Executive Engineer, R&H,

Workshop Division, Mymensingh

up to the day before the date of

Superintending Engineer, R&H,

Workshop Circle, Tejgaon,

Dhaka/Executive Engineer, R&H,

Workshop Division, Tejgaon,

Dhaka/Executive Engineer, R&H,

Division,

Workshop Division, Dhaka.

issuing work order.

class contractors.

receiving tender.

Workshop

Mymensingh.

Md Humayun Rashid Khalipha

Executive Engineer, R&H (Mechanical)

Workshop Division, Tejgaon, Dhaka

5-04-97.

Last date & time of : 6-04-97 up to 12-00 Noon.

Date & time of: 08-04-97 up to 12-30 PM.

sealed

12. Date of lottery (if : 09-04-97.

13. Head of expenditure : T&R.

Workshop Division, Dhaka.

: Taka — as per schedule.

R&H Tender Invitation

Notice

Tender Invitation: 224/EE/1996-97.

so here in 1989, only to be hit by a drunken driver's car at Trendy nightspot bayside after his semi-final triumph.

Muster was out six months with torn left-knee ligaments. Ivan Lendl won the final in a

walk-over. "Being in the finals eight vears later is the biggest justice I could have." Muster said. "It's worth more than a million dollars. I'm definitely not going to bayside tonight.

Muster has an eight-match win streak over Bruguera, who has lost 11 of 14 career meetings with Muster, the most recent in the third round of last year's US Open. Bruguera has not beaten Muster since 1993.

Atlanta Olympic silver medalist Bruguera is 4-6 when playing a top-rated foe. Three of those victories were over Sampras, the other two coming in 1993 on clay. "It was more difficult to beat

Pete playing on his nest surface in his home country," Bruguera said. "He was killing everybody in this tournament, I was very proud." Bruguera, snubbed for Spain's Davis Cup tie next

week, fell to 81st last year due to

an injured right ankle that is

finally healed. "It feels unbelievably good to play without pain." Bruguera said, "I'm moving much better, ! started the years till having pain, now it has disappeared."

That has enabled Bruguera to use a more aggressive style. That's maybe the key why I am doing so well," Bruguera said. I was playing too defensive, you have to attack, but not

like crazy will the time, you have to play your game, but attacking helps. Sampras saw Bruguera's

serves as the difference. "He served much better than I thought, that was the key to the match" Sampras said. "His serve picked up in the second and third sets, he served well and didn't make any mistakes.

But I let him. I don't do much." Australian Open Champion Sampras, who also won this year in Philadelphia and San Jose, suffered his only prior loss this year in the first round of the Champions Cup earlier this month to Czech Bohdan Ulihrach.

Sampras complained of a wrist ache this week that will be examined during a 10-day rest break. Sampras was helped by two controversial calls on secondserve winners, one to end the

the tie-breaker - those put that crowd behind Bruguera. "I felt we were playing in Spain there for a second, unfortunately." Sampras said. "I was getting some good calls. It probably did spur him on a lit

first set and the other to force

tle bit. Muster won 10 of the first 11 points and Courier squandered four break-point chances in the first set - Muster broke Courier to open the second set and saved two more break-points for the victory.

Muster won his third in a row over Courier since snapping a seven-game losing streak to the American in this year's Australian Open fourth round.

Alami, Schaller reach semis

CASABLANCA, Mar 29: Topseeded Karim Alami and 1995 champion Gilbert Schaller won their quarterfinal matches Friday at the King Hassan II tennis tournament, reports AP.

Moroccan Alami defeated Vicente Fernando of Spain, 6-7 (2-7), 6-1, 7-5 to gain his second semifinal at Casablanca.

Fourth-seeded Gilbert Schaller of Austria topped sixth-seeded Tomas Carbonell of Spain, 6-4, 6-4. Schaller advanced to his first semifinal since last year's tournament.

Hicham Arazi, seeded second, eliminated Emilio Alvarez of Spain 6-2, 6-1 and Franco Squillani of Argentina beat Younes El Aynoui 6-4, 6-1.

Boris invited to teach 'em 'zennis'!

NEW DELHI, Mar 29: German tennis star Boris Becker was invited today by the followers of a deceased Indian guru to teach

them "zennis", reports AFP. A statement from the organisation, which follows the teachings of Osho in the western Indian city of Pune, said: "Boris is welcome to Pune, where I am sure he will be fascinated by Osho's vision of combining

sport and meditation. Ma Deva Anondo, a woman heading the commune's "club meditation" complex, said he would be fascinated by "zennis."

played daily at the commune. "Boris is one of the world's



maybe it's time for him now to experience the deeper layers of the game," she said, adding that "zennis" made people "play better and allowed them to "delight in the sport for its own

"Osho, formerly known as Rajneesh, advocated a philosophy combining eastern mysticism with free sex which earned him several thousand followers across the world until his death in the 1980s.

