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WEEKEND LIVING IN THE DIGITAL AGE

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Google brings 'The Mandalorian' to android through new AR app

Google has partnered up with Disney to create an augmented reality app featuring characters from "The Mandalorian" Star Wars

Titled the "The Mandalorian AR Experience", the free Play Store app will let users follow the trail of Din Djarin (AKA "Mando") and the Child, interact with the characters and create scenes that can be shared with friends. Iconic moments from the first season will be displayed, according to the app's Play Store description.

Google says the app will only support "compatible 5G Android devices," which includes its 5G Google Pixel smartphones and other select 5G Android phones. It should be noted the requirement is more about the technologies these devices include and not the signal itself.

To check if your phone is supported, check the list provided on the Google Developers website.

A bug preventing Twitter Fleets from disappearing



A bug in Twitter's new disappearing post feature is allowing some users to access "deleted" content after 24 hours, according to a Techcrunch report.

Through a series of tweets, it was revealed that using Twitter's backend systems via its developer API, someone can effectively access and download a user's fleets without triggering a notification. Each fleet had its direct URL, which when opened would load the fleet as an

image or a video. It was discovered that the server would still return links to fleets, even after 24 hours.

Twitter is aware of the situation and is working on a fix that should be rolled out shortly, reports Techcrunch.

It should be noted that the fix will make sure that the fleets disappear properly, not delete the content. Twitter keeps all fleets on their servers for up to 30 days, even longer if they violate any rules.

EDITOR'S NOTE

Flying cars are real now

The International Civil Aviation Day is coming soon, so we have filled this week's issue accordingly. Want your own flying car? Well, we got a list of options for you on page four. Granted, most of them are "aircraft that you can legally drive on roads" if we are being honest, but there is one example that will genuinely let you live out your Jetsons fantasy.

Flying in the middle of a pandemic is a bit tricky, so we have put together a list of precautions that you might want to keep in mind before stepping inside one of those Pressurised metal containers for an extended period of

And finally, the female frontline workers of us are fighting day and night in our battle against the pandemic. Many of them have endured mental, physical, and even social issues. We had a chance to sit down with a few of these brave women, who shared with us some of the challenges they faced in their battle against the Virus.

-Rahbar Al Haq, Trainee Reporter

NEW BIKES THIS WEEK

Honda shows off the unscaled Rebel, BMW rolls out the new G 310 R



For those who are not in the know, the Rebel is Honda's flagship cruiser motorcycle. The rugged street king got a major boost in power for the 2021 model year, with Honda throwing in their Africa Twin's Africa Twin's new 1,084cc parallel-twin as its powerplant. The engine makes a respectable 101Hp and 77 lb-ft of torque, which can be sent to the rear wheel through a six-speed gearbox or a DCT. Feature-wise the bike is loaded with advanced stuff like ride-by-wire, dual ABS, Selectable Torque Control with wheelie control. Of cores all these doses come with a sticker price of \$9,299, meaning even if our accursed cc-limit disappears overnight, very few in Bangladesh can



actually afford one of these.

BMW's entry-level naked sport got its annual refresh and it's still as desirable as it was last year. Updates include all-around LED lighting and a self-boosting, anti-hopping clutch for better riding fun. Power-wise the 313cc thumper retains its 34Hp and 21 lb-ft of torque figure, meaning it's still a fun thing to ride on. Other features include ride-bywire throttle, ABS, and adjustable brake and clutch levers. Like most of the motorcycles we feature in this segment, this bike's engine is way over our displacement limit. But, much like every other bike we feature, this one is available in India for only Rs 2.85 lakh. Oh, joy.



Editor and Publisher

Editor (TOGGLE) Ehsanur Raza Ronny

Team Zarif Faiaz Rahbar Al Haq Nahaly Nafisa Khan Shahriar Rahman

Graphics DS Creative Graphics

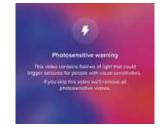
Shamim Chowdhury

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Snapchat rolls out their TikTok counterpart Spotlight





TikTok new feature allows users to avoid videos with epileptic seizure triagers

Netflix removes 'Chappelle's Show' at Dave Chappelle's request





Twitter to bring back account verifications in 2021

Fortnite introduces a \$12 monthly subscription service



Attention Deficit Trait: How to recognise and fight against it

OROBI BAKHTIAR

One of the most dependable stress triggers in the workplace is something that is sort of an epidemic these days: Overwhelm. In fact, the state of having too much to do and not enough time to do it is the very definition of stress, which happens when demand overloads the perceived ability to handle it. The trigger with overwhelm is the volume of to-do's combined with time limits that make us feel out of control another turn on for stress.

