DID U' KNOW?

(The Professor does)

T HAT, despite popular be-I lief, we, Bangalees are not the only ones who cannot agree on anything. Take for example the Munich Olympics in 1972. During the 125-mile road cycling race, it was revealed that there was twice as many Irish contestants as there should be. In fact, there were two Irish teams competing - the official team, and the manifestly unofficial team who had decided to join the race to publicise their cycling federation, which was not officially sanctioned. The unofficial "Irish" team was arrested by the German police, but not charged. It was later claimed by a commentator that the two cycling federations had met to discuss an amalgamation, resulting in three cycling federations.

And, you thought we are the one who always fighting. Tch! Tch!

SPORTS TALK



Sir Garry Sobers

(Cricket's greatest allrounder)

"Honestly I want to stay away from the spotlight. I've had my innings. But then at times, it does become difficult to say sorry!"

On being asked to present **BBC's Overseas Sports Per**sonality of the Year Award to Brian Lara.

Sports WHiZZ KID

(The rules are published

COMPETITION FOR SCHOOLCHILDREN

every Saturday.)

Sports WHiZZ KID

competition-8. Tick the Correct Answer

(Competition closes: 8 p.m. Oct 13, 1995) How many Grand Slam tennis tournaments are there Sri Lankan cricketers recently bea The decathlon champion competes in 5 events | 10 events | 15 events The current World Cup hockey champions are Holland Pakistan Australia What is Diego Maradona's middle

Santoga Armando Name Class Roll No School Address:

Diego waiting for Castro

Phone: (if any)

BUENOS AIRES. Oct 12: Argentine soccer icon Diego Maradona said Wednesday he hopes to a see Cuban President Fidel Castro next week at the fifth Ibero-American summit in the southern resort city of Bariloche, reports Reuter.

"Regardless of what anyone might think I'm going to try to meet Fidel Castro.' Maradona told reporters at a news conference. "I'd love to see him, although everything depends on the agenda of the

Maradona, who staged the fourth comeback of his career Saturday with local side Boca Juniors, is an outspoken

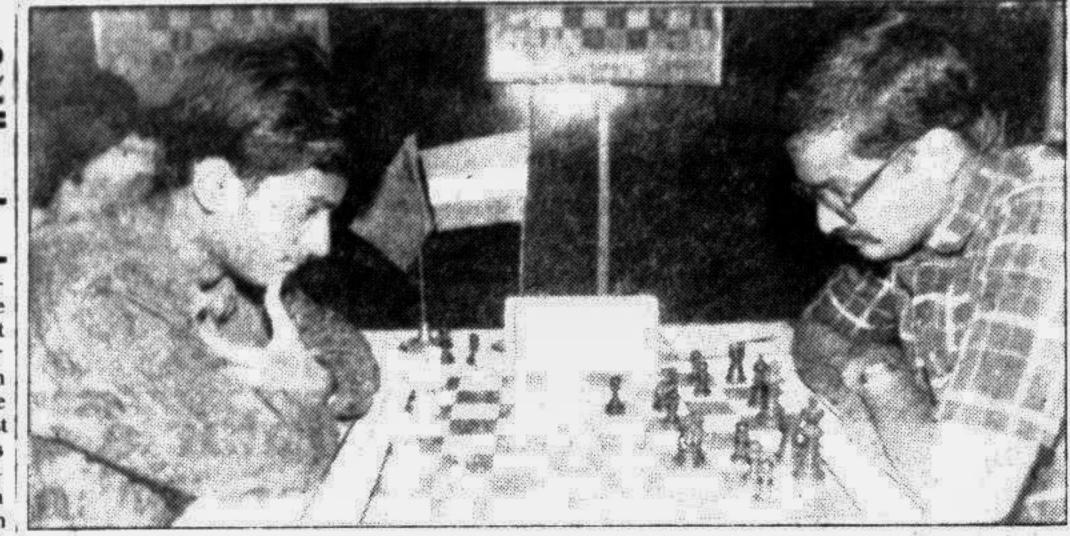
commandant.

supporter of Castro. He has said he plans to move with his family to Cuba when he retires.

