

Column One

SPORTS WHIZZ KID

WIN- TK, 2000/- PRIZE BOND EVERY FORTNIGHT

Sports WHIZZ KID competition-52

Tick the Correct Answers

(Competition closes: 8 pm September 13, 1996)

Competition questions and answers table with 5 numbered items.

Name: Class: Roll No: School Address: Phone: (If any):

SPORTS TALK



Thomas Muster (Austrian tennis star) would take me a hundred years to adjust to all this. Unfortunately, the tournament is only two weeks long.

Peter Graf stands trial

MANNHEIM, Germany, Sept 6: The father of German tennis star Steffi Graf went on trial on Thursday on charges of illegally diverting millions of marks (dollars) of his daughter's earnings out of the country to avoid taxes, reports Reuter.

Peter Graf and family tax adviser Joachim Eckardt face up to 10 years in prison if convicted of depriving tax authorities of 19 million marks (13 million dollars) — just under half Steffi's earnings between 1989 and 1993.

Hours earlier the world number one, who is herself still under investigation in the affair, advanced to the semifinals at the US Open but admitted her mind was thousands of miles away in the Mannheim high court.

Her 58-year-old father and advisor, a former used-car salesman, looked calm and relaxed as he was led into the court near the family home in the southeastern town of Bruehl.

Peter Graf, who was taken into custody in August last year because prosecutors feared he would flee the country, is said to be in poor health.

Graf's lawyer and family friend Kurt Himelebach told reporters his defence against a charge sheet running to 237 pages would focus on the way top athletes are taxed, adding: "There are many unresolved problems here."

Steffi Graf is almost alone among Germany's millionaire sports stars in not fleeing to a tax haven abroad, a path well beaten by others such as tennis player Boris Becker and world motor racing champion Michael Schumacher.

Eckardt's lawyers had intended to call the player into the witness stand in the course of the trial.

But her father's lawyer Franz Salditt said he had heard from her attorneys that she would refuse to give evidence to avoid incriminating herself.

She had displayed astonishing calm on the court during the affair, winning the US Open last year a month after her father was arrested, and taking two more Grand Slam titles since.



Action from yesterday's Danish Premier Division football league encounter between Brothers Union and Bangladesh Boys Club at the Dhaka Stadium. Brothers Union won the match 3-0.

Brothers baffle B Boys

Brothers Union Club registered their second victory in the Danish Premier Division football league when they handed lowly Bangladesh Boys Club a 0-3 defeat at the Dhaka Stadium yesterday afternoon.

Striker Don scored two goals while Jamal added the other to the winners' account. After a barren first-half, Jamal put the Gopibagh boys ahead six minutes into the second-half with a brilliant left-footer.

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BTV, Betar Just say Danish

Sports worldwide today thrives on sponsorship. The reverse is also true. Some sponsors have even become greater than the sport they patronise.

Earlier, the Gopibagh boys had three clear chances in the first-half to take a lead but skipper Amer Khan, Tipu and Jamal spotted those opportunities sending them wide of the post.

With yesterday's win Brothers Union raised their tally to seven points from five matches. But they will have to be satisfied with six points as the league committee have penalised them one point following their refusal to play a scheduled match against Mohammedan Sporting Club on August 20 last.

On the other hand, this was the fourth defeat for Bangladesh Boys in five matches against a lone draw which keeps them at the bottom of the table with only one point.

Yellow cards: Don (BU) and Barat, Rubel (Boys).

Referee: Ramkrishna Ghosh.

ACC Trophy Bangladesh win opener

Bangladesh beat Nepal of a superior run rate in their opening ACC Trophy match which was postponed due to heavy shower at the Royal Military College ground in Kuala Lumpur yesterday.

According to a telephone message received here last night, Bangladesh batted first and reached 213 for nine in their stipulated 50 overs.

Opener Hanu-ur-Rashid Lito scored highest 52 for Bangladesh followed by skipper Akram Khan who added a magnificent 51.

Referee: Ramkrishna Ghosh.

MSC-Laos Electricity tie still on

Mohammedan Sporting Club has finally decided to play their Asian Cup Winners' Cup first round second leg match against Laos Electricity team in Laos after the Asian Football Federation have turned down their proposal to skip the match which was billed for September 8.

According to the acting BFF secretary Sirazul Islam Bachchu, the AFC has rescheduled the match on September 11 responding to a demand made by Mohammedans.

Bachchu also informed that the Mohammedans, who trounced Laos Electricity 8-0 in the first leg last month, will now leave the country for Laos on September 9.

The winners of the first round are due to take on Hyundai of South Korea in the first leg of the second round in Seoul on September 14.

Dull draws Sports Reporter

Both the Danish First Division football league matches were ended in draws at the Mirpur Stadium yesterday.

