(The Professor does)

That in ancient Greece, three distinct programmes of gymnastic exercise were developed one for the maintenance of good physical condition, another for military training, and a third as part of the conditioning regimen (limiting intake of food) for athletes. The early Greek teachers of physical fitness were the first to design systems of physical activity for both athletes and for the general citizenry. Such programs, which included gymnastics, were considered central to the formal education of children. The Greeks believed that the unity of mind and body could only be realized through participation in physical exercises.

Now, this is where we can take a lesson or two from the Greeks: how to eat less by doing some sort of physical exercise Instead, we are borrowing Greek columns and putting them up in front of our stores; food stores, even.

SPORTS TALK



Gary Kirsten

(South African opening batsman

"There's nothing extraordi nary about my batting. There's no change in technique, but certainly in the attitude. I cannot bat like Jayasuriya. My aim is to pick the gaps. We just cannot take risks in the first 15 overs for we need good starts".

(Said of his consistency in batting).



..........

Sports WHiZZ KID

36-0	competition-57		
1	Tick the Correct Answe		

Competition closes: 8 pm

November 22, 1996)

1	Who	Who won the Titan Trophy?			
	India	S. Africa A	ustralia		
2	has	How many one-day matches has Wasim Akram played to capture 300 wickets?			
1	206	207	208		
3	ches	The 13th QM Hossain IM chess championship was won by			
	Zia	Reefat	M. Lodhi		
4	tion age-g	Who clinched the top posi- tion in the 16th national age-group swimming cham- pionship?			
	BKSP	American Int'l School	Biman		
5		Which country will host the			

1998 Commonwealth Games? Malaysia | England | Hong Kong

Class Roll No. School Address Phone: (If any)

প্ৰাঞ্চলিত মূল্য

Kalabagan reap bananas

Sports Reporter

the limelight by claiming the first five Lalmatia wickets to finish with 5/23 in his ten nagging overs. Playing in the shadow of Saiful and Anisur Rahman, the two front-line bowlers of the national team, Zakir once again pointed out his credentials as a serious contender for a slot in the greater

Zakir Hossain

with a five-wicket

haul bowled title

aspirants Kalaba-

gan Krira Chakra

to a resounding

84-run win over Lalmatia in the

17th Damal Smriti cricket

tournament at the Dhaka

BRIEF SCORES

50 overs (Moniruzzaman 76.

Shahid Saeed 49; Korshed

out in 44.5 overs (Nomanullah

49, Asif 25, Nahid 25; Zakir

bowled with venom, ran over

the Lalmatia top and middle-

order as the promotees in the

Premier Division this year, in

their chase of an imposing

Kalabagan total of 244, were

It was Lalmatia's second suc-

cessive defeat in the six-team

second round signalling their

exit from the season's curtain-

raiser. While Kalabagan, with

this win, confirmed a berth in

the semifinals along with de-

fending champions Mohamme-

Mohammedans in their last

group league match on Friday to

decide their opponents in the

gan, aided by a patient half

century from Moniruzzaman

Moni and a polished 49 from

their Pakistani Shahid Saeed.

rattled up a commanding total

Kalabagan losing both their

openers for 78 in 18.4 overs.

young Moniruzzaman shared

104 runs for the third wicket

with Saeed to settle their side

gritty 76 off 109 balls while

Saeed clouted two huge sixes

and as many boundaries in his

quick-fire knock before Kala-

bagan suffered a mini-collapse.

losing five wickets for the

A portly Zakaria Imtiaz.

who scored an unbeaten 25.

however, found a doughty part-

ner in Anisur Rahman (22 off

18 balls) to propel his side to a

respectable position putting on

33-runs for the undefeated sev-

But it was Zakir, who stole

addition of only 28 runs.

Moniruzzaman scored a

After a brisk start with

in their share of 50 overs.

into a groove.

enth wicket.

