

# Column One

## DID U' KNOW?

(The Professor does)

**T**HAT archery could be one of the oldest sport still practised. Some authorities date the origin of archery as early as the Aurignacian period, about 25,000 years before the modern era. The earliest people known to have used the bow and arrow were the ancient Egyptians, who adopted the weapon at least 5000 years ago. In the time of the earliest pharaohs, the Egyptians practised archery in hunting, as well as in warfare against the ancient Persians, who were then equipped only with spears and slingshots. Soon after, however, the bow and arrow was used extensively in the ancient world. The Assyrians and Babylonians depended on the weapon, and the Old Testament refers several times to archery as a characteristic skill of the ancient Hebrews. In China, archery dates back to the Shang dynasty (1766?-1027? BC). A war chariot of that time carried a three-man team: driver, lancer, and archer.

### SPORTS TALK



**Nayan Mongia**  
(Indian wicketkeeper)  
"I have changed now. I have realised my mistakes. I have lost so many victims because the umpires had felt I was appealing needlessly even though the appeals were genuine sometimes."  
(Said of his earlier habit of appealing so often).

### WHIZZ KID

COMPETITION FOR SCHOOL CHILDREN

#### Sports WHIZZ KID competition-57

✓ Tick the Correct Answers

Competition closes : 8 pm November 22, 1996		
1	Who won the Titan Trophy?	
	India S. Africa Australia	
2	How many one-day matches has Wasim Akram played to capture 300 wickets?	
	206 207 208	
3	The 13th QM Hossain IM chess championship was won by	
	Zia Reza M. Lodhi	
4	Who clinched the top position in the 16th national age-group swimming championship?	
	BKSP American Int'l School Biman	
5	Which country will host the 1998 Commonwealth Games?	
	Malaysia England Hong Kong	

Name .....  
Class ..... Roll No. ....  
School Address .....  
Phone: (if any) .....

### Weird reception awaits Venables

**SYDNEY, Nov 21:** Former England manager Terry Venables is facing a hostile reception from Australia's soccer establishment over his appointment as national team coach, reports Reuters.

A newspaper survey published on Thursday showed that two-thirds of national league coaches oppose his hiring for Australia's 1998 World Cup campaign ahead of a local candidate. The view is shared by several former internationals and one former national team coach.

The criticisms, focusing on the decision to allow Venables to spend most of his time in London, prompted a fierce outburst from the man who gave him the 320,000 dollars-a-year job.

"It's a shame that we have some negative comments from the old guard... They are critical because we did not choose a local," Soccer Australia chairman David Hill said.

"Are they seriously suggesting that we should not have picked the best coach available and overlooked him for a locally based coach?" Hill said on his return from London, where he recruited the former Barcelona and Tottenham coach.



Air-borne Eric Cantona of Manchester United (C) and an unknown Juventus opponent show their acrobatic skills in quest of the ball during their UEFA Champions' League encounter at Old Trafford on Nov 20. Juventus won 1-0.

## Man United upended again

**LONDON, Nov 21:** Manchester United slumped to their second consecutive home defeat in the Champions' League on Wednesday as they were upended by Juventus.

United lost 1-0 to European champions Juventus thanks to a first-half penalty from Alessandro del Piero while the Turkish champions, who claimed a historic victory at Old Trafford three weeks ago to throw Group C wide open, beat Rapid Vienna by the same scoreline.

Fenerbahce go second in the group on seven points one ahead of United. Juve to the pile on 13 points and qualify for the quarterfinals in first place.

United now travel to Vienna for their final group game on December 4 with their destiny out of their hands.

They need at least a draw there and will need a win if Fenerbahce steal a point in Turin on the same night.

Elsewhere, AC Milan ended Porto's 100 per cent record by forcing a 1-1 draw in a bad-tempered match in Portugal.

Dutchman Edgar Davids scored first for the Italians before Emerson Pimenta equalised for Porto 15 minutes from time.

The tension noticeable throughout the match reportedly erupted into blows after players left the pitch.

Eye-witnesses said Milan's Liberian striker George Weah punched Porto defender Jorge Costa in the tunnel leading to the dressing-rooms.

The clash triggered a series of other scuffles between players as a dazed Costa, blood streaming from his nose, was led away for medical attention.

With Rosenborg beating Gothenburg 1-0 in the Scandinavian derby, Milan, who have appeared in five of the last eight European Cup finals, are still not assured of a place in the last eight.

