

Column One

SPORTS TALK

Enqvist breaks the jinx



MASON, Ohio Aug 10: Thomas Enqvist, winless in six previous meetings against Pete Sampras, shocked the top seed in straight sets Friday in the quarterfinals of the ATP Championship, reports AP.

"I just ran into a player on fire," Sampras said after falling 6-3, 6-3. "I've never run into a right-handed serve that was so overwhelming. I never felt into the match."

A year ago in Montreal Enqvist had gotten to match point against Sampras, but still ended up losing. He never let it reach that point on Centre Court at the Jack Nicklaus Sports Centre.

"I see him as the best tennis player ever," the 10th-seeded Enqvist said. "It's obvious he didn't play a good match, but I played well and I served really well. I was going for shots and put pressure on him all the time. He looked a little bit tired and stiff from yesterday's long match."

Sampras fought off match point Thursday night before overcoming doubles specialist Mark Woodforde 6-7 (7-5), 7-5, 6-7 (4-6).

But Sampras said he didn't have any problems coming back. He said all the credit went to Enqvist.

"I was thinking, 'He's going to Enqvist.'

"I was thinking, 'He's going to keep this up to take me out' and he pretty much did," Sampras said. "I was hoping he'd come down to earth and give me a chance to get back in the match, but he never did."

Enqvist is not normally known for having a consistently big serve, but Friday he could have rivaled the biggest in the business.

The swede served 18 aces

and had at least one ace in each of his eight service games. His best ace showing was in the fourth game of the second set when, after serving a double fault, he rifled four supersonic aces in a row to win the game.

Enqvist broke Sampras in the sixth game of the first set and the first and seventh games of the second set.

In other quarterfinals

Muster will play Chang, whom he has beaten in all three previous meetings.

Muster will play Agassi in a battle of players who had verbally sparred early in the year. Agassi had questioned Muster's No. 1 ranking because of Muster's reluctance to play on hardcourt surfaces instead of his favored clay.

"If we play against each other, I think he is the favorite player because I cannot play on hard court and he is a great champion," Muster said as reporters cracked up.

"It should be a great match," Agassi said. "He's playing well and I think we'll hit a lot of good points. Every time we've played, it's been explosive tennis."

Agassi said he was playing well, even though his three long matches didn't seem to back that up.

When you grind out three-setters in a row, that's more than you want to be playing," Agassi said. "But I am at another level here."

Agassi was clearly the crowd favorite in his match with Kafelnikov.

Especially after winning the gold medal, the fans here are behind him," Kafelnikov said. "He's more motivated. He was more focused on the critical points and he was better than me today."

In the day's first match, Ferreira fought off nine match points before Muster uncorked the winning shot on the tiebreaker's 30th point. That made it the longest tiebreaker in an ATP singles match this year. The match took 2 hours, 6 minutes.

THOMAS ENQVIST

Andre Agassi, fresh from winning the gold medal at the Olympics, eliminated Yevgeny Kafelnikov 7-6 (7-1), 3-6, 6-3.

Like Agassi, second-seeded Thomas Muster captured his third consecutive straight-set victory, beating ninth-seeded Wayne Ferreira 7-6 (7-4), 7-6 (16-14). And third-seeded Michael Chang, a two-time ATP champion, defeated fifth-seeded Goran Ivanisevic 6-3, 7-5.

After Sampras came from behind to beat him year ago in Montreal, Enqvist said he almost resigned himself to believing he couldn't beat the never did."

Enqvist is not normally known for having a consistently big serve, but Friday he could have rivaled the biggest in the business.

The swede served 18 aces

Richard Moeller

Nielsen

(Ex-Danish national coach)
"I think I can give Finnish football a push forward."

After being appointed as the national coach of Finland.

Sports

WHIZZ KID

COMPETITION FOR SCHOOL CHILDREN

Announcement

TWO BITS OF A GOOD NEWS!

Hey kids! From next week, WHIZZ KID-51 to be precise, there will be a new format.

Two weeks to send in entries.

Two thousand taka worth of prize bonds to win every fortnight.



Sports WHIZZ KID competition-50

✓ Tick the Correct Answer

(Competition closes: 8 p.m. August 16, 1996)

1.	The fastest man in the Atlanta Olympic Games is	Sunn	Bailey	Fredericks
2.	Number of golds China won in the Atlanta Olympic Games are	12	14	16
3.	Who is the skipper of Nigerian Olympic soccer team	Amokachi	Kanu	Rashidi
4.	Who won the first ever Olympic gold for Burundi?	Batten	Chelemo	Niyongabo
5.	Pakistan won their first Olympic hockey gold in	1964	1960	1968

Name:
Class: Roll No:
School Address:
Phone: (if any)
Badminton

rankings

CHELTENHAM, England Aug 10: Leading world rankings issued by the International Badminton Federation on Friday reports Reuter.

