

### Muster turns his back on Atlanta

LONDON, June 14: World number two Thomas Muster said on Thursday he will not compete in the Atlanta Olympics next month because he believes tennis does not belong in the Games, reports Reuters.

The 28-year-old Austrian said professional tennis had its own major prizes and the Games were about the more traditional Olympic sports.

"It's my personal opinion, but it's the greatest thing for a swimmer of a track and field athlete. They work four years to get there," Muster said of the Olympics.

"A tennis player has four Grand Slams a year ... every week there is a goal."

"I don't think it's right that tennis is there and that's why I think I shouldn't play."

Muster's comments came after he had secured a place in the quarterfinals of the London grass court championships with a 6-2, 6-4 third-round win over Russian Andrei Olhovskiy.

Muster, played in the 1984 Olympics when tennis was a demonstration sport and in 1992 when it was part of the main programme, said he had never intended to play in Atlanta when he finalised his 1996 schedule.

The Olympic Games start on July 19.

### Seles to play at Eastbourne

STAMFORD, Connecticut, June 14: Monica Seles has officially entered next week's women's grass court tournament in Eastbourne, England, the Women's Tour has announced, reports Reuters.

It will be her first appearance at the event which has been running for more than 20 years.

Seles joins an elite field which includes nine of the top 15 in the world including Steffi Graf, Conchita Martinez, Jana Novotna, Chanda Rubin, Lindsay Davenport, Mary Joe Fernandez, Kimiko Date and Mary Pierce.

Her last performance on grass was at Wimbledon four years ago when she reached the final against Graf after having beaten nine-times champion Martina Navratilova in three sets.

Despite a shoulder injury that has caused her to miss some events this year, she has won two titles including her ninth Grand Slam crown at the Australian Open, and has 17-2 won-lost record for the year.

### HK, last time under the colonial flag

HONG KONG, June 14 (AP): For Hong Kong, the Atlanta Olympics will symbolise one more farewell to the empire.

The games are the last in which Hong Kong is competing under the British flag. In July next year the colony returns to Chinese rule.

But that doesn't mean Hong Kong sports will vanish into China's embrace. Assuming Beijing keeps its promise of a high degree of autonomy, Hong Kong will retain a separate status in international sports.

At the Sydney games in 2000, Hong Kong will fly its own flag, which features the five-petaled bauhinia flower.

Con Conway, vice president of Hong Kong's Amateur Sports Federation and Olympic Committee, says Chinese officials repeatedly stress that Hong Kong will keep its separate sporting status.

Hong Kong sport has never taken orders from Britain, and won't have to take orders from China either, Conway said in an interview.

If sport is one of the less controversial aspects of the change of sovereignty, one reason may be its low priority in a colony which prizes academic success above all else.

Having never won a medal in 44 years as an Olympic participant, Hong Kong is pinning its 1996 hopes on windsurfer Lee Lai-shan, known to her fans as "San-san".

Lee, 25, placed 11th at the Barcelona Olympics in 1992, finished as world champion in 1993 and 1994, and recently confirmed her No. 1 ranking at a competition in France.

As for the other 30 athletes Hong Kong plans to send to Atlanta, Conway only asks that they do their best.

"If you better your Hong Kong record, we will be pleased," he said. "If you get into the final rounds, get into the quarterfinals of semifinals, we'll think you have done remarkably well."

Beijing's opening to the West, China's sporting know-how and its imminent recovery of Hong Kong add up to a boon for the colony's athletes.

Cyclist Wong Kam-po, 23, is practicing with Chinese coach Shen Jinkang, who used to train the Chinese national team.

"He is the best coach we have had. Our Olympic hope in cycling rests on him," Wong said.

While thousands of Hong Kong people have emigrated rather than deal with the uncertainties of the 1997 change of sovereignty, Hong Kong's Olympic hopefuls say they are staying put.

"1997 will do Hong Kong good," Wong said. "China is so strong in sports. We will have more exchanges and share more experiences."

## Goran gunned down by Stefan



LONDON, June 14: Stefan Edberg produced a vintage display to bounce third seed Goran Ivanisevic out of the London grass court championships on Thursday, but had to share the spotlight with German Boris Becker, reports Reuters.

Becker, playing on the court that heralded his rise to tennis stardom became the first player since John McEnroe in 1989 to win 100 career matches on grass with a 6-4, 6-2 win over American Jonathan Stark in just over an hour.

The German second seed was in peerless form as he disposed of the world 131 ranked Stark to reach his eighth quarter final at Queen's.



STEFFAN EDBERG

Club. It lifted his record to 100-19 on grass.

