Soaring Demand for Caffeine

by Muneera Parbeen



is very popular, fashionable and a very common part of our every life. There was a time when it was not so popular in this city but now, drinking tea or even coffee, is very much an integral part of our lifestyles. In fact, for many, it's quite difficult to think of a day without any tea at all. Coffee perhaps is not so popular with us yet. The early mornings start with a pleasant up

of bed-tea and if it is not, then tea at breakfast is a must. Comes any break during a day and many a person reaches for a cup of tea first. If any guests arrive, their hospitality is not

complete until tea is offered, no matter how many other items (traditional or else) are presented. In fact, tea is so popular and accepted all over, that the afternoon "tea" is an entire meal in honour of tea is a way. Stepping outside the house, we come across

this drink yet again. Teastalls are ever popular all over the country and in this, it is only more so. Even howkers, meaning small boys or men are seen moving around with large thermos sell-

ing tea (and very popular too) in any part of this city — the park, or shopping centre or a busy street — any place, just name it and we are sure to find a street vendor there.

Drinking tea is no fad, rather it is very much the cause for social gatherings. When a few friends get together, the obvious excuse they find need some caffeine"!

Drinking Caffeine, i.e. through tea and coffee to sit together for a while is to have a cup of tea. From students to their fathers or grandfathers all do so. Besides having so few public places in the city where people can sit for a while, tea stalls or restaurants become an obvious excuse to stop for a while. During the break from a class, all students again run to the canteen for a cup — again a lame excuse to enjoy a break from

> studies. Drinking tea is also a bad habit with some. It's such an addiction that they can hardly work until and unless they have had some. Bad as it may be, the number of such persons is not very small in our city. We hear so much about the bad effects of caffeine and the extent of the damage that it can do and yet, we do not actually bother very much about it. Besides, most doctors tell us that drinking relatively "cool" tea reduces its adverse effects by a good proportions. This provides us with enough excuse to stick to the drink!

> How much caffeine is good or bad for us is ofcourse still debatable. But the habit of drinking tea at least, is gaining popularity. The Chinese may have started it. The health conscious may have tried to alter its style by introducing green tea or milder still, "cammomile tea", but drinking the "real" thing is ever so popular. In fact, its now is very good humour to rephrase the works "I need some tea" into the more fashionable. "I

What's on today . .

BFUJ meet: Special delegate conference of the Bangladesh Federal Union of Journalists (BFUJ) will be held. Chief guest: Prime Minister Sheikh Hasina. Special guest: Prof Abu Sayeed, State Minister for Information. Venue: Jatiya Press Club. Time:

Seminar: Bangladesh Legal Aid and Services Trust will hold a seminar on 'Public Interest Litigation.' Chief guest: Justice Mozammel Huq, Supreme Court of Bangladesh. Justice Naimuddin Ahmed will preside. Venue: WVA auditorium, Road 27, Dhanmondi. Time: 4:30 pm.

Bhawoya music: Narigrantha Prabartana has arranged a function of Bhawoya music (A kind of folk song of North Bengal region). Vocalist Hafizur Rahman will render songs. Venue: Narigrantha Prabartana, 2/8, Sir Syed Road, Mohammadpur Time: 4 pm.

Theatre: Theatre will stage 'Spordha' as part of the ongoing 'theatre week' presented by the High Commission of India. Venue: Indian Cultural Centre, 754 Satmasjid Road. Time: ?

and tomorrow

Fish Fortnight '96: The inaugural ceremony of Fish Fortnight '96 will be held. Chief guest: Prime Minister Sheikh Hasina. Venue: Bangladesh Agricultural Research Council campus, Farmgate, Time: 10 am.

Workshop on violence against women: A national workshop on Violence against women: Analysis and action' will be held. Venue: CIRDAP, Chameli House, 17. Topkhana Road. Time: 9:30 am-5 pm.

Weather

Light rain forecast

Light to moderate rain is likely at many places over Rajshahi, Dhaka, Sylhet divisions and at a few places over Barisal, Chittagong, Khulna divisions in the next 12 hours till 6 pm today, reports UNB.

Met office says day temperature may remain nearly unchanged during the period across the country. Country's highest temperature 32.8 degree Celsius was recorded at Rajshahi yesterday and the lowest 24.0 degrees at

Meantime. Sylhet experienced the highest 110mm rain in the last 36 hours till 6 pm yesterday. Dhaka had 41mm rain, Barisal 35, Dinajpur and Rangpur 15 each, Cox's Bazar 14, Khulna and Rajshahi 13 each, Ishurdi 9, and Srimangal and Mymensingh 6mm each during the period.

