

# Column One

## Sports

### WHIZZ KID

COMPETITION FOR SCHOOL CHILDREN

### Sports WHIZZ KID competition-63

✓ Tick the Correct Answers  
Competition closes : 8 pm  
Feb 14, '97

1	Who won the Australian Open women's singles title this year?	Hings	Pierce	Coetzer
2	Which nation lifted the World Series Cup cricket title this year?	Australia	Pakistan	West Indies
3	Who won this year's Frank Worrell Trophy?	Australia	W Indies	England
4	Which team clinched the invitational international hockey title?	PIA	Abahani	SL Army
5	Who won the 18th national junior chess championship title?	Tipu	Imon	Shakil

Name .....  
Class ..... Roll No. ....  
School Address .....  
Phone: (If any) .....

## SPORTS TALK



**Frank Murray**  
(Former Australian national hockey coach)  
"I think a good hockey player is born, not made. Such players have a natural gift which has to be noticed and developed."

## Acme Div II cricket results

**Sports Reporter**  
Nirman Eleven, Kalindi Krira Chakra, Orient Sporting Club and Nabin Sangha won their respective Acme Second Division cricket league matches at different city venues yesterday.

On the western strip of Dhanmondi Cricket Stadium, Nirman Eleven recorded a five-wicket victory over DOHS Cricket Club.

Chasing a victory target of 199 in 40 overs, the winners reached the figure in 37.4 overs with five wickets in hand. Middle order bat Firoz scored an unbeaten 71 off 94 balls while Zahur added 40.

Earlier, electing to bat first, DOHS were all out for 198 in 39.4 overs with Shuvo collecting highest 40.

At the T&T ground in Mahakhali, Kalindi Krira Chakra handed East End Club an eight-wicket defeat. Batting first, East End were restricted to 169 for nine in their allotted 40 overs.

In reply, Kalindi lost two wickets before reaching the target in 37.1 overs with opener Jewel adding highest 57.

In the day's other two matches, Orient Sporting Club defeated Udayachal Club by 50 runs at the Dhanmondi Club ground while Nabin Sangha registered a marginal six-run victory over Shantinagar 'A' at the Uttara Friends' Club ground.