The local newspaper Ambito Financiero said Wednesday Maradona might take part in rallies organised by left-wing groups to welcome Castro at the Ibero-American summit Monday.

Kiwis 157 for 3

BOMBAY, Oct 12: New Zealand were 157 for three wickets at close of play on a rain-shortened first day of their three-day match against Bombay today, reports Reu-



IM Mithrakanth (R) of India pondering over his next move against local challenger Abdullah Al-Rakib during their Beximco 12th QM Hossain International Masters' chess tournament encounter yesterday. Mithrakanth won the match. - Star photo

Shetty keeps slender lead

Sports Reporter

Rahul Shetty of India maintained his solo lead in the Beximco 12th QM Hossain International Masters' chess tournament when he settled his fifth round engagement

for a tame draw against compatriot RB Ramesh at the conference room of the National Sports Council (NSC) yesterday.

Shetty, for whom it was his second appearance in the annual event, enjoy the top slot now with four points on completion of the fifth round on Thursday.

The friendly affair also enable Ramesh share the second position along with IM Sudhakar Babu and IM Mithrakanth Sharma, the other two Indians in the fray. All the three players have collected three and a half points at the end of this round.

It was a very delightful day

of dominance for the Indian campaigners with Sudhakar Babu, playing with white pieces against an unheralded Khorshed Alam of Bangladesh, Monopolised the game in 36 moves for his third win in the 13-round meet.

While IM Mithrakanth, playing against Abdullah-al-Rakib, successfully employed the Nimjo Indian defence to beat the lowly-rated local player in only 27 moves.

The three Indians are now closely followed by IM Ziaur Rahman and Enamul Hossain Rajib of Bangladesh, and two Pakistani IM's Mahmood Lodhi and Shazad Mirza are sharing the crowded third position with three points

Among the four Ziaur Rahman, the highest rated player in the meet, picked up a morale boosting victory at the cost of Enamul Hossain Rajib. Zia, who had earlier lost

two of his first four engage-

ments, playing with white pieces adopted a too familiar Sicilian defence to beat the local youngster in 50 moves.

On the other hand, last

year's runner-up and former champion Mahmood Lodhi agreed to a quick draw with his compatriot Shazad Mirza after only 12 moves.

Meanwhile, in the other billing on the day, Khandaker Kayes Hasan beat Saifuddin Lavlu and Ali Amzad Mintu staved off a tough challenge from Ziaul Qader Tuhin before winning after 50 moves.

STANDINGS

4 points: Rahul Shetty 3.5 points: Sudhakar, Mithrakanth and Ramesh 3 points: Ziaur Rahman,

Rajib, Lodhi and Mirza 2.5 points: Ziaul Qader Tuhin

1.5 points: Kayes and Khorshed

1 point: Rakib, Lavlu and



Players and officials of Abahani Krira Chakra at a luncheon organised by the club at a local hotel yesterday.

Harare Test from today



HARARE, Oct 2: Zimbabwe are planning to build on the greatest performance of their

brief Test history when they face South Africa in a one-off Test starting on Friday. reports Reuter The home side's crushing

innings and 64-run victory over Pakistan in January represented their coming of age in Test cricket and skipper Andy Flower is determined to maintain that momentum.

That win gave us the belief that we could beat anyone," said captain Andy Flower. "We have no reason to fear South Africa." The Test has attracted

more interest than any

Strife costs **Pakistanis**

KUALA LUMPUR, Oct 12: The Asian Football Confederation (AFC) said today it was too dangerous to play soccer in the violence-racked Pakistani city of Karachi and cancelled a match due to be played there, reports Reuter.

It awarded Japan's J-League champions Verdy Kawasaki the victory in their Asian Club Championships clash against Pakistani champions Crescent Mills and cancelled the second-leg due to be played in Pakistan on October 27

The decision puts Verdy Kawasaki into the East Asian quarter-finals of the tournament after winning the firstleg in Kawasaki 9-1.

AFC general-secretary Peter Velappan said in a statement that due to "the current security situation in Karachi the AFC has decided to base the result on the first leg

About 60 people have been killed in ethnic strife in Karachi this month and about 1,500 this year.

cricket match since the country's independence from Britain in 1980 and Zimbabwe Cricket Union (ZCU) chief executive Don Arnott is expecting all crowd records to be broken.