Edberg, 30, playing in the tournament for the last time before retiring from competition at the end of the year, continued his golden form with a 6-7 (3-7), 6-2, 7-6 (7-4) win over world number seven Ivanisevic.

The popular Swede, who lives in London, posted his second win in four weeks over Ivanisevic. He beat him in the third round at the Italian Open last month.

Ivanisevic, 24, had strapping put on his right leg when down 5-4, but broke through a sizzling forehand service return.

But in the tiebreak, the Swede gained a vital advantage when Ivanisevic double faulted to trail 3-1. He went on to take it 7-4 on his first match point when the Croat hit a forehand just wide, which he thought had gone in.

Earlier world number two Thomas Muster also showed his acclimatisation to grass was gathering steam, beating dangerous Russian Andrei Olhovskiy 6-2, 6-4 in 56 minutes.

Edberg, a former world number one now ranked 26th is also edging towards 100 wins on grass.

He posted his 96th in setting up a quarterfinal against American Todd Martin, the sixth seeded 1994 winner who had a 6-3, 6-7 (8-10), 6-3 win over Canadian Sebastien Lareau.

"A record is a record," said Edberg. "I think I have a good chance because I'm playing next week (in Halle, Germany)."

Edberg, the 1991 winner, was buoyant afterwards. "I feel I'm playing good tennis," he said, singling out his returns as the key to his performance.

"I'm really enjoying myself, it's a great feeling to be able to stay with the big guys."

Edberg, who has rejoined former coach Tony Pickard since the French Open, where he made the fourth round, said he was aware something was wrong with Ivanisevic in the second set.

"He went from serving incredibly well to just pushing the ball over," Edberg said.

"But after treatment and the strapping, he started to play a lot better and actually played pretty well in the end, although he took some pace off his serve."

Ivanisevic said the injury was in a tendon behind his knee but he would be fit for Wimbledon.

"I felt pain after the first set. Every time I started to serve it hurt but I didn't lose the match because of it," Ivanisevic said. "He returned and passed very well."

Becker surprised even himself in only his second match back after injury forced him out of the French Open.

The Centre Court at Queen's Club is where Becker won his

first title in 1985 just before claiming the first of his three Wimbledon crowns. He said it was an appropriate venue for Thursday's milestone.

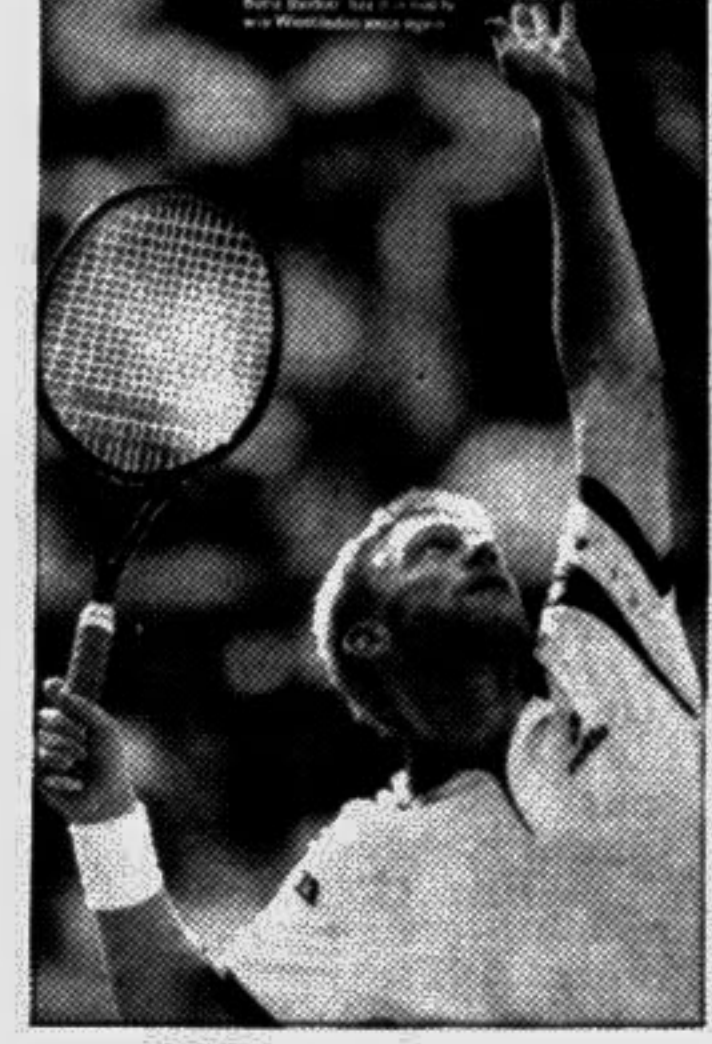
"I stopped counting after the first couple, but I heard yesterday I was one win away so today was a special day for me, the German world number four said.

