Column One

Sports WHiZZ KID

COMPETITION FOR SCHOOL CHILDREN

WIN
TK. 2000/-
PRIZE BOND
EVERY FORTNIGHT

Sports WHiZZ KID competition-51

√ Tick the Correct Answers

(Competition closes: 8 p.m. August 30, 1996)

1. The new Zimbabwean cricket captain is
   Dekker | Whittal | Campbell
2. Number of centuries scored in the Headingley Test between Pakistan and England were
   Three | Four | Five
3. Australian Michael Bevan plays county cricket for
   Lancashire | Kent | Yorkshire
4. The new football skipper of Muktijoddha Sangsad is
   Nakib | Gaus | Masud Rana
5. What was the position Brothers Union Club in last year's Premier Division football league?
   Fourth | Sixth | Eighth

Name : .....

.....

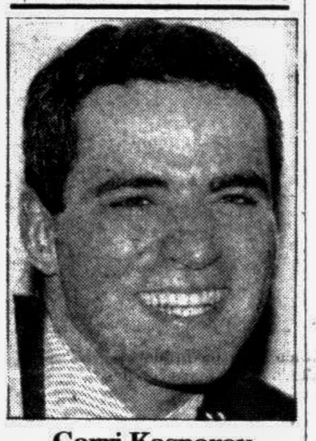
Class : ..... **Roll No** : .....

School Address: .....

.....

Phone: (if any) .....

SPORTS TALK



Garri Kasparov
(World chess champion)

"I look forward to taking on IBM's new and more powerful machine and hope to prove that human knowledge, intuition, creativity and imagination can overcome the incredible capacity of the new machine."

On the proposed match between him and the new IBM's supercomputer 'Deep Blue' next year.

Rangamati Div I football begins today

RANGAMATI, Aug 22: The First Division football league tournament of Rangamati begins at the local stadium tomorrow after a lapse of five years, reports BSS.

Pragati Sangha will face Chadak Club in the inaugural match.

Each participating team will get take three thousand from the local municipality.

Thirteen teams will participate in the meet.

Carrom course begins

Sports Reporter

A two-day national carrom training course, jointly organised by the Bangladesh Carrom Association and the Khelaghar began at the Khelaghar auditorium in the city yesterday.

A total of 18 participants across the country have been taking part in the session, says a press release.

Kendriya Khelaghar Ashore chairman Prof Ali Asgar inaugurated the course as the chief guest while Dr Sk Abdus Salam, founding convenor of the association, presided. General secretary of the Dhaka University Teachers' Association, Dr A A MS Arefin Siddique, was also present as special guest.

Gail going on gaily

LINZ, Austria, Aug 22: Olympic champion Gail Devers ran the third-fastest time of the season to win the women's 100 metres at the Linz Grand Prix athletics meeting on Wednesday, reports Reuter.

The American clocked 10.92 seconds for her first victory since her triumph in Atlanta, leaving Chandra Sturrup of the Bahamas well behind in second place with 11.16.

In the men's sprint, American Dennis Mitchell, who beat Olympic champion Donovan Bailey in Zurich last week, finished five hundredths of a second behind Nigerian Davidson Ezinwa who won in 10.01 seconds.

Ezinwa's twin brother Osmond was third in 10.09.

The Laos Electricity football team, who are scheduled to take on Dhaka Mohammedan Sporting Club in the Asian Cup Winners' Cup encounter at the Dhaka Stadium tomorrow, doing some light work during their practice session at the Mirpur Stadium yesterday. —Star photo

Laos Electricity in city

Sports Reporter

A 20-member Laos Electricity club football team arrived in the capital on mid-night Wednesday to play their away engagement of the two-leg first round of the Asian Cup Winners' Cup championship against Federation Cup winners Mohammedan Sporting Club.

The match will be played at the Dhaka Stadium at 6 pm on Saturday.

The utility services outfit form Laos, who are making their first appearance in such a tournament, loosened up in a light practice session at the Mirpur Stadium yesterday afternoon.

For Electricity Club, runners-up in the local league behind Laos Army last year, it is their maiden visit outside the ASEAN region. They had earlier visited neighbouring Thailand to participate in some low-key tournaments.

"This is our first serious overseas tour to any international tournament", said Khamphone Saignasaen, the manager of the visiting team which include 14 players, two coaches and four officials.

