BIRMINGHAM. England. June 21: Pakistan, whose acrimonious 1992 tour of England was marred by allegations of ball-tampering, are determined to have a trouble-free visit this year, manager Yawar Saeed said today, reports Reuter.

"We intend to play the game in its best traditions," Saeed said at a news conference shortly after the team's arrival here for their three-Test tour. "We are hoping for a trou-

ble-free tour. Our team are friendly and all know the England team well. So we expect better relations between the two sides.

"Our aim is to win and I am sure that spectators will watch some very fine cricket played in the best traditions of cricket.

Skipper Wasim Akram said he welcomed England's decision to appoint Lancashire's David Lloyd as their coach.

Akram, a key member of the Lancashire side in recent seasons, said: "David Lloyd is definitely one of the best coaches I have played under and I am sure I will enjoy playing against him."

Olympic torch visits White House

WASHINGTON, June 21: President Clinton gave the Olympic flame a proper, pomp-filled White House send-off on Friday and pointed it south to Georgia, reports AP.

The soggy South Lawn was no deterrent to cheering local torch-bearers, Olympic athletes and foreign ambassadors who gathered to bid the torch farewell to the strains of herald trumpets arrayed on the White House balcony.

Clinton held the torch for just an instant, passing it from torch-bearer Lang Brown, who works with local homeless teen-agers, to the next runner, Carla McGhee, who overcame serious injuries from a car accident to join the US women's basketball team for the Olympics.

The president used the moment to put in an appeal for national unity, saying every American must summon the Olympic spirit "to embrace those things that bind us together, never to succumb to those things that would keep us apart.

In an apparent allusion to the rash of arson fires at black churches around the country. Clinton added, "In the last several months, we have had to deal with some different kinds of flames, but it is this flame that represents the best of the United States of America. It was a nice thought any

The Olympic flame was to have burned all night on the White House lawn following Thursday's presidential arrival ceremony

But minutes after the ceremony ended Thursday night. the skies opened. At the end of a short but intense rainburst, the torch was out - but not the "mother flame," which was

A difference of opinion!

STOCKHOLM. June 21 Swedes do not want to host the Olympic Games in 2004 despite officials bidding for the event, a poll published on Thursday said, reports Reuter.

A survey by Pollster Demoskop found 40 per cent of 2,000 Swedes questioned were strongly opposed to hosting the Olympic Games and 19 per cent were indiffer-Only one out of ten people

believed the Games would be economically profitable for Sweden and half of those surveyed said it would have a negative effect on the environment, said the poll published in Swedish newspaper Dagens Nyheter. Swedish officials announced

late last year that Stockholm would try to win the 2004 Summer Games after nine unsuccessful attempts to secure the Winter Olympics Stockholm last hosted the

Summer Games in 1912 and also served as the equestrian venue of the 1956 Games held in Melbourne, Australia.

The International Olympics Committee (IOC) will unveil a short list of potential venues for the 2004 Games next spring with a final decision on September 5, 1997.

Last March the Swedish governmen' said it would back Stockholm's bid for the 2004 Olympics with a 2.5 billioncrown (368.1 million) dollar

guarantee. Provocative!

tonnes of cold, white marble

ATLANTA, June 21: Three

may never have been so hot. Rodin's "The kiss" came to Atlanta Thursday, where throughout the Olympic Games it will be the centrepiece of an exhibit on the compelling them of passion, reports AFP.

The Atlanta Museum of Art's showing of the 1886 piece with depicts a nude, embracing couple in a passionate kiss - is the first time it has been on display in the United States.

Museum officials were tight - lipped about precisely how Rodin's couple was transported here from the Rodin Museum in Paris and how long

the sculpture would stay. The sculpture is part of an eclectic exhibit here entitled "the rings, five passions in the art world." It opens July 4, featuring 125 internationally known paintings and sculptures.