"I'm always a big fan of the history of tennis ... I always keep track of specific records."

He next faces Australian Pat Rafter, a 6-2, 6-1 winner over Italy's Gianluca Pozzi.

Muster notched his second win on grass in England and only the third of his career.

In contrast to his hard fought victory over Frenchman Guillaume Raoux on Tuesday, he was always in charge against



BORIS BECKER

an out of sorts Olhovskiy.

"I think I got my timing better today, especially on my returns," the top seed said.

But he said the intricacies of grass still did not come easily.

He next faces Australian seventh seed Mark Woodforde, who beat Czech Petr Korda 6-1, 6-4.

French Open finalist Michael Stich also advanced, beating American David Wheaton 6-4, 7-5 to set up a meeting with South African Wayne Ferreira, who was leading 6-4, 5-1 when Australian Todd Woodbridge retired with a back injury. Ferreira is seeded fourth.

### Lord's opens its doors for ladies

LONDON, June 14: History was made at Lord's on Thursday when women were allowed to watch cricket from the pavilion for the first time in the ground's existence stretching back well over 200 years, reports Reuters.

The occasion was the first of three one-day internationals between the England and New Zealand women's teams which the visitors won by eight wickets with 16.5 overs to spare.

The spectators in the pavilion were also granted a perfect view of two male streakers who tried to enliven proceedings.

Officials have not yet decided whether the experiment of allowing women into the pavilion will be repeated for men's cricket matches.

### Close call for Schultz

BIRMINGHAM, England, June 14: Top seeded Brenda Schultz McCarthy encouraged by 50 Dutch soccer fans in the gallery, had to struggle to survive a David and Goliath battle in the third round of the DFS women's tennis classic on Thursday, reports Reuters.

Schultz McCarthy who is 6ft 2in (1.88 metres) tall finally beat 5ft 0-1/2in (1.53 metres) Italian Gloria Pizzichini 6-7, 6-3, 6-3 to reach the quarterfinals of this Wimbledon warm-up event.

Pizzichini, ranked 52 in the world, 42 places below her rival, won the first set after losing a 5-2 lead and then, at 3-3 in the second set, had three break points.

"That was the turning point," said Schultz McCarthy. "If I hadn't saved those break points it would have been very difficult, because on these courts it is hard to break back."

"But it was a good match for me to win. Not many people return my serve as well as Gloria did today."

Schultz McCarthy has the fastest serve in the women's game and was timed at 121 mph at the Australian Open in January. But she hopes to be a bit quicker at Wimbledon.

After her victory, Schultz McCarthy went off to see the Netherlands Euro '96 match with Switzerland at nearby Villa Park.

Third-seeded Natasha Zvereva of Belarus, struggling with a knee injury crashed 6-1, 6-0 to American Meredith McGrath, but the bigger surprise came from McGrath's compatriot Lori McNeil, the sixth seed who was beaten 6-3, 1-6, 6-3 by Christina Siger of Germany.

### 'Operation Olympus' in full gear

ATLANTA, June 14: In a sweep coordinated by federal marshals, officers from 23 law enforcement agencies made 765 arrests over the past 10 weeks to reduce the crime threat to Olympic visitors, authorities said Thursday, reports AP.

The sweep, dubbed "Operation Olympus," resulted in 428 arrests in the Atlanta area, 241 in Macon and Columbus, Georgia and 96 in Birmingham, Alabama.

Because some of the suspects face multiple charges, the arrests cleared up 985 outstanding warrants, federal authorities said.

"Olympus targeted career criminals," said Robert McMichael, US marshal in Atlanta. "Criminals with a history of a crimes against persons were the main object."

With about 2 million visitors expected for the Olympics, security has been a longstanding concern. Until now, attention has centered mostly on preventing terrorism rather than street crime.

Such multi-agency sweeps are not unusual, but this one was larger than most.

"The message is people should feel good about coming to Atlanta," said US Attorney Kent Alexander. "People who could do harm during the Olympics are now off the streets."

Authorities hedged on how much of a bite the crackdown actually would take out of the Olympic crime threat.

Known racketeer violent offender doesn't have time to work a legitimate job — they're going to have to commit crimes for survival," said Cobb County Sheriff Bill Hutson, whose department took part in the sweep.

"So we can make an assumption that by taking them off the street, we will reduce crime. But I can't give you numbers," he said.