"Of course, we have come here to win the match. But more importantly, we are here to make the most of our first exposure at an international level," said Khamphone, who is the deputy General Manager of the Electricity department of Laos.

While talking to the this reporter at the Mirpur Stadium during the team's practice session Khamphone expressed his ignorance about the strength of their opponents Mohammedans.

"It is our first visit to your country. If you ask me to say something, all I can say now is that there are too many people here and that life is very fast," rounded off the soft-spoken manager in broken English.

"Two current national booters of Laos are in our team. Otherwise, most of our players are not in touch with football at this moment because our league normally begins after the rainy season in September," disclosed Khamphone.

Queried about their preparation, Khamphone said that they played an exhibition match against a Thai provincial team earlier this year. Laos Electricity won the match 2-0.

Replying to another query, the Electricity manager said that the return-leg match on September 7 will be held at the 22,000 capacity Vientiane National Stadium.

But, for Khamphone's boys, who have never played in front of more than 10,000 spectators at home, tomorrow evening will be a unique experience when they meet Mohammedans in front of a huge crowd at the big bowl.

Meanwhile, Imtiaz Sultan Johnny, manager of Mohammedan Sporting Club who visited the Mirpur Stadium on Thursday to have a first-hand peep at their opponents during the practice session, termed the visitors as "a very ordinary outfit."

Johnny was rather interested to talk about Mohammedans' possible second round opponents Huyandai, a strong South Korean outfit, whom the black and whites hope to play in an away match on September 14. Of course, they would have to do away with Laos enroute.

Although seemingly in a relaxed mood, Johnny said that they were trying get Moktijoddha striker Naquib and defender Masud Rana on loan for tomorrow's match.

"We have requested Muktijoddha for Naquib and Masud Rana. But they are yet to make any commitment", said Johnny, adding that they were desperately in need of a quality striker to strengthen their attack.

Meanwhile, the Bangladesh Football Federation (BFF), organisers of the match, have already finalised the necessary preparation for Saturday's showing.

Three Indian referees are already in the capital to officiate the match while Nepal Football Federation president Ganesh Thapa, who is the match commissioner, is scheduled to arrive in Dhaka today.

The Electricity squad

The players (jersey numbers in parenthesis): V Sotsy (1), C Siamphone (18), N kataithong (11), P Kongmany (6), K Somsak (12), S Bountik (4), B Hkamsay (17), T Bounmy (8), L Souvanhno (15), P Viengkeo (13), V Phouangmalay (7), Chanthanome (20), B Bounlanh (9) and C Chakkavane (10).

The officials: V Phouvanh (coach), P Bounmy (asst coach), Sayasane Khamphone (tour manager), Phimmasome Tho, Phommachanah Ath and Tho Chamleursouk Bounheng.

Disciplinary meet of DMFA deferred

Sports Reporter

The much-talked-about Danish Senior Division football league disciplinary sub-committee meeting, scheduled to be held on Wednesday afternoon, has been deferred till 10 am today for reasons best known to the organisers DMFA.

Meanwhile, the Danish Senior Division football league committee, awaiting the disciplinary sub-committee report on the violence-ridden and trouble-torn Tuesday night's match between Mohammedan Sporting Club and Brothers Union which left two persons dead, has suspended its meeting till 4 pm today.

Although the DMFA general secretary Mozammel Huq Mukta, who along with others are in the line of fire after the tragic incident, was not available to make any comment at his office last night, it was gathered that the disciplinary sub-committee headed by Mobarak Hossain did not sit in the wake of an imminent reshuffling in DMFA's existing ad-hoc committee.

Besides, it was also learnt that the sub-committee's decision, likely to be harsh to the tune of forfeiting match points of both Mohammedans and Brothers Union, will only be announced after the Cup Winners' Cup match between the visiting Electricity Club of Laos and Mohammedans, to be held on tomorrow.

England 278/6 at stumps

Sports Reporter

England launched a determined campaign with middle-order bat John Crawley hitting a gritty half-century to steer his side to 278 for six at stumps on the first day of the third and final Test against Pakistan and the Oval yesterday, according to BBC monitored here last night.