Russell rallies England

LONDON. June 21. England were all out for 344 on the second day of the second cricket Test against India at Lord's today, report

Scores: England 344 in 130.3 overs (J Russell 124, G.

At lunch, wicketkeeper Jack Russell scored the second century of his Test career to put his team in control. Russell had steered England to 300 for six.

Russell's 106 not out came just six days after he was honoured by the Queen with an MBE (Member of the Order of the British Empire) for his services to English cricket. Russell began Friday batting

LATEST

India were 83 for two at stumps on Day Two of the Lord's Test last night. They lost both openers Vikram Rathore and Navan Mongia cheaply. - Source: BBC.

confidently and aggressively. He wasn't troubled by the second new -ball, and pulled pacemen Javagal Srinath. Venkatash Prasad and Paras Mhambrey to the boundary once each, and also hit a cracking backfoot cut forward of point for four off Srinath.

On 98 he cut Mhambrey passed gully, and after completing the second run which brought up his 100, jumped high into the air and waved his bat to the crowd. He hit 11 fours on the way

seven years after he first hit three figures against Australia at Old Trafford in 1989. Thorpe began the day with a sweetly-timed cover drive to the boundary off Srinath, tak-

ing him to 89 not out and in

reach of his third Test hun-

to his century, which came

But in the third over of the day Srinath sent down a short, quick delivery which Thorpe chopped onto his stumps, ending a innings-saving 136-run partnership with Russell, and making the score 243 for six.

LONDON, June 21

(Reuter): When

Pete Sampras br-

eezed into Lond-

on for Wimbledon

last year, his ad-

vice to "forget Paris" was more

than a witty reference to a

It was an entirely apt com-

ment in view of his first round

French Open defeat by

Australian Gilbert Schaller.

which had followed a con-

certed buildup on clay in

search of the one Grand Slam

Queen's Club and then, three

weeks later, he added his

third successive Wimbledon

get Paris this year, but for dif-

ferent reasons following the

extreme exhaustion after three

five-set battles in the five

matches that took him into the

semifinals at Roland Garros -

Sampras again wants to for-

Yet he went on to win the

title to elude him.

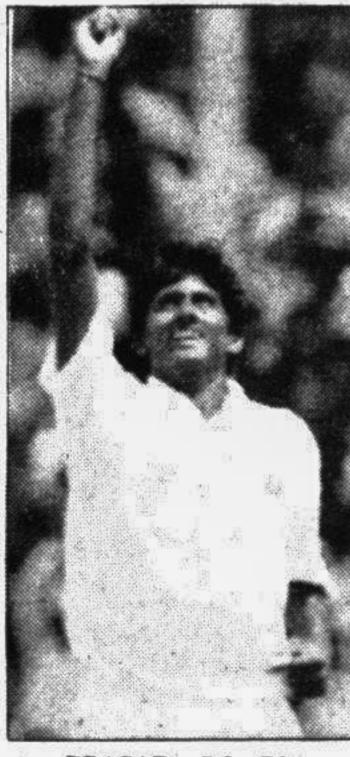
movie then doing the rounds.

Lewis came to the crease and hit two on-side boundaries on his way to 16 not out. helping Russell push the score to 300 in the last over before lunch.

On Thursday, a gritty, unbroken partnership of 131 between Graham Thorpe and Jack Russell rescued England from the brink of disaster and led them to a position of some strength at the close of the first day.

When bad light stopped play with 10 overs remaining, the two left-handers had taken England to 238 for five with Thorpe on 85 and Russell on

On an absorbing day where the overcast conditions gave considerable help to the Indian bowlers, it marked a superb fight back. The pair had come together at 107 for five after England lost three wickets in the space of 18 balls in



PRASAD... 5 for 76 the afternoon session.