Authorities acknowledged that some of those arrested in the sweep could be back on the streets before the Games if freed on bond before the July 19 opening ceremony.

McMichael said, however, that repeat offenders and probation violators would probably have a difficult time being freed.

Another potential problem is the strain the arrests could put on overcrowded jails. But law enforcement officials minimized that prospect.

Although Atlanta is the site of most Olympics events, Birmingham is holding preliminary soccer competition and may visitors will be staying in Macon, about 80 miles (128 kilometres) south of Atlanta.

## Deadly Devon exposes India



DERBY, England, June 14: A gutsy 74 not out from Nayan Mongia was all that stood between India and humiliation on Thursday after England reject Devon Malcolm gave the selectors a timely reminder of his fast bowling potential, report agencies.

Malcolm publicly blamed by England manager Ray Illingworth for the loss of the fifth Test against South Africa in Cape Town in January, took four for 60 as Derbyshire reduced the Indians to 110 for eight on the first day of their

four-day match.

The Indians, still smarting from defeat in the first Test against England at the weekend and without leading batsman Sachin Tendulkar, who was rested, fought back to reach 229 and by close of play Derbyshire had reached 80 for three wickets.

Bowling with genuine pace and accuracy on a greenish pitch, Malcolm had opener Vikram Rathore caught behind by wicketkeeper Karl Krikken for two, bowled Saurav Ganguly for a duck and then removed Javagal Srinath for one.

He got good support from the other end as Andy Harris collected three wickets and another former England man, Phil DeFreitas, added to India's woes when he trapped captain Mohammed Azharuddin lbw for 21.

Wicketkeeper Mongia, though, who may well find himself opening in the Lords Test next week, stood firm for just under four hours as the last two wickets added 119.

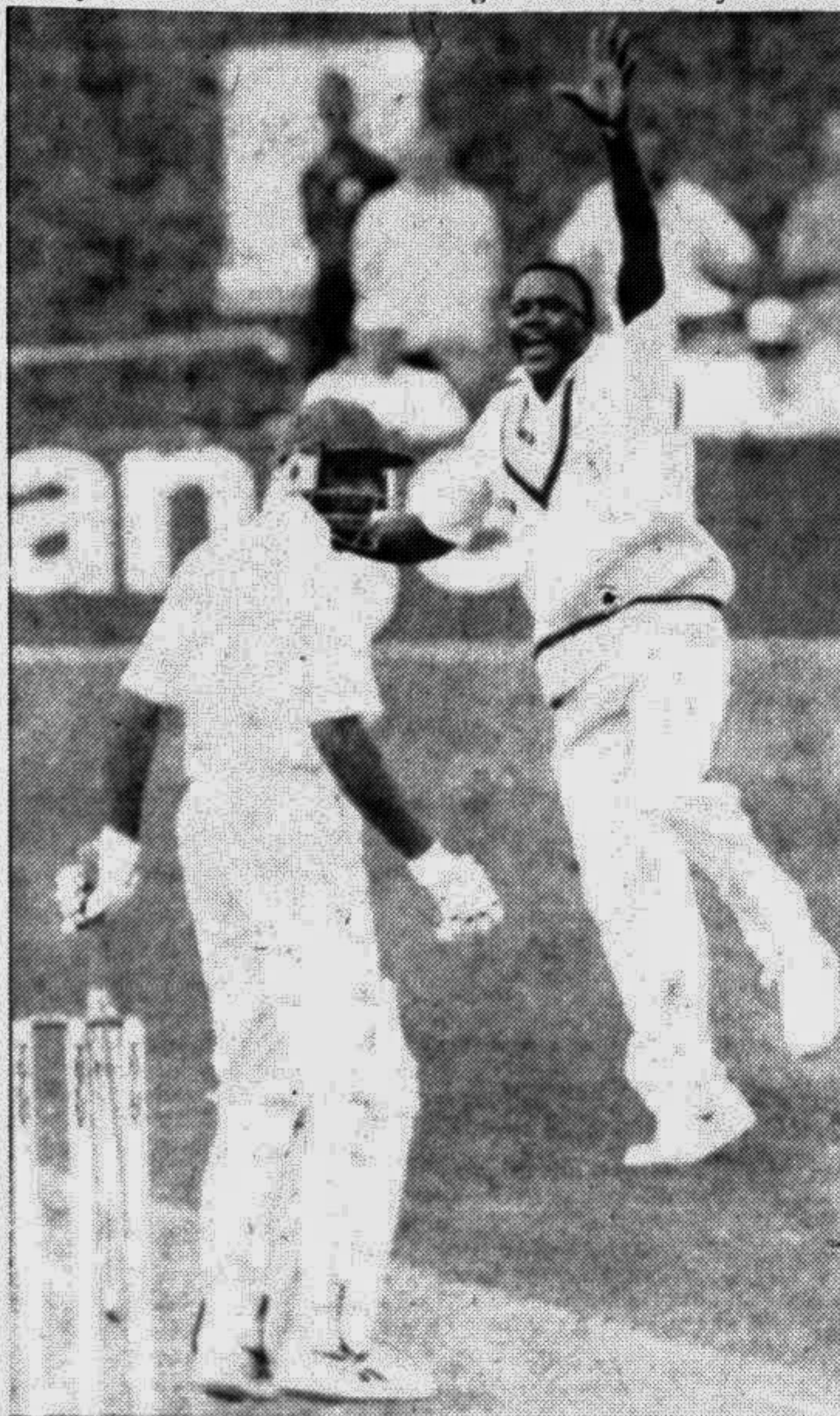
In the second session Mongia shared a 58-run partnership with Sali Ankola, the new face in the Indian line up, and a 61-run partnership with No. 11 Venkatapathy Raju (31) to give a little respect to India's total.

