

# Column One

## SPORTS TALK



**Richard Moeller Nielsen**  
(Ex-Danish national coach)  
"I think I can give Finnish football a push forward."  
After being appointed as the national coach of Finland.

## Sports WHIZZ KID

COMPETITION FOR SCHOOL CHILDREN

### Announcement

**TWO BITS OF A GOOD NEWS!**  
Hey kids! From next week, WHIZZ KID-51 to be precise, there will be a new format. Two weeks to send in entries. Two thousand taka worth of prize bonds to win every fortnight.

### Sports WHIZZ KID competition-50

✓ Tick the Correct Answer

(Competition closes: 8 p.m. August 16, 1996)

- The fastest man in the Atlanta Olympic Games is  

Sumi	Bailey	Fredrick
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- Number of golds China won in the Atlanta Olympic Games are  

12	14	16
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- Who is the skipper of Nigerian Olympic soccer team  

Amokachi	Kanu	Rashidi
----------	------	---------
- Who won the first ever Olympic gold for Burundi?  

Batten	Chelemo	Nyongabo
--------	---------	----------
- Pakistan won their first Olympic hockey gold in  

1964	1960	1968
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Name: .....  
Class: ..... Roll No: .....  
School Address: .....  
Phone: (if any) .....

### Badminton rankings

CHELTHAM, England, Aug 10: Leading world rankings issued by the International Badminton Federation on Friday reports Reuters.

**Men**

1. Dong Jion (China)	357
2. Joko Suprianto (Indonesia)	345
3. Poul Erik Hoyer Larsen (Denmark)	295
4. Heryanto Arbi (Indonesia)	261
5. Rashid Sidek (Malaysia)	250
6. Allan Budi Kusuma (Indonesia)	244
7. Park Sung Woo (South Korea)	238
8. Ardy Wiranata (Indonesia)	238
9. Lee Kwang Jin (South Korea)	230
10. Thomas Stuer Lauridsen (Denmark)	216

**Women**

1. Bang Soo Hyun (South Korea)	357
2. Ye Zhaoying (China)	340
3. Susi Susanti (Indonesia)	311
4. Camilla Martin (Denmark)	267
5. Mia Audina (Indonesia)	254
6. Han Jingna (China)	239
7. Wang Chen (China)	233
8. Kim Ji Hyun (South Korea)	225
9. Yao Yan (China)	224
10. Zhang Ning (China)	214

### Great start for Gilder

LONDON, Aug 10: South Africa's fast bowler Gary Gilder, who flew in as a late replacement for Roger Telemachus last month, recorded career-best figures of 8-22 to skittle Worcestershire for 77 on Friday at New Road, reports AFP.

In all, 26 wickets fell on the day. South Africa lost their last eight wickets for 38 runs earlier in the day as their first innings ended on 202.

Gilder helped the tourists storm back with his eight-wicket haul and by the close of play South Africa A had reached 160-6 in their second innings.

Worcestershire coach David Houghton and his South African counterpart Duncan Fletcher refused to blame the pitch for the clatter of wickets.

"There was a bit of movement but you could score runs out there," Houghton said. "There was some good bowling but also some bad batting. You couldn't blame the pitch for what happened."

# Enqvist breaks the jinx



MASON, Ohio, Aug 10: Thomas Enqvist, winless in six previous meetings against Pete Sampras, shocked the 17th seed in straight sets Friday in the quarterfinals of the ATP Championship, reports AP.

"I just ran into a player on fire," Sampras said after falling 6-3, 6-3. "I've never run into a right-handed serve that was so overwhelming. I never felt into the match."

A year ago in Montreal, Enqvist had gotten to match point against Sampras, but still ended up losing. He never let it reach that point on Centre Court at the Jack Nicklaus Sports Centre.

"I see him as the best tennis player ever," the 10th-seeded Enqvist said. "It's obvious he didn't play a good match, but I played well and I served really well. I was going for shots and put pressure on him all the time. He looked a little bit tired and stiff from yesterday's long match."