Thorpe was the most fluent of the English batsmen but he

ironically after virtually no clay

court buildup because of death

lost in straight sets to eventual

champion Yevgey Kafelnikov -

left Sampras so physically and

mentally drained that be

skipped Queen's Club and re-

turned home to Florida to play

a little golf, watch a few videos

and generally take time-out of

On his return to England,

he appeared to have put the

agony of Paris behind him and

was focusing on his attempt to

become the first man to win

four consecutive Wimbledon

titles since Bjorn Borg took

five in succession a row from

alongside John McEnroe and

Boris Backer among modern

players and Sampras feels he

deserves to be rated along with

the greats of the past.

The three he owns put him

tennis for a few days.

1976 to 1980.

This year's experience — he

of his coach, Time Gullikson.

curbed his natural attacking instincts as he and Russell combined to frustrate the Indian bowlers who failed to make the most of the condi-

As the partnership flourished so Russell became more dominant. While Thorpe was content for much of the time to push the quick single and keep his wicket intact for the second day Russell began to take advantage of some tired bowling.

His 50 came up of 88 balls and included five fours and shortly afterwards a classic straight drive off Venkatesh Prasad raised the century partnership.

In the end it proved a good day's work for England, who brought in seamer Peter Martin for the left-arm spin of Min Patel, but the Indians let themselves down.

Javagal Srinath and Prasad bowled well early on and beat the bat time after time. But the lack of depth in the attack. which led to too many balls that the batsmen did not have to play, and the indifferent form of leg-spinner Anil Kuble, let England off the hook.

SCOREBOARD

Scoreboard on the second day of the second cricket Test between England and India at Lord's on Friday:

ENGLAND: First innings (overnight 238-5) M Atherton Ibw b Srinath A Stewart b Srinath N Hussain c Rathore b Ganguly G Thorpe b Srinath G Hick c Srinath b Ganguly R Irani b Prasad J Russell c Tendulkar b Prasad 124 C Lewis c Mongia b Prasad D Cork c Mongia b Prasad P Martin c Tendulkar b Prasad A Mullally not out Extras: (b-13, lb-11, nb-14) Total: (130.3 overs) Fall of wickets: 1-0; 2-67;

3-98; 4-102; 5-107; 6-243; 7-326; 8-337; 9-343. Bowling: Srinath 33.3 76 10 Prasad 58 Mhambrey 19 30 Kumble 15 49 Ganguly Tendulkar

(Incomplete) Pete recalls Paris well

"I think I have already

proved I am up there with

those guys," he said, adding

that he feels the game has

moved on since the years from

1976 to 1984 that saw Borg

"It looks to me as though

Sampras will need all the

and McEnroe claim their suc-

they were playing in slow mo-

tion. The game has changed a

preparation he can get by Mo-

nday, as much for his opener

against Richey Reneberg, a

compatriot who has beaten

him twice on other surfaces, as

for his projected battle in

round two with giant Austr-

alian teenager Mark Phili-

ppoussis, who beat him 6-4, 7-

7. 7-6 in the third round of

this year's Australian Open in

huge serve who has proved he

can beat me," Sampras said.

"He's a very big hitter with a

lot in 10 years," he said.

Jack Russell the gritty England wicketkeeper is in full flow as he smacks a cover drive off the back foot while counterpart Nayan Mongia anticipates behind the stumps on the first day of the second Test at Lord's. - AFP/UNB photo

Pakistan sweep the series

THE HAGUE, June 21: Pakistan warmed up for their forthcoming tour of England with a crushing 148-run win over the Netherlands in the second of two one-day international matches in The Hague on Thursday, reports Reuter.

