

Column One SPORTS TALK



Pete Sampras

(World No 1 tennis player) I really can't point out one thing Boris doesn't do well, and there is a lot of respect between us.

After beating Boris Becker in the ATP Tour World Championships final.



COMPETITION FOR SCHOOL CHILDREN

Sports WHIZZ KID competition-59

Tick the Correct Answers

Competition closes : 8 pm December 20, 1996

- 1 Who was the man-of-the-final in the 17th Damal Smriti cricket tournament? Partho Buiul Monirul

Name

Class Roll No.

School Address

Phone: (if any)

Shawkat show worries Wari

Sports Reporter

A brilliant all-round performance by Pakistani cricketer Nasir Shahkat guided title-chasers Bangladesh Biman to their fourth consecutive victory in the ongoing Premier Division cricket league when they handed Wari Club a 68-run defeat at the BKSP ground in Savar yesterday.

BRIEF SCORES

1. BANGLADESH BIMAN : 215 for 9 in 50 overs (Sumon 59, Nasir Shahkat 54, Zohru 42, Bappi 2/39, Amir Wasim 2/43)

2. WARI CLUB : 147 in 47.2 overs (Sohel 25, Tareque 23, Montu 23, Nasir Shahkat 3/19, Manna 2/33)

3. KALABAGAN K.C. : 226 for 9 in 50 overs (Shahid Sayeed 70, Liton 36, Zakaria 24, Morshed 2/17, Nahid 2/41)

4. LALMATIA CLUB : 140 in 44.5 overs (Monti 41, Shovon 27, Extras 30, Zakir 4/21, Selim Shahed 2/21)

accumulate a comfortable total of 215 for nine in their share of 50 overs. Coming in to bat at number six in the 41st over with Biman struggling on 141 for five, Nasir, who got virtually no support from his fellow bats during the next nine overs, played an explosive innings putting the Wari attack to the sword to help reach the national air-liners muster a fighting 200-plus. In the nine slog overs Biman piled up a huge 65 runs, off which Nasir alone scored 54 runs.

For 33 while Mizanur Rahman Babul and Athar Ali Khan bagged one wicket each. For Wari, skipper Sohail collected 25 runs followed by Pakistani Tareque Mahmood and lower middle-order Montu who added 23 runs each.

KALABAGAN WIN

In the days other match at the Dhanmondi Cricket Stadium, Kalabagan Kricha Chakra recorded a huge 86-run victory over promotes Lalmatia Club. Opting to bat first, Kalabagan scored 226 for nine in their stipulated 50 overs with Pakistani middle-order bat Shahid Sayeed playing a superb unbeaten innings of 70. In his 79-ball stay at the crease, Sayeed hit seven boundaries and three big sixes.

Opener Harun-U-Rashid Liton (36) and middle-order Zakaria Intiaz were the other leading run-getters for the lake side outfit. In reply, Lalmatia were bundled out for 140 in 44.5 overs mainly because of some lethal bowling by medium-pacer Zakir Hasan who captured four wickets for only 21 runs in his ten-over spell.

Caribbean's lack basics?

SYDNEY, Dec 13: Three Australian cricket coaches believe the struggling West Indies team is living in the past and that the former undisputed world champions should get back to basics, an Australian newspaper reported today, reports Reuter.

"They're living in the past," the Sydney Morning Herald quoted Queensland state coach John Buchanan as saying. "A lot of the basics are missing from their approach.... I've never seen a poorer fielding display than this team has given. There doesn't seem to be a concerted effort to restrict the basic discipline in the side," Buchanan said.

Buchanan also told the Herald he thought West Indies practice of selecting four fast bowlers and one part-time spin bowler only worked in years gone by when the West Indians had four "top-class quicks". Former Australia wicket-keeper and current Australian Cricket Academy coach Rod Marsh said all aspects of West Indies' fielding, from close catching to outfielding, needed work.

work on their mental approach to the game. "They should play a bit more selfishly," Lawson said. "By

Friendly cricket

Dhaka University Teachers' Eleven earned a facile win over Bangladesh Sports Journalist and Writers Community (BSJWC) by 6 wickets in a friendly match at the Jagannath hall ground yesterday, reports UNB.