Sampras fought off match point Thursday night before overcoming doubles specialist Mark Woodforde 6-7 (7-5), 7-5, 7-6 (7-4).

But Sampras said he didn't have any problems coming back. He said all the credit went to Enqvist.

"I was thinking, 'He's going to have to keep this up to take me out' and he pretty much did," Sampras said. "I was hoping he'd come down to earth and give me a chance to get back in the match, but the never did."

Enqvist is not normally known for having a consistently big serve, but Friday he could have rivaled the biggest in the business.

The swede served 18 aces

and had at least one ace in each of his eight service games. His best ace showing was in the fourth game of the second set when, after serving a double fault, he rifled four supersonic aces in a row to win the game.

Enqvist broke Sampras in the sixth game of the first set and the first and seventh games of the second set.

In other quarterfinals,



THOMAS ENQVIST

Andre Agassi, fresh from winning the gold medal at the Olympics, eliminated Yevgeny Kafelnikov 7-6 (7-1), 3-6, 6-3. Like Agassi, second-seeded Thomas Muster "captured" his third consecutive straight-set victory, beating ninth-seeded Wayne Ferreira 7-6 (7-4), 7-6 (16-14). And third-seeded Michael Chang, a two-time ATP champion, defeated fifth-seeded Goran Ivanisevic 6-3, 7-5.

After Sampras came from behind to beat him year ago in Montreal, Enqvist said he almost resigned himself to believing he couldn't beat the

world's No. 1 players.

"I have been feeling he is just too good. He plays too fast. He seems like he could raise his level every time I came close," he said.

In the semifinals, Enqvist will play Chang, whom he has beaten in all three previous meetings.

Muster will play Agassi in a battle of players who had verbally sparred early in the year. Agassi had questioned Muster's No. 1 ranking because of Muster's reluctance to play on hardcourt surfaces instead of his favored clay.

"If we play against each other, I think he is the favorite player because I cannot play on hard court and he is a great champion," Muster said as reporters cracked up.

"It should be a great match," Agassi said. "He's playing well and I think we'll hit a lot of good points. Every time we've played, it's been explosive tennis."

Agassi said he was playing well, even though his three long matches didn't seem to back that up.

"When you grind out three-sets in a row, that's more than you want to be playing," Agassi said. "But I'm at another level here."

Agassi was clearly the crowd favorite in his match with Kafelnikov.

"Especially after winning the gold medal, the fans here are behind him," Kafelnikov said. "He's more motivated. He was more focused on the critical points and he was better than me today."

In the day's first match, Ferreira fought off nine match points before Muster uncorked the winning shot on the tiebreaker's 30th point. That made it the longest tiebreaker in an ATP singles match this year. The match took 2 hours, 6 minutes.

# Julian jolts Lancashire



LONDON, Aug 10: Australia's Brendon Julian completed his best all-round performance in the English County Championship to send Surrey to the top of the table on Friday, reports Reuters.

Julian followed his first century for the county on Thursday by taking five of the last six wickets for 50 inside 10 overs as Lancashire surrendered at Southport, 141 runs short of their victory target of 509.

Surrey took 21 points to go above Leicestershire and Yorkshire, although Leicestershire could still tie back to the top by beating Glamorgan.

The deposed leaders were grateful to Ben Smith, who hit a career-best 190 as his side took a firm grip against the Welsh county at Swansea.

Smith, beating his previous highest score of 174 not out, helped Leicestershire to a commanding total of 536 and by the close of play they had reduced Glamorgan to a desperate 133 for six — still 254 runs short of their follow-on target.

Veteran pace bowler Cardigan Connor rolled back the years to record the season's best bowling performance of nine for 38 as Hampshire took a first innings lead against Gloucestershire at Southampton.

Connor took his tally of wickets for the season to 49 by demolishing the Gloucestershire's first innings to help his side to a lead of 22 runs. Hampshire reached 145 for three in their second innings before bad light and then rain brought a premature end to the day's play.