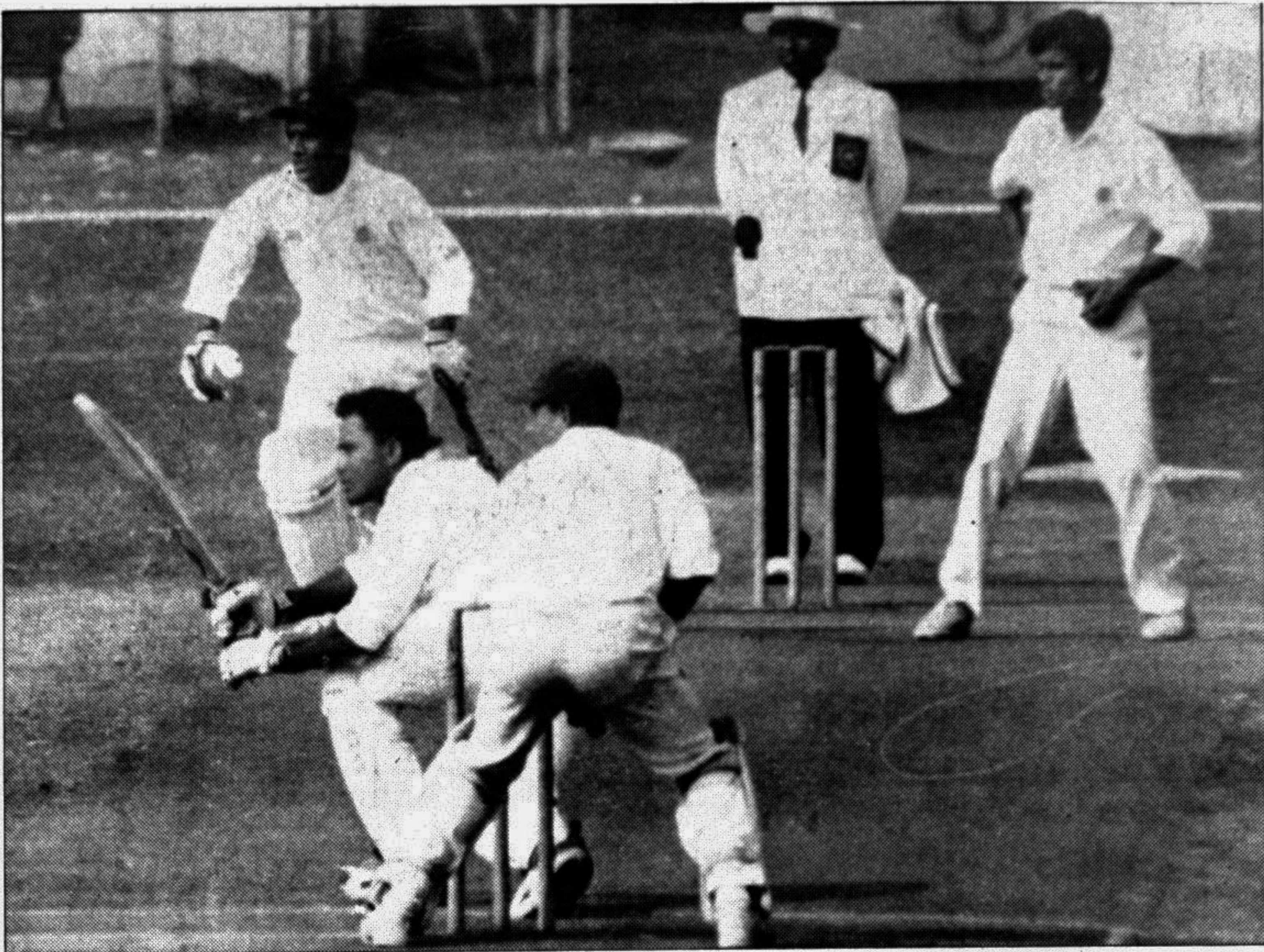
## New Nigerian FA body

**LAGOS, Feb 2:** A new 17-man Nigerian Football Association's Technical Committee was formed here on Saturday a day after their predecessors had resigned en masse, reports AFP.

The new body is headed by chief Layiwola Olagbemiro, the former vice-president of the committee.

Olagbemiro, one of three former members of the committee to revoke their decision to resign, said that they would now concentrate on interviewing several European candidates for the post of technical director, one of the reasons that the past committee had resigned.

In a joint statement issued at the end of their Friday meeting the committee members had complained they had not been contacted about recent sackings of six national coaches, including the coach of the Super Eagles, Shuaibu Amodu, the appointment of new ones invitation to players into national teams, and others.



Brothers' Pakistani batsman Aamir Hanif sweeps Kalabagan's left-arm spinner Saikat during yesterday's Premier Division super league match at the Dhaka Stadium. — Star photo

## Biman hold, Brothers spoil



Bangladesh Biman chucked up a predictably convincing win to keep their remote title hope alive while a sensational batting collapse saw Brothers Union flake off from the race in the two Premier Super league matches played at different venues yesterday.

At the far away BKSP ground in Savar, Bangladesh Biman cantered past a lowly Wari Club by six wickets. After dismissing Wari for a paltry 130, the cricket team of the national flag-carriers rattled up the required 131/4 in only 31.5 overs. With this facile win, the former champions tie up with Abahani Krira Chakra, both having collected 24 points from 15 outings.

Both the title-contenders have one match each on hand. Abahani will take on Wari Club at the Dhaka Stadium today, while Biman will face a relatively tougher job when they take on Brothers in their last league match on January 5. Net run-rate will be summoned to decide the fate of the championship should both Abahani and Biman prevail in their remaining engagements.

Quite expectedly, day's drama was provided by the Brothers-Kalabagan match which the latter won by 13 runs. Needing a victory to stay on course, the Gopibagh team lost way dramatically after looking favourably poised in their quest of the victory target.

Chasing a daunting 254 for victory, Brothers were cruising along nicely with Aamir Hanif blazing the trail. But once the Pakistan international went back, the batting of the team in search of its second Premier title, caved in strangely.

With Brothers on 227/5 in

Sports Reporter

45 overs, Aamir on 97, the stocky right-hander departed playing a rash shot off Kalabagan's left-arm seamer Anisur Rahman. His dismissal of the first ball of the 46th over, not only ended a potential match-winning stand of 103 runs for the fifth wicket with his compatriot Zahid Ahmed, but also heralded a spectacular collapse with Brothers losing their last five wickets for the addition of only 13 runs to the total.

Aamir Hanif whose 149-ball 97 included seven hits to the fence was caught at long-on by Harun-ur Rashid Liton. Kalabagan skipper Saiful Islam then decisively swung the pendulum on his side's way with two quick blows. The right-arm seamer and an integral member of the national team first yoked Mofizur Rahman Munnna for two before having a menacingly poised Zahid in the same over.

The Pakistani left-hander, who scored a rapid-fire 50 off 48 balls embellished with half a dozen fours, returned to the dressing room offering a simple catch at gully to the reliable hands of his compatriot Manzoor Elahi.

