# How Sweet Siesta is!

by Neil Ray

Nap — siesta in Spanish and a more Latin and Spanish thing than a tropical Asian affair has nevertheless a fair share of the running of offices here, particularly the government ones. It is not quite uncommon that the entire staff of an office indulges in the luxury of snoring after lunch. The genesis of this unofficial office culture, of course, owes greatly to the heat of the tropics, but the sultry pretext has its flaws too. It is also a question of the manner of going about the business at hand and that the government offices are more prone to the practice explains heat is not all.

In fact a jaded mind, rather than a lazy body, is responsible for a man with files before him on

the table slumping in his chair and letting his head loll cither in a suspended manner likening a hanged man or against the back rest of the chair. The uncomfortable position hardly deters the avid siesta seekers. Through long sessions of training and practices they have been able to muster the art of balancing on the chair made to suit the erect position of the body for office works. Where the threat of the boss is not immediate, one

posture generally resorted to is to raise the precious legs up and rest them on the table. That way perhaps the backbone gets a little more relief from the contrived bending rehearsal of sleep.

Of course, the reclining chairs do offer some positional advantages to the nap-snatchers. It is precisely for this reason some big bosses keep a couch beside - just in case! But others are not in the least averse to punctiliously follow the health rule, so would they quickly add. How healthy is the regular falling into slumber after the mid-day meal? Controversies abound. But the Chinese insist it invigorates one after taking a post-lunch nap. They have set aside an hour or so for the day-dozing and starting anew the days works. The Latin people have no qualms about their siesta. A recess of no less than four hours between two sessions of office in the noon give them the ideal opportunity to wallow in their beds. The problem with us, like the Indians and Pakistanis, is that we refuse to nationally recognise the phenomenon and its great

beneficial influences on our health and efficiency. But there are indeed wise ones who would hate to allow a single opportunity to slip away without taking full advantage of snapping a snore or two.

There are of course other lazy birds who seem to have nothing to do in this big-fish-eat-smallones world. In the parks, under the trees and every convenient places they stretch their bodies or huddle to have a long sleep oblivious of the busy life. They may have their tales to tell of a life-size drama, but they are for obvious reasons not the ideal type of the siesta hunters. The ideal one certainly would be the clerk or officer who usually has to involve at night in prolonged

bitter wrangles with his trate wife, or even the old man suffering from insomnia or other nagging diseases. Still more ideal perhaps would be the character of a newly married young man or woman who has wondered, 'how quickly the treacherous time flies'.

But today let us leave all such characters and concentrate on a big boss of a Motijheel office. The man's imposing personality is a thing he savours most but he is equally in love

with the afternoon nap. In his cosy room, few darc enter without prior permission. But at least one creature showed the temerity to take the opportunity one day. A fly, sly is the apt epithet to describe its dare-devil offensive, sat stealthfly on his lips first and paused a while before making further advance. Every time it tries to enter his parting lips, he makes a feeble attempt to move. The fly is on its wings and soon settles on his lips and attempts further forays. Finally it made the dash of its life into the boss' nostrils and that was enough to wake him up from his premature nap. But the fly has by the time made good its escape. It was now the man's turn to endlessly sneeze.

The fact that the personal bearer of the boss found the drama being enacted fascinating and did not try to intervene has its own reason. He also left the scene unnoticed. Did the fly take for the low-paid man a revenge on the boss who was not particularly famous for his treatment with

Saudi meat

handed over control activities to work with Sacrificial meat from Saudi Arabia was formally handed selfless dedication to make the population boom



occasion of Tree Plantation campaign of the Bangladesh Navy at the Naval headquarters at - ISPR photo Banani yesterday.

## World Population Day observed

# Need for checking population explosion stressed

Khulna

was observed here in a befitting

manner today as elsewhere in

taken by the Department of

Family Planning and different

social and voluntary organisa-

tions in observance of the day.