Connor's figures, four wickets in six balls, eclipsed David Follett of Middlesex whose eight for 22 against Durham was the previous best performance.

Off-spinner Peter Such bowled Essex into a winning position as Somerset were forced to follow on at Taunton, collecting six for 63.

Only Peter Bowler, with 88, showed much resistance as Somerset collapsed from 195 for three to 246 all out in replay to Essex's score of 465.

Graham Gooch contributed 201 for Essex the 12th double

Emburey's new assignment

LONDON, Aug 10: England named former Test spinner John Emburey as assistant coach on Friday for their tour of Zimbabwe and New Zealand starting later this year, reports Reuters.

England arrive in Zimbabwe in late November to play two Tests and three one-dayers.

century of the former England skipper's career.

Martin Speight made 92 not out to carry Sussex to 212 for seven in reply to Derbyshire's 320 on the second day of their match at Hove.

Neil Smith and Tim Munton returned their best championship figures of the season as Warwickshire moved into a strong position against Durham at Edgbaston.

Off-spinner Smith claimed five for 76 in 41 overs and paceman Munton took three in 14 balls to finish with three for 53.

The bottom county were dismissed for 255, allowing the champions to extend their lead to 114 with an unbroken stand of 63 by openers Andy Males (40) and Michael Powell (21).

Mark Ramprakash scored 71 to set Middlesex on their way to 407 for nine, a lead of 150, on their visit to struggling Nottinghamshire.

Former England paceman Martin McCague helped bowl Kent into a winning position on the second day at Northampton, claiming five for 21 as Northants crumbled to 133 all out.

And the home side plunged deeper into trouble after following on 183 behind as Tim Wren captured three for 30. Northants closed on 91 for three, needing another 92 to make Kent bat again.

# fitness royale

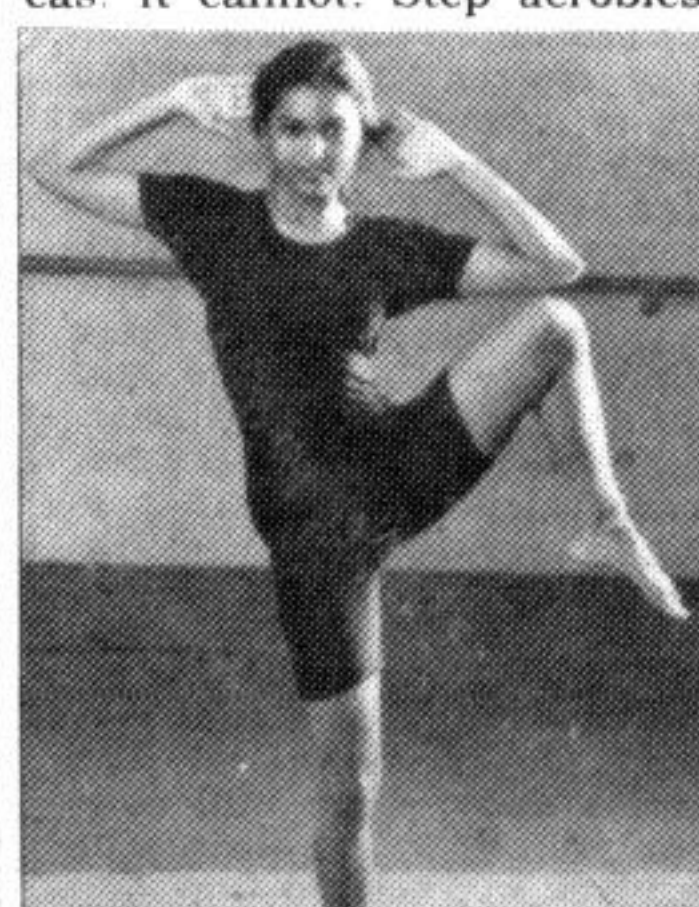
with rani padamsee



The newest rage in aerobic activity is step aerobics, a form of activity where a group of people step up and down onto various steps to the sound of music. It's easy to perform, and with the right instructor it's safe. It burns about the same amount of calories as does low-impact aerobics taken at a brisk pace. This activity is also fun because you get to enjoy the fellowship of steppers — a special combined energy is created by the group. You begin to have fun, and the time flies.