Crawley, unbeaten on 94, was the only England batsman who played with confidence after the hosts hope of a commending total on a placid Oval wicket evaporated in the face of some fired-up bowling from Pakistan pace trio of Wasiam Akram, Waquar Younis and Mohammad Akram.

Wasim heralded the fall of last England wicket on the day when he bowled Chris Lewis with a gem of yorker, leaving Crawley at the other end with six runs short of his maiden Test Century.

Crawley shared an invaluable 89-run fourth wicket partnership with Thorpe to guide England to some respectability before the latter departed from 54.

The Lancashire batsman, who will certainly be living on nerves the whole night, will resume the innings with Robert Croft today for his illusive three-figure mark.

Earlier, England captain Mike Atherton won the toss and opted to bat first in a hope to build a commanding total to put pressure on Pakistan. In a desperate attempt to equal the series England, trailing 1-0, had made a surprise change by dropping Andy Caddick, the successful seamer in the Second Test, to pave the way for the 26-year-old Glamorgan off-spinner Rober Croft.

On the other hand, Pakistan made two changes, bringing back vice-captain Aamir Sohail, missed the second Test for injury, in place of Shadab Kabir and preferring Mohammad Akram to Ataur Rehman.

BSWA felicitates ASPU Gen Secy

Sports Reporter

Bangladesh Sports Writers Association (BSWA) arranged a reception for the visiting Secretary General of Asian Sports Press Union, Johnson Fernandez, at its office at the Dhaka Stadium yesterday.

The function was presided over by BSWA president ASM Raquibul Hassan while BSWA Secretary General Rezaur Rahman Sohag, Azam Mahmood, Salma Rafique, Indulekha Mari, Kamrunnahar Dana, Sheikh Saifur Rahman, Sahabuddin Sharif and Mrs Sujan Fernandez spoke on the occasion.

While thanking the BSWA, Fernandez, who is also the Secretary General of Sports Writers Association of Malaysia (SAM), recalled the cordial ties prevailing among the two friendly countries. He also stressed on the need for exchange programme among the young sports writers of BSWA and SAM.

Fernandez also called on the President of Bangladesh Olympic Council, Maj Gen Mahbubur Rahman, psc, at his office yesterday. He also visited the Jatiya Press Club on Thursday.

A fitting gift for Zurich FC

ZURICH, Aug 22: Zurich FC gave themselves a 100th anniversary gift on Wednesday when they acquired Swedish striker Thomas Brolin on loan from English premier league club Leeds United for the rest of the season, reports Reuter.

The move ends a frustrating period in England for Brolin, who commanded a club record transfer fee of 6.8 million dollars when Leeds obtained him from Italian Serie A side Parma last November but ended up on the substitutes' bench.

Brolin is scheduled to arrive in Zurich on Thursday and make his Swiss league debut in Berne on September 4 against Young Boys.

No details on the transfer were released but club president Sven Hotz said: "We were only able to acquire the Swede thanks to an exceptional offer from abroad."

Zurich, currently fifth in the Swiss premier division with nine goals in as many games, will be hoping that the 26-year-old striker, who has 26 goals in 46 internationals, can ignite their attack.

Waiting a riveting war

COLOMBO, Aug 22: Drought-hit Sri Lankans are performing a different rain dance these days — to keep the rains away for at least the next two weeks.

No one here wants the weather to ruin Sri Lanka's biggest cricket carnival, starting on Saturday, which features Arjuna Ranatunga's World Cup heroes for the first time on home soil, reports AFP.

Cricket took centre stage in this strife-hit island when Ranatunga's unfancied, but hugely talented side fought off their eternal underdog status to win the coveted World Cup last March.

That the memorable win was achieved by defeating arch-enemies Australia in the final was the icing on the cake.

Few Sri Lankans have forgotten last year's acrimonious tour of Australia, where Ranatunga's boys were first accused of ball tampering — Cricket's version of cheating — before frontline spinner Muttiah Muralitharn was branded a chucker.

Then came the ultimate humiliation as the Australians boycotted their World Cup match in Sri Lanka fearing the safety of their players after a bomb in central Colombo killed 91 people.

For a while, the Australians upstaged the separatist Tamil Tigers as the country's enemy number one.

Now, the Australians are finally here to play in the four-nation Singer Limited -overs tournament which also features India, Zimbabwe and the hosts — and an entire nation is agog with excitement.