Men	Points
1. Bang Jiong Jin (China)	367
2. Joko Suprianto (Indonesia)	305
3. Paul Erik Hoyer Larsen (Denmark)	295
4. Heryanto Arbi (Indonesia)	261
5. Rashid Sidek (Malaysia)	250
6. Allan Budu Kusuma (Indonesia)	244
7. Park Sung Woo (South Korea)	238
8. Ardy Wiranata (Indonesia)	238
9. Lee Kwang Jin (South Korea)	230
10. Thomas Stuer Lauridsen (Denmark)	216

Women

Points

1. Bang Soo Hyun (South Korea)	350
2. Ye Zhaoying (China)	340
3. Susi Susanti (Indonesia)	311
4. Camilla Marin (Denmark)	267
5. Mia Audina (Indonesia)	254
6. Han Jingna (China)	239
7. Wang Chen (China)	233
8. Kim Ji Hyun (South Korea)	225
9. Yao Yan (China)	224
10. Zhang Ning (China)	214

Great start for Gilder

LONDON, Aug 10: South Africa's fast bowler Gary Gilder, who flew in as a late replacement for Roger Telemachus last month, recorded career-best figures of 8-22 to skittle Worcestershire for 77 on Friday at New Road, reports AFP.

In all, 26 wickets fell on the day. South Africa lost their last eight wickets for 38 runs earlier in the day as well. Step aerobics

It cannot. Step aerobics are sufficient to tighten and reshape the thigh and hip buttock areas. If you are a busy person, this can be a problem.

Some people foolishly believe that step aerobics are sufficient to tighten and reshape the thigh and hip buttock areas. It cannot.

Step aerobics are part of the aerobics workout. Since we have rubber floor in our school Sweety is bare feet. But you must wear proper jogging shoes that are well padded. In between each position you will jump up and bring knee up to shoulders, jump and change sides. Do ten times each side.

Breathe normal.

Model: Sweety of Bengal School of Shotokan photo: Shehzad Noorani.

If you are not especially well coordinated, you may prefer to ride your stationary bicycle while watching television, reading the paper, or listening to music or self-help tapes. Even though you will have to ride the bike a little longer to burn the same amount of fat you would burn doing step aerobics or aerobic dance, it may be worth it, because at least the bike allows you to accomplish two things at once. In addition you'll save the travel time to and from the bench aerobics or aerobic dance class.

If you choose to ride the bike, set the tension at a very low range and enjoy rather than suffer the ride. Setting the tension low will ensure that you don't wear down your developing thigh muscles —

and that you burn only fat. It will also make the workout most pleasant and allow you to go for a greater length of time.

If you wish, you can use one of those bikes that has an attachment for your upper body to stimulate your arms, chest, and back as you bike. I hate those devices and find that biking is no longer fun when I try to use them, but if you don't mind them, then all the better. You get total body stimulation, but remember to set the tension low or you may wear down hard-earned muscle.

The above posture are part of the aerobics workout. Since we have rubber floor in our school Sweety is bare feet. But you must wear proper jogging shoes that are well padded. In between each position you will jump up and bring knee up to shoulders, jump and change sides. Do ten times each side.

Model: Sweety of Bengal School of Shotokan photo: Shehzad Noorani.

It is released by Southampton earlier this summer, has signed a 12-month contract.

The player, who played more than 600 appearances for Liverpool, trained with his new teammates on Friday and will debut against Manchester City today.

Argyle manager Neil Warnock said: "I have been after him for weeks and am delighted to have reached an agreement with him. I think he will give everybody a lift for what I believe is going to be a difficult season for us."

Warnock, who led the club to promotion from the Third Division in its first season in charge, said: "I realise he has got problems but what matters most in what he does on the pitch for us."

If you choose to ride the bike, set the tension at a very low range and enjoy rather than suffer the ride. Setting the tension low will ensure that you don't wear down your developing thigh muscles —

Model-1

Model-2

Emburey's new assignment

LONDON, Aug 10: England named former Test spinner John Emburey as assistant coach on Friday for their tour of Zimbabwe and New Zealand starting later this year, reports Reuter.

Connor took his tally of

wickets for the season to 49 by demolishing the Gloucestershire's first innings to help his side to a lead of 22 runs.

Hampshire reached 145 for three in their second innings before bad light and then rain brought a premature end to the day's play.

Connor's figures, four

wickets in six balls, eclipsed David Follett of Middlesex

whose eight for 22 against

Durham was the previous best

performance.

Off-spinner Peter Such

bowled Essex into a winning

position as Somerset were

forced to follow on at Taunton,

collecting six for 63.

Only Peter Bowler, with 88,

showed much resistance as

Somerset collapsed from 195

for three to 246 all out in re-

play to Essex's score of 465.

Graham Gooch contributed

201 for Essex the 12th double

Century of the former England

skipper's career.

Martin Speight made 92 not out to carry Sussex to 212 for seven in reply to Derbyshire's 320 on the second day of their match at Hove.

Neil Smith and Tim Munton

returned their best champion-

ship figures of the season as

Warwickshire moved into a

strong position against Durham at Edgaston.

Off-spinner Smith claimed

five for 76 in 41 overs and

paceman Munton took three in 14

balls to finish with three for 53.

The bottom county were

dismissed for 255, allowing the

champions to extend their

lead to 145 for 10.

And the home side plunged

deeper into trouble after fol-

lowing on 183 behind as Tim

Wren captured three for