The programmes included:

rally, procession, seminar, dis-

cussion and documentary film

A colorful procession was

brought out from Khulna

Circuit House premises which

paraded the main city

thoroughfares chanting diffe-

rent slogans in favour of small

Association, Khulna branch, or-

ganised a discussion on the

significance of the day at

Umesh Chandra Public

Bangladesh Family Planning

Various programmes were

the country.

family.

The World Population Day

A discussion was held here vesterday in observance of the World Population Day under the auspices of the National Association of UNESCO Clubs in Bangladesh, reports BSS.

The speakers stressed the prime need for checking population explosion in the country. They said that unless the alarming growth of population was controlled effectively all development programmes launched in the country would be affected.

Presided over by M A Matin, vice-president of the association, it was addressed by Mahbubuddin Chowdhury, secretary-general, Dr Merazul Islam, Aftab Ahmed, Sharif and advocate Elias.

The theme of the discussion was "Population Explosion and Environment". They also impressed upon those who are engaged in the task of population

Auditorium. Another discussion on the theme of this year's day: The Individual and The World: Population Migration and Development in 1990s, was held at Noishati Family Welfare Centre under Rupsha thana.

Participants of the discussion underscored the need for combating population explosion by creating social awareness among the common masses for alleviating poverty as well as ensuring social peace and saving ecological balance.

Later, a documentary film exhibition as held. Rajshahi

World Population Day was observed here today as elsewhere in the country with an aim to creating awareness among the people towards family planning.

A colourful procession was brought out in the city in observance of the day, which starting from city corporation premises parading the main city streets ended at district family planning office.

The processionists carried colourful banners, festooned and placards while marching. Led by Deputy Commissioner of Rajshahi Saifuzzaman, the procession was participated by officials and workers of family planning and health department and Rajshahi City Corporation and members of

District family planning office also organised a discussion and documentary film show at Baragachchi Family Welfare

#### go upto 1.2 cr this century: Biswas President Abdur Rahman Nations Population Fund Biswas yesterday made a clar-Representative S K Alok, Health ion call for all irrespective of Secretary Syed Ahmed and Director General of the Family cast and creed to come forward

Planning Department A K M to work together with the international community for solving the multi-dimensional problem the function. of overpopulation, reports UNB. Listing the hazards of overpopulation, Biswas said illiteracy, unemployment, poverty, famine, lack of medicare faciliadding that people of remote arties, terrorism, crimes, war and

Population of Dhaka may

BNP fulfils poll-pledges,

"Escalation of population growth in the developing countries is threatening their efforts for development and meeting basic needs of the people," he said speaking as chief guest at the inaugural function of World Population Day 1993 in the Osmani Memorial Hall yesterday morning.

social and cultural as well as

cconomic and possessive dis-

crimination between men and

women were on the rise owing

to the population boom world-

Expressing concern over the population increase in the metropolis, the President said the population of Dhaka city would go up to 1.22 crore at the end of this century. "Now is time for us to plan the future Dhaka."

President Biswas lauded the success of family planning activities in the country which was appreciated by the United Nations in a recent report.

"We have to extend and implement our successful population control programmes," he said, adding "the main philosophy of our family planning programmes based on mother and child healthcare is people's welfare and to help accelerate overall development of the country and upgrade standard

Health and Family Welfare Minister Chowdhury Kamal Ibne Yusuf, Deputy Minister Mohammad Sirajul Haq, United

Rafiquzzaman also addressed A large number of people were forced to migrate internationally and internally due to shortage of resources, he said

cas were leaving their homes to find out jobs in the urban local-

says Sircar **Education Minister Barrister** Jamiruddin Sircar yesterday

improving the lots of the people, reports BSS. He said, BNP always believes in people-oriented politics and works for the welfare of the people through devotion, hon-

said the present government is

making allout efforts towards

esty and sacrifice. The Eduction Minister was addressing a cross-section of people on the occasion of foundation laying of Naya Bazar College at Keraniganj thana

Presided over by Shusen Chandra Roy, Principal of the College, the function was addressed by local MP Amanullah Aman and President of JCD Central Committee Fazlul Hoq

The Education Minister said BNP believes in production-oriented politics and has fulfilled its election commitments despite resources constraints. He added that the present government is committed to eradicate illiteracy from the country by the year 2000 for building up a happy and prosperous country.