"We had close to 3,000 on the day we beat Pakistan and our biggest one-day crowd was the 7,000 that saw South Africa play here as a warm-up on their way to the 1992 World Cup.

"We expect at least 5,000 over the weekend of the Test and between 10.000 and 12.000 for the two one-dayers the following weekend."

Few players on either side were around when Rhodesia competed in South Africa's domestic Currie Cup competition, but the feeling amongst local supporters is that the time has finally come for David to slay Goliath.

We're in our usual position as underdogs," says Flower. "The pressure is on them to beat US ... the only pressure we have is the pressure of expectation from our biggest-ever crowd. We won't need more motivation than that It's a one-off Test and anything can happen.

Coach Bob Woolmer has defended South Africa's decision to begin an arduous international season, which includes five Tests against England, with a Test against such motivated and doughty oppo-

"Many people said we were crazy to come up here and play a Test before our domestic season has even begun but that is the way I wanted it. I asked for it. The England series will be fierce and I can't think of a better way to prepare than with a

dog-fight in Harare." The contest is likely to be decided by the manner in which the home team's bat-Zimbawe's batamen will be

ting line-up stand up to the firepower of the four fast bowlers from the south.

helped by another typical Harare Sports Club pitch which so emasculates pace bowling that it has produced two of the five slowest Test centuries in its short life as an international venue. But South Africa have an

enviable new ball attack comprising Allan Donald and left-armer Brett Schultz, who returns to Test cricket after a traumatic 26 months in which he has had both troublesome knees endlessly operated upon.

Schultz played his last three Test in Sri Lanka where he took 20 wickets at a cost of 16 and was rated by local batsmen as comfortably quicker than Donald.

TEAMS

ZIMBABWE (from): Mark Dekker, Grant Flower, Alistair Campbell, Dave Houghton, Andy Flower (captain) Guy Whitall, Craig Wishart, Heath Streak, Henry Olonga, Bryan Strang, Paul Strang, David Brain, Charlie Lock, Stephen Peall.

SOUTH AFRICA (from) Gary Kirsten, Andrew Hudson, Daryll Cullinan, Hansie Cronje (captain), Jointy Rhodes, Brian McMillan Dave Richardson, Pat Symcox. Craig Matthews, Allan Donald, Brett Schultz. Rodolph Steyn, Gerhardus Liebenberg.

Muster ousted

TEL AVIV. Oct 12: Topseeded Thomas Muster of Austria was upset Wednesday by unseeded Frederik Fetter lein of Denmark 6-2, 6-7 [] 7), 6-1 in the third round of the Israel Open Champi onships, reports agencies.

Muster, ranked third in the world, blamed an unfamiliar new racket for the

Fetterlein, ranked 84th in the world, returned almost everything thrown at him, forcing Muster into a series of uncharacteristic errors.

Abahani's victory luncheon

Sports Reporter Salman F Rahman, the chairman of Abahani Limited. has thanked each and everyone for the successful completion of the Lifebuoy Senior Division football league this

This was stated by one of the leading businessmen of the country at a reception in celebration of the club's victory in the recently concluded Premier football league.

While speaking to the journalists at a local hotel yesterday, Salman Rahman was exuberant and added "it's a victory of a disciplined force". Lauding the performance

of the sky-blue booters as well as the role of organisers of the Club, Rahman, who is also the president of the Dhaka Chamber of Commerce and Industries (DCCI), said "We have faced a lot of provocation from outside on our way to lift the prestigious title for the second consecutive time. But I'm happy to see that the league has been completed peacefully".

In a brief speech Rahman conveyed his facilitations to Mohammedan Sporting Club for becoming runners-up and bade special thanks to the Dhaka Metropolis Football Association (DMFA). He, however, did not elaborate the foresaid word 'provocation'.

The reception hosted jointly by Saber Hossain Chowdhury, a club director and advisor to the football committee of the Club, and Anjan Choudhury Pintu, another club director and chairman of the football committee, was attended by players and officials of Abahani Krira Chakra, one of the two most popular clubs in the country.