In the day's match Kalaba-

Kalabagan will take on

dans from Group Y.

criss-cross semifinals.

skittled out for a paltry 160.

Hossain 5/23, Saiful 2/25).

The right arm seamer, who

KALABAGANI KC: 244/7 in

LALMATIA CLUB: 160 all

Stadium yesterday.

Alam 2/54).

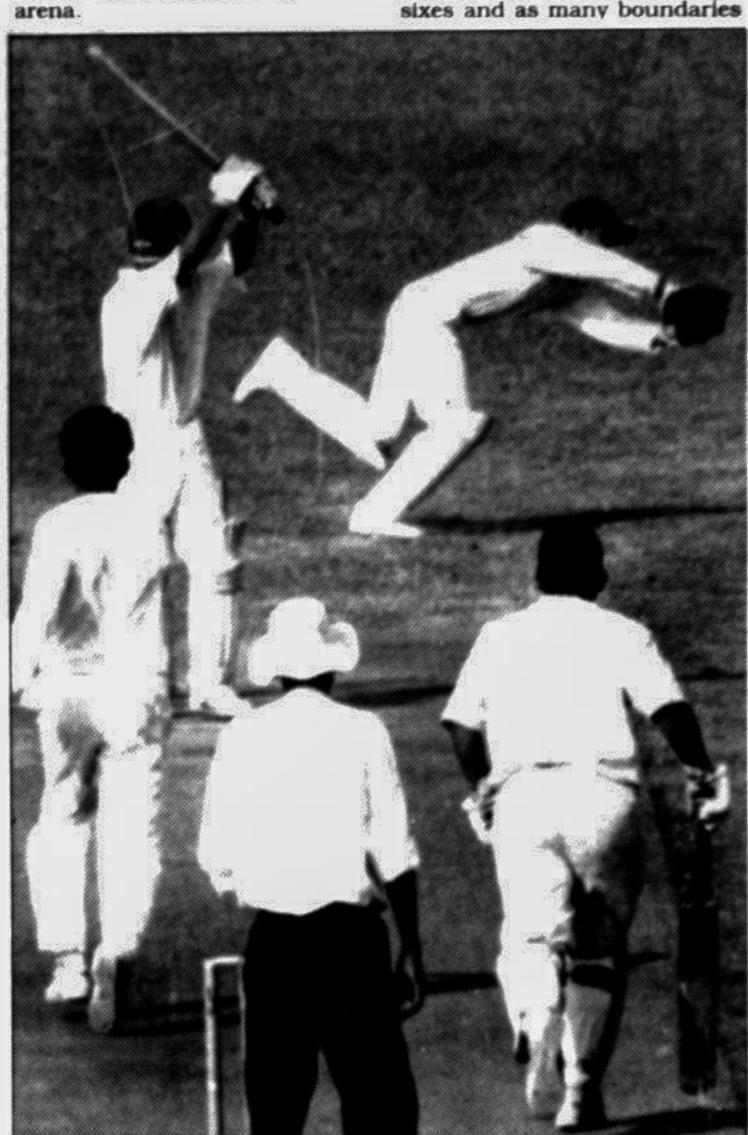
offering simple catches for wicketkeeper Atiar, who made hay a behind the stumps with five catches. Skipper Saiful, who mopped up the Lalmatia tail, finished

with two for 25 in his 7.5 overs.

weilders. Pakistani Noma-

nullah, who clouted two huges

Among the Lalmatia willow-



Pakistani batsman Quamran Hossain at Latmatia Club glances a Saiful delivery during yesterday's Damal Smriti cricket tournament match against Kalabagan Krira Chakra - Star photo at the Dhaka Stadium.

The deceptive medium pacer. who opened the attack with Anisur Rahman, made most of a slow wicket by moving the ball both ways. And the opposition batsmen fell like nine pins in his swashbuckling 49 offered some sort of a resistance in the backdrop of a neverending procession to the dressing room from the other end.