The day's first engagement between BRTC Sports Club and PWD Sports Club was tied goalless while the other encounter between Police Athletics Club and Mirpur Chalanika Sporting Club ended in a 1-1 draw.

Cairns extends stay at Notts

LONDON, Sept 6: New Zealand all-rounder Chris Cairns has signed a further two-year contract with English county side Nottinghamshire, reports Reuter.

My association with Notts goes back to 1988 and I regard Trent Bridge as my second home, Cairns said. I only hope my international commitments will not keep me away for too long.

Australia win a thriller

COLOMBO, Sept 6: Michael Bevan hit a last-over boundary on Friday to help Australia knock out valiant India and set up an intriguing Singer World Series final against world champions Sri Lanka on Saturday, report agencies.

In a tense rain-reduced, 45-overs-a-side encounter which ended in near-darkness, Bevan pulled leg spinner Anil Kumble to the mid-on fence to signal Australia's three-wicket win with as many deliveries to spare.

Australia chasing India's lead of 27 runs, losing to victory when man-of-the-match Steve Waugh (55) and Stuart Law (67) put on 113 for the fourth wicket to make them 182 for three by the 40th over.

The Australians needed 8 runs off 10 balls when skipper Ian Healy was given run out by the third umpire. That was after Indian skipper Sachin Tendulkar protested a decision by Sri Lankan umpire AJ Francis who had adjudged Healy not out after a direct throw from former Indian skipper Mohammad Azharuddin had hit the stumps.

Healy first stood his ground but had to leave after the third umpire ruled him out after watching TV replays.

Brad Hogg, who joined Michael Bevan, was clean bowled by leg spinner Anil Kumble and the Australians needed five runs in the final over. Paul Reffel joined Bevan and he took a single. Bevan then hit the winning stroke with a boundary off Kumble in the key match which was delayed by 90 minutes because of overnight showers.

Saturday's final at the Premadasa Stadium gives the Australian chance to avenge two successive defeats by Sri Lanka in the World Cup final in March and the league match here last Friday.

Young all-rounder Sunil Joshi played only his third one day game, was India's hero in defeat, scoring a defiant 48 and then claiming two wickets in one over.

India paid dearly for being bowled out four overs short of the allotted quota, after Healy won the toss, also they rued flooring two catches at a crucial stage.

Vinod Kambl missed an easy chance of Steve Waugh at mid-wicket when Australia still needed 88 runs from 99 deliveries.

Sixteen runs later, Tendulkar failed to grasp a top-edged skier, offered by Law after running 15 yards from his position at mid-wicket.

When Venkatesh-Prasad finally broke the stand by having Law caught at mid-on by Rahul Dravid, Australia had recovered the 18th over.

India's total revolved around a century stand for the seventh wicket between rising stars Saurav Ganguly and Joshi after they were gasping at a shakily 89 for six in the 18th over.

Ganguly, 23, who made centuries in his first two Tests against England earlier in the summer, hit a career-best one-day score of 59 batting at number seven instead of his usual one-down spot.

All-rounder Joshi, 25, contributed 48 before Bevan bowled him to break the partnership seven overs from the end.

Bevan also trapped Ganguly leg-before as the Indians managed to add just 12 more runs after Joshi's departure before being all out in 41 overs.

India's gamble to promote Nayan Mongia in the role of pinch-hitter paid off as the wicketkeeper slammed a

SINGER WORLD SERIES 1996

ered from a shakily 69 for three in the 18th over to 182 for four. Australian openers Mark Waugh and Michael Slater hit up 50 by the 12th over when Joshi grabbed two wickets in his fourth over to apply the brakes.

Having conceded just four runs in his first three overs, Joshi had Waugh caught at mid-wicket for 23 and trapped new man Ricky Ponting leg-before three balls later.

Slater, who made a sedate 29 off 56 ball, sliced Venkatesh Prasad to Mohammad Azharuddin in the covers to help Australia 69 for three by



STEVE WAUGH m-o-m

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India's gamble to promote Nayan Mongia in the role of pinch-hitter paid off as the wicketkeeper slammed a

quickfire 38 off 30 balls to take the score to 64 for one by the eighth over.

Mongia, who began by slicing Glenn McGrath's first ball over the slips for four, added seven more boundaries before top-edging a pull off the same bowler to mid-wicket.

But from 64 for one, India slipped to 89 for six as the middle-order of Azharuddin, Kambl, Dravid and Jadeja followed Mongia in quick succession.

Tendulkar, who made seven in the first-wicket stand of 32 off 4.3 overs with the rampaging Mongia, fell to a brilliant diving catch at point by Steve Waugh.

India now travel to Toronto, Canada for a five-match limited-overs series against arch-rivals Pakistan which starts on September 14.

SCOREBOARD

Scoreboard in the Singer World Series one-day international between India and Australia here on Friday.

Table with columns for India and Australia, showing runs, wickets, and extras.