Opting to bat first, BSJWC were all out for 84 runs in 25.3 overs. Tallender Mamun contributed not out 16 while skipper Saifur scored 9 runs.

Shakil, the new ball bowler of the University Teachers' was the chief destroyer of the BSJWC batting line-up claiming four for 12 runs in 6 overs. Zafar took two wickets.

In reply, opener Zafar scored 36 runs and Mumin Chowdhury made 13 runs as the Teachers easily reached their target making 85 runs for two wickets in 16.3 overs.

that I mean stop thinking about what people at home are saying and start playing for themselves." West Indies were convincingly beaten in the first two Tests of the current five-Test series against Australia and also suffered heavy losses in their first two matches of the World Series limited overs tournament against the same opponents.

Star batsman Brian Lara has had a particularly disappointing series, failing to score a century so far and being disciplined after an incident during the second Test in Sydney.

West Indies tour manager Clive Lloyd apologised to the Australia team after Lara stormed into the Australia dressing room to protest against his dismissal in that Test.

Buchanan warned the poor performances and lack of discipline shown by West Indies would jeopardise the success of the tour.

"There are a lot of disappointed spectators and, I suppose, sponsors, out there at the moment," he said.

Philips Indian nat'l soccer on Star Sports

Indian football is all set to enter a new, exciting era with the launch of the Philips Indian national football league on December 17, 1996. Star Sports is proud to be associated with this ground-breaking initiative of the All-India Football Federation and will start extensive telecasts of the league with coverage of the East Bengal v. Mohun Bagan tie on December 19, 1996 at 20:30 BST, says a press release.

The national league promises to be a very exciting affair with the top twelve teams from all over India vying for the top honours and the right to be called the first ever winners of the Indian national football league. Star Sports is all geared up to ensure that the millions of football lovers in India get a complete, insightful and high quality view of this top-class tourney.

The league has been divided into two groups. Group A comprises of East Bengal (Calcutta), Mohammedan Sporting (Calcutta), Jagatjit Cotton Textile Mills (Phagwara), ITI (Bangalore), Salgadar (Goa) and Indian Bank (Chennai). Group B comprises of Dempo (Goa), Churchill Brothers (Goa), Mohun Bagan (Calcutta), Mahindra & Mahindra (Mumbai), Air India (Mumbai) and Kerala Police (Trivandrum).

In the first phase of the league, the Group A teams will play in Calcutta from December 17 to January 1 while Group B

teams will play in Goa from December 19 to January 3. Based on the results of the first phase the top eight teams will play each other on a home and away basis from January 25 to February 23 in the final phase of the league.

Viewers may recall that in July 1996, Star Sports started its extensive coverage of India football with the telecast of the Kalyani Black Label Cup. Star Sports' telecasts then received rave reviews for their production values and high quality presentation. With the Philips National Football League, Star Sports is determined to do even better.

So, will it be East Bengal who will make history by winning the league or will it be JCT? Tune into Star Sports and find out!

TELECAST SCHEDULE Philips national football league

Group A: Dec 19 at 20: 30 East Bengal v Mohun Bagan; Dec 25 at 20: 30 Salgadar v Air India; Dec 26 at 23: 00 Dempo v Mahindra; Jan 1 at 20: 30 Dempo v JCT; Jan 4 at 21: 30 Salgadar v Dempo.

Group B: Dempo (Goa), Churchill Brothers (Goa), Mohun Bagan (Calcutta), Mahindra & Mahindra (Mumbai), Air India (Mumbai), Kerala Police (Trivandrum)



Winners of the ASEAN Cup golf tournament, held at the Kurmitola Golf Course last week. Ambassador of Indonesia and chairman of the tournament organising committee Hadi Wayarabi Alhadar (fifth from right) and Kurmitola Golf Club president Lt Gen Mahbubur Rahman (fourth from right) are also seen.

4500 athletes to take part in Bangladesh Games

The sixth Bangladesh Games will begin on December 18, coinciding with the month-long celebration of the silver jubilee of the independence, reports UNB.