They stand second in Group D on seven points, one ahead of the Norwegians, who travel to the San Siro for what should be a nail-biting final match for the Italians, bidding to equal Real Madrid's record by lifting the European Cup for the sixth time.

Rosenborg's second Champions' League victory over their neighbours came courtesy of a penalty after Niclas Alexandersson handled on the line, an offence which earned him a red card.

In Group A, three teams are level on nine points with a game of play after a pair of unexpected results.

Four-times European champions Ajax Amsterdam, who needed just a single point on Wednesday to qualify for the quarterfinals lost 2-1 at home to French champions Auxerre.

Auxerre took an early lead. Ajax hit back through Nigerian Tijani Babangida just before the interval but Steve Marlet sealed victory for the visitors in the second half.

In the other Group A match, Glasgow Rangers chalked up their first Champions' League victory since March 1993 by beating group leaders Grasshoppers Zurich 2-1.

Scotland forward Ally McCoist scored both Rangers goals after going more than a dozen European Cup matches without scoring.

While Group A goes to the wire, qualification from Group B is already decided.

Atletico Madrid and Borussia Dortmund both travelled to eastern Europe and came away with draws to book their berths in the last eight of Europe's premier competition.

A first-half goal from Yugoslav Milinko Pantic earned the Spanish champions a 1-1 draw at Steaua Bucharest while goals from Paul Lambert and Juergen Kholer gave the German side a 2-2 draw against Poland's Widzew Lodz.

Atletico and Borussia have 10 points each. Steaua and Widzew have four each and are eliminated.

But the night's most dramatic result came from Old Trafford, where United, unbeaten at home in Europe for 40 years until this month, lost their second Champions' League clash there in the space of three weeks.

Juve gave United a lesson in movement and passing in the first half, then soaked up 45 minutes of relentless pressure from the home side in the second.

United were unrecognisable from the lacklustre outfit that lost 1-0 to Fenerbahce but still failed to find a way past a cool Juventus backline.

"It was one of those agonising nights you do get sometimes and I thought we were really unlucky," United manager Alex Ferguson said afterwards. "We just have to hope Juventus do the job in Turin."

## Agassi gets into an abyss

**HANOVER, Germany, Nov 21:** Andre Agassi dropped out of the ATP World Championship because of illness on Wednesday after being booed and jeered in a dismal performance against world number one Pete Sampras, reports Reuters.

Agassi, who said he had been suffering with a stomach upset and influenza for several days, was swept off court in just 48 minutes by Sampras who won the round-robin clash 6-2, 6-1.

Organisers later announced that the Las Vegas player, who faced a cacophony of whistles, boos and jeers towards the end of the second set, would be replaced in the group matches by Sweden's Thomas Enqvist.

Enqvist, ranked ninth in the world, had originally just failed to qualify for the event which brings together the top eight players in the world rankings.

Croatia's Goran Ivanisevic became the first player to reach the last four after a 6-4, 6-7, 7-6 victory over Wimbledon champion Richard Krajicek, his second victory in the White Group.

Both big servers hit 21 aces on the fast surface.

The 12,000 strong crowd, who paid between 180, and 230 marks (120 and 153 dollars) to watch Wednesday's three matches, cheered Agassi at the start of the match.

But by the end they were booing and whistling loudly at being deprived of entertainment from a match which on paper was a classic showdown between two Grand Slam champions.

Agassi played erratic tennis from the start. He was in trouble on his own serve as early as the fourth game when he had to save several break points. Sampras, who served and volleyed well, eventually broke in the sixth game and went on to take the set in 29 minutes.

After that Agassi's game fell apart and the match was no longer a contest.

The crowd started expressing their anger after Agassi double-faulted to give Sampras a 4-0 lead in the second set.

The championship is played in a round-robin format in the early stages. The top two players from each of the two groups advance to the semifinals.

ATP officials said the win against Agassi would count in computing Sampras' round-robin standing but Enqvist would come into the event with a clean slate and could make the semifinals if he won both his group matches.

Earlier, Michael Chang's hopes of reaching the decisive stages disappeared when he lost to Thomas Muster, his second defeat in the White Group.

# fitness royale

with rani padamsee

"The soul that moves in the world of the senses and yet keeps the senses in harmony... finds rest in quietness."

**L**IVING with a relaxed mind and body is our natural state, our birthright — it is the only pace of our lives that has made us forget. Those who retain the art possess the key to good health, vitality and peace of mind; for relaxation is a tonic for the whole being, liberating vast resources of energy.