"It's a very important competition," said Sri Lankan cricket chief Upali Dharmadasa, without stressing that it afforded his cricketers and opportunity to prove the World Cup triumph was no fluke.

Sri Lankan fans are, however, not so diplomatic.

Said collegian Roushan Wickremetunga: "The Australians need to be told that Sri Lanka is a safe place to play cricket and our guys are the best in the world.

"I know the economy is in shatters because of the drought, but I still pray the rains keep away for at least the next two weeks."

When the inaugural Singer Cup was played during the same period in 1994, heavy rain almost ruined the competition and the final had to be shifted away from the water-logged Premadasa Stadium.

The rains usually set in by the end of august, and the present tournament runs till September 7.

Ominus clouds hung over Colombo through Thursday, and the weatherman sees rain on the horizon.

Thoughtful organisers have kept a reserve day for each match in case the weather intervenes and have ordered fresh covers for the two venues, the Premadasa Stadium and the Sinhalese Sports Club.

Sri Lanka, who take on a world 11 fn an exhibition match on Saturday before the serious work starts on Monday, have expectedly kept faith in their triumphant World Cup squad. But Australia are without their injured captain Mark Taylor and spin sensation Shane Warne, who opted to rest his spinning finger after off season surgery.

Wicket keeper Ian Healy leads the Australians, while both India and Zimbabwe also have new captains — but for different reasons.

Batting superstar Sachin Tendulkar replaced the beleaguered Mohammad Azharuddin as Indian captain after a disastrous tour of England where they lost both the Test and one-day series.

Alistair Campbell takes over for Zimbabwe after World Cup skipper Andy Flower stepped down voluntarily to concentrate on his batting.

The pragmatic Ranatunga, a regular part of Sri Lankan cricket since they attained Test baptism in 1981, however refuses to take victory for granted. "The onue is on us to maintain the high standards we set last season," he says. "And that is never an easy task."

Zagallo's makeshift team

RIO DE JANEIRO, Aug 22: Brazil coach Mario Zagallo admitted on Wednesday he had been forced to name a makeshift squad for a brief European tour at the end of this month, reports Reuter.

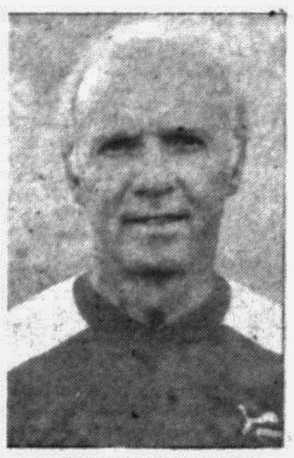
Zagallo said he had stood by a policy of not picking more than one player from each team to avoid upsetting Brazilian clubs. The only exception made was Palmeiras who contributed full-back Cafu and midfielder Flavio Conceicao.

"We try not to upset the clubs but as a result the national team ends up suffering instead and is still always expected to win," he said.

Brazil play friendlies away to Russia on August 28 and the Netherlands three days later.

Unlike many countries, where the domestic programme is suspended on the weekend before a major international, Brazilian football carries on regardless.

The tour is seen as the first step towards forming the team which the world champions will send to the 1998 World Cup in France. As holders, Brazil do not have to play in the qualifying competition.



MARIO ZAGALLO

Zagallo included 32-year-old striker Bebeto and Barcelona's Ronaldo in the squad, despite a much-publicised row between them following the Olympic team's semifinal defeat by Nigeria at the Atlanta Games.

Brazil had used most of their friendlies in the past year as warm up matches for the Olympics, restricting Zagallo to players under 23.

Bad results on the tour could put Zagallo's job in jeopardy following the failure to win the gold medal in Atlanta.

The only uncapped player in the squad is central defender Goncives who plays for Brazilian champions Botafogo.