Boris begins boisterously

served out for the match in the

however, that he still needs

painkillers to play sometimes.

wrist, but it is not 100 per cent

yet. There are days when I have

to take pain killers but it nor-

mally gets better as the week

brings together the top eight

players in the World, is played

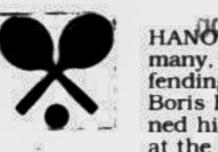
The championship, which

Becker admitted afterwards.

"I can't complain about the

next game.

goes on.



HANOVER. Ger struck a total of 17 aces, then many, Nov 20: Defending champion Boris Becker opened his campaign at the ATP World

Championship with a smooth 6-4, 7-5 victory over Russia's French Open champion Yevgeny Kafelnikov on Tuesday. reports Reuter.

Roared on a fanatical 12,000 German crowd who cheered and stamped their feet every time he hit a winning shot, Becker used his strong serve-and-volley game to clinch the round-robin Red Group match in just 78

minutes. Becker, who turns 29 later this week, has been playing some brilliant tennis in the last month after bouncing back to his best following a serious wrist injury at Wimbledon.

But the German has been drawn in the toughest group of the round-robin stage with world number one Pete Sampras and his American rival Andre Agassi. It was important for Becker to get off to a solid start against Kafelnikov.

"Things went very smoothly. I am happy to get the first win out of the way. Now I can really enjoy it," Becker said. "It was an astonishing atmosphere... I am playing some of the best tennis of my career.

After both players struggled to hold their serve in the opening few games, Becker made a key break of serve in the fifth game on his way to the first set.

The second set was tight until Becker broke again to lead 6-5 after Kafelnikov hit a forehand out of court. Becker, who

গণপ্রজাতন্ত্রী বাংলাদেশ সরকার

নির্বাহী প্রকৌশলী (সওজ) – এর কার্যালয়

সড়ক বিভাগ, পিরোজপুর।

দরপত্র বিজ্ঞপ্তি নম্বর ঃ ১৯৯৬-৯৭ সনের

২৬ পিআরডি-এর সংশোধনী বিজ্ঞপ্তি

১৪০৩বাং মাধ্যমে যে দরপত্র প্রচার ও আহ্বান করা হইয়াছিল তাহাতে

অনিবার্য কারণবশতঃ নিম্নবর্ণিত সংশোধনী দেওয়া হইল

অত্র অফিস স্থারক নং ২১০৯(২৬) তাং ১৪-১০-৯৬ইং/২৯-৬-

দরপত্র বিক্রয়ের শেষ ঃ ১৭-১১-৯৬ইং/৩-৮-১৪০৩বাং-এর স্থলে

দরপত মুখবন্ধ অবস্থায় ঃ ১৮-১১-৯৬ইং/৪-৮-১৪০৩বাং বেলা ১২-৩০

দরপত্র–এর অন্যান্য শর্তাবলী অপরিবর্তীত থাকিবে। অত সংশোধনী

বিজ্ঞপ্তি দরপত্রের অবিচ্ছেদ্য অংশ হিসাবে গণ্য হইবে এবং বিনা মূল্যে ইস্যু

ঃ টাকা ১,৩৩,৯৮,৭৪৩-এর স্থলে টাঃ

১-১২-৯৬ইং/১৭-৮-১৪০৩বাং পঢ়িতে হইবে।

বেলা ১২-৩০ মিঃ পর্যন্ত পড়িতে হইবে।

মিঃ-এর স্থলে ২-১২-৯৬ইং/১৮-৮-১৪০৩বার

মিঃ-এর স্থলে ৭-১২-৯৬ইং/২৩-৮-১৪০৩বাং

মিঃ-এর স্থলে ৯-১২-৯৬ইং/২৫-৮-১৪০৩বাং

ঃ ৩০-১১-৯৬ইং/১৬-৮-১৪০৩বাং বেলা ১০-৩০

১,৩৯,৪৩,০১৪ পড়িতে হইবে।

২,৭৯,৬৬১/- পড়িতে হইবে।

খোলার ঃ ২৫-১১-৯৬ইং/১১-৮-১৪০৩বাং বেলা ১২-৪৫

বেলা ১২-৪৫ মিঃ পড়িতে হইবে।

বেলা ১০-৩০ মিঃ পড়িতে হইবে।

ঃ টাকা ২,৬৭,৯৭৫/- এর স্থলে টাকা

BORIS BECKER

in a round-robin format in the early stages. The top two players from each of two groups advance to the semifinals