Addressing a press conference yesterday evening, Army Chief of Staff and Bangladesh Olympic Association (BOA) president Lt. Gen. M Mahbubur Rahman said that about Tk 85 lakh would be spent in the Games, most of the contributions coming from the Finance Ministry.

About 4,500 participants, including 100 females, will compete in 22 disciplines for a total of 1,380 medals (gold, silver and bronze).

The events will be held in 20 different venues of the city and at the BKSP in Savar. The 22 disciplines of the Games are: Athletics, badminton, basketball, body-building, boxing, cycling, football, gymnastics, hockey, handball, judo and karate, kabaddi, rowing, shooting, squash, swimming, table tennis, tennis, volleyball, weightlifting, wrestling and kho-kho.

Kho-kho is a new inclusion in the Games. Prime Minister Sheikh Hasina will formally inaugurate the eight-day Games at 3 pm at the Dhaka National Stadium.

Finance Minister Shah AMS Kibria will declare the closing of the Games.

A colourful opening ceremony of one and a half hour's duration will include parachute jump. Singer Shakila Jafar will render the Games' theme song while girl students of Vignarunna Noon School and the Army, BDR and Ansars will take part in the various display. Swadhin Bangla football team will lead the march past.

On the concluding day, there will be a colourful fireworks display. Singer Shakila Jafar will render the Games' theme song while girl students of Vignarunna Noon School and the Army, BDR and Ansars will take part in the various display.

Kasparov, Anand share lead

LAS PALMAS, Canary Islands, Dec 13: India's Viswanathan Anand stayed alongside World No. 1 Garry Kasparov at the top of the standings in the World Chess Super tournament after they drew against each other in the fourth round of play Thursday, reports AP.

Both players now have 2.5 points, a half point more than Russians Anatoly Karpov and Vladimir Kramnik and Ukrainian Vasily Ivanchuk while Bulgaria's Veselin Topalov has just one point.

Playing whites, Kasparov drew with Anand after 63 moves played over six hours. The six players, ranked among the best in the world, are taking part in the round-robin tournament in Spain's Canary Islands which began Monday and finishes Dec. 21.

One point is awarded for a match victory, a half point for a draw and none for a defeat. Sunday's sees the first of two games between Kasparov and Karpov when the tournament resumes with fifth-round play. Thursday's round saw Karpov playing his fourth draw in four games, this time against 21-year-old Kramnik after 21 moves.

Ivanchuk won his first game of the tournament downing Topalov in 41 moves. The championship was organized to try to bring together the world's two chess bodies, the International Chess Federation, known by its French acronym FIDE, and Kasparov's rebel Professional Chess Association.

Kasparov, 33, left FIDE in 1993, seriously damaging the organisation's image and credibility. Karpov, 45, lost his world crown to Kasparov in 1985 but won back the FIDE title in his rival's absence.

Kasparov holds a 27-20 advantage over Karpov in face-to-face games. The two have drawn 115 times. After Sunday's game, they will meet one more time in the Canary Island tournament on Dec. 20.

In other games Sunday, Ivanchuk faces Kramnik and Anand will sit opposite Topalov.

Super League in Dutch soccer?

AMSTERDAM, Netherlands, Dec 13: Dutch soccer's most powerful and profitable clubs are considering setting up a new Super League, Dutch newspapers reported Thursday, reports AP.

A meeting of top clubs' chairmen is planned for Saturday in Eindhoven where the formation of a smaller top soccer division will be discussed, according to press reports.

The current Honour Division, the top Dutch soccer league, has 18 clubs. A PSV Eindhoven spokesman said the meeting was "a brainstorming session" and claimed not to know what was on the agenda. According to reports, the possible new league would feature European powerhouses Ajax, Amsterdam, Feyenoord, Rotterdam, and PSV Eindhoven as well as lesser-known Dutch sides like SC Heerenveen and NAC Breda.