The disadvantage of step aerobics is that unless you want to do it alone at home (boring, because you are stepping up and down, up and down, and performing the exact same movement endlessly), you must spend travel time to get to the activity. If you are a busy person, this can be a problem.

Some people foolishly believe that step aerobics are sufficient to tighten and reshape the thigh and hip buttock areas. It cannot. Step aerobics



Model-1

helps to strengthen these areas and helps to build endurance, but step aerobics can never sculpt the perfectly shaped muscles needed for the look most women seek. You have no choice but to work with weights the right way in order to achieve that goal.

Aerobic dance is an excellent choice for an aerobic activity. It provides fun and camaraderie, and in addition it stresses every muscle in the body for overall strength and endurance. If you do aerobic dance, be sure to choose low-impact aerobics as opposed to full-impact aerobics. The difference between the two is that with high-impact aerobics you do a lot of jumping and leaping — in other words, both feet leave the ground at the same time quite often in the workout. End result? Unsafe stress on bones and joints. With low-impact aerobics, both feet never leave the ground at the same time. End result? A well-balanced overall aerobic workout without the stress on bones or joints.

If you are not especially well coordinated, you may prefer to ride your stationary bicycle while watching television, reading the paper, or listening to music or self-help tapes. Even though you will have to ride the bike a little longer to burn the same amount of fat you would burn doing step aerobics or aerobic dance, it may be worth it, because at least the bike allows you to accomplish two things at once. In addition you'll save the travel time to and from the dance aerobics or aerobic dance class.

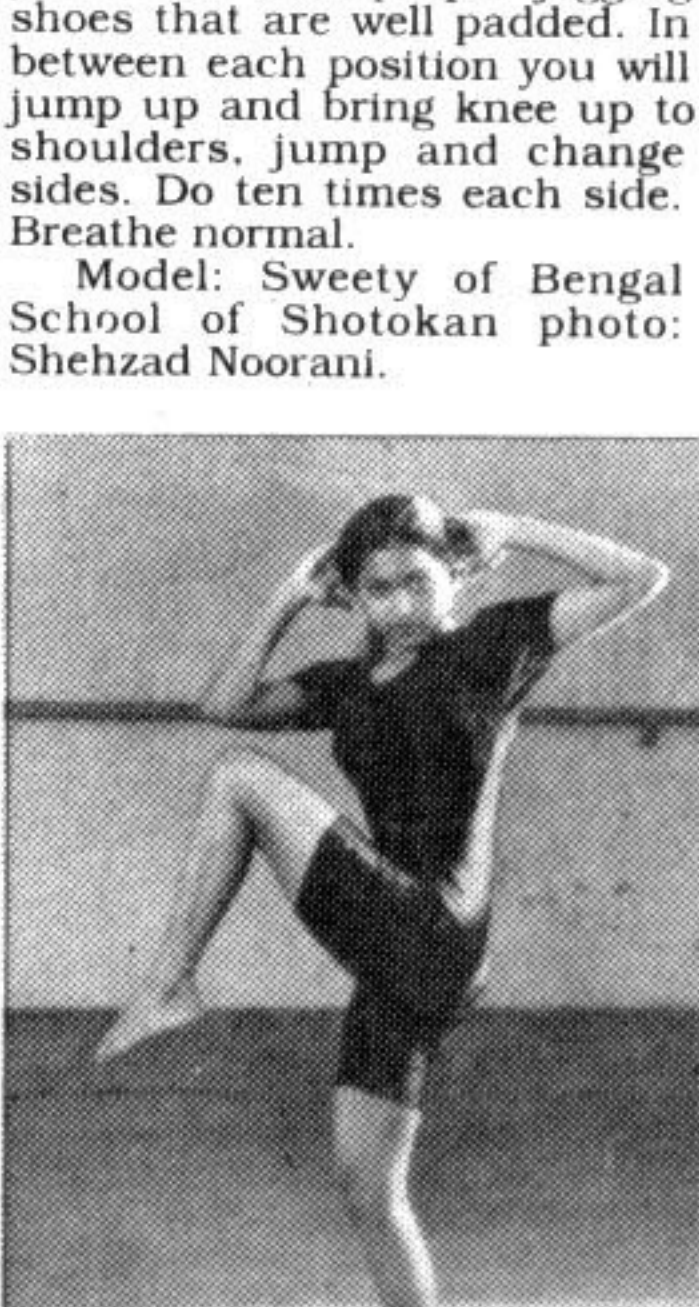
If you choose to ride the bike, set the tension at a very low range and enjoy rather than suffer the ride. Setting the tension low will ensure that you don't wear down your developing thigh muscles —