Dutchman Richard Krajicek. who has struggled with motivation problems since his Wimbledon triumph this year, was firing on all cylinders in a 6-4. 6-4 victory over Michael Chang in the opening match of the White Group.

Krajicek took 62 minutes to defeat the American world number two, hitting 20 aces in the process. It was a confidence-boosting

performance from the towering Dutchman who just managed to qualify, for the season-ending tournament as the eighth player in the world rankings.

That was my best performance against a big player since Wimbledon." Krajicek said." I was very happy with my game, especially my strengths my forehand and serve."

Wimbledon marked Krajicek's only tournament victory this year. Having clinched the first Grand Slam title of his career, the towering Dutchman admits he has struggled to lift himself mentally for other events.

Chang was playing a highlymotivated Krajicek, however. "Richard really served very well," Chang said. "Richard has come here with nothing to lose. He was the last guy in ... that showed in the way he played."

Big-serving Croat Goran Ivanisevic also enjoyed the fast court, serving up 21 aces in a 6-4. 6-4 defeat of Austrian Thomas muster in the final encounter of the day which took just 51 minutes.

The Hanover crowd hope for longer rallies when world number one Pete Sampras opens his account against American rival Andre Agassi today.

FIFA warns Uruguay

ZURICH, Nov 20: The Uruguay Football Association has been threatened with severe sanctions after seven players were booked in a match against Chile, FIFA, world soccer's governing body said on Tuesday, · reports Reuter.

FIFA's disciplinary committee informed the Uruguayan Association in a letter that any re-occurrence of the rough play seen in the World Cup qualifying match last Tuesday would attract sanctions.

kabaddi champs

Dilkusha Sporting Club emerged champions in the SMAH Kabaddi league when they outplayed Azad Sporting Club 13 points to 7 in the final held yesterday at the kabaddi court near Dhaka Stadium.

Twelve teams participated in the league organised by the Bangladesh Kabaddi Federation Mohammad Qayyum of Dilkusha was adjudged the best

Anwar Hossain witnessed the final as chief guest and distributed prizes among the winners. Chairman of the SMAH Limited and patron of the league Sved Mohammad Anwar Hossain was present as the spe-

TEAMS

DILKUSHA SC: Ashraful. Qayyum, Mukunda, Umed. Rawser, Azad, Rafigul, Sattar and Salam.

AZAD SC: Hafiz, Siddique, Shahjahan, Sattar, Mahboob. Daud, Hamid, Quddus, Jahangir and Ashoke.

DU cricket

Statistics Department outplayed Botany Department by a convincing 75 runs in the interdepartment cricket tournament at the Jagannath Hall ground yesterday, reports UNB.

tled up 153 runs for five in the stipulated 30 overs. Reza con tributed the highest 52 runs and Kishan made 18 Rashed of Botany took two

In reply. Botany were bundled out for 78 runs in 22.2 overs with Rashed scoring the highest 12.

Abu claimed three wickets

Div II handball The four team Super league

of the Sheetal Metropolis Second Division handball begins today at the Outer Stadium handball court, reports UNB.

take on Satirtha Club at 2.30 pm while Kendriya Kishore Kafela meet West Jatrabari

Kishore Sangha at 3.30 pm. Two top teams of the fourteam fray will gain promotion

league from next season. terday Bangladesh Air Force deby a massive 38-5 goals after

Political Science department clinched the Rajshahi University inter-department volleyball title outplaying Law in three straight sets at the university stadium this afternoon.