The state of our minds and the state of our bodies are intimately linked. All my students know this fact. I always tell them that for two hours during class they must forget about everything else. If the mind is anxious, then the body suffers. If your muscles are relaxed, then your mind must be relaxed. All actions originate in the mind. We often practise our *katas* (which is literally meditation in movement) in our minds before actually executing them. The results are amazing. Particularly before exam and competition we use this method. We meditate before and after each class.

Many people spend much of their lives, even while sleeping, in a state of physical & mental tension. Everyone has his own particular trouble spots — whether it is a clenched jaw, a furrowed brow or a stiff neck.

This unnecessary tension not only causes a lot of discomfort but is an enormous drain on our energy resources and a major cause of tiredness and ill-health.

To relax the body, you lie down or sit cross-legged with back absolutely straight. First tense, then relax each part of your body. Working up from your feet to your head. This alternate tensing then relaxing is necessary because it is only by knowing how tension feels that you can be sure that you have achieved relaxation.

To relax and focus the mind, you breathe steadily and rhythmically, and concentrate on your breathing. Mental and physical relaxation can never be completed, however, until you achieve spiritual peace.

As you relax the whole body and breathe slowly, muscle tension is reduced, the mind starts to relax, you feel different sensations, lightness and warmth. Even a few minutes of deep relaxation will reduce worry and fatigue more effectively than many hours of restless sleep.

The hand-stand is one of the most powerful postures, beneficial to both mind and body. By reversing the normal effects of gravity, it rests your heart, aids your circulation and relieves pressure on the lower back. Practised regularly, it will help prevent back problems, improve memory, concentration, balance. It brings fresh supply of oxygen — rich blood to the brain, and develops strong arms. Initially, do it in a corner against a wall under supervision.

**IT IS LARGELY A MATTER OF CONQUERING YOUR FEARS AND BELIEVING YOU CAN DO IT.**

## Warne wanted to quit?

**SYDNEY, Nov 21:** Leg-spinner Shane Warne, a principal weapon for Australia in the first Test against West Indies starting on Friday, says he is considering retiring over a finger injury which still requires treatment, reports Reuters.

Warne told the Sydney Morning Herald today that he thought about quitting cricket while recovering from surgery in May to repair ligament damage on the ring finger of his right hand and he still needs daily treatment on the injury.

There were stages where I thought, 'What happens if this finger doesn't come good? What am I going to do?' Warne said. "I didn't want to retire or finish at this stage. I've got a few things I want to do first, team-wise and personally."

"I suppose anyone who has a serious injury is going to have those doubts about whether you're going to play or not. The doubts did cross my mind six weeks to two months ago," he said. Warne lines up with his Australian teammates on Friday in his first international match since May after missing recent tours to India and Sri Lanka while recuperating from surgery.

He told the newspaper his finger is iced and massaged every day and is placed in a brace at night. Warne also receives daily treatment to the forearm and shoulder of his right arm.

Warne has played two first class matches as captain of the Victoria State team this month and, despite modest returns by his own high standards, felt he was back to his best during a match against New South Wales which finished on Monday.

Warne said he managed to make several deliveries spin and jump against New South Wales and "felt really happy" when two deliveries hit wicket-keeper Darren Berry in the jaw.

"I thought, 'I'm back. This is it. This is what I want,'" Warne said. "They started really coming out well. I thought, 'I'm really looking forward to this first Test.'"

Warne has taken 207 wickets in 44 Tests at an average of 23.53 but has 30 wickets in three Tests at 10.40 in Brisbane, venue to the first Test against West Indies.

Australia received another boost today when pace bowler Glenn McGrath passed a fitness test on his injured heel.

## Vogts, Lothar to diffuse dispute

**BONN, Nov 21:** Germany's most capped but cantankerous international Lothar Matthaeus and national coach Berti Vogts have agreed at a "peace summit" to bury the hatchet in a long-running squabble, the German soccer federation (DFB) said on Wednesday, reports Reuters.

Matthaeus, 35, who captained Germany to the 1990 World Cup, has never hidden his disappointment at being left out of his country's triumphant Euro '96 squad, while Vogts has become increasingly bitter at Matthaeus' constant sniping.

"There have been irritations but they should not and will not come up again," DFB president Egilolf Braun said in a statement. "This frank discussion will close this chapter."

Matthaeus earned the last of his 122 caps in December 1994, shortly before he ruptured an Achilles tendon and had to take almost a year off.