# National Professor Atwar Husain

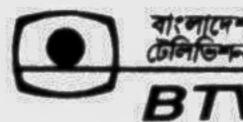
National Professor Atwar Husain Gold Medal

#### Khaurazan Bridge open to traffic

The 360 feet long and 10 feet wide Khaurazan Bridge over Khaurajan Khal of Bogra is now open to traffic, reports BSS.

The bridge was formally opened by Communications Minister Oli Ahmad Bir Bikram Saturday.

The three span steel-bridge on permanent concrete structure has been constructed at a cost of Taka 80 lakh in only nine months time.



Monday Opening announcement Al-Quran

News in Bangla Sports programme Moder Garab Moder Asha Open University 7-25 Nazrul songs News in Bangla

Programme summary

Drama on population control: Sukher Thikana Women's magazine:

Ghare Baire News in English 10-30 Film show: Multi Brown Khabar/The News

11-40 Closing

#### Khaleda hints at manpower export to Mauritius

Prime Minister Begum Khaleda Zia yesterday hinted at the possibility of manpower export to Mauritius following demand placed by the island-country for Bangladesh workers, reports

"The hint was given when the outgoing High Commissioner of Mauritius, Anund Priyay Neewoor, made a farewell call on the Prime Minister at her office in this afternoon.

They discussed matters of mutual interest, including strengthening of economic cooperation between the two countries.

Begum Zia attacked importance to sharing experience in the fields of sugar, garments, jute, tea, tourism and shipping between Bangladesh and Mauritius.

She appreciated free-market economy and the preference given to the private sector in the independent group of islands in the Indian Ocean.

The New Delhi-based envoy also praised a rapid growth of Bangladesh during the last couple of years and the restoration of democracy in the coun-

আরব বাংলাদেশ ব্যাংক

প্রধান কার্যালয়, বিসিআইসি ভবন



Deputy Leader of the Opposition in Parliament Abdus Samad Azad addressing a public meeting at Bangabandhu Avenue in the city yesterday. - Star photo

# আরব বাংলাদেশ ব্যাংক লোমটেড

প্রধান কার্যালয়, বিসিআইসি ভবন ৩০-৩১, দিলকুশা বাণিজ্যিক এলাকা, ঢাকা।

## একাদশ বার্ষিক সাধারণ সভার বিজ্ঞপ্তি

এতদ্বারা আরব বাংলাদেশ ব্যাংক লিমিটেড-এর শেয়ারহোন্ডারদের জ্ঞাতার্থে জানানো যাক্ষে যে, নিম্নবর্ণিত বিষয়সমূহ আলোচনার জন্য আরব বাংলাদেশ ব্যাংক লিমিটেড-এর একাদশ বার্ষিক সাধারণ সভা আগামী ১২ই আগষ্ট, ১৯৯৩ইং তারিখ রোজ বৃহস্পতিবার, বিকাল ৩:৩০ ঘটিকায় ঢাকা শেরাটন হোটেল-এ অনুষ্ঠিত হবে।

-ः व्यात्नामुम्भीः-

১। চেয়ারম্যান সাহেবের ভাষণ

২। ১৯৯২ইং সালের ২০শে আগষ্ট তারিখে অনুষ্ঠিত কোম্পানীর দশম বার্বিক সাধারণ সভার कार्यविवत्रे व्यनुत्रापन ।

৩। ১৯৯২ইং সালের ৩১শে ডিসেম্বরে সমাপ্ত বছরের ব্যাংকের হিসাবাবলীর এবং তদবিষয়ে পরিচালকদের এবং নিরীক্ষকদের প্রতিবেদনসমূহের গ্রহণ ও অনুমোদন।

৪। লভাংশ হিসাবে বোনাস শেয়ার ঘোষণা (Declaration of Dividend by issuance of Bonus Share ).

