Dhaka Day by Day

A Taste of City's Breakfast Fare

By AS M Nurunnabi

Breakfast is considered an important part of one's dict. Doctors stress its value in our food regimen. In their opinion, a balanced breakfast should take care of the major part of the day's caloric needs. Fiction writers often spin tales about breakfast ritual while attempting to depict a tranquil background for their stories with the main character languidly rest ing in bed while the smell of freshly brewed tea or coffee and fried eggs wafts around. Such romantic scenario may strike a responsive chord in the heart of many of us, but in the hard realities of life, such romantic view may seem out of place when we begin our day with a heetic schedule of business before us. In such circumstances, the doctor's advice for a balanced breakfast takes on a theoritical value

only. With most busy people, a cup of tea or coffee gulped down with a piece of bread or chapati serves as an apology for a breakfast. Only the holidays provide them with breaks from such spartan routine.

But we must not forget that beyond the range of such busy people, there are some fortunate souls who can afford a leisurly breakfast. With a cup of bed tea they open their eyes from sleep and after a protracted ritual of bathing and dressing up, they sit down at their breakfast table on which are laid a multiplicity of catable items

Then porting over their morning newspapers. they proceed to partake of their breakfast fare in an unhurried fashion. Such slow-paced breakfast is all the more enjoyable if there are helping hands to prepare it and place it before you. The city is also inhabited by a section of people who, for one reason or other, may not have the facilities to cook a breakfast at home. For them it may be necessary to resort to outside arrangements. Since a city caters to all kinds of requirements, there exist a good number of places where breakfast fare is available in the morning.

For the common people, there are many roadside hotels and restaurants. Besides them, some sweetmeat shops are also engaged in this business. But some specialities are noticed in their respective lines of business. While the sweetmeat shops specialise in chapati/parata to be taken with vegetable curry or lentil soup or with sweets, the restaurants generally offer addition at range of items, such as beef/mutton/chicken-curry/fried egg and hot singara. Biriyani is also served as breakfast item at some places.

But to avail of their breakfast service, you should not be a late riser. There is so much demand from customers that if you fail to make your appearance before 10 'o' clock, the breakfast service will be closed and you will

have to make do with other cata-

If you are a con firmed idler and prefer an impromiu breakfast in your den, there are ways of preparing it without much fuss. For example, you can have a simple breakfast with a lew slices of toasted bread with buter and a couple of boiled eggs. But then you must have an elementary knowledge of toasting bread and boil-

ing eggs. In course of my survey of some of these breakfast centres, I have found certain items which are worthy

of repeat frelpings. For example, luchis taken with omlette or fried potato, ending with sandesh, which some establishments supply, make a satisfying breakfast. Some sweetmeat shops have introduced breakfast packets containing sweet and salty items at economy price. In the old part of the city, they have their characteristic bakharkhani and boty kabab. Biriyani is also popular there.

A man's palate always wants a change. I anyone fids his breakfast fare, prepared at home, humdrum and bland in taste, he is well-advised to try any of the outside caterers for a change.

Lecture on development journalism: Prospects and challenges held

Intensive training to reporters, writers deserves priority

Priority should he given to providing intensive training to reporters and writers engaged in development journalism, The Daily Star Editor SM Ali said at a seminar yesterday.

He was delivering a special lecture on "Development Journalism: Prospects and Challenges" held at the Teachers Students Centre (TSC) seminar room of the Dhaka University yesterday

morning. The lecture series was arranged by the Department of Mass Communication and Journalism of the Dhaka University with the support of the Asia Foundation.

The function was presided over by the Department Chairman Dr. Golam Rahman while Professor Dr. Shakhwat Ali Khan conducted. Teachers and department students attended the function.

SM Ali in his paper recalled his personal experiences from when he began his career as a

Biswas visits

ailing B Chy

By DU Correspondent reporter in the late forties, in the Pakistan Observer. At that time journalism, he added, was very much in a rudimentary

Recalling the seminar held in Davao in the Philippines in 1968 when he was working for the Bangkok Post as its Managing Editor, The Daily Star Editor mentioned that the seminar started looking at the whole concept of Development Journalism.

The Davao seminar was organised by the Press Foun-dation of Asia on population re-

porting.

Mentioning the conclusions of the Davao seminar, Ali said that the media in developing countries should appreciate that it has a special obligation in focusing on economic and social issues which affect developing nations and helps all to understand their implications and offer solutions for the benefit of opinion makers and even governments.

The media should identify various linkage which affect progress in developing countries such as between popula tions control and agrarian reforms or between a rapid in crease in female education and decline in birth rate, he said.

Ali also noted that the community press is the best tool for the promotion of development journalism.

The Datly Star Editor also focused on the newspapers in Asia and other developing countries of the world. "On the positive side, newspapers in Asia have been showing greater interest- even acceptabilityin development-oriented reports and features that they did five to ten years ago," Ali said, while noting that a number of services like Panos, Gemini News Service, the Inter-Press Service, the Third World Feature Service of Penang, Malaysia and the PFA's Depthnews appeared to be much better written then they were a few years ago.



Students of Bangladesh Agricultural University brought out a procession in the city yesterday demanding trial of the killers of Sabuj, a meritorious student in Mymen-- Star photo

NOTICE TO CONSIGNEES

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President Abdur Rahman

Biswas yesterday visited ailing Deputy Leader of the Jatiya Sangsad Prof AQM Badruddoza Chowdhury at the Suhrawardy Hospital here, reports BSS. lle stayed with Prof

Chowdhury for sometime and enquired about his health con-

ILO DG in city

The Director-General of the International Labour Organisation (ILO), Michel Hansenne, arrived here yesterday evening on a two-day visit to Bangladesh, reports BSS.