Yousuf Ali witnessed the final as the chief guest and gave away prizes.

sity Press Club sports competition. Kamruzzaman of Dainik Inquilab defeated Dainik Sangram's Masud Kibria to Dainik Uttara won against Daily Star's Tareq.

Khaleque.

Sacchi pays pop-visit!

Sacchi visited the headquarters of his former club AC Milan here on Tuesday prompting fresh speculation over Italy's embattled national coach, reports AFP.

Sacchi was in Milan for an

Ariedo Braida insisted Sacchi's visit was just for a chat about old times, despite long-running speculation that Sacchi is set to replace struggling Oscar Washington Tabarez as club

Khulna soccer

football league '-96 played here today at the Khulna Stadium. The first half was goalless.



Players of Dilkusha Sporting Club team pose after winning the SMAH kabaddi league - Star photo title yesterday.

Dilkusha SMAH Vain effort by Arambagh

Two brilliant goals by ace stri-

Danish ker Imtiaz Ahmed Foorball Nakib guided Muktijoddha Santo their seventh

gsåd Krira Chakra victory in the Danish Premier

Division football league when they defeated Arambagh Krira Sangha 2-0 in their return leg engagement at the Mirpur Stadium last night.

In front of an almost empty gallery, Mutijoddhas, who suffered an upset 1-2 defeat to Agrani Bank Sports Club in their previous outing, took the lead in the 10th minute through Nakib. And, after defending the fort for much of the following eighty minutes which saw unstoppable Arambaghians trying hard by all possible means to level the margin. Nakib sealed the match with a brilliant piece of headwork in the dving moments to ensure that his side left the ground as winners.

With vesterday's win. Muktis

Div 1 soccer Dhanmondi beat Bima

Sports Reporter

Dhanmondi Club recorded their third victory in the Danish First Division football league with a convincing 3-0 win over Sadharan Bima Krira Sangstha in their return leg encounter at the Mirpur Stadium yesterday afternoon.

After a barren first half. striker Towhid scored twice in the 69th and 88th minute while Navan added one in between in the 82nd minute The win raised Dhanmondi's

tally to 15 points from 13 matches while Bima remained stuck with their previous 13 points from as many outings.

Sports Reporter

raised their tally to 23 points from 13 matches and remained third in the table behind leaders Mohammedan Sporting Club and Abahani who have 30 and 28 points respectively having played 12 matches. On the other hand, the defeat kept Arambagh in the seventh position with 12 points also from 13 matches.

It was unfortunate that Arambagh, who dominated yesterday's proceedings for most of the time, should fail to score even once after producing half a dozen clear opportunities. Having conceded the first goal early in the tenth minute, Arambagh forced the ball to remain inside the "red and whites" half during the remaining period. But, lack of marksmanship on the part of their forwards Shoeb, Babu Das and Yousuf, who missed several dolly chances from close range, evaporated Arambagh's dream of an equaliser. The fact that Muktijoddha defenders were beaten all ends up many a time hardly eased their pain.

On the other hand, Muktis had only three opportunities to score during the entire 90 minutes and they availed of two with Nakib, the leading goalscorer in the league last year, sending the ball home without much fuss on both oc casions.

It was a right side move which originated the first goal in the tenth minute with former national midfielder Golam Gaus crossing the ball to an unguarded Nakib who received the ball at the penalty spot and took a U-turn before sending the ball in with a powerful grounder (1-0).

In the 15th minute, Nakib failed to double the margin as his close range header from a Gaus pass returned to play after hitting the crosspiece. Nakib, however, compen-

sated that miss, with a magnificent header from a Ripon free-

kick from the right side in the final minute of the match (2-0). With yesterday's two goals Nakib joined Mohammedan striker Alfaz Ahmed atop the leading goalscorer's list having scored eight goals each. Abahani's striker Mizan and Agrani Bank's forward Tutul are jointly second with seven goals to their accounts.