West Indian Shivnarine Chanderpaul breaks the stumps of Australia batsman Matthew Hayden to get him run out while wicketkeeper Junior Murray looks on during their one-day match at the Melbourne Cricket Ground on Dec 13.

Pakistanis settle a score

MADRAS, India, Dec 13: World Cup holders Pakistan stormed into the Champions' Trophy final with a rousing win over arch-rivals India in an action-packed encounter here today, reports AP.

The Pakistanis stunned some 12,000 partisan fans at the overflowing Mayor Radhakrishnan Stadium and a live television audience of millions around India with a dazzling display of attacking hockey. They built up a 3-1 lead by the 36th minute before thwarting India's determined bid to draw level in the closing stages of a match marked by swift counter attacks from both sides.

India's experienced captain Pargat Singh spurred the home team by converting a penalty corner in the 55th minute to make it 2-3, but Pakistan held on grimly till the end. Pakistan, who avenged their 2-5 humiliation in the final of the South Asian Federation (SAF) Games at the same venue a year ago, clash with Olympic champions Holland in Sunday's final.

Pakistan ended the six-nation league on 10 points, one behind Holland, but ahead of defending champions Germany who defeated Spain 4-3 earlier today to take their tally to nine. India, who finished with seven points, take on Germany on Sunday to decide the third-

placed team. Pakistan went into the lead in the sixth minute when Muhammad Ali found the target following his team's third penalty corner.

Anil Aldrin drew level for India eight minutes later with a sizzling penalty corner shot that whizzed past goalkeeper Mansoor Ahmed's ears.

Both teams made swift attacks and Pakistan earned their second goal nine minutes before half-time when veteran defender Danish Kaleem banged in a penalty corner.

The speedy Pakistani forwards were rewarded with their third goal three minutes after the break when Kamran Ashraf deflected in a cross hit from Babar Abdullah.

Earlier, Germany and Olympic finalists Spain produced a goal feast in the first half, which ended with the Germans 3-2 ahead.

It was Spain who took the lead when recalled veteran Francisco Fabregas found the target in the 11th minute. The Germans hit back midway through the session with two goals in as many minutes from Patrick Bellembaum and Eko Rott.

Penalty corner specialist Kai Holenstein made it 3-1 for Germany shortly before the break, but Spain's star striker Javier Arnu immediately narrowed the margin with his first goal in the tournament.

Christoph Bechmann scored Germany's fourth goal 12 minutes after resumption, but Spain were not finished yet.

They raided the German defence in the last quarter and earned a penalty stroke in the 64th minute when Javier Arnu was roughly tackled inside the circle.

The experienced, Juan Escarce coolly pushed home past goalkeeper Christopher Reitz to make it 3-4 but the German defence held its own in the remaining six minutes.

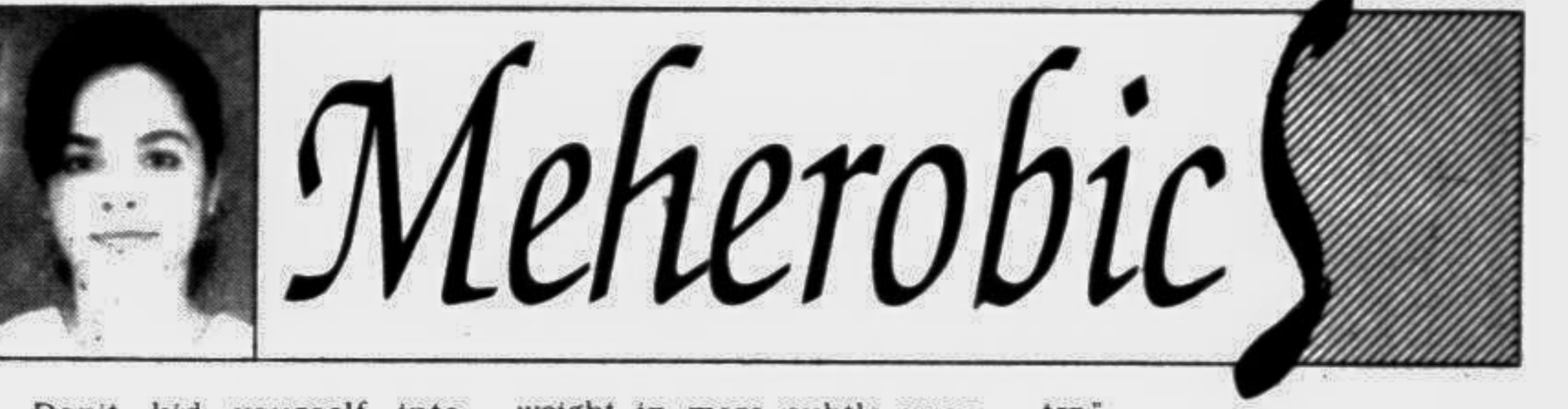
Spain, who surprised the hockey world by taking the silver at Atlanta, ended the league without a victory and two draws against Australia and Pakistan.