Having got his tail up following the dismissal of Aamir Hanif, Anis then scalped two batsmen in the space of two deliveries in the 48th over to finish with a haul of four wickets. Earlier, the impressive Kalabagan total was built around three half-centuries by their middle-order batsmen. Wicket-keeper Atiar scored a polished 54 off 74 balls; Pakistani Shahed Saeed hammered a breezy 64 off 68 deliveries while the plegmatic Zakaria Intiaz, who featured in an enterprising partnership of 88 runs for the fifth wicket with Shaheed, scored a workman-like 57 off 72 balls.

For Brothers Union, pacer Sajal Chowdhury, left-arm spinner Enamul Haq Moni and Aamir Hanif took two wickets apiece.

### SCOREBOARD

KALABAGAN KC				
Liton c Moni b Sajal	20	4		
Sajal c Shahed c Jahangir b Sajal	4			
Moni b Zahid	25			
Atiar c Ab Moni	54			
Saeed c Munnna b Wahid	64			
Zakaria c Jahangir b Moni	57			
Elahi c Jahangir b Amir	8			
Saiful c Wahid b Amir	2			
Anis not out	1			
Extras: (lb-7, n-2, w-9)	18			
Total: (8 wickets in 50 overs)	253			
Fall of wickets: 1-27; 2-27; 3-80; 4-125; 5-213; 6-237; 7-249; 8-253.				

Bowling:				
Sajal	6	0	37	2
Munnna	6	1	22	0
Zahid	10	0	44	1
Gem	9	0	50	0
Moni	8	0	42	2
Aamir	10	1	38	2
Wahid	1	0	13	1

BROTHERS UNION				
Jahangir b Zakir	0			
Wahid b Zakir	9			
Faruque c S Shahed b Zakir	19			
Aamir Hanif c Liton b Anis	97			
Halim Shah c S Shahed b Anis	16			
Bidyut run out	17			
Zahid c Elahi b Saiful	50			
Munnna b Saiful	1			
Moni c Atiar b Anis	2			
Sajal c Liton	0			
Gem not out	0			
Extras: (lb-12, lb-6, w-11)	29			
Extras: (all out in 47.5 overs)	240			
Fall of wickets: 1-2; 2-30; 3-30; 4-83; 5-124; 6-227; 7-238; 8-239; 9-240; 10-240.				

Bowling:				
Zakir	9	1	52	3
Anis	7.5	1	51	4
Monzoor	5	1	22	0
Soaikat	10	1	32	0
Saiful	5	0	33	2
Moni	7	0	32	0

Result: Kalabagan KC won by 13 runs.

## Surjo Tarun humble

**Gulshan youth**  
Sports Reporter

**GULSHAN YOUTH:** 63 all out in 30.2 overs (Ali Hyder 12 n.o.; Talha 4/20, Rehan 3/17, Elshan 3/18).

**SURJO TARUN CLUB:** 67 for no loss in 11.3 overs (Huda 24 n.o., Tutul 17 n.o.).

Result: Surjo Tarun won by ten wickets.

Surjo Tarun Club handed Gulshan Youth Club a humiliating ten-wicket defeat in a Premier Division cricket relegation league encounter held on the eastern strip of Dhanmondi Cricket Stadium yesterday.

In a one-sided affair, electing to bat first, Gulshan Youth were shot out for 63 in 30.2 overs.

Surjo Tarun's new-ball bowler Talha was the wrecker-in-chief with figures of 4 for 20. Rehan, Raheque and Elshan shared the remaining six wickets conceding only 17 and 18 runs respectively.

In reply, Surjo Tarun coasted to victory in 11.3 overs with openers Shamsul Huda and Tutul unbeaten on 24 and 17 runs.

With yesterday's win, Surjo Tarun raised their tally to six points from 14 matches and joined Greater Mymensingh Cricket Club in second from bottom of the six-team relegation league. On the other hand, it was the 14th successive defeat for Gulshan Youth who are yet to earn a point so far.

## Div I Super league

**Nasim Azad's hero**  
Sports Reporter

**SADHARAN BIMA KS:** 224 for eight in 45 overs (Gary 40, Jawad 27, Farooq 20, Hannan 20, Tushar 2/19, Shahnewaz 2/26, Nasim Ahmed 2/30).

**AZAD SC:** 225 for six in 44.4 overs (Shimul 39 n.o., Nasim 37 n.o., Rana 36).

Result: Azad SC won by four wickets.

A brilliant all-round performance by Nasim Ahmed guided Azad Sporting Club to the top of the First Division cricket super league table with a convincing four-wicket victory over Sadharan Bima Krira Sangstha at the City Club ground yesterday.