Becker recently denied rumours he was planning to leave Germany permanently for the United States following a raid on his house last December by German income tax investigators. There have also been reports he was set to leave the country because of racist insults aimed at his wife.

molecules 'turning up for work'

all at once (because this will in-

evitably cause them to be stored

as fat even if energy demands is

high) we must make sure that

they are processed in a slow

steady manner. The obvious

way of avoiding this is to spread

our daily intake of food over

several small meals, not over

Different foods can be turned

one or two meals larger meals.

into glucose (digested) at differ-

ent rates. If you eat glucose, it

needs no digestion and is im-

mediately available for energy.

Baked beans however take

much longer to break down and

therefore take longer to bring

If everyone had to take off

their coat (fat) before they were

able to queue, this would natu-

rally slow down the speed at

which the queue formed, thus'

making it easier for our official

(insulin) to deal with them. But

if everyone turned up without

coats in the first place (fat free)

a bottle neck and all its associ-

ated processing problems would

occur. So the incorporation of

coats (fat) helps keep the queue

flowing nicely hence the num-

bers 'on file' (stored fat) will be

quirements) remains constant.

so too many people (glucose)

with or without coats (fat free or

otherwise) will still be stored on

ing everyone to go out and eat

lots of fat, though I still believe

it should make up about 20%-

30% of the daily calorific in-

are kept to a minimum.

take, providing saturated lats

I hope that this article will

Obviously I am not advocat-

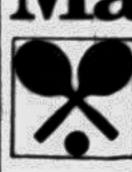
Work demand (calorific re-

kept to a minimum!

file (as fat).

about a rise in blood sugar.

Martina's awaited Monday



reports AFP.

as I do right now.

points.

likely to dethrone her soon

Steffi has to defend a lot of

don plus the US. French and

German Opens and the WTA

Championships and must re-

peat the act to sustain points.

By not defending titles here at

the Lipton Championship and

at Indian Wells cost her the top

Japan remains

in the race

KUALA LUMPUR, Mar 29:

Japan has not given any indica-

tion that it will withdraw its

bid for an executive seat in the

International Football Federa-

tion (FIFA), officials said today

Kawabuchi's name is on the bal-

lot paper. There is no indica-

tion or any official request to

withdraw from the race," an

Asian Football Confederation

Japan's attempt for an execu-

tive seat in FIFA was in a jeop-

member of the Japanese Foot-

ball Association (JFA) was

quoted as saying that it was

possible that Kawabuchi would

newly-created fourth FIFA ex-

ecutive seat for the far-flung re-

gion at its extraordinary

congress in Kuala Lumpur next

Thailand's Worawi Makudi

who is the general secretary of

the Thailand Football Associa-

leading a campaign to dis-

tribute FIFA executive seats

equally among Asia's sub-re-

from ASEAN, Sri Lanka and

ludia that the executive seat

must go to a Southeast Asian

The official said, in this con-

At present, the three seats

text the feeling is Thailand

should represent the interest of

are occupied by South Korea.

Injury-hit

Austrians

ruled three players out of Aus-

tria's squad today for next

Wednesday's important World Cup Group Four qualifier agai-

Heimo Pfeisenberger is nursing

a broken toe, 1860 Munich's

Harald Cerny injured his right

ankle in Thursday's Bundesliga

match against VFB Stuttgart

while Linzer Ask defender

Goran Kartalija has calf pains.

replaced Pfeifenberger with

Austria Vienna striker Andreas

Ogris, Cerny with Casino Graz's

Dieter Ramusch while Sturm

Graz's Roman Maehlich will re-

Coach Herbert Prohaska has

Werder Bremen forward

nst Scotland, reports Reuter.

VIENNA, Mar 29: Injury

"There is strong interest

gions, Nomura had said.

country," the official said.

Saudi Arabia and Qatar.

this sub-region.

Bangladesh and Brunei are

tion and Kawabuchi.

They would choose between

The AFC is scheduled to fill a

withdraw his candidacy

Wednesday.

It was reported Friday that

Takanori Nomura, a board

(AFC) official told AFP.

JFA's vice-president Saburo

Graf last year won Wimble-

Australian Open winner Hingis reached only the French KEY BISCAYNE. Florida, Mar 29: third round. Wimbledon fourth Sixteen-year-old round an US open semifinals Swiss sensation last year. Any improvements in Martina Hingis 1997 will increase her lead. moves past Steffi Graf on Monday to become the

"Martina doesn't have great results so she is going to gain a youngest world number one in lot of points Seles said, "She is tennis history, and no one is plying more tournaments then Steffi. I'm not sure how open number one will be until pretty "It feels great to be number

one, especially at my age. It's what I was working for all my life," Hingis said. "I have so much motivation. I have never enjoyed playing tennis as much Hingis has dominated the WTA Tour for the past six months while Graf has been sidelined by a knee injury. The German star is not expected to return to the Tour for another "Martina is in my opinion. going to stay number one for a while," former number one Monica Seles said: "I can't say for sure, but she is quite safe through the US Open because

MARTINA HINGIS

much the end of the year."