There is little or no chance that the Bayern Munich shipper will return to the national side, where Borussia Dortmund's Matthias Sammer has made the libero slot his own.

But the meeting appeared to improve the chances for a testimonial match which seemed in doubt while Matthaeus was at odds with Vogts and the federation.

## Everton hold Liverpool

**LIVERPOOL, England, Nov 21:** Liverpool squandered a chance to go to the top of the English Premier League on Wednesday when they allowed Everton to snatch a 1-1 draw with a late equaliser, reports Reuters.

Gary Speed struck for Everton with eight minutes remaining after England striker Robbie Fowler had scored a first-half goal against the team he supported as a boy.

The result meant Liverpool stayed in second place on 27 points, a point behind Newcastle. Everton leapfrog over Tottenham into seventh, seven points behind their neighbours.

Robbie Fowler put Liverpool ahead on the half-hour, heading home a fine cross from Jamie Redknapp for his ninth goal in seven goals since his return from injury.

But Everton, who put seven goals past Southampton at the weekend, fought back after the interval to stop Liverpool in their tracks with a goal from a set-piece.

Andy Hinchcliffe swung in a freekick and Speed, who signed for the club from Leeds for 3.5 million pounds (\$5.9 million dollars) in the close season, powered a header beyond Liverpool keeper David James.

To compound Liverpool's frustration, England forward Steve McManaman limped off with a hamstring strain after just 17 minutes.

### REGRETS

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— Sports Editor

PANI-187/96-97  
DFP-26383-18/11  
G-1596

## Brisbane Test begins today

**BRISBANE, Nov 21:** West Indies, whose last visit was marred by internal conflict and poor results, are presenting a more unified appearance before the first Test against Australia, starting in Brisbane on Friday, report agencies.



COURTNEY WALSH

There are growing signs of unity as the tourists seek to avenge their series defeat against Mark Taylor's men in the Caribbean in May last year.

It is billed as "the decider", a five-Test series to determine which is the best cricket in the world.

The only trouble is, South Africa and Pakistan have equally legitimate claims to be regarded as No 1.

Australia failed to win a match on their recent tour of India, losing a one-off test and

finishing last in a triangular limited-overs series against the hosts and South Africa.

The West Indies lost the Frank Worrell Trophy to the Australians in the Caribbean last year, their first series defeat in 15 years, drew a series with lightly-regarded England and the failed to make an impact at the World Cup, even losing to lowly-rated Kenya.

But Australia-West Indies series are traditionally fiercely fought and the forthcoming series, which begins at the Gabba Ground on Friday, is unlikely to be an exception.

In 61 Tests between the great rivals, Australia has won 32 times and the West Indies 27, with 21 draws and one tie.

In nine Tests in Brisbane, the honours are even with three wins apiece.

West Indies manager Clive Lloyd believes the tourists are ready to reclaim their respect, despite a less than stellar start to their Australian campaign.

There was a point in our cricket where we just lost our professionalism," he said.

Paceman Curtly Ambrose is the key player for the West Indies, although he has been used only sparingly since the tourists arrived Down Under.

"He's raring to go," said West Indies coach Malcolm Marshall, who says the West Indies have been focussed on the first Test since the day they arrived.

"I can guarantee you it will be different," he said. "We always seem to be a little slow starting off, but you can expect big things from us. The guys are so keen to win back the Frank

Worrell Trophy."

Star batsman Brian Lara says it is up to himself and his colleagues to rediscover their self-belief.

"It will be the greatest challenge for us. We want to get back to the days when we were scoring 400-plus every innings," Lara told reporters at the Gabba.



MARK TAYLOR

"Lately the bowlers have been winning us matches but the batting has not been doing us justice."

"We were known in the late 1970s and 1980s as having four fast bowlers. A lot of people said these were the guys who won us Test matches."

"But they forgot that Viv Richards, Desmond Haynes, Clive Lloyd, Richie Richardson, Larry Gomes and others won us Test matches with their batting."

The tourists are expected to announce their line-up before the start of play on Friday.

Australia captain Mark Taylor said Ricky Ponting was ready to take on the responsibility of batting at number three after the retirement last year of the long-serving David Boon.

"Whether you are three, four or five against the West Indies you are going to get the same sort of bowling," he said.

"The only thing is you might go in at 0-1 or 20-1."