The sun sets today at 6:19 pm and rises tomorrow at 5:41 am. Maximum and minimum temperatures and humidity recorded in some major cities and towns yesterday were: City/Town Temperature Humidity in

	III Ccisius		percentage	
	max	min	morning	evening
Dhaka	32.1	25.2	85	92
Chittagong	32.5	25.7		86
Rajshahi	32.8	27.0	95	90
Khulna	33.4	25.3		89
Barisal	32.1	24.5		83
Sylhet	28.0	24.0	100	90
Cox's Bazar	31.5	24.8		85

Over 100 JP leaders join AL

Be alert against conspiracy by vested quarters: Hasina

Hasina yesterday called upon the people to be alert against a conspiracy by vested quarters to frustrate the June 12 verdict of the people, reports BSS.

"A party ousted from power is out to create chaos and confusion in the country to achieve its very own ulterior motive." she said.

She was addressing a gathering at the Awami League's Central Office at Bangabandhu Avenue in the city vesterday evening, marking the joining of over one hundred leaders of Jatiya Party and its front organisations led by former JP district president and parliament member and sitting president of Chittagong Samity in Dhaka, Absaruddin Ahmed.

The Prime Minister said that the BNP, in view of the forthcoming Paris consortium meeting next month, was trying to create lawlessness and instability in the country so that the donors became reluctant to help Bangladesh generously. She said that BNP, even when in power, cared little for the wellbeing of the people. "Rather. they were busy plundering national resources and making their own fortunes," she added.

The Prime Minister said that BNP in a very planned way instructed its cadres to create terrorism in bus terminals universities medical colleges and other educational institu tions and important organisations to create situations from where it could derive political gains. In this connection, she said, during the BNP regime each of its 154 MPs selected five of their cadres, who were given job in police services. Besides. they have left their own men in various key-positions who were also helping BNP to attain its objectives, she added.

The Prime Minister warned that stern action would be taken against any failure of the concerned authorities to main tain law and order in the counrily of the people. In this connection she referred to the Bogra incident in which the persons responsible were taken into task forthwith.

Party General Secretary and LGRD and Cooperatives Ministry Zillur Rahman also spoke on the occasion, while Foreign Minister Abdus Samad Azad. State Minister for Labour and Manpower MA Mannan and party senior leaders including Abdul Mannan MP. Amir Hossain Amu. Fazlul Haq. Moiazzel Hossain Chowdhury (Maya) Birbikram MP. Siddigur Rauf. Prof Fazlul Hay, Reazuddin Ahmed, Akhterul Alam and

Feroz Ahmed were present. The Prime Minister said that her party believed in people's power. "We have returned the people their voting rights which were snatched away successively by military and autocratic rulers," she said and added that the people gave her mandate to serve the nation "We shall not be in power if we fail to fulfill the hopes and aspirations of the people and are voted out by them," she added But she categorically said that the forward march of the people could not be interrupted through conspiracy. "We shall put an end to the trend and culture of changing governments

through coups and conspiracies," she added. The Prime Minister said that her government had given priority to ensure the participation of the people in the government. 'As pledged in our party's election manifesto, we have already started implementing the process of running the government through national consensus," she said adding that even her party had chosen most respected and neutrai personality of the country. Justice Shahabuddin for the highest seat of the presidency of

the republic. The Prime Minister, while explaining the principles of running the government, said that she herself is supervising the day-to-day activities of each

be established "We have to bring a sense of confidence and trust to the people so that they feel they are the real masters of their destiny."

and every ministry so that

ity of the administration could

transparency and accountabil-

she added. Referring to the misrules of the past, the Prime Minister said that she had to take over the administration with among others, the burden of a food-deficit of 45 lakh tormes.

"The outcome of misman agement of 21 years cannot be removed overnight and it would take some time," she added.