Result: Australia won by three wickets. Man-of-the-match: Steve Waugh. Match reduced to 45-overs-a-side due to rain.

Exit Grace, enter Gooch

LONDON, Sept 6: Former England captain Graham Gooch passed a cricketing milestone on Thursday as Essex turned the screws on Warwickshire in their English county championship match at Edgbaston, reports Reuter.

The 43-year-old opener carved out 147, including 18 fours and two sixes, to put Essex within sight of a victory which would keep alive their hopes of a cup and championship double.

It was also Gooch's 127th first-class century which took him past 19th-century cricketing legend WG Grace in the all-time list of English century-makers.

I have probably got more confidence this season, Gooch said. It's come from going back to fielding at slip and the feeling I can make a full contribution to the team.

Essex, for whom captain Paul Prichard compiled 108 and England all-rounder Ron Trott made 82, declared at 450 for six. In reply, outgoing champions Warwickshire slumped to 65 for three chasing a huge target of 436.

Lancashire, who face Essex in the NatWest Trophy final at Lord's on Saturday, slithered to a dramatic 23-run defeat against Middlesex on a suspect Old Trafford pitch.

Needing just 130 from their second innings, the home side were skittled out for 106. Middlesex's left-arm spinner Phil Tunnell taking seven for 49 to finish with career-best match figures of 13 for 123.

The pitch turned a little bit from the start, Tunnell said with more than a touch of understatement. It's probably the most helpful I've had to bowl on all season.

Inspectors from the Test and County Cricket Board took a

Leaders Derbyshire took control of their match against Somerset at Taunton thanks to Kim Barnett's third championship century of the season.

Barnett's unbeaten 120 from 152 balls helped Derbyshire to 221 for two at the close, a lead of 281. They now have to decide when to declare on Friday in order to force victory.

Title-contenders Leicestershire failed to kill off struggling Nottinghamshire within three days at Trent Bridge, but should complete the job on Friday.

The visitors reduced Nottinghamshire to 122 for a seven in their second innings after establishing a first innings lead of 115, but a gutsy unbeaten 45 by Chris Tolley ensured the home side closed on 189 for eight, staving off defeat temporarily.

Gloucester make Walsh an offer

LONDON, Sept 6: Gloucestershire said on Thursday they have offered club captain Courtney Walsh a new two-year contract, reports AFP.

The 33-year-old West Indian skipper made his Gloucestershire debut in 1984, and has taken almost 1400 first-class wickets with a career-best of nine for 72 against Somerset at Bristol in 1986.

Walsh has played in 82 Tests, taking 309 wickets, and is one of four Gloucestershire players whose contracts expire this autumn.



Benefits of a warm-up

The purpose of the warm-up is to prepare the body for the more-rigorous demands of the aerobics and other exercises by raising the internal temperature. The aerobic warm-up allows the cardiovascular system to adjust gradually to the increase exercise demands; it also prepares the musculoskeletal system. In contrast with the earlier warm-up at the beginning of class, the aerobic warm-up avoids isolation movements and instead emphasises continuous movements that involve large muscle mass and that increase internal temperature along with heart rate.

Appropriate aerobic steps with small arm movements should be followed so that the impact is low and range of motion is low to moderate. The physiological benefits of warm-up include: (i) higher metabolic rate (ii) increased blood flow to muscle (iii) higher rate of oxygen exchange between blood and muscles (iv) prevent muscle and joint injury (v) reduced risk of abnormal electrocardiogram (vi) increased flexibility of tendons and ligaments

In typical one-hour class, the warm-up will last 5-10 minutes, so that sweating occurs. Initial movements should use a small range of motion that can gradually increase as the body warms. For example, the early part of the warm-up might use small knee-lifts but not high kicks with the knee extended.

A short series of stretches compose the last phase of the warm-up. Stretches for the low back, hamstrings, and calf muscles are especially important. Shoulder stretches are also desirable for aerobics or other classes that use many full overhead arm movements. Additional stretches may be added as needed to meet specific choreographic demands.

A gentle warm-up should always precede strenuous activity, otherwise you may end up having muscle pull, sprain ankle or who knows more serious injuries.

An Italian feast

NAPLES, Italy, Sept 6: Italy's Giovanni Parisi and Vincenzo Nardello will put their world titles at stake in a boxing meet to be held either in Milan or Rome on Oct. 12, matchmaker Elio Contena announced Thursday, reports AP.

Nardello will defend his WBC super middleweight crown against British challenger Robin Reid.

CROSSWORD By Eugene Sheffer

Crossword puzzle grid with clues for Across and Down.

CRYPTOQUIP

Yesterday's Cryptiquip: I HEAR THAT COMPANIES COMMONLY SHIP COSMETICS ON EYE LINERS. Today's Cryptiquip clue: S equals P. The Cryptiquip is a substitution cipher in which one letter stands for another. If you think that X equals O, it will equal O throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.