Romanian cycles to capital

Sports Reporter

Oancea Narcis, a 24-yearold Romanian cyclist reached Bangladesh as part of his year long around the world tour on bicycle, according to an embassy press release.

The main purpose of his tour is to convoy a message of goodwill and peace from the Romanian people to the countries he is visiting. The young cyclist who ar-

rived in Dhaka on October 10 from India has already toured Bulgaria, Turkey, Georgia, Azerbaijan, Pakistan and In-From Bangladesh he will pedal down to Burma, Thai-

land, Indonesia, Australia and New Zealand. After crossing the ocean

he will go to Latin America and then to North America.

He started his journey on the bike from the Romanian capital Bucharest, on 3rd of August 1995 and will return back in July next year.

Holm humbles Martin

TOKYO, Oct 12: Henri Holm of Sweden knocked fifth seed Todd Martin out of the one million dollars Seiko Super Tennis tournament Thursday in three long sets. 6-2, 3-6, 6-4, reports AP.

ranked 21st in the world. saved three match points on his serve in the final game, but Holm took it with a return winner on the final match point.

Martin, an American

Holm, a Swede ranked 128 who reached the final here in 1992 before losing to Ivan Lendl, was next to meet the winner of a match between third seed and former French Open champion Sergi Bruguera of Spain and Byron Black of Zimbabwe.

Top seed Michael Chang of the United States for the second day had little trouble. beating Jakob Hlasek of Switzerland, 6-1, 6-3 Thursday in 56 minutes and converting four of seven break points while never giving up serve.

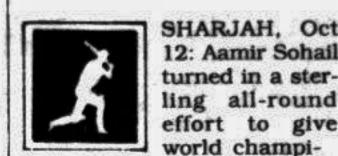
Chang in the quarterfinals is to meet Alexander Volkov of Russia, a 3-6, 6-4, 7-5 winner Thursday over Jacco Eltingh of the Netherlands.

and the mind, and slimming Australian Mark Philip down the body. Stretching poussis, a day after knocking daily helps prevent many diftwo-time former champion ferent diseases. In the past, Stefan Edberg out of the stretching exercises were tournament in 43 minutes. used as medicine, both to struggled but straight-setted prevent and cure illnesses. tour veteran Brett Steven of In order to gain maximum New Zealand, 7-6 (7-4), 6-3 benefit, it is necessary to on Thursday. stretch properly. In general,

Russia fined

LONDON, Oct 12: The Russian tennis federation was fined 25,000 dollars Wednesday for the court-watering incident last month in the Davis Cup semifinals against Germany in Moscow, reports

SL's purple patch ends



ons Pakistan a morale-boos-

ting victory over Sri Lanka in

the Champions' Trophy here

fluent 85 and grabbed four

wickets to spearhead Pak-

istan's convincing 82-run win

Left-hander Sohail made

up for the absence of leading

all-rounder Wasim Akram,

due to injury, as Pakistan

piled up 264 for seven in

their allotted 50 overs and

then restricted Sri Lanka to

stunned the West Indies in

Wednesday's opener, found

the stiff target of 5.3 runs an

for seven, before Kumara

Dharmasena (30) and Ruwan

Kalpage (22) salvaged some

prestige with a 60-run stand

Mushtaq began the slide by

removing opener Sanath

Jayasuriya and star batsman

Aravinda de Silva in succes-

Lanka's back with a deadly

eight-over spell of left-arm

spin in which he claimed

Asanka Gurusinha, skipper

Ariuna Ranatunga, Hashan

Tillekaratne and Romesh

prospered in perfect batting

conditions after electing to

a solid base with 107-run

stand for the fir wicket in

24 overs. Big-Litting Inza-

dazzling 69 off 59 balls.

mamul Haq built on it with a

scored a century on debut

against the Sri Lankans ear-

lier this month, made 50 in

only his fourth one-day inter-

battled till the 37th over be-

fore he was caught behind

The experienced Sohail

Elahi, the 19-year-old who

Earlier, the Pakistanis

Sohail and Salim Elahi laid

Sohail then broke Sri

Young off-spinner Saqlain

for the eighth wicket.