The Prime Minister said that the BNP resorted to a very "cruel" policy of depriving the poor and distressed of certain areas of the country through sanctioning relief and other government aid to the constituencies where BNP's party MPs won. "We shall give prior ity to those neglected areas side by side ensuring rational and equitable development of all the regions of the country " she

Welcoming the new entrants under her party's fold, the Awami League chief said that the joining to Absar at the present moment would strengthen the efforts of her government for achieving socio-economic emancipation of the people as was the dream of the Father of the Nation Bangabandhu Sheikh Mujibur Rahman

In his short speech. Absaruddin said that he was moved by the dynamic leadership of Sheikh Hasina and expressed the confidence that she could lead the country towards progress and prosperity. He also recalled how he was inspired and influenced by the Bangabandhu and took part in the War of Liberation as a sector commander of BLF.

Biswas, Hasina greet King, PM of Malaysia

President Abdur Rahman Biswas has greeted the King of Malaysia on the occasion of the National Day of that country. reports BSS

In his message to Tuanku Ja'afar Ibne Al-Marhum Tuanku Abdul Rahman, Yang Di Pertuan Agong of Malaysia (King of Malaysia), President Abdur Rahman Biswas expressed his confidence that the existing relations between the two brotherly countries will be further strengthened and consolidated in the years to come.

In a separate message, Prime Minister Sheikh Hasina congratulated the Prime Minister of Malaysia on the occasion of the country's National Day

Sheikh Hasina in her message to Dato' Seri Dr Mahathir Bin Mohamad, the Prime Minister of Malaysia, said the close bonds of friendship, mutual understanding and fruitful cooperation that happily exists between the two countries will acquire greater depth and dimension in the years to come to the benefit of both the peoples.

BCU march towards

JS tomorrow By DU Correspondent

Bangladesh Chhatra Union. a left leaning student front, will organise a march towards the Jatiyo Sangsad tomorrow in demand of placement of its Alternative Education Policy (AEP) in the House

The decision was taken Thursday in a meeting of BCU central committee

BCU will organise the march as part of its fortnight-long programme, to press for the implementation of the its "peopleoriented and scientific" education policy before the Education Day September 17.

At the end of the march, a copy of the AEP will be supplied to each of the 330 Members of

Parliament Besides, BCU will gherao the Ministry of Education, and give a memorandum to the Zilla and thana education officers Sept

Jalalabad Assoc reception

Speaker Humayun Rashid Chowdhury yesterday laid emphasis on collective efforts of all for the euqual developments of all parts of the country, reports UNB

He was addressing a reception ceremony at the National Museum auditorium in the city vesterday. Dhaka-based Jalalabad Association accorded the reception to the Ministers, Whip and MPs elected from Sylhet division.

Finance Minister Shah AMS Kibria, Whip Vice-Principal Abdus Shaheed, Jalalabad Association President EA Chowdhury, General Secretary Guayoom Chowdhury, MPs Syed Rafiqui Haq. Shah Azizur Rahman, Abu Lais Mohammad Mobin. Enamul Haq Mostafa Shaheed, Hosne Ara Wahid, Sultan Mohammad Mansur Ahmed, Muhibur Rahman Manik and Shahabuddin Ahmed also spoke on the occa-

CSE capital market

Chittagong, Aug 30: The market capital in the country's second bourse, Chittagong Stock Exchange (CSE) stood at Tk 43.57 billion on the middle of the current month, reports

Tk 43.57 b in mid Aug

The chief executive of CSE AGM Shamsul Kamal said this while participating at a discussion on primary concept on share market at Chittagong Press Club here today.

NGWF demands holiday on Friday's

By Staff Correspondent The National Garments Workers Federation (NGWF) has threatened to announce an agitation programme if the garments owners did not immediately announce Friday as holi-

day for the workers. At a convention of the garments workers in the city, the federation formulated an eightpoint charter of demands in the face of the problems of garments workers.

The convention was addressed, among others, by Left Front leader Nirmal Sen. Naveem Jahangir, Sirina Akhter while it was presided over by Mujibur Rahman of the Federa-

Meanwhile, Bangladesh Garments Workers and Employees Federation yesterday organised an advisory meeting on 'Multilateral Trade Agreement: Social Trend and National Interest" in the city.