and that you burn only fat. It will also make the workout most pleasant and allow you to go for a greater length of time.

If you wish, you can use one of those bikes that has an attachment for your upper body to stimulate your arms, chest, and back as you bike. I hate those devices and find that biking is no longer fun when I try to use them, but if you don't mind them, then all the better. You get total body stimulation, but remember to set the tension low or you may wear down hard-earned muscle.

The above posture are part of the aerobics workout. Since we have rubber floor in our school Sweetie is bare feet. But you must wear proper jogging shoes that are well padded. In between each position you will jump up and bring knee up to shoulders, jump and change sides. Do ten times each side. Breathe normal.

Model: Sweetie of Bengal School of Shotokan photo: Shehzad Noorani.



Model-2



Ajax Amsterdam goalie Van der Sar dives in vain to stop the onrushing Juventus attacker Boksic during their Teresa Herrera trophy match in Spain on Aug 9.

## Juve amerce Ajax

LA CORUNA, Spain, Aug 10: Italian club Juventus thrashed Ajax Amsterdam 6-0 in a tournament match on Friday, bringing back bitter memories of the Dutch club's defeat against the team from Turin in the European Cup final, reports Reuters.

Striker Michele Padovano was the star of the evening with a hat-trick.

He put Juventus 2-0 ahead by half time and helped destroy Ajax's defence in the middle of the second half with a goal closely followed by another from striker Alessandro Del Piero.

Ajax coach Louis van Gaal, deprived of some of his star players, has to rely on forward Patrick Kluyvert as his main weapon. But Kluyvert found a mean opponent in defender Paolo Montero who shadowed his every move.

Juventus go on to play Brazil's Botafogo in the final of the annual Teresa Herrera tournament today.

## Chinese nat'l football league on Star Sports

Tune in to Star Sports for the opening match of the Chinese national football league season starting Sunday, August 11th at 16:00 (BST) as Beijing Guoan take on Chinese Army in Beijing, says a press release.

Star TV is now in its second half of the third season of broadcasting live matches from China's most competitive football league, which has become a national craze. Millions of Chinese fans follow the progress of their favourite teams and players enthusiastically throughout the season.

Shanghai Shenhua, winner of the 1995 CNFL season, will be defending their title against top teams such as Beijing Guoan, Dalian Wanda and Guangdong Hongyuan.

Commentary will be provided by Dale Tempest, the Hong Kong team player, who will be joined by Mal Thompson. Further enhancements for Star TV's on-site production have been made as the crew will have access to the pitch and team locker rooms. Special features and in-depth interviews with the players and coaches, together with the match coverage, will make for two entertaining hours of football on Sunday evening.

Each club will play every team at home and away over the course of the season. Three points shall be awarded for a win and one point for a draw. During each league weekend, all matches except showcases matches will take place on Saturday or Sunday afternoon. Each club will be entitled to employ up to five Chinese players and to field a maximum of three non-Chinese players in any match.