They were reduced to 114

The Sri Lankans, who

over their victors in the re-

Sohail top-scored with a

today, reports AFP.

cent home series.

182 for eight.

over too much.

sive overs.

Kaluwitharna.

bat first.

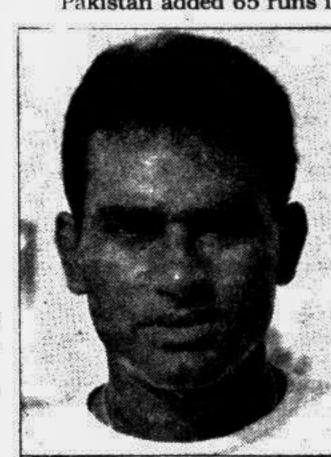
national.

trying to cut off-spinner SHARJAH, Oct Muttiah Murlidharan. 12: Aamir Sohail Sri Lanka fought back by turned in a sterling all-round

removing Raja and Saeed Anwar cheaply, but Inzamam launched a blistering attack in the traditional end of innings slog to boost Pakistan's

Inzamam smote a four and three sixes - one of them over the roof of the stadium at long-off against spinner Sanath Jayasuriya — before the was seventh out in the penultimate over.

Pakistan added 65 runs in



AAMIR SQHAIL . . . m-o-m the final 10 overs, 15 of them coming in the 50th over off seamer Pramodaya Wickramasinghe through tailenders Somerset' Mushtaq Ahmed and Surrey's Wagar Younis.

Spinners Muttiah Murlidharan and Kumara Dharmasena claimed two wickets each with steady spells in the middle overs.

"We needed this win badly after the loss at home to Sri Lanka," Pakistan captain Rameez Raja said. "We are now more positive of facing the challenges ahead." Pakistan play the West

Indies on Friday before the second leg of the round-robin leagues start on Sunday. The top two teams will meet in the final next Friday for the winners' purse of 30,000 dol-

Sri Lankan manager Duleep Mendis conceded Pakistan played a better game, but warned against writing his team off from the tournament.

"We have shown the capacity to fight back. We will be tough to beat in our

remaining matches," he said. Sri Lanka have a three-day rest before they play back-toback matches against the West Indies on Monday and

SCOREBOARD

Pakistan on Tuesday.

Scoreboard of the Champions' Trophy one-day international between Sri Lanka

and Pakistan today: PAKISTAN Sohail c Kaluwitharna b Muralidharan Salim Elahi c Wickremasinghe b De Silva Hathurusinghe b Muralidharan Inzamamul c Jayasuriya b

Anwar st Kaluwitharna b Jayasuriya 14

Moin c Ranatunga b Wickremasinghe 5

Zafar Igbal c Gurusinha b

Mushtag not out

Wagar not out Extras: (b-2, lb-1, w-6) Total: (for seven wickets, 50 overs) Fall of wickets: 1-107; 2-138; 3-162; 4-213; 5-232; 6-

244; 7-246. Bowling Wickremasinghe7 Hathurusinghe 10 Dharmasena 0 43 2 Muralidharan 51 2 0 51 1 Jayasuriya 0 23 1 De Silva

SRI LANKA Hathurusinghe lbw b Aaquib Jayasuriya c sub (Basit) to Saglain Gurusinha b Sohail De Silva c and b Saglain Ranatunga c Rameez b Schail illekaratne c Moin b Sohail Kaluwithama b Sohail Kalpage b Anwar Muralidharan not out Extras: (lb-10, w-13, nb-5) Total: (For eight wickets, 50 overs)

Fall of wickets: 1-33; 2-44; 3-51; 4-67; 5-82; 6-107; 7-114; 8-174. Bowling Wagar Aaguib

Sohail Mushtag Anwar Result: Pakistan won by 82

Man-of-the-match: Aamir Sohail Friday's match: Pakistan v West Indies

Ronaldo romps through



RIO DE JANEIRO, Oct 12: Ronaldo scored twice with the help of recalled World

Cup star Bebeto in a pulsating first half to give Brazil a 2-0 win over archrivals Uruguay in a friendly international on Wednesday, reports Reuter.

But Ronaldo limped off at halftime to join PSV Eindhoven teammate Marcio Santos in the doctor's surgery in the Monte Nove Stadium in Slvador, Brazil.