Ankola's career-best 45 included two sixes and six fours from only 35 balls.

Ankola also made the first breakthrough in the Derbyshire innings when he had Tim Tweats caught behind in the eighth over.

Faras Mhambrey bowled Adrian Rollins and leg-spinner, Anil Kumble trapped Chris Adams lbw with his first ball.

Kumble showed a welcome return to form and gave the country's Australian captain Dean Jones a testing time as he conceded just seven runs from his eight overs.



The fiery Derbyshire fast bowler Devon Malcolm unsuccessfully appeals against Indian skipper Mohammed Azharuddin during their tour match at Derby June 13. Azhar later got out to Philip DeFreitas but Malcolm was the wrecker-in-chief with four wickets. — AFP/UNB photo

Friendly hockey

MILTON KEYES, England, June 14: Results on Thursday from an Olympic warm up hockey tournament:

MEM: Britain 1 Germany 3 Netherlands 4 Pakistan 2 WOMEN: Britain 1 Spain 0 Germany 4 Netherlands 1

## Netherlands show mettle



BIRMINGHAM, June 14: Second half goals from Jordi Cruyff and Dennis Bergkamp gave the Netherlands a 2-0 victory over plucky Switzerland at Villa Park on Thursday, virtually guaranteeing them a place in the last eight of Euro '96, reports Reuters.

The Dutch lead Group A with four points.

The Swiss had marginally the better of the first half but were unable to capitalise on their sharper play.

As the second half progressed, the Dutch gradually took control and deservedly went ahead after 66 minutes when Cruyff, son of the Netherlands' greatest player, Johan, scored with a well-struck left-foot shot.

It was his first goal for the Netherlands in only his fifth appearance and fully justified his decision to play for his father's country rather than his homeland of Spain where he plays for Barcelona.

Thirteen minutes later Bergkamp sealed the victory when he shot home at the second attempt after goalkeeper Marco Pascolo blocked his first shot.

Dutch goalkeeper Edwin van der Sar made the goal with a huge clearance upfield.

Bergkamp's goal was his 25th in 47 international appearances.

Bookmakers shortened the Dutch's odds of winning the tournament of 5-1 from 6-1, making them joint third-favourites with France behind Italy and favorites Germany.

The outcome could have been very different if Marc Hottiger had converted a golden chance for Switzerland

four minutes into the second half.

He was played through by Marco Grassi but from only 12 metres out blasted the ball high over the bar.

The match flowed from end to end throughout but grew in excitement in the second half after a tactically interesting but unimpressive opening 45 minutes.

The atmosphere in the ground was electric and the pre-match news that Dutch coach Guus Hiddik had surprisingly dropped midfielder Edgar Davids just added to the expectancy.

Just as bit a surprise was in store for David's midfield partner Clarence Seedorf in the 26th minute when Hiddik substituted him after he was booked for a tussle with Grassi and then somehow escaped a

red card for pulling down Stephane Chapusat a few minutes later.

While Seedorf had a miserable evening, Peter Hoekstra had a superb one-especially after halftime.

The tall Dutch winger, left out against Scotland on Monday, ripped the Swiss defence apart with his bursts down the left flank and set up a series of chances for Bergkamp and Cruyff in the middle.

Richard Witschge and Ronald de Boer also created openings for the front men to exploit and Cruyff went desperately close to scoring five minutes before he did find the net when his powerful header was acrobatically cleared off the line by Stephane Henchoz.