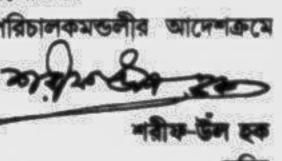
৫। পরিচালকবৃন্দের মনোনয়ন/নির্বাচন।\*

৬। ১৯৯৩ ইং অর্থ বছরের জন্য নিরীক্ষক নিয়োগ ও তাদের পারিশ্রমিক নির্ধারণ।

৭। চেয়ারম্যান সাহেবের অনুমতিক্রমে অন্য যে কোন বিষয় আলোচনা।

পরিচালকমন্ডলীর আদেশক্রমে

তারিখঃ ঢাকা, ১২ই জুলাই, ১৯৯৩ইং



विरमय सहिवाः

১। কোম্পানীর শেয়ার হস্তান্তর বই রোজ বৃহস্পতিবার, ০৫ই আগস্ট, ১৯৯৩ইং থেকে বৃহস্পতিবার, ১২ই আগস্ট, ১৯৯৩ইং (উভয় দিনসহ) বন্ধ থাকবে এবং এই সময়কালে কোন শেয়ার হস্তান্তর কার্যকর হবে না।

২। বার্ষিক সাধারণ সভায় অংশগ্রহণ ও ভোট প্রদানের যোগ্য যে কোন সদস্য/সদস্যা তার স্বপক্ষে সাধারণ সভায় অংশগ্রহণ ও ভোট প্রদানের জন্য প্রক্তি নিয়োগ করতে পারেন। এমন প্রক্তি

৩। প্রক্সি ফরম যথায়থ ভাবে পূরণ করে ৪.০০ টাকার রেভেনিউ ট্ট্যাম্প সহযোগে সভার নির্ধারিত সময়ের ৭২ ঘন্টা পূর্বে কোম্পানীর রেজিষ্টার্ড অফিসে অবশ্যই জমা দিতে হবে, অন্যথায় প্রক্তি

क्तम दिश वटन विद्यप्ति इद्य ना। वार्विक ति(भाँठे, श्राक्ति क्त्रम अवर शक्तिता भज श्रिक्या फाकरयार्थ भाकात्मा श्राहरू। • কোম্পানীর আটিকেলস অফ এসোসিয়েশনের ১০৬ নং ধারা অনুযায়ী বর্তমান পরিচালকমন্ডলীর এক-তৃতীয়াংশ (ব্যবস্থাপনা পরিচালক ব্যতিরেকে) চলতি বার্ষিক সাধারণ সভায় অবসর গ্রহণ করবেন। ১০৭ নং ধারায় বিধান রয়েছে যে, নির্বাচিত হ্বার পর যে সব পরিচালক তুলনামূলকভাবে অধিককাল দায়িত্ব পালন করেছেন তারা অবসরগ্রহণ করবেন এবং কোম্পানীর আর্টিকেল্স অফ এসোসিয়েশনের ১০৮ নং ধারা অনুযায়ী তারা পুনঃনির্বাচিত হওয়ার যোগ্য।

AND THE PROPERTY OF THE PROPER

## ৩০-৩১, দিলকুশা বাণিজ্যিক এলাকা, ঢাকা। বিশেষ সাধারণ সভার বিজ্ঞপ্তি

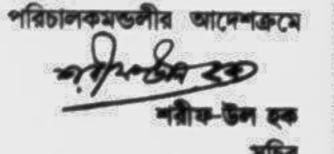
এতদ্বারা আরব বাংলাদেশ বাাংক লিমিটেড-এর শেয়ারহোশ্ডারদের জ্ঞাতার্থে জানানো যাচ্ছে যে, অত্র ব্যাংকের আটিকেলস অফ এসোসিয়েশন-এর সংশোধনার্থে কতিপয় বিশেষ প্রস্তাব বিবেচনার জন্য এবং যদি অনুমোদন যোগা বিবেচিত হয়, তবে তাহা গ্রহণের জনা আগামী ১২ই আগস্ট, ১৯৯৩ইং তারিখ রোজ বৃহস্পতিবার, বেলা ৩:০০ ঘটিকায় ঢাকা শেরটিন হোটেল-এ একটি বিশেষ সাধারণ সভা অনুষ্ঠিত হবে।