## Grobelaar signs for Plymouth

LONDON, Aug 10: Bruce Grobelaar, the 38-year-old Zimbabwe international goalkeeper, who faces a January court appearance over match-fixing allegations, joined promoted Second Division newcomers Plymouth Argyle on Friday, reports AFP.

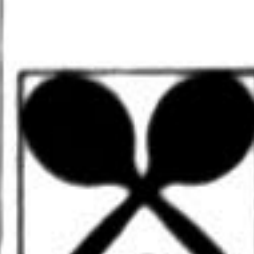
Grobelaar, who was released by Southampton earlier this summer, has signed a 12-month contract.

The player, who played more than 600 appearances for Liverpool, trained with his new teammates on Friday and will debut against Manchester City today.

Argyle manager Neil Warnock said: "I have been after him for weeks and am delighted to have reached an agreement with him. I think he will give everybody a lift for what I believe is going to be a difficult season for us."

Warnock, who led the club to promotion from the Third Division in his first season in charge, said: "I realise he has got problems but what matters most is what he does on the pitch."

# Seles, Sanchez in semis



MONTREAL, Aug 10: After a hotly contested first set, top seed and defending champion Monica Seles advanced to the semifinals of the Canadian Open on Friday with a 6-4, 6-2 victory over sixth seed Magdalena Maleeva of Bulgaria, report agencies.

Second seed Arantxa Sanchez Vicario of Spain, also reached the semifinals with 6-4, 6-4 win over unseeded Floencia Labat of Argentina.

Two unseeded players earned berths in today's semifinals, the more surprising being Kimberly Po, who upset fifth seed and Fellow-American Mary Joe Fernandez 6-2, 6-3. Po is the first qualifier in Canadian Open history to make it to the semifinals.

Seles will now play Seles while unseeded Indonesian Yayuk Basuki, a 2-6, 6-2, 7-5 winner on Friday over 17th seeded American Amy Frazier, will take on Sanchez Vicario.

In their only previous meeting, Seles drubbed Basuki 6-1, 6-1 in 1992.

Basuki joined the pro tour in 1990 and hit a high ranking of 21st last November. But she is little known outside of Asia, where all six of her career tournament victories have come, including four in her home country.

Her best previous performance outside Asia was the semifinals in Los Angeles last year, when she also upset three seeds before falling to Spain's Conchita Martinez.

"I think it's time for me to do better in the States and maybe this will get me started," Basuki said.

To get to this level, it was good for me to get points in Asia and then try to play in the States and Europe. But there are a lot more better players there."

"I didn't play that great, but she was hitting the ball pretty hard," said Seles about her match with Maleeva. "But when it really mattered, I was able to take charge in the first set."

The set was tied at 4-4 with Maleeva's ground strokes forcing Seles to scurry all over the court, but then the world number one broke serve with some bold service returns and served but the set in the following game.

The second set hinged on a five deuce fifth game with the

January Australian Open by a tear in the lining of her left shoulder socket, made a rather startling assessment of her current form.

"When I was at my best in '91, '92 and the beginning of '93," she said, "I think I played 50 per cent better than now in every part of my game."

The Sanchez Vicario-Labat match was an entertaining contest with many exciting rallies. "I came into the net, quite a bit because she was hitting high balls," said the Spaniard. "I had to take them early and get to the net to finish the points."

The eighth ranked Fernandez had no excuses for loss to the 90th ranked Po, even though earlier Friday she had to play four games to finish a 6-1, 6-1 third round win over 15th seed Nathalie Tauziat, a match postponed by rain Thursday evening.

"I played really well against Tauziat but Kim hits the ball harder than Nathalie," said Fernandez. "I got off to a bad start but she never let up she stepped into the ball and hit a lot of winners."

The 24-year-old Po, who gained short lived renown when she played Seles in Toronto last August in Seles's first match back after the infamous stabbing incident in Hamburg in 1993.