Bergkamp also went close before the scored punishing a mistake by Hottiger and being denied only by a superb reflex save by Pascolo.

Switzerland will be without Grassi for their final group match against Scotland, next Tuesday following his second yellow card of the competition.

### Parreira's vision

RIO DE JANEIRO, June 14: Brazil's World Cup winning manager Carlos Alberto Parreira, recently appointed manager of Sao Paulo, pledged on Thursday he would confound his critics by embracing all-out attacking football, reports Reuters.

"I want everyone involved in the midfield and everyone attacking at the same time, with ten players up front," said Parreira, whose 1994 World Cup team was widely criticised in Brazil for lacking the team's traditional flair.

Parreira, who managed Valencia of Spain and Turkey's Fenerbahce after his triumph in the United States, has signed a two-year contract to replace another former Brazilian national team manager, Tele Santana, who left Sao Paulo due to ill health.

### FIFA calls the shots

SEOUL, June 14: The international football federation (FIFA) has asked South Korea and Japan not to take any joint action without consulting FIFA as they prepare for World Cup co-hosting in 2002, reports AP.

The request was contained in a letter to football officials in the two countries from FIFA secretary general SEPP Blatter, a South Korean football official said Friday.

Blatter stressed Japan and South Korea should not undertake any joint action at present so as not to undermine the working group's activities, the official said a reference to a three-way working group involving officials from FIFA and the two nations.

FIFA has insisted that all issue be handled by the working group.

World Cup will top the agenda between South Korean president Kim Young-Sam and Japanese Prime Minister Ryutaro Hashimoto at their talks on June 23 on the southern resort island of Cheju.

Analysts in Seoul said the two leaders may discuss the possibility of allowing North Korea to host some matches — a decision that Blatter has warned might lead to FIFA reconsidering the decision to allow Japan and South Korea to co-host the event.

Blatter also noted "international public relations" should be focused on the 1998 World Cup in France, not on the 2002 Games, the South Korean official said.

Blatter's letter came amid new efforts among South Korean sports and government officials to get North Korea involved in the co-hosting despite FIFA's warning.

South Korea's top soccer official Chung Mong-Joon has refused to rule out playing some matches in North Korea to ease decades-long hostility between the two Koreas.

## Penney, Gough stake claims



LONDON, June 14: Championship leaders Yorkshire had to share the honours against Warwickshire at Headingley on the opening day of the latest round of county championship matches on Thursday, reports Reuters.

Both sides went into the match on the back of semifinal defeats in the Benson and Hedges Cup on Wednesday and the game was given an extra edge by the fact that, while Yorkshire currently top the table, Warwickshire are the current champions and are less than 10 points behind.

In the end of spoils were shared as Yorkshire bowled the visitors out for 306 before reaching seven without loss by stumps. England discards Darren Gough, four for 66, and Craig White, three for 31, both impressed England's chairman of selectors Ray Illingworth who was at the ground.

But it was Warwickshire's

Zimbabwe-born batsman Trevor Penney who stole the individual honours with a fine innings of 125.

Second-placed Kent also felt the sting of a young batsman trying to impress. Opener Paul Weeks hit 108 as Middlesex reached 358 for five. It added up to a good period for Weeks, who took eight wickets with his off-spinners to help beat Glamorgan in Middlesex's last outing.

Another young batsman who is beginning to attract attention is Surrey's Mark Butcher who followed his second innings century against Yorkshire on Monday with 120 as Surrey closed on 340 for six against Gloucestershire. England's Graham Thorpe also weighed in with 93 not out.

The two other championship hundreds came from Tony Cottee who scored 112 in Glamorgan's 310 against Somerset at Swansea and Worcestershire captain Tom Moody.