Batting first under a cloudy sky, the tourists rattled up 263 from their 50 overs with halfcenturies from Shahid Anwar. Kabir, Asif Mujtaba and former captain Salim Malik. The pick of some wayward

Dutch bowling came from ex-Hampshire bowler Paul-jan Bakker who took four for 27 from his tight 10-over spell. In reply, the Dutch amateurs never got going and they

were all out for 115 in 45.1 On Wednesday in their first match. Pakistan struggled to reach the Dutch total of 182 for eight, only passing it with ll balls to spare and two

wickets in hand. SCOREBOARD

Scoreboard of the second one-day cricket match between the Netherlands and Pakistan on Thursday:

PAKISTAN Shahid Anwar c Smits b Cantrell Saeed Anwar c Boerstra a Bakker Kabir c Zuiderent b De Leede Asif Mujtaba c De Leede b Sleijffers Salim Malik c De Leede b Sleijffers Wasim Akram c De Leede b Bakker Moin Khan st Smits b Sleiffers Wagar Younis c Gouka b Bakker Ataur Rehman not out Saglain Mushtag c Boerstra b Bakker Mushtag Ahmed run out Extras: (w-6)

Total: (50 overs) Fall of wickets: 1-5; 2-99; 3-133: 4-239: 5-248: 6-249: 7-249; 8-254; 9-254. OMR Bowling 10 2 27 Bakker 42 0 Van Dijk 0 59 Boerstra 10 Cantrell

10

0

0 63

NETHERLANDS e. Gouka c Khan b Rehman p. Cantrell c Muitaba b Younis De Leeds c Khan b Rehman B. Zuiderent Ibw b Rehman Van Noortwijk b Mushtag A. Zulfigar run out H. Boerstra c Akram b Ahmed Smits c Akram b Ahmed Van Dijk b Mugaba Bakker st Khan Muitaba Extras: (nb-8, w-7)

De Leede

Sleiiffers

Total: (45.1 overs) Fall of wickets: 1-31; 2-38; 3-39; 4-55; 5-85; 6-99; 7-105; 8-110: 9-110.

Bowling 19 Wasim Wagar 17 0 Saglain 21 14 Shahid Anwar 15 Multaba Rehman 20 Results: Pakistan won by

148 runs

Seles moves into semis

EASTBOURNE, England, June 21: Joint world number one Monica Seles stayed on course in build-up to Wimbledon by overpowering Argentine qualifier Ines Gorrochategui to move into the semifinals of the Eastbourne tournament today, reports Reuter Seles, 22, playing in her

first grass court tournament in four years, won the delayed quarterfinal 6-3, 6-1 in 61 minutes.

The Yugoslav-born Seles. who is suffering a nagging shoulder injury, faces a busy schedule today after rain washed out play on Thursday. She will meet France's

Nathalie Tauziat, the defending champion, in a semifinal later today. Tauziat beat American Lisa Raymond 6-2, 6-0 in her quarterfinal today. It was Seles' second match on grass since the 1992 Wim-

ranked 83 in the world and.

played under a leaden sky as

Gorrochategui began to make

first and fifth games.

too many errors.

bledon final, which she lost to Steffi Graf, as he continues her comeback following the April. 1993, stabbing in Hamburg. Seles beat US compatriot Meredith McGrath, the 1994

champion, in the second shoulder injury, she is the loground on Wednesday after having a first round bye. The top seed, playing in the event for the first time, began slowly against Gorrochategui.

Gorrochategui, 23, held break points against the ninetime Grand Slam winner in the But Seles eventually assumed control in a match

Hamburg in April . 1993. She was runner-up to the German at the US Open last September and then collected her ninth Grand Slam title at

Windies ring in changes perately needs a new vision

CASTRIES, St. Lucia, June 21: The organisation that administers West Indies cricket has dropped the word "cont-

rol" that had been part of its title since its formation in 1927, report agencies. A statement from secretary

Andrew Sealy on Wednesday said the group long known as the West Indies Cricket Board of Control would henceforth be known as the West Indies Cricket Board. The use of control in its

name "did not speak of the attitude which was now being brought to its deliberations and decision making," Sealy added, in the statement issued after a two-day board meeting that ended Tuesday.