TEAMS

MUKTIJODDHA SANGSAD: Arun, Paritosh, Moon, Kingshuk, Masud Rana, Titu, Jakir, Rupu, Gaus (Ripon). Nakib and Reaz (Chandan).

ARAMBAGH KS: Tony Prodeep. Chotton. Faisal Sunny, Yousuf (Anwar, Babu Das). Tushar. Roxy. Yousuf. Jahangir and Shoeb (Apu). Referee: Ehsanul Haque.

Barisal, Barguna joint champs

Staff Correspondent

BARISAL, Nov 20: Barisal and Barguna DSAs became joint champions in the interdistrict football tournament after their final ended in a goalless draw at the Barguna Stadium this afternoon.

Taher tennis

Sports Reporter Officers' Club earned a 2-1

win over University Club in the Taher inter-club tennis tournament at the Gulshan Club Tennis Complex yesterday In the singles' Maj (retd) Riaz

crushed Alamgir 6-1, 6-2. Alamgir and Subrata recorded a 6-4, 2-6, 6-3 victory in the first doubles' Fixture over Officers' Akmal-Nasir pair, while Nasir and Mezba beat professors Mohibur Rahman and Fakrul Alam 6-2, 6-1 in the other doubles affair.



Scene from yesterday's metropolis chess league encounter between BTMC and Touchs-- Star photo tone Chess Club at the NSC chessroom. BTMC won the match 4-0.

MSC further out of reach

Defending champions Mohammedan Sporting Club's campaign to retain the Metropolis First Di-

vision chess league title remained on course when on Wednesday they recorded an easy 4-0 win over Narayanganj Chess Club in their 13th round encounter at the NSC chess In yesterday's round, Moha-

mmedan's Russian Grand Master Mikhail Krasenkov edged past Narayaganj's Mahfuzur Rahman, Indian GM Dibendu Barua tamed Munir Ahmed, GM Niaz Murshed outplayed Muniruzzaman while national sub-junior champion Enamul Hossain Rajib won his board against Jahanara Runu. With yesterday's win.

Mohammedans raised their account to 47.5 points out of possible 52 points and maintained their solo reign atop the 16-

Sports Reporter team league table with a threepoint lead over second-placed Biman who handed Leonine

Club a crushing 0-4 defeat last night. Biman's IM Ziaur Rahman won his board against Indian IM Parameswaran, IM Reefatbin Sattar defeated Rafigul

Islam, FIDE Master Tahmidur Rahman outplayed Sheikh Nasir Ahmed while Tyeb beat Imon. The win raised Biman's tally

to 44.5 points while the defeat pulled Leonine down to fourth place with 38.5 points, half a point adrift of third placed BTMC who trounced Touchstone Chess Club 4-0 yesterday to increase their account to 29 points.

In the day's other matches. Sheikh Russel Krira Chakra defeated Narayanganj Daba Khelower Kalyan Samiti 3.5-5. Dhaka University beat Avijatrik Chess Club 3-1 while Mahakhali Prodeep Sangha.

Konica Sangskritik Sangha and Farashganj Sporting Club won their respective matches against Ansars, Fire Service and Anushilon Daba Krira Chakra with the same margin of 2.5-1.5 points.

STANDINGS

Points Teams Mohammedan SC Biman BTMC Leonine CC Prodeep Sangha Ansars Sheikh Russel KC Konica SS Dhaka University Farashgani SC Narayanganj DKKS Narayanganj CC Anushilon DKC Touchstone CC 13.5 Fire Service Avijatrik CC