-ঃ আলোচ্যসূচী ঃ-

১। ১৯৯২ইং সালের ২০শে আগষ্ট তারিখে অনুষ্ঠিত কোম্পানীর বিশেষ সাধারণ সভার कार्यविवद्ये अनुस्मानन

২। ব্যাংকের আটিকেলস অফ এসোসিয়েশন এর সংশোধনার্থে প্রস্তাবসমূহ বিশেষ সিদ্ধান্ত (Special Resolution) হিসাবে গ্রহণ ও অনুমোদন।

তারিখ: ঢাকা, ১২ই জুলাই, ১৯৯৩ইং



লিমিটেড

वित्नव सहैवाः

১। বিশেষ সাধারণ সভায় অংশগ্রহণ ও ভোট প্রদানের যোগা যে কোন সদস্য/সদস্যা তার স্বপক্ষে উক্ত বিশেষ সাধারণ সভায় অংশগ্রহণ ও ভেটি প্রদানের জন্য প্রক্তি নিয়োগ করতে পারেন। এমন প্রক্তি কোম্পানীর সদস্য না হলেও চলে।

২। প্রক্তি ফরম যথায়থ ভাবে পূরণ করে ৪,০০ টাকার রেভেনিউ ষ্ট্যাম্প সহযোগে সভার নির্ধারিত সময়ের ৭২ ঘটা পূর্বে কোম্পানীর রেজিষ্টার্ড অফিসে অবশ্যই জমা দিতে হবে, অন্যথায় প্রক্সি করম বৈধ বলে বিবেচিত হবে না।

প্রক্সিফরম, হাজিরা পত্র এবং বিশেষ প্রস্তাবসমূহের বসড়া কপি ইতিমধ্যে ডাকযোগে পাঠানো SCHOOL !

#### Indian goods recovered

By Staff Correspondent The Dhaka Metropolitan Police recovered smuggled Indian goods worth abut Taka 20 lakh from a truck near Babul Motor garage at Golapbagh in the city

carly hours yesterday. The contraband goods include 1900 bottles of Phensidyl, a banned drug, a huge number of motor parts and some other

#### 387 more Rohingyas go home

The 63rd batch of Rohinga refugees comprising 387 went back home Saturday, raising the number of the Myanmar Muslims repatriated so far to

28,957, reports UNB. Repatriation of the next batch of 269 refugees will be conducted tomorrow, officials

By Staff Correspondent

Light to moderate rain or shower accompanied by temporary gusty wind is likely at many places over Chittagong, Khulna and Barisal divisions and at a few places over Dhaka and Rajshahi divisions during the next 36 hours commencing

Day temperature is likely to remain near unchanged over the country during the period. Mcteorological office forecast. No appreciable change would be noticed in subsequent two

The sun sets today (Monday) at 6:49 pm and rises tomorrow (Tuesday) at 5:19 am.

# Weather

### No change likely in temperature

6:00 pm Sunday

Temperature and humidity recorded in important cities and

towns on Sunda			2021 75	002010000000	
Cities/Towns	Temperature in degree Celsius		Humidity in percentage		
	Max	Min	9 am	6 pm	
Dhaka	31.8	25.6	76	74	
Chittagong	32.5	25.4	71	81	
Rajshahi	31.5	26.5	5	91	
Khulna	33.5	26.2	240		
Barisal	32.2	26.2	90	82	
Cox's Bazar	32.2	26.5	74	82	
Sylhet	34.4	25.0	66	60	
Dinajpur	33.4	26.5	80	56	

# Gold Medal

will be awarded to a woman Researcher for Scholarly work in Humanities or Social Science published within the period from July 1990 to June 1993. For details please contact General Secretary, Asiatic Society of Bangladesh, 5 Old Secretariat Road, Nimtali, Dhaka 1000. Entries are to be submitted within 31 August 1993.