It was the first meeting chaired by new board president Pat Rousseau, a 62-yearold Jamaican business executive who was elected at the board's annual general meeting in Kingston, Jamaica, last

"West Indies cricket is at a very critical stage and it desand direction," Rousseau said at a news conference Wednes-

"Our aid should be to unify the board, the territories and the players behind the common objective of producing the best cricket team in the world and resuming the position as the number-one team in the world both in Tests and oneday cricket," he said.

The board plans to hold a retreat in Barbados July 25-27 to draft a blueprint for the development of West Indies cricket, taking into account its strengths and weaknesses. Sealy said.

The retreat will be presided over by former Barbados and Jamaica all-rounder Teddy Griffith, new head of the board's marketing committee. Among the 20 former West Indies players and coaches scheduled to participate are Clive Lloyd, Viv Richards, Lance Gibbs, Rohan Kanhai, Wes Hall, Malcolm Marshall and Reg Scarlett.

The board also plans to spend 50,000 dollars a year to create a restructured players

association for regional and international players.

After the meeting it was confirmed that former captain Clive Lloyd and leading fast bowler Malcolm Marshall will be working as manager and coach respectively during West Indies' tour of Australia this

Chief executive officer Steve Camacho said Marshall, the leading wicket-taker in West Indies. Test cricket with 376 victims, would automatically join the five-man selection

marshall's first duties will come in mid-August when he joins fast bowler Courtney Walsh, who has been named as captain for the Australia tour. in the expanded selection panel to choose a 16-member The other members of the

selection panel are chairman David Holford, Joe Solomon and Easton McMorris, all former Test players. Former Test batsman and the West Indies under-19

coach Augustine Logic was also given permanent appointment to the board along with Lloyd and Marshall.

Wells whacks Yorkshire



LONDON. June 21: If current leaders Yorkshire fail to land their first champion ship pennant sin-

ce 1969, they will doubtless remember the first day of their match against Leicestershire at Bradford on Thursday with some regret, reports Reuter.

And they will also curse opener Vince Wells who really made the Yorkshire bowlers toil as he compiled a careerbest innings of 200 (two sixes and 33 fours) in a mammoth Leicestershire total of 461 for

Wells, dropped on 24, did not actually know of his achievement until the end of play. When he was dismissed the scoreboard showed him on 198 but a six had only been given as a four and it was only after the close that the umpire corrected his score by adding the two runs.

start and shared big partnerships of 153 with West Indian Phil Simmons (69) and then 218 with captain James Whittaker who ended the day 119 not out. Another West Indian in the

Wells was in fine form the

runs was Durham's Sherwin Campbell, who hit 69 in an opening partnership of 130 against Surrey. Durham then slipped to 242 for eight but a record ninth wicket partnership for the county of 127 be tween Dave Ligertwood (56) and Simon Brown (60) saw them reach 377.

239 in his last outing with 125 for Derbyshire who went on to reach 321 against Middlesex. for whom left-arm spinner Phil Tufnell chipped in with five for

And former England opener Tim Robinson (84). Ashley Metcalle (78) and New Zealander Chris Cairns (80 not out) all weighted in as Nottinghamshire made 332 for five against Gloucestershire. Elsewhere the ball domi-

nated. Warwickshire's South African import Shaun Pollock finally struck gold with four for 60 although he was upstaged by Dougie Brown with five for 68 as Kent were bowled out for

By the close Mark Ealham had struck back with three wickets as Warwickshire struggled to 42 for four.

Rain affected the two games which were into their second day, at Southampton, Hampshire were finally all out for Chris Adams followed his 394 before reducing Northamptonshire to 58 for six while at Bath. Somerset fast bowler Andy Caddick was also making his presence felt.

> Looking to repain his England place, Caddick tore into the Worcestershire line up taking seven for 83 and cracking David Leatherdale's knuckle as Worcestershire were all out for 194.