Third-ranked Jana Novotna and fifth-ranked Seles said they are more concerned about winning Grand Slam titles than being number one. But Czech veteran Novotna had a warning for Hingis.

"The way to the top is always easier than staying there," she said. "The rest of us will try to stop her. There are a lot of other players.

"We will see how well Martina can cope with being at the top and performing on a daily basis as the number one player in the world. It's yet to be seen if she can do that or not.' Hingis does not act worried.

I'm asking already," she said with a child's teasing smile and giggles. "No, it doesn't make any

difference you just become number one. Everybody wants to beat me now, it what I wanted

to do when I wasn't on top. It doesn't make a difference to Hingis won her first 28 matches this year, claiming her first Grand Slam title in Melbourne plus winning in Sydney. Tokyo and Paris and reaching

the final here Sunday against Seles in her return after a fourmonth layoff. "Martina has really improved so much the past six or seven months," Seles said. "A year ago she lost here in her first round. A lot of players have the talent but Martina is there and the other ones have to

get there." Most expect Graf. Hingis and Seles to battle for number one if they can all stay healthy long

"If Steffi is healthy, it will be a great challenge for her toward the end of her career to try to over take Martina," Novotna said. "I would like to give Martina and Steffi a hard time."

Graf beat Hingis in their most recent meeting, a five-set thriller at the WTA Championship final last November. Rivals see little difference in

Maybe with Steffi you see her backhand is a little weaker." Seles said. "Martina is all-around really good. She plays the key points great."

"It's a difficult question, 10th-ranked American Mary Joe-Fernandez said. "Martina has the legs to run down Steffi's big serve. You can maybe outhit her for a while on her forehand side. I can't say one is better than the other.

But the thought of adding a healthy Seles into the mix excites Fernandez. "If Monica is on, it's tough," Fernandez said. "She opens the court with her angles. She has the strength and power to play well. If Martina plays well, it's a tough battle. Monica for sure is capable of beating her."

Notice of RHD Inviting Tender

: 14/EE/PC(Civil) of 1996-97. 1. Tender Notice No. 2 Name of work Estimate for semi-pucca workshed at

Gabtali Stackyard under Procurement Civil Division, Dhaka during the year 1996-97. : Tk. 3,25,305/00

Estimate cost Tk 6,506/00 Earnest money 5 Time allowed 60 (Sixty) days from the date of issue

of work order. Enlisted contractor of category 'A' to

'C' General under RHD, Category 'D' general under Superintending Engineer, RHD Monitoring & Evaluation Circle, Dhaka & Category 'E' General under Executive Engineer, RHD, Procurement Civil Division, Dhaka.

Name of offices of availability of tender documents

6 Eligibility

Contractors

Executive Engineer, RHD, Procurement Civil Division, Sarak Bhaban, Block 'B' 2nd floor, Room No-31, Ramna, Dhaka & Sub-Divisional Engineer, RHD, Procurement Sub-Division, Sarak Bhaban, Ramna, Dhaka;

Executive Engineer, RHD, Ferry Construction Divn, Santinagar, Dhaka. Executive Engineer, RHD

8 Name of officer to receive tender

Procurement Civil Division, Sarak Bhaban, Block 'B' 2nd floor, Room No-306, Ramna, Dhaka. Superintending Engineer, RHD,

Monitoring & Evaluation Circle, Block 'A' 2nd floor, Room No-305,

9 Last date for: 06-04-97 selling of tender

10. Last date of: 07-4-97 upto 12.00 Noon.

receipt of tender Date & time of : 08-4-97 at 12-30 PM.

opening of tender 12 Head of account of : 168-RBF.

expenditure

DFP-6958-23/3

Md Asmatuddowla Executive Engineer, RHD Procurement Civil Division Sarak Bhaban, Dhaka

Dated: 12-3-97

Description of

Government of the People's Republic of Bangladesh Office of the Executive Engineer

Facilities Department Madaripur Zone, Madaripur

place Kartalija.

project thana district GOB-9 3(three) months Maddha Hausdi High School Sadar Madaripur Gopalganj Muksudpur Josimunnesa High School 3(three) months GOB-10 GOB-10 3(three) months Nonikhir High School Gopalgani -do-

Department, Dhaka/Faridpur/Mymensingh/Tangail/Narayanganj/Kishoreganj/ Savar/Narsingdi Zone and office of the Assistant Engineer, Facilities Department, Gopalgani/Shariatpur during office hours on

Madaripur Zone. The authority reserves the right to accept/reject any/all tenders without assigning any

Tender will be treated as cancelled outright if rate quoted by any contractor is more than 5% (five per cent) below the estimated cost. Bill will be paid to the contractor subject to receipt of allotment. But the contractor will be found to

> **Executive Engineer Facilities Department** Madaripur Zone, Madaripur.