Po has reached only one previous semifinal on the WTA tour, at Philadelphia in 1993.

"I don't feel I'm playing over my head, said Po, who knocked off No 4 Anke Huber of Germany in the second round. "I don't feel I'm forcing things. I feel comfortable."

Seles bothered since

score at two games apiece. After that Seles dominated. "I think the difference was her serve because I was winning most of the rallies," Maleeva said.

Seles bothered since

Seles bothered since

# Shearer right on target



LINCOLN, England, Aug 10: Alan Shearer, Newcastle's world record signing, found his goal-scoring touch in his first outing for his new club in a 2-0 victory over Lincoln in a friendly on Friday, reports Reuters.

As Newcastle warmed up for their Charity Shield clash on Sunday with English champions and cup holders Manchester United, the 15 million pound (23.2 million dollars) England striker coolly slotted home a first half penalty to open his account.

Belgian defender Philippe Albert stole forward to settle the issue by doubling Newcastle's tally midway through the second half as the league runners-up, minus only the services of virus-hit Les Ferdinand, turned on the style against their Third Division hosts.

Newcastle manager Kevin Keegan unleashed Shearer for the full 90 minutes, but it was nine minutes before the

former Blackburn star managed to get even a touch.

But when he did it almost brought the hero chested down to Robert Lee before moving on to the right foot short just wide from 20 yards.

Another Shearer blockbuster, this time with his left foot, from a Ginola cut-back brought a fine block from home keeper Barry Richardson.

But it was Lincoln who should have scored first on the half hour. Brown somehow

headed over an open goal from six yards.

The next time Lincoln gave Shearer a sniff of the target they were made to pay. Steve Holmes handled needlessly under pressure from the menacing striker as they challenged for Beardsley's deep 33rd minute cross, and Shearer despatched the spot kick with minimum fuss as the keeper guessed wrongly by plunging to his left.

That was the cue for Newcastle to take complete charge and they twice threatened to go further ahead before half time.

After the break, Newcastle withstood a Lincoln counter-attack and Albert nodded home from almost under the bar after substitute Faustino Asprilla had retrieved Keith Gillespie's cross with an intelligent header.

Shearer, quiet in the second half by his own sky-high standards, almost scored again on 71 minutes, planting a powerful header against the bar from Ginola's corner.

## CROSSWORD By Eugene Sheffer

**ACROSS**

- Abby, to
- Middle: abbr.
- "I saw," to
- Caesar
- Recoils
- Take it easy
- "Tann-hauser" composer
- Herb
- Alpert hit
- Calendar
- Plumage provider
- Sandra or Ruby
- "Coming of Age in Samoa" writer
- Smack
- Majestic
- Midways
- Emcee
- Treking
- Love
- One of Snow White's

**DOWN**

- 28 Mist
- 30 Pussycat's companion
- 33 Impulse
- 34 Shopper's woe
- 35 Snug
- 36 Elasticity
- 37 Martini
- 38 Sailors' garnish
- 39 Sailors' march
- 40 Domain of
- 38 Across
- 41 First lady?
- 10 Aries
- 12 Fisherman's supplies
- 2 Lupino or
- 15 Nevertheless
- 19 Nth degree
- 20 Auction action
- 21 Radiates
- 22 Summaries
- 23 Goldbrick
- 24 Nowadays
- 25 Oklahoma city
- 26 Aristophanes play, with "The"
- 27 Fence steps
- 28 Five (prefix)
- 30 Reserved or preserved
- 31 "Only Just Begun"
- 32 Caustic solution
- 34 Trans-Pyrenean Mmes.
- 35 Scandinavian man's name

**Solution time: 22 mins.**

**GAMP MAT CHOP**  
**ERIE APE MULA**  
**RILL COLLARDS**  
**MAILLARD UNLEY**  
**GRATE WILLARD**  
**UBI I AM WYE**  
**MILLARD GREEN**  
**ARE DELEARD**  
**GRADE D**