Centre-half antos was carried off after st 20 seconds with a suspected torn knee ligament and was expected to undergo surgery.

Ronaldo suffered a knee injury after a high challenge from Herrera as he tried to notch up a hattrick with a fierce shot from outside the

penalty box. He put Brazil up 1-0 after

STRETCHING

physical fitness exercises is

stretching. The usefulness of

stretching the muscles is un-

limited. Stretching aids in

increasing circulation, pre-

venting injuries, increasing

flexibility, relaxing the body

Fig.1 PUTLI — Star photo

tight and inflexible. There-

cles will loosen up and max-

imum stretch will be possi-

ble. People who are specially

One of the most beneficial

17 minutes after beating the Uruguayan offside trap to race on to a perfectly paced through ball from Bebeto and shot hard and low past the advancing Ferro.

threat, scored Brazil's second goal 19 minutes later when he brought down a defencesplitting pass from Bebeto with his thigh, glanced past defenders and lobbed the ball neatly over Ferro as the goalkeeper charged of his line.

Tostao, a member of Brazil's stylish 1970 World Cup winning team who now commentates for a television station, called the goal a "work of art."

Brazil dominated the first half with flowing football as midfielders Giovanni, Amaral and Rivaldo, all of whom play for national clubs, linked well but failed to find a way to pass Uruguay's well-organised defence.

Zafar

Saglain

Martinez should have equalised for Uruguay when he volleyed a shot into the chest of Brazil's goalkeeper Carlos Germano of Rio's Vasco da Gama after an effort Ronaldo, a constant from outside the penalty box rebounded off the crossbar.

Five minutes into the second half, Bengoechea tipped at the post from 25 yards and soon after Mendez headed what looked a good goal from a corner only for his strike to be disallowed.

The best chance in the remainder of the game, which flagged towards the end, fell to Bengoechea when he found himself clean through but his shot was spectacularly saved by Carlos

Germano.

The result went some way to revenge Brazil's defeat on penalties by Uruguay in July's Copa America tournament.

fitness royale

with rani padamsee







their own limit and should stretch out more than the person who is naturally loose. Some people believe that they can stretch out in ten minutes where as proper

tight should only stretch to

loosening up take much longer. In fact, one to one and a half hour workout can be done by just stretching out all the muscles. Establish a stretching routine. Each exercise should be performed for 60 seconds or

longer. Take a deep breath at the start of the movement and breathe normally throughout. Pain will be experienced, especially in the beginning, but will subside as the muscles relax. It is essential to relax the mind and body, during the routine. Try to clear the mind and concentrate on the stretch. Each muscle group should be exercised at the same time. Perform different stretching

exercises for one group of

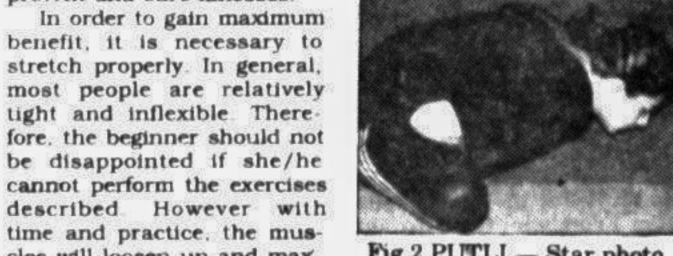


Fig.2 PUTLI — Star photo muscles before moving on to another.

Each exercise has its own function, some stretching more muscles than others. some stretching muscles to a greater degree. The exercise



Fig. 3 PUTLI — Star photo should be performed to the maximum extent. One should feel soreness the next day and should, in effect, feel the same as if she/he had practiced basic exercises, kicked the bag, trained with weights, etc.

Try these stretch-outs. Sit on the floor with soles of the feet together. Keep your back straight and grab your feet. Photo 1. Use your elbows to push your knees down as you bend forward. Pull stomach in and breathe out while bending forward. and then breathe normal. Touch the floor with head, followed by chin. Photo 2.

The exercise in photo 3 can be done sitting or standing. Interlock fingers behind your back, slowly raise hands higher while keeping your back straight. Breathe nor-