Time limit for work

DFP-6345-17/3 G-864

Tender Notice

No 23/FD/MZ/96-97

Name of

Name of

Sealed tenders in Bangladesh Form No 2911 are hereby invited from Facilities Department's A/1 & A/2 class enlisted contractors for development work of the undermentioned private secondary schools under GOB head of Secondary Educational Institution Development & Rehabilitation (Govt & Private) Estimated cost of each group: Tk 8,01,589/41.

Name of institution

Tender document can be purchased on cash payment of Tk 400/- (four hundred) only (nonrefundable) from the office of the undersigned as well as office of the Executive Engineer, Facilities

all working days up to 6-4-97, Tenders will be received at the office of the undersigned, office of the Executive Engineer, Facilities

Department, Dhaka/Faridpur/Mymensingh/Tangail/Narayanganj/Kishoreganj/Savar/ Narsingdi Zone and office of the Assistant Engineer, Facilities Department, Gopalganj/Shariatpur up to 12-30 PM of 8-4-97 and will be opened on the same day at 1-00 PM in presence of the tenderers (if any present).

Tk 17,000/- as earnest money must be submitted with the tender through BD/Pay Order from any scheduled bank of Bangladesh Bank in favour of the Executive Engineer, Facilities Department,

reason. Instructions: (01) Contractor can purchase the tender from the abovementioned offices subject to production of 1995-96 financial year's renewal fee submitted original registration book.

complete the work within the prescribed time.

VAT and income tax will be deducted as per govt rules. **Abdus Salam Khan**

Meherobic

building).

stream) they are met by this

More Fatter? Despite the fact that plethora of low fat, non-fat, reduced fat, and low calorie alternative type foods becoming so readily available, people are getting fatter. So how can a food that has had some, it not all its fat (and therefore has fewer calories) removed, actually

Does Low Calorie Diets You

make it more fattening? Let's first look at how food is processed by the body (for reasons of simplicity we'll just look at fat and carbohydrates). Any carbohydrate when ingested (eaten) are, through the process of digestion, broken down into glucose molecules which enter the blood stream, ready for use as: 1. Energy, 2. Glycogen storage, 3 Fat storage.

Regulation of sugar levels is carried out entirely without our knowledge thorough the use of two hormones produced in the pancreas, namely insulin and glucagon. A level of blood sugar, which if too high, will result in insulin being released to 'shut it away therefore lowering this level. A level too low — glucagon is released which breaks down (catabolises) cells to give up their stored glycogen thus raising it. They work together in maintaining a balance. "But what does insulin do with all this glucose?

Try to think of insulin as an

employment exchange official

and the glucose molecules as

people who want work (energy

production). As the people

(glucose) turn up in the em-

ployment building (blood

the demand of processing.

is no work available: Not employ them and, once the short list becomes full, put them on

employment official (insulin).

(Obviously he'll only come out

when there's people in the

one who wants work, the offi-

cial will either: 1. If there is

work available: Employ them

(energy production). 2. If there

is no work available: Not em-

ploy them but put them on a

short list (glycogen storage) for

a quick source of energy should

work suddenly increase (extra

activity i.e. exercise). 3. If there

When approached by some-

In this analogy it becomes

demand. as long as these two conditions are met: 1. The unemployed arrive, and are processed, in a slow, steady stream. 2. There are enough officials to deal with

file (fat storage) for work when the short list is unable to meet This process works very well

obvious that if (a) everyone turns up at once or (b) there are not enough officials even if there is work available they cannot be dealt with in an orderly manner. The result being that since 'putting them on file' (storing them as fat) is the quickest and easiest option to our official then this is what he will tend to do. Remember since his primary responsibility to make sure the building doesn't become overcrowded (maintain glucose level), energy requirements and 'short lists' are now of secondary concern! If we are

to avoid having all the glucose

provoke many of you to think twice about jumping blindly on the 'low fat,' 'fat free' diet bandwagon. By all means continue trimming fat from meat before cooking, grilling rather than frying etc. but if it takes a high degree of processing in order to turn a food into its 'low fat' alternative (white flour and margarines especially!) it could well end up becoming more fattening (though lower in calories) than its natural alternative.

> REGRETS Due to space constraint our

regular item CROSSWORD could not be accommodated. Sports Editor