Adding to the pile is the sheer volume of information overload most of us face, which is outstripping human bandwidth, undermining productivity, engagement, and work-life balance, and driving a burgeoning malady known as Attention Deficit Trait, or ADT. Attention Deficit Trait mimics the conditions of Attention Deficit Disorder, which is genetic.

ADT, though, is a byproduct exclusively of the environment — too many interruptions and excess data overwhelming brain neurons.

Symptoms

The core symptoms are distractibility, inner frenzy, and impatience. People with ADT have difficulty staying organised, setting priorities, and managing time. These symptoms can undermine the work of an otherwise gifted executive.

The symptoms of ADT come upon a person gradually. The sufferer does not experience a single crisis but rather a series of minor emergencies while he or she tries harder and harder to keep up. Shouldering a responsibility and not complain as the workload increases, executives with ADT do whatever they can to handle a load they simply cannot manage as well as they'd like.

The ADT sufferer, therefore, feels a constant low level of panic and guilt. Facing a tidal wave of tasks, the executive becomes increasingly hurried, curt, peremptory, and unfocused, while pretending that everything is fine.

How to Manage ADT

Unfortunately, top management has so far viewed the symptoms of ADT through the distorting lens of morality or character. Employees who seem unable to keep up the pace are seen as deficient or weak.

How can we control the rampaging effects of ADT, both in ourselves and in our organisations? While ADD often requires medication, the treatment of ADT



certainly does not. ADT can be controlled only by creatively engineering one's environment and one's emotional and physical health.

Promoting positive emotions

The most important step in controlling ADT is not to buy a smartphone and fill it up with to-dos, but rather to create an environment in which the brain can function at its best. This means building a positive, fear-free emotional atmosphere because emotion is the on/off switch for executive functioning.

There are neurological reasons why ADT occurs less in environments where people are in physical contact and where they trust and respect one another. When you comfortably connect with a colleague, even if you are dealing with an overwhelming problem, the deep centres of the brain send messages through the pleasure centre to the area that assigns resources to the frontal lobes

Taking physical care of your brain

Sleep, a good diet, and exercise are critical for staving off ADT. Though this sounds like a no-brainer, too many of us abuse our brains by neglecting obvious principles of care. You may try to cope with ADT by sleeping less, in the vain hope that you can get more done.

This is the opposite of what you need to do, for ADT sets in when you do not get enough sleep. There is ample documentation to suggest that sleep deprivation engenders a host of problems, from impaired decision-making and reduced creativity to reckless behaviour and paranoia. Diet also plays a crucial role in brain health.

Many hardworking people habitually inhale carbohydrates, which cause blood glucose levels to go haywire. This leads to a vicious cycle: Rapid fluctuations in insulin levels further increase the craving for carbohydrates. The brain, which relies on glucose for energy, is left either glutted or gasping, neither of which makes for optimal cognitive functioning.

Organising for ADT

It is important to develop tactics for getting organised. Your goal is to order your work in a way that suits you so that disorganization does not keep you from reaching your goals.

First, devise strategies to help your frontal lobes stay in control. These might include breaking down large tasks into smaller ones and keeping a section of your workspace or desk clear at all times.

Similarly, you might try keeping a portion of your day free of appointments, e-mail, and other distractions so that you have time to think and plan. Because e-mail is a wonderful way to procrastinate and set yourself up for ADT. At the same time, you might consider holding specific "e-mail hours," since it is not necessary to reply to every e-mail right away.



Introducing







Four 'flying cars" that actually fly

RAHBAR AL HAQ

People's fascination with flying cars is as old as aircraft themselves. From the first days of flight, people have dreamed of owning their personal flying vehicle. With that in mind, here are a few that managed to fulfill that dream, and can be yours if you have the money for it.

Starting with a blast from the past, Aerocar International's Aerocar is one of the first flying cars that saw any kind of success. The car was a brainchild of one Moulton Taylor, who built the first





prototype in 1949. The basic design involved a rather adorable looking front wheel two-seater fiberglass car mated to an aircraft wings and tail. The entire wing and tail section could be detached

and folded into a self-contained package, allowing the fuselage to operate as a normal supermini. Power came from a Lycoming O-320 horizontally-opposed four-cylinder aircraft engine, making 143 HP. On-road, the Aerocar had a top road speed of 67 mph and a cruising speed of 55-60 mph. In air, however, the numbers almost doubled to a top speed of 110 mph, a cruising speed of 100 mph, a 12,000-foot service ceiling, and a range of 300 miles. Sadly, only five of these amazing vehicles were made before a combination of issues forced the company under.