Chasing a commanding Bima total of 224 in 45 overs, Nasim, who earlier in the morning took two wickets, scored 37 runs and shared a 83-run unbeaten sixth wicket partnership with Shimul (39 n.o.) to enable his side to reach home with two balls to spare. Rana added 36 runs to the winners' account.

Earlier opting to bat, the insurance men mustered 224 for eight in their stipulated 45 overs with middle order Gary hammering highest 40, Tareque (23), Farooq (20) and Hannan (20) were the other notable run getters.

With yesterday's win, Azad moved atop the six-team super league table having raised their tally to 18 points from 13 matches while the defeat kept Bima glued to their previous collection of 14 points.

## Brian gets his bearings



**PERTH, Feb 2:** Brian Lara finally produced a long overdue century as he steered the West Indies to a healthy 353 for seven at stumps on the second day of the fifth and final cricket Test against Australia at the WACA Group, reports AP.

Lara hit a majestic 132 and Robert Samuels weathered an early storm as the tourists lost two quick wickets to slump to 43 for two. The pair shared a rollicking 203-run stand in 233 minutes as the West Indies took a handy 110-run lead.

While opener Samuels stonewalled for 5-1/2 hours for his 76, Lara hit one of the best innings by a West Indies batsman in the five-match series, which Australia lead 3-1.

Australia was dismissed for 243 on Saturday as Curtly Ambrose picked up five for 43 after Australian skipper Mark Taylor had won the toss and batted first.

Record-breaking batsman Lara, making his 38th Test appearance, was watchful in reaching his 50 in 127 minutes from 99 balls, but cut loose with a blistering attack on the spin duo of Shane Warne and left-arm Michael Bevan.

Lara hit Bevan out of the attack, taking six boundaries in five overs and got stuck into Warne after tea. Fourteen balls from the leg-spinner went for 26 runs, including an on-driven six and four other shots to the fence.

Lara raced to his eighth Test century and the second against Australia off just 158 balls — cover-driving Warne for his 18th boundary minutes before the tea break.

Lara promised at least four centuries in the Test series when he arrived in Australia, but had managed just 164 runs (average 20.50) with a top score of 78 in his side's innings defeat in Adelaide a few days ago.

Lara had previously failed to score a century in 12 first-class innings despite notching up two hundreds and a ninety in the World Series one-dayers.

Warne got rid of both Samuels and Lara soon after tea and the arrival of the second new ball after 82 overs signalled a run onslaught followed by three wickets in the space of eight balls.



LARA... 132

After Carl Hopner (57 not out) had treated Paul Reiffel with contempt — striking three fours in four balls — the right-arm seamer struck back with

the wickets of Phil Simmons (0) and Courtney Browne (0) in the space of four balls.

Paceman Glenn McGrath began the slide by having Jimmy Adams (18) caught behind after the fifth wicket pair had raised 56 runs in as many deliveries.

Earlier, Reiffel made the first inroads into the West Indies order, forcing an edge from struggling Sherwin Campbell in the fifth over of the morning.

Campbell (21) followed a delivery that straightened up and wicketkeeper Ian Healy completed a regulation catch.

McGrath, the leading wicket-taker in the series with 25 (average 14.75) — then had Shinnarine Chandernaul caught hooking on the fine leg boundary by Reiffel.

Reiffel picked up three for 65 while McGrath and Warne had two wickets apiece, costing 64 and 55 runs respectively.

Hooper has so far hit 10 boundaries in his 79-ball knock in 116 minutes.

### SCOREBOARD

Scoreboard at stumps on Sunday, the second day of the fifth cricket Test between Australia and the West Indies at the WACA Ground:

**AUSTRALIA:** First Innings 243 (Bevan 87 n.o., Ambrose 5/43)

**WEST INDIES:** First Innings (overnight 25 for no loss) Campbell c Healy b Reiffel 21 Samuels c M Waugh b Warne 76 Chandernaul c Reiffel b McGrath 3 Lara c Healy b Warne 132 Hooper not out 57 Adams c Healy b McGrath 18 Simmons c M Waugh b Reiffel 0 Browne c Warne b Reiffel 0 Bishop not out 5 Extras: (b-4, lb-10, nb-26, w-1) 41 Total: (for 7 wickets) 253

Fall of wickets: 1-30; 2-43; 3-251; 4-275; 5-331; 6-332; 7-353.				
To bat: Curtly Ambrose, Courtney Walsh.				
<b>Bowling</b>				
McGrath	24	5	64	2
Bichel	18	1	79	0
Reiffel	20	5	65	3
Warne	18	7	55	2
Blewett	6	2	19	0
Bevan	5	0	31	0
S Waugh	7	1	26	0

## Alex owes Cantona one



**LONDON, Feb 2:** Manchester United manager Alex Ferguson was a relieved man after

Eric Cantona came to his side's rescue with a late winner in a 2-1 victory over Southampton which kept them on top of the Premiership on Saturday, reports AFP.