Presided over by the organi-142 arrested

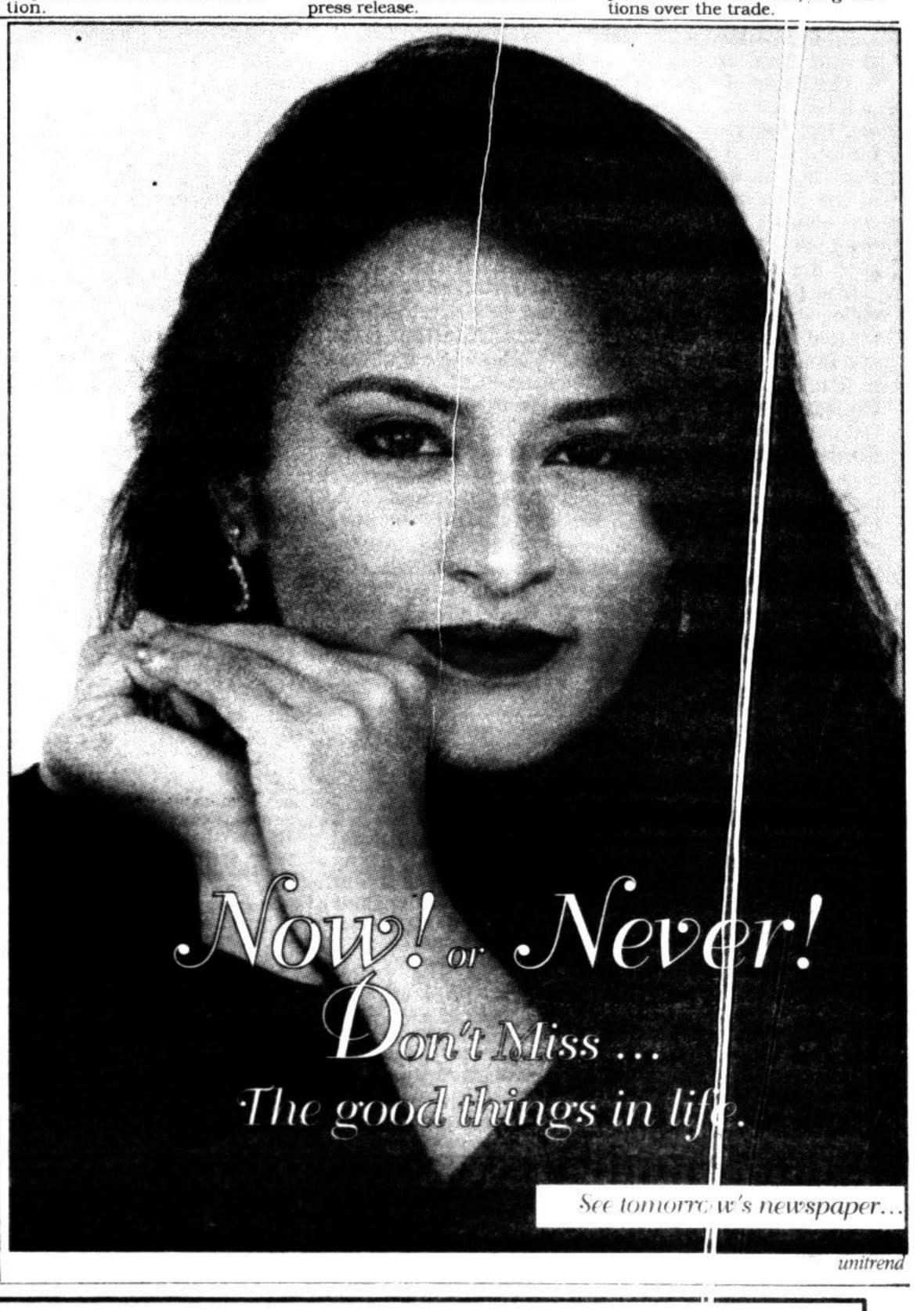
Police rounded up 142 people on various charges from different parts of the city yesterday,

reports UNB. Of them, 30 were warranted and 28 held on charges of murder, dacoity, snatching, extortion and terrorism, said a DMP

sation's president Abul Hos sain it was addressed by Abul El asar. Dr Tahera Yasmin, Shimu Das, Dil Afroze, Abdullah Al Maumun and others.

The meeting observed that the formation of the \ World Trade Organisation had fi irther helped the multinational companies to expand their influences over the least dev eloped countries.

It observed that by in cluding Social Clause with the world trade in the GATT agree ments. the developed nations I lave ensured total control over the world trade while curl ing the powers of the developing na-





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Speaker Humayun Rashid Chowdhury speaking at a reception hosted by Jalalabad Association in the city yesterday. - PID photo