Wimbledon waits to exhale

But her comeback has been

the Australian Open in January

a stop-start affair, caused

chiefly by a left shoulder injury

diagnosed as Tendinitis and a

tear in the lining of the socket

February to mid-May and was

beaten in the French Open

quarterfinals by Jana Novotna.

a four-year absence at East-

bourne on Wednesday when

she beat experienced Ameri-

can Meredith McGrath 6-2. 6-

MONICA SELES

not there. My mind wandered

away from the tennis court.

said Seles, who was annoved

she had left slip opportunities

"I can't let that happen at

Seles said she was having

two hours of treatment each

day on her shoulder and

wanted to put off any thoughts

of surgery until after the US

Open in September in a season

hind Graf and takes on Ameri-

can Ann Grossman in her

to break McGrath in the sec-

but upbeat afterwards.

ond set.

Wimbledon

But she sounded anything

The ratch toughness is

Seles did not play from

She returned to grass after



LONDON, June 21 (Reuter): Four vears ago her grunting captured the headlines. This time the fanfare is more for the return of Monica Seles to the hallowed

lawns of Wimbledon after a four-year absence. In 1992 when she last played at Wimbledon, Seles was caught up in a controversy over the loud grunts which did

- and still do - accompany practically every shot she hits. Frenchwoman Nathalie Tauziat was among opponents to complain, even Martina Navratilova said she found it distracting and the issue dominated British newspapers.

loss to Steffi Graf in the final the only Grand Slam title she did not win that year. But close followers of the game believe the matter had an effect on Seles, who tried to

tone down the grunts in the

rain-affected final although

as an excuse for her 6-2, 6-1

Seles never tried to use it

Graf also played brilliantly. "I thought it was funny," she said at Eastbourne on Thursday. "Maybe it was tough going into a few matches and then into the final, but being the daughter of a cartoonist I took it in good humour.

Now the Yugoslav-born American is back at the age of 22, still the only player threatening Graf's dominance of the women's game in which they are ranked joint first. Despite concerns over a

ical hurdle on Grafs path towards a seventh Wimbledon crown, a 20th Grand Slam singles title and the 100th tournament win of her career Wimbledon will be Seles's

fourth Grand Slam tournament since her comeback last August after her 1993 stabbing by a Graf fan at a tournament in

that also includes the Olympics and Fed Cup. "Everyday I wake up and it is hurting, it plays on your mind, but this is a very special year," Seles said: She is seeded second be-

opening match with possible battles against German Anke Huber in the quarter-finals and Arantxa Sanchez-Vicario in the

Graf's fifth French Open title moved her past Chris, Ev ert and Martina Navratilova's 18 career Grand Slam singles titles and is second only to Margaret court's 24.

It is testimony to her determination after a year of family drama with her father held in prison on tax avoidance charges.

But the German pulled out of Eastbourne with a knee complaint, spoiling the chance of a pre-Wimbledon meeting with Seles.

She faces Czech Ludmila Richterova in her opening match and is drawn to play third seed Conchita Martinez. the 1994 champion, in the semifinals.

Ahead of that lie possible clashes with Swiss 15-year-old Martina Hingis in the fourth round and Czech sixth seed Novotna, who should have beaten her in the 1993 final.

in the quarters. Novotna, 27, has the talent but also a notoriously brittle temperament.

But Graf v Seles for the title is the match most fans will want to see.

Kuzenkova's cruel fate

SYDNEY, June 21: Russian athlete Olga Kuzenkova will be stripped of her women's hammer world record because of a failure by Australian officials to properly conduct a mandatory drug test, a Sydney newspaper reported on Thursday, reports Reuter.

Kuzenkova set a new record of 69.46 metres at a minor meeting in Sydney four months ago. But the distance will not be ratified by the IAAF. the sport's ruling body, after the mix-up, the Sydney Morning Herald said.