The 27-year-old Eyles has

"There's a lot of squash left

not progressed beyond the

in the tournament. I have to

play two more matches and

Jansher and others have also

two more matches. I can't say

what will happen but I am

pretty confident for the quar-

quarterfinals in the last two

Martin will vie for a place in

the semis against Chris Walker

of England. Walker was a first

round loser in the 1995 World

Open while Martin lost in the

Martin lost her World Open title

to compatriot Sara Fitzgrerald

at the women's World Open in

Kuala Lumpur last month. His

younger brother Rodney Martin

is the only Australian to have

Brett's sister Michelle

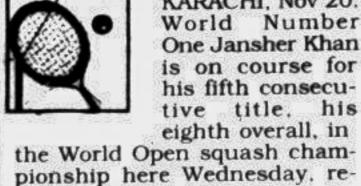
The unassuming Brett

terfinal match," Eyles said.

World Open tournaments.

second round.

Jansher stays on course



port agencies.

KARACHI, Nov 20: World Number One Jansher Khan is on course for his fifth consecutive title, his eighth overall, in the World Open squash cham-

Three Australians — world number two Rodney Eyles. world number five Brett Martin and world number seven Craig Rowland - have also reached the last eight of the tournament and will be hoping to break his incredible run.

Defending champion Jansher Khan seeking a record eighth title, was given a harder task than anticipated by young Canadian Jonathon Powers. Jansher was forced to battle

hard after Powers, winner of the Tournament of the Champions and the German Masters, took the second game to level the match. The world number one re-established his superiority to win 15-12, 12-15. 15-10, and 17-16 in 53 minutes.

Two Englishmen world number four Chris Walker and world number ten Simon Parke, and a Scot, world number three Peter Nicol and fastrising world number 16 Zubair Jahan Khan of Pakistan com-

pleted the quarterfinal line-up. Many believe that Queensland based Craig Rowland is the player to watch. Rowland, a conqueror of

Jansher Khan in the semifinal of the Tournament of Champions in the US last month, has enjoyed a meteoric rise through the world rankings. In the second round Rowland exacted sweet revenge on world number six Del Harris of England. Harris toppled him in last year's World Open in the semis.

Rowland will be up against Peter Nicol in the quarters. Nicol was a lucky winner over Egypt's Ahmed Brada in five gruelling games in the second round. For Jansher the next test will be a repeat of last year's

Open quarter final. Then Jansher came good against Simon Parke in straight games in Nicosia Rodney Eyles will face a strong challenge from Zubair

Jahan Khan and a vociferous crowd who will naturally be hoping to see the home player Zubair has already been responsible for two upsets - beat-

ing 11th seed Mark Chaloner of

England and number ten seed

Antony Hill of Australia in his

first two matches.

won the men's title in the last 16 years. He won the Adelaide World Open in 1991.

REGRETS

Due to space constraint Crossword could not be accomodated.

- Sports Editor

ডিএফপি–২৬৩৬৭–১৮/১১

গ্রহণ করিবার শেষ

তারিখ ও সময়

তারিখ ও সময়

লটারীর তারিখ

করা হইবে।

一 7 6 4 6

পিরোজপুর সড়ক বিভাগ পিরোজপুর।

নিৰ্বাহী প্ৰকৌশলী, সওজ

Sports Reporter

player of the tournament Communication Minister

cial guest.

Batting first. Statistics rat-

wickets for 34

for 12 for Statistics

Bangladesh Air Force will

to the First Division handball

In the last group match yesfeated Surjo Sena Sporting Club leading the first half 17-0.

RU volleyball From RU Correspondent RAJSHAHI, Nov 20: The

Vice-Chancellor Professor M

Meanwhile, in the univermove into the semifinals of the chess event. In carom. Asad of

The competition was inaugurated last Monday by pro-Vice Chancellor M Abdul

MILAN, Nov 20: Arrigo

earlier meeting about his future with the interim head of Italy's football federation Raffaele Pagnozzi, and Pagnozzi's the likely replacement Luciano Nizzola.

Milan's director general

KHULNA, Nov 20: Victoria Sporting Club defeated Mongla Bandar by two goals to nil in the Bull-Head Premier Division