Klein Vision's 'AirCar' (V5)

Fast forward to 2019, we have the AirCar by Slovakian automotive firm Klein Vision. Compared to the previous two entries, the V5 is absolutely gorgeous and looks like an actual mid-engine sports car with a propeller and a giant rear spoiler stuck onto it. Its 3-minute transformation to plane a more is also a sight to behold, with the wings literally growing out of

the fuselage then morphing into position. In-flight mode, the car's 140HP 1.6 liter engine can take the car off the ground in 300 meters and can travel up to 621 miles with a 124-mph top speed. The company has yet to disclose its onroad performance but confirmed it will be capable of autonomous driving. Currently, the vehicle is in the prototype stage, having done its maiden flight in October. The company hopes to brings the car into production by next year. though they have yet to specify a date.

PAL-V Liberty

For all its coolness, the AirCar has one major Achilles heel, a need for a runway. Fortunately, Dutch company PAL-V short for Personal Air and Land Vehicle has an answer for those who want to fly without traveling to an airport first, their Liberty autogyro. In its car mode, the Liberty looks like an upmarket tuk-tuk (Or CNG if you prefer) with a cargo box strapped on top. When the need for flight arises though, the box unfolds into a

carbon fiber rotor blade, allowing it to quickly take off. Powered by a 101Hp motor, it can reach a top speed of 100 mph and travel around 807 miles. On air, the top speed is claimed to be 122 mph with a range of around 297 miles, and therein lies the catch. Although PAL-V proved the design works with the PAL-V ONE demonstrator in 2012, the Liberty has yet to make its official maiden flight, which is set for sometime next year.

Opener BlackFly

Now, if we are honest with ourselves, none of the vehicles on this list is a "flying car", they are actually road legal aircraft. Now, what if we told you that out there is a design that is so radical that it blends the definition of two? Meet the BlackFly by Opener, Inc. By design alone, the BlackFly breaks every rule in the book. It doesn't have wheels; it doesn't have a tail and it definitely does not need any prepared surface to operate. Its eight electric motor lets it mauver at any angle, its dual wings allow it to turn on a dime, and its single shell body means it can take off and land on water without any issue. Performance-wise it can reach a top speed of 80 mph and has a range of 40 miles. The best part? Unlike all other vehicles on the list, this one does not require a pilot's license to fly. At the time of writing this article, Opener is producing 30 preproduction models for light testing. They promise to put the BlacFly on the open market after they are done testing those, and their website claims each will cost about as much as an SUV. Fingers crossed



The plight of female frontline workers during Covid-19

JINAT JAHAN KHAN

Female frontline workers are toiling a countless number of hours on duty since the Covid-19 outbreak. But being a female frontline warrior is just not about professional workloads. Many of them have endured physical and mental issues and faced social distress. We have talked with three of these frontline workers who have shared their challenges during this pandemic, especially from March to July when the quarantine restrictions and pressure were more severe.

"I was traumatised and felt helpless; the

burden of death was too much" Being a doctor is about both handling every patient carefully and confronting hard emotional issues. Dr Ritipurna Haimantika Dasgupta shared her story about what it meant to be a doctor during an outbreak

There are multiple issues for her at the same time; shortage of PPEs, masks, gloves and other medical equipment, the reuse of the same PPE and urinary tract infection due to the long-term use of PPE, to name a few.

These issues were more severe at the peak of the pandemic. Ritipurna also mentioned how difficult it was for her to eat or drink at a regular interval while maintaining proper safety and how she has struggled a lot due to lack of transportation and felt insecure on roads at night as we are yet to make the roads

Another challenging part was knowing the medical history of reluctant patients. While sharing the challenges, she also



talked about the immense mental pressure and the feeling of helplessness when some of the patients died of Covid-19 despite their efforts and she even lost one of her colleagues.

"At first everything was difficult to maintain. Consecutive and nonstop

duties for 10-12 hours with 2/3 masks along with N95 mask was really difficult. I also needed to ensure that my family didn't get affected by Covid-19 due to me. It's not easy to handle each of the issues at a time. But like every doctor, I'm also trying to cope up with the situation as it's becoming the new normal," said Dr

"Don't sacrifice yourself for others, I was warned over and over"

Sarah Marandy, a development worker and director of Gram Bikash Kendra (GBK) in Parbatipur, Dinajpur has worked for the marginalised people amid this pandemic too.

However, she