Meherobic Doing the right thing ence pain overload, if you feel cise, don't do it. Trust your NJURIES will occur in evdiscomfort in doing any exermind, listen to what it says. en the best-designed clasees. Although the emphasis should be on prevention which means a safe exercise environment. Some exercises

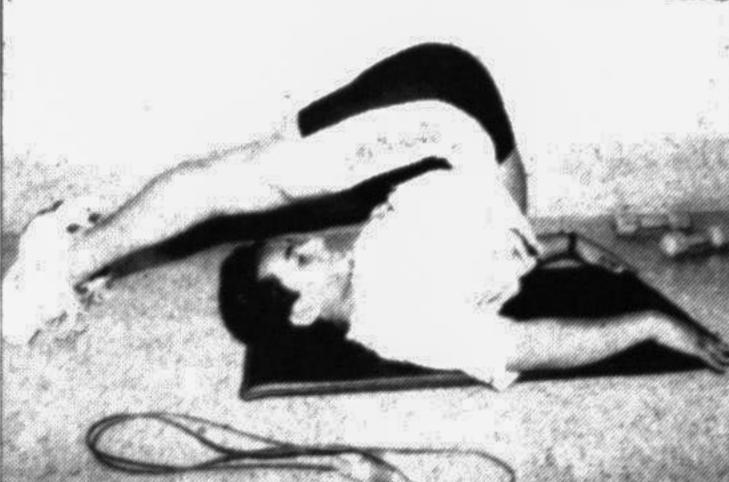
tially harmful. The plough puts great stress on the cervical and thoracic vertebrae (as shown in the picture), compressing some of the vertebrae and causing the supporting ligaments of others to stretch. Extending the legs overhead adds the load of the body's weight to these stressed areas. Although some participants may choose to do this yoga exercise on their own. It is not appropriate for a large danceexercise class. Replace the plough with the cat stretch (as shown in the picture)

are considered to be better

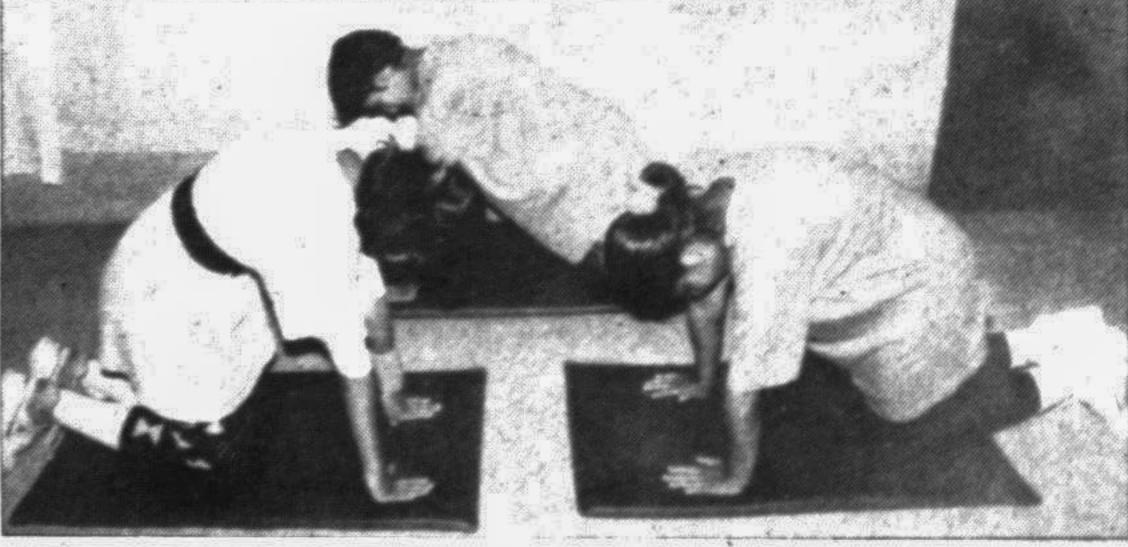
than others, and some poten-

ders at all times. Remember there is a differ

Avoid standing on the shoul-



This exercise puts great stress on the cervical and thoracic - Star photo vertebrae



Replace cat stretch with 'plough' to stretch your upper back.

- Star photo