Holland, the only unbeaten team in the league, were held to a 1-1 draw by bottom-placed Australia earlier on Friday.

Australia's rising star Baeden Choppo, one of the three survivors of the Olympic squad, drew level nine minutes before the end after Jaap Derk Buma had put the Dutch ahead in the 10th.

Holland ended the league with three wins and two draws to head the table with 11 points.

The Australians, who host the next Champions' Trophy in Adelaide, managed only two points from draws against Spain and Holland. They lost to India, Germany and Pakistan.



Don't kid yourself into thinking that exercise, by itself, will make you lose weight. Consider the following activities, and the number of calories an average person burns per hour in each:

Table with 2 columns: Activity and Calories/hour. Activities include Walking (300), Bicycling (300), Aerobics (400), Swimming (400), Tennis (500), Basketball (500), Jogging (700).

Regular exercise increases your rate of metabolism: the number of calories you burn all the time. Plus, for many people, exercise actually reduces appetite.



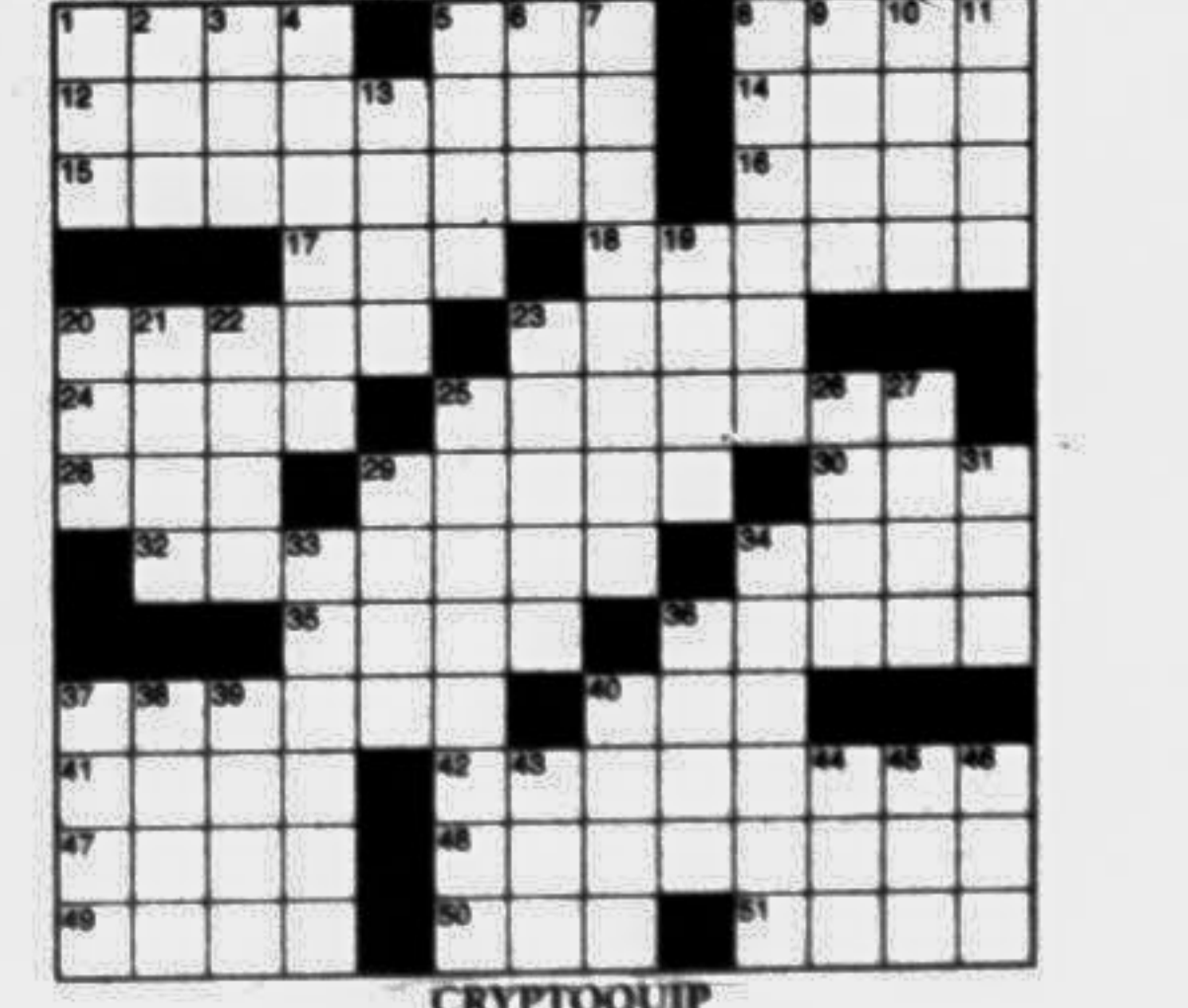
Compare the above numbers, remembering that they're for a full hour spent nonstop in the exercise, with the calories in the following food items:

Table with 2 columns: Food Item and Calories. Items include Peanut butter (1/4 cup) (377), Pizza (3 slices) (500), Baked potato (1 whole) (220).

But these are side effects: hardly reasons to start exercising. The real reasons to exercise are that you'll "live longer and feel bet-

CROSSWORD By Eugene Sheffer

ACROSS: 1 Semite, 5 Large water container?, 8 Post-Christmas event, 12 Island off California, 14 Unhappy, 15 Unhappy, 16 Painter, 17 Possessed, 18 Not round-trip, 20 Swindler, 23 Culture medium, 24 Ershwhile acorns, 25 With urbanity, 28 Lindstrom or Zadora, 29 Laugh-provoking, 30 Lumox, 32 Carrying-tones sage, 34 Gauchous weapon, 36 On the (quarreling).



H G Z I G R M T F K G S V SLHRVIB WKRZIGNVMG? BLFOO M V V W H N V O V T I L N. Saturday's Cryptquip: I OFTEN LIKE TO REFER TO A MIME IN SHINING ARMOR AS A SILENT KNIGHT. Today's Cryptquip clue: N equals M. The Cryptquip is a substitution cipher in which one letter stands for another. If you think that X equals Q, it will equal Q throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Tender Notice. Name of Office: Office of the Deputy-Director, Printing Press, Power Development Board, Dhaka. Name of supply: Annual printing materials of Printing Press, Power Development Board. Eligibility of contractors: Power Development Board enlisted contractors/past experienced bonafide suppliers/firms having sufficient experience of supplying printing materials for printing presses. Estimated cost: Tk 8,31,162/= (eight lakh thirtyone thousand one hundred sixty two). Price of tender: Tk 300/= (three hundred) only (non-refundable) through Bank Draft/Pay Order in favour of the Deputy Director, COAC, PDB, Dhaka. Place & date where tender will be available: From the office of the undersigned/Director, Public Relations Department, PDB, Dhaka/Chief Engineer, Services, Bidyut Bhaban, 1 Abdul Gani Road, Dhaka, Chief Engineer, Central Zone, 1 Abdul Gani Road, Dhaka up to 29/12/96. Date of receiving & opening: 29-12-96 up to 12:00 Noon and on the same day at 12:30 PM. Other terms & conditions and all rules & regulations must be complied with properly.