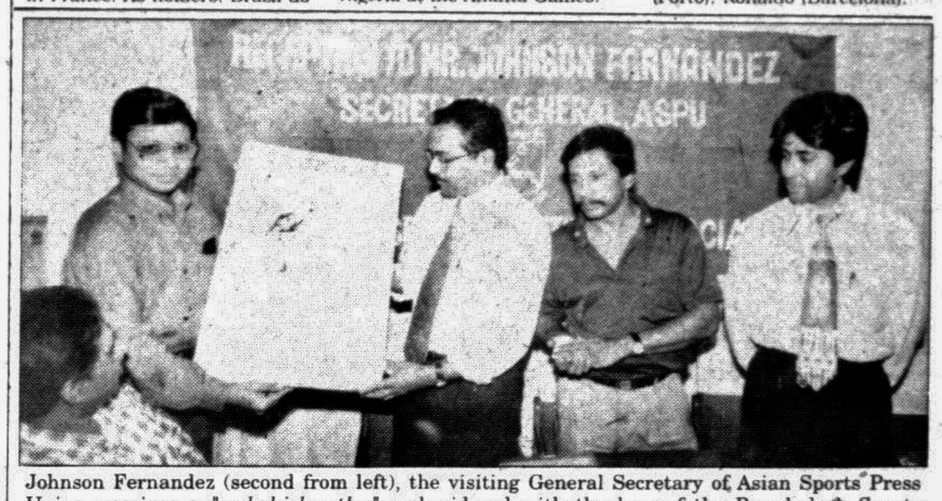
SQUAD

Goalkeepers: Carlos Germano (Vasco da Gama), Dida (Cruzeiro).

Defenders: Ze Maria (Parma), Ze Roberto (Portuguesa), Andre Luis (Sao Paulo), Cafu (Palmeiras), Gonclaves (Botafogo), Narciso (Santos), Ronaldo Guiaro (Atletico Mineiro), Andre Cruz (Napoli).

Midfielders: Flavio Conceicao (Palmeireas), Ze Elias (Bayer Leverkusen), Amaral (Parma), Beto (Napoli), Giveanni (Barcelona), Leonardo (Paris St Germain), Mauro Silva (Depotivo Coruna), Sergio Manoel (Cereszop Osaka).

Strikers: Bebeto (Flamengo), Doizeto (Benfical), Jardel (Porto), Ronaldo (Barcelona).



Johnson Fernandez (second from left), the visiting General Secretary of Asian Sports Press Union, receives a *"nakshi-kantha"* embroidered with the logo of the Bangladesh Sports Writers Association at a reception yesterday. —Star photo

Newcastle back on track

LONDON, Aug 22: Alan Shearer, the world's most expensive player, scored with a brilliant free-kick on his home debut for Newcastle in a 2-0 win over Wimbledon in the English Premier League on Wednesday, reports Reuter.

Big rivals Manchester United, staring their first home league defeat in 31 matches in the face, battled like the champions they are from 2-0 down to draw 2-2 with Everton.

In the night's other big match, featuring a dazzling galaxy of foreign imports, Chelsea beat Middlesborough 1-0 thanks to a Roberto di Matteo 30 metres strike four minutes from the end.

At Old Trafford, both the Everton goals came in the first half courtesy of big striker Duncan Ferguson on his 50th appearance for the Mersey side club.

But Jordi Cryff pulled one back for the champions with a fine header 20 minutes from time and with eight minutes left Everton's David Unsworth, attempting to clear, only succeeded in turning the ball over his own line.

At St James' Park, Newcastle were set on their way in the third minute by another costly ex-Blackburn player, David Batty, who chipped over Wimbledon keeper Neil Sulivan from 30 metres.

Shearer finally got in on the act with just two minutes left. Fouled by Chris Perry, the Newcastle-born striker decided to take the free-kick himself and from 20 metres curled it into the corner of the net.

Shearer wheeled away in delight as Newcastle sealed their first victory of the season and went some way to forgetting the disappointment of Saturday's 2-0 defeat at Everton and the 4-0 Charity Shield drubbing by Manchester United.

Serie A came to Chelsea, along with various other Europeans and Brazilians, with big things expected of Chelsea's Gianluca Vialli and Middlesborough's Fabrizio Ravanelli, a hattrick scorer against Liverpool on Saturday.

But it was midfielder di Matteo, a costly close season signing from Lazio, who broke the deadlock to earn Ruud Gullit his first win as a manager.

Gareth Southate; the man whose missed penalty sent England out of Euro '96, gave Aston Villa a 64th minute winner, but not from the penalty spot, at home to a dispirited Blackburn, who could offer little in response as they went down 1-0.

After the game it was announced that Blackburn's director of football and ex-manager Kenny Oalglish was leaving the club by mutual agreement.