United appeared to be heading for a draw against a determined Southampton side after failing to add to Gary Pallister's 19th minute equaliser of Egil Ostenstad's shock early goal for

Gullit defended his decision to recall Welshman Mark Hughes in place of Vialli who scored twice in the 4-2 FA Cup win over Liverpool last Sunday.

Wimbledon manager Joe Kinnear said he feared his side's bubble may have burst after they were held to a 1-1 draw by Middlesbrough, the Premier's bottom club, who were without suspended star striker Fabrizio Ravanelli.

Everton manager Joe Royle said he was too exhausted to face the media after his side recorded their first win in seven matches with a 2-0 victory over Nottingham Forest, courtesy of goals from Duncan Ferguson and Nick Barnby.

The defeat keeps Forest in the thick of the relegation battle and caretaker manager Stuart Pearce has warned his side they must quickly get back to winning ways.

Manager Harry Redknapp refused to accept West Ham are heading for the drop after the Londoners crashed to a 2-0 defeat at Blackburn, who are yet to lose at home since Tony Parkes took over as caretaker manager in October.

Arsenal dropped back to third after being held to a goalless draw at Leeds, managed by their former boss George Graham.

But the Gunners were relieved to come away with a point after the home side had three goals disallowed for offside, who from Brian Deane and a last-minute effort from the recalled Ian Rush.

Aston Villa won their first league game of 1997 — only their second victory in 10 games — by beating Sunderland 1-0 at Villa Park.

Villa, who were being tipped as a possible championship contenders before Christmas, had a long-range effort from Serbian Savo Milosevic in the 37th minute to thank for their long-awaited win.

Liverpool moved up to second after a Stan Collymore goal gave them a controversial 1-0 win at Derby.

Chelsea manager Ruud Gullit denied there was a rift with Gianluca Vialli after leaving the Italian striker out of the starting line-up for Saturday's 2-1 win at London rivals Tottenham.

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## fitness royale

with rani padamsee

**H**APPY Ramadan!! I hope all of you are enjoying this holy month. Once again I am going to remind you how wonderful fasting is for you. It cleanses your system inside out. Provided you are being careful and not ones indulging at Iftar time.

The best thing to do is have a date (khejor) and plenty of water maybe one or two glass of tang or lemon juice even fresh juice. Drink a lot of liquid. Then after an hour or so have your dinner and then go for Tarabih. In the morning also eat cereal, milk, egg or chapatti, chicken & bhagi. Avoid fried food. Don't shock your system. I am not asking you to diet but to be careful have everything in moderation. It's a lot easier if you are among people who are all fasting and conscious about their health. Never mind you can be the first one to start and the rest will follow you. Be determined, this way after the month is ones you can continue to eat less and more healthy food. Please, please don't start smoking again. If you can avoid it for a month better to live without it.

Here's some advice on how to save in the fat and calorie

Food	Calories	Fat
(average serving)	(kcal)	(g)
Standard chips	395	20
Thin cut chips	565	33

Save yourself 170 kcal & 13 g fat

* Vinegar	1	11
* Mayonnaise	103	2
* Fish without butter	115	18
* Fish with butter	360	13

Save yourself 245 kcal & 16g fat

* Cheese burger	300	28
* Cheese quarter pounder	500	5
* Barbecue Chicken	105	11
* Fried Chicken	210	17

Save yourself 105 kcal & 6g fat

* Hot dog	360	13
* Pastie	530	10
* Lemon Sorbet	75	34
* Ice cream	165	10

Save yourself 90 kcal & 10g fat

* Qtr of boiled sweets	370	34
* Qtr of Chocolate sweets	590	10

Save yourself 220 kcal & 34g fat

**\* BEST CHOICE**

From lying down on the floor get into the first position. It will stretch your back, relax your neck and shoulder. By lifting on leg up you will be working on your thighs, stomach and bottom. Remember to keep your bottom tight and stomach in and back straight. It puts a lot of pressure on your arms so go at your own pace and do both legs.

stages, without sacrificing the fun:

Save yourself 170 kcal & 16g fat

* Cheese burger	300	28
* Cheese quarter pounder	500	5
* Barbecue Chicken	105	11
* Fried Chicken	210	17

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