Australia's bowling attack has been strengthened by the recall from injury of leg-spinner Shane Warne and the availability of fast bowler Glenn McGrath.

Warne missed the defeat in last month's one-off Test against India after failing to recover in time from the effects of surgery on his spinning finger in May.

McGrath, Australia's main new ball strike bowler, passed a fitness Test on a blistered heel on Wednesday.

Inexperienced pair Jason Gillespie and Michael Kasprovic are expected to fight it out for the remaining available place in the bowling line-up alongside McGrath and Paul Reiffel.

**TEAMS**  
**AUSTRALIA** (from): Mark Taylor (captain), Matthew Elliott, Ricky Ponting, Michael Vaughan, Steve Waugh, Michael Bevan, Ian Healy, Shane Warne, Paul Reiffel, Glenn McGrath, Michael Kasprovic, Jason Gillespie.  
**WEST INDIES** (from): Robert Samuels, Adrian Griffith, Brian Lara, Shivnarine Chanderpaul, Carl Hooper, Jimmy Adams, Roland Holder, Courtney Brown, Kenneth Benjamin, Curtly Ambrose, Courtney Walsh (captain), Nixon McLean, Fatteson Thompson.

## Tender Notice

Sealed tenders are hereby invited for the following works under Rajshahi WD Division, BWDB, Rajshahi during the year 1996-97.

The tenders will be received during office hours on 3.12.96, 4.12.96 and up to 12.00 hours on 5.12.96 and will be opened at 12.30 hours on 5.12.96 in presence of contractors who wish to be present. The enlisted 'A' & 'B' classes contractors under Water Dev. Board for the year 1996-97 are eligible to submit tenders.

The tender documents can be purchased from Sonali Bank, Ranibazar Branch/Greater Road Branch/Railway Complex Branch/Rajshahi Court Branch/Motihar Branch/Sopura Industrial Estate Branch, Rajshahi/Agri Bank, Naogaon/Nawabganj/Sonali Bank, WAPDA Branch, Motijheel Commercial Area, Dhaka and Pubali Bank Ltd., Chalan Beel Pay Booth, Natore during banking hours on all working days up to 4.12.96.

Tender Notice No	Name of work with location	Estimated amount	Earnest money	Classes of contractor
5/96-97.	i) Protective work on the left bank of river Ganges at Sonai Kandi and Sonai Kandi-Berpara protective work project in PS Paba, Dist Rajshahi during the year 1996-97.	Tk 52,44,844/-	Tk 1,31,121/-	'A' Class contractor
	Group No. A			
	ii) Protective work on the left bank of river Ganges near Rajshahi Cadet College under Charchat and Bagha Thana protective project (Phase-I), Rajshahi during the year 1996-97	Tk 52,54,031/-	Tk 1,31,351/-	-do-
	Group No. B			
6/96-97.	i) Protective work on the left bank of river Ganges at Sarengpur in PS Godagari, Dist Rajshahi during the year 1996-97.	Tk 23,82,624/-	Tk 59,566/-	'A' & 'B' class contractor
	Group No. A			
	Group No. B	Tk 23,22,413/-	Tk 58,060/-	-do-
	Group No. C	Tk 15,73,042/-	Tk 39,326/-	-do-
	ii) Protective work on the left bank of river Mohananda at Namonimgachi area in PS & Dist Nawabganj during the year 1996-97.	Tk 21,98,997/-	Tk 54,975/-	-do-
	Group No. D	Tk 21,73,612/-	Tk 54,341/-	-do-
	Group No. E	Tk 21,74,823/-	Tk 54,371/-	-do-
	Group No. F			
	iii) Protective work on the right bank of river Mohananda from Munshiganj-ghat to Poladanga in PS Bholahat, Dist Nawabganj during the year 1996-97.	Tk 29,67,947/-	Tk 74,199/-	-do-
	Group No. G	Tk 15,15,790/-	Tk 37,895/-	-do-
	Group No. H			
	iv) Protective work on the left bank of river Ganges at Bhagabantapur under Godagari Dakbanglow and Railbazar protective project (Phase-II) in PS Godagari, Dist Rajshahi during the year 1996-97.	Tk 22,40,414/-	Tk 56,010/-	-do-
	Group No. I			

**REGRETS**  
Due to space constraint Crossword could not be accommodated.

— Sports Editor

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DFP-26383-18/11  
G-1596

**Md Muraduzzaman**  
Executive Engineer  
Rajshahi WD Division  
BWDB, Sopura, Rajshahi.