He was received at the Zia International Airport by the Labour and Manpower Secretary. Dr Shah Mohammad Farid. Dr Afsarul Qader, Director-General (UN desk), Ministry of Foreign Affairs M Anisuddowala, President, Bangladesh Employers Association, Iskandar Ali, President, Bangladesh Jatiyatabadi Sramik Dal and ILO Director in Bangladesh, Werner K Blenk were present.

Prime Minister Begum Khaleda Zia was the chief guest at the function at the Shilpakala Academy in the afternoon, marking the formal publication of the album con-

Photo album 'Struggle for

Democracy' published

Lutfur Rahman Binu. The 200-page album is a compilation of 230 pictures showing glimpses of the democratic movement. The album is priced at Tk 1,800.

taining the photographs by

"Struggle for Democracy", a

photo album of the nine-year

struggle against autocracy, was

published yesterday by the

Jatiyatabadi Prokashan Trust,

reports UNB.

The publication ceremony was preceded by a discussion meeting, participated by Planning Minister A. M. Zahiruddin Khan, Vice Chancellor of the Dhaka University Prof Emazuddin Ahmed, CPB President Saifuddin Ahmed Manik, Justice T.H. Khan, Amanullah Aman MP, BFUJ Secretary General Amanullah

The speakers recalled the historic moments of the pe-

Kabir and BMA President Prof M A Majed.

riod of the anti-autocracy struggle and narrated the backgrounds of some of the

Later, the Prime Minister went round to see some of the photograph used in the album and on display at the Academy

DU Academic Council meet Feb 1

Owing to unavoidable reasons, the meeting of the Academic Council of the University of Dhaka which is scheduled to be held today (Tuesday) has been shifted to February 1, says a press re-

The meeting will be held at pm at the Administrative Building of the University.

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SAARC can help resist growth of communalism

By Staff Correspondent

The SAARC can play an cf- SAARC member-states would fective role in resisting the growth of communalism which is threatening peace, progress and stability in the memberstates of the South-Asian fo-

This was observed by the speakers at a seminar on "Communal situation in the Sub-continent and the future of SAARC' held Sunday afternoon at the National Museum auditorium in the city.

Bangladesh Peace Council, the seminar was addressed by the Deputy Leader of the Opposition in Parliament Abdus Samad Azad, educationists Prof Zillur Rahman Siddigt and Prof Kabir Choudhury, Abdur Rab Choudhury, MP of BNP, Scientist Abdullah-Al-Muti Sharfuddin, industrialist Mostafa Sarwar and Secretary of the Council Ali Aksad. Chairman of the University Grants Commission Prof

Shanisul Hug was in the chair. Abdus Samad Azad said the SAARC would have to be set on the footing of secularism and to achieve the goal each of the

Menon visits UNB office

Workers Party leader Rashed Khan Menon MP visited the office of United News of Bangladesh (UNB) yesterday,

reports UNB.

Weather

have to free itself from the practice of communalism in the name of 'religion', he He said the fundamentalists

were getting upper hands in Bangladesh and India with both the countries gradually loosing their secularistic state character. There is no alternative to banning the communal politics to face the 'cruel' reality existing in this region. Organised by the the Awami League leader said.

> Addressing the seminar, Prof Zillur Rahman Siddiqi pointed out that communalism was opposed to the aims and objectives of the SAARC. Explaining this, he said, SAARC was established to strengthen the ties of the South Asian people.

Prof Kabir Choudhury in his speech said Bangladesh was emerged as a secular state, but dropping of secularism as state principle, withdrawing of ban on religion-based politics and declaring Islam state religion encouraged the communal politics in the country.

Cold wave may continue

By Staff Correspondent

Weather forecast for the next 24 hours commencing 6 am today (Tuesday) says, prevailing mild to moderate cold wave over the country is likely to continue for another 48 to 72 hours while weather will remain dry with clear sky,

The Met office forecasts, no appreciable change in night temperature is likely. The minimum temperature of 5.6 degree Celsius was re-

ported from Srimangal yesterday (Monday) and the maximum of 25.0 degree was reported from Kutubdia. The sun sets today (Tuesday) at 5.41 pm and rises tomor-

row (Wednesday) at 6.42 am. The maximum and the minimum temperature and humidity of some of the major cities and towns of the country yes-

Cities/Towns	Temperature in degree Celsius		Humidity in percentage	
	Max	Min	9am	6pm
Dhaka	23.0	8.2	67	58
Chittagong	23.3	11.0	80	54
Rajshahi	23.5	6.2	60	57
Khulna	24.2	8,5	82	60
Bertsed	23.5	7.0	84	71
Cox's Hezar	24.5	12.4	56	40
Sylhet	22.0	10.2	90	71
Dinajpur	20.1	7.8	85	66



ঢাকা সিটি করপোরেশন প্রকৌশল বিভাগ, অঞ্চল – ৫

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Nat'l flower show contest Jan 29

A day long National Flower Show Competition will be held on January 29 (Friday) at Hotel Abakash in the city, reports

The International Pen-Pals Club has arranged the flower show which will remain open to all from 10 am to 4 pm.

Food Minister M Shamsul Islam will be chief guest at the show which will be inaugurated by Dhaka University Vice-Chancellor Prof Emajuddin Ahmed.

Executive Editor of the daily Ittefaq Rahat Khan will attend the prize giving ceremony at 4 pm as special guest.



	Tuesday
00	Opening announce ment Al-Quran Pr
10	gramme summary News in Bangla
25	Esho Para Shikhi
90	Ma O Shishu
30	Open University
05	Nazrul songs

News in English Film show: E N G Khabar/The News Tomorrow's progra-