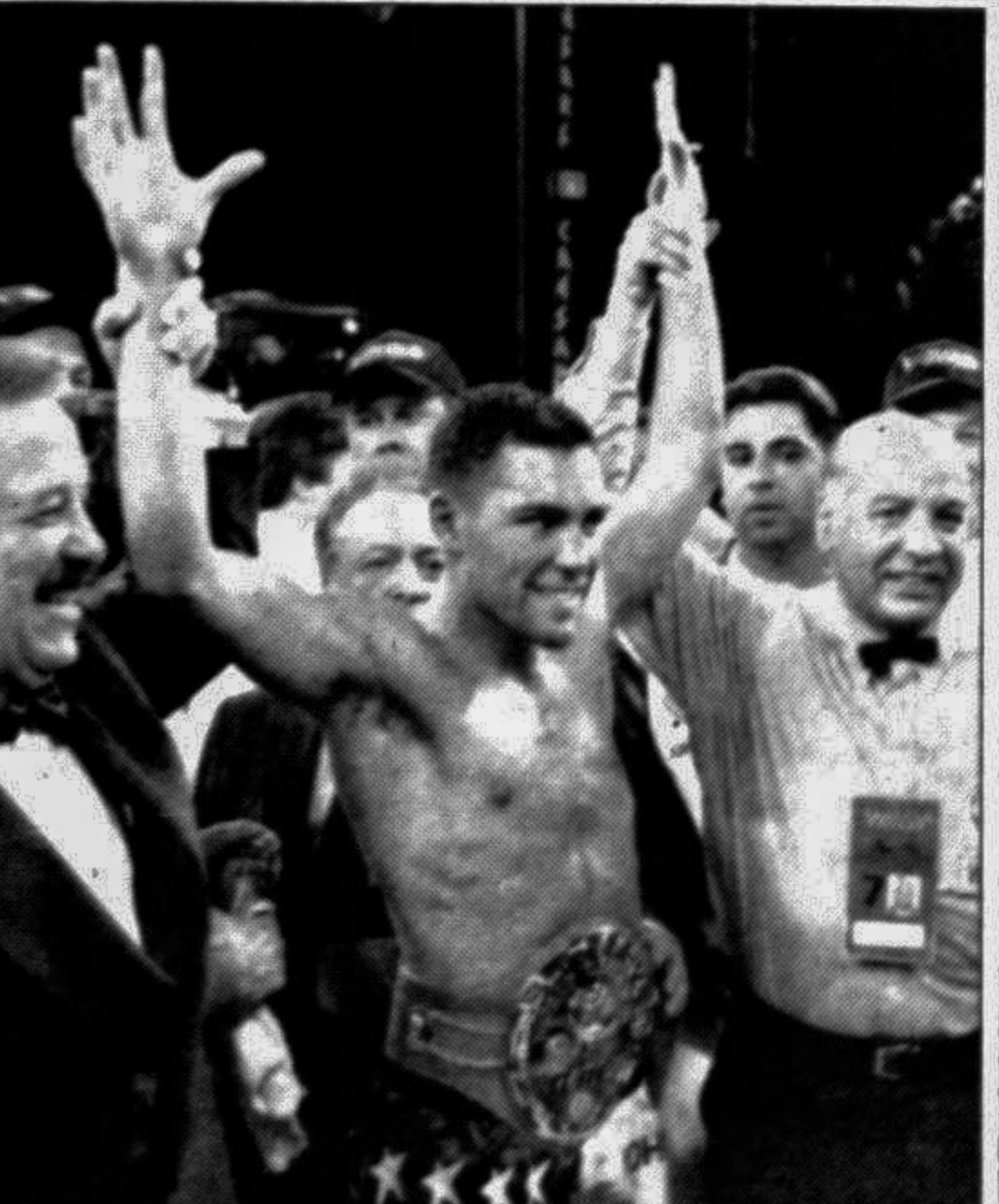
The former Australian batsman was dropped on 75 but went on to smash Nottinghamshire for 194 not out, including 105 between lunch and tea as Worcester progressed to 340 for three. The other games were dominated by the ball.

At Bristol, Gloucestershire captain Courtney Walsh made the initial inroads taking three wickets and Mark Alleyne captured five for 32 as Sussex crashed to 157 all out.

It was then their turn to wreak havoc as Gloucestershire collapsed to 72 for eight. But a defiant unbeaten ninth wicket partnership of 66 took them to 138 for eight at the close.

Durham probably thought they had done a good day's work when they dismissed Lancashire for 264 but by stumps Glen Chapple had taken five for 41 and the home side were reeling on 138 for eight.

At Chelsoford the Essex bowlers made short work of Northamptonshire, removing them for 214, before Graham Gough and Paul Grayson took the home side to 63 without loss.