Sunderland found a rich vein of scoring form at Nottingham Forest with first half strikes from Michael Gray, Richard Ord and two goals from new signing Niall Quinn.

Alf Inge Haaland provided the only consolation as the north east side went in 4-1 at the interval and that is how it stayed to cheer manager Peter Reid and the Sunderland faithful.

Teddy Seringham presented Tottenham with a 35th minute lead at home to Derby, but the visitors who earned a late draw at home to Leeds on Saturday, did the same again, thanks to Christian Dailly.

Leicester were indebted to promising youngster Emile Heskey who struck in the sixth and 42nd minutes against Southampton.

An otherwise quiet Matt Le Tissier, in front of watching England manager Glenn Hoddle, gave his side hope from the penalty spot after 68 minutes, but Leicester held on for a 2-1 win with Southampton's Barry Vension sent off.

Gary McAllister showed Coventry the way forward after their dismal showing at home on Saturday when his 12th minute goal gave his new side the lead over Westham.

But the hammers surged back in the second half and deservedly levelled with a 74th minute equaliser from defender Marc Rieper.

After two matches, Sheffield Wednesday, are the surprise Premier League leaders with two victories from their first two games, including a 2-0 win at Leeds on Tuesday.

Manchester United and Sunderland come next, heading seven teams on four points, Blackburn and Wimbledon are bottom after two defeats.

Newcastle are in mid-table, Shearer, thrilled with his goal, said: "I couldn't be more delighted but to be honest I'm more concerned with getting the three points than scoring.

"It was a big bonus to get a goal, I don't really care about the pressure," he added.

Shearer, who scored 31 Premier League goals for Blackburn last season, said of his free-kick it could have gone in the stand or in the top corner. Luckily for me it went in the top corner.

"It was a shame we got off to a bad start against Everton (on Saturday) but there were more signs tonight we are getting it together."

Manchester United's satisfaction at fighting back against Everton was coloured by a late incident involving manager Alex Ferguson.

At the end of the match he had to be restrained by his assistant Brian Kidd and head of security at Old Trafford Ned Reilly as he moved towards match referee Graham Poll.

The Football Association is expected to call on Thursday for the referee's report into what happened.

fitness royale

with rani padamsee

SPORTS THAT BURN FAT

If you workout four or more days a week and you prefer to participate in a sport rather than an aerobic activity. You may do so. Sports such as tennis, racquetball, and even golf help you to burn fat. The more taxing the sport, of course, the more fat you will burn. Here is a chart that will give you an idea of how much fat you can expect to burn per twenty-minute session for certain sports.

Sports Chart

Sport	Calories burned per 20 minutes
Karate	300
Racquetball	200
Squash	200
Handball	200
Waterskiing	180
Horseback riding	180
Rowing or canoeing	180
Roller skating	180
Tennis (singles)	160
Tennis (doubles)	140
Volleyball	140
Frisbee	140
Golf	105

Sports such as the ones mentioned above have a fat-burning effect because they force the body to work hard — even though the activity is not sustained for twenty uninterrupted minutes.

If the above sports have a fat-burning effect, why should you care if they don't have an aerobic effect? Well, if you're doing karate, weights or any other workout, you don't have to worry about it much, because you are already getting quite an aerobic effect from the workout. As mentioned above, however, since short rest periods are allowed in those workouts (if you take advantage of them), it would be ideal if you also participated in a straight aerobic activity.

If your time is limited, however, and you enjoy a certain sport over any possible straight aerobic activity — even though, technically speaking, you cannot get an aerobic effect unless you work uninterrupted for twenty minutes — you can get a semi-aerobic effect. For example, if you are playing hard tennis nearly nonstop for seven minutes, you've gotten seven minutes' worth of aerobics, and you heart and lungs are strengthened more than they would be if you sat in a chair for that length of time.

Keep in mind also that some of the above sports (fast horseback riding, canoeing, waterskiing karate) can indeed be performed for twenty minutes or more nonstop and can then be considered straight aerobics.

Today's exercise is excellent for the legs and stomach. Add weight once you can do them comfortably. Use dumb-bells or you may wear ankle weights.

Breathe out as you tuck the knees and breathe in as you stretch your legs out. Must worm up before exercise.

Model: Shopon of Bengal School of Shotokan.

The Daily Star photo