American Oscar de la Hoya poses with the WBC super lightweight belt proudly around his waist after dethroning Mexican Julio Cesar Chavaz in Las Vegas on June 7. — AFP/UNB photo



## Aerobics organised actions

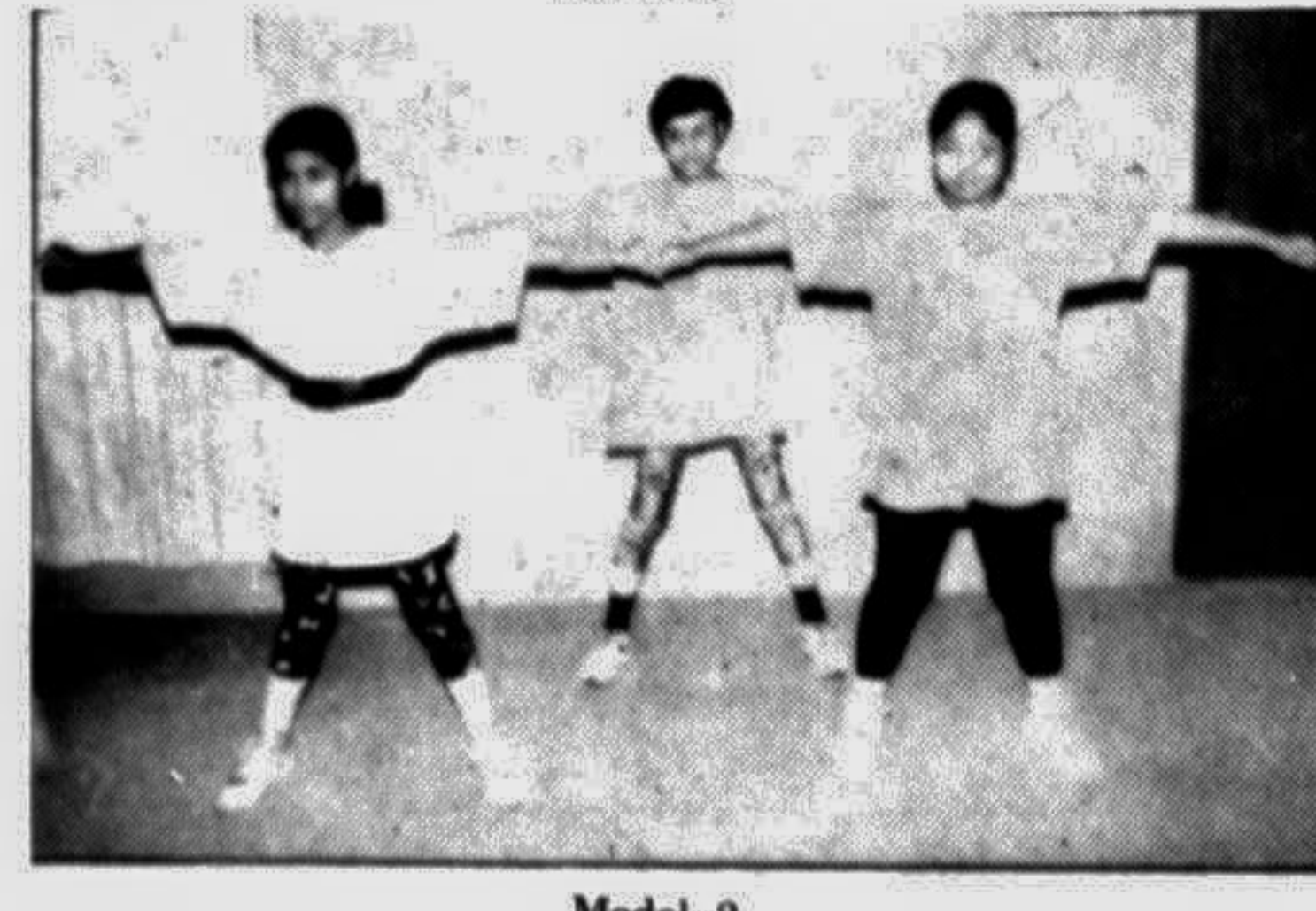
AEROBICS to music was virtually unknown in the early 1970s. The traditional aerobic class format was consisted of an individual staying in one spot and working out in isolation. Fortunately, this philosophy 'no contact' don't leave your spot' has been abandoned. A variety of group activities has been promoted among class participants. One essential factor for 'organised actions' in aerobics class is adequate preparation and rehearsal so the complex routine involving numbers of people does not break down into a disorganised mess. Besides when doing aerobics one should take into account such factors as adequate spacing, appropriate music, etc.

Aerobics exercise fluency and transitions are also very important factor. Exercises that flow smoothly into one another make the class much easier to follow and more enjoyable for the participants. It assists in maintaining the intensity of the class, thereby giving participants a more even workout.

An aerobic step: Stand feet together both hands bend and should be at the chest level as shown in the picture. Begin with weight on your left foot, take your right foot 1 1/2 feet away from your left foot and then bring back your right foot. Take you left foot away and bring back to starting position. As you do the side touches open your arms and bring back to starting position. This is an aerobic step, try to do it fast to add intensity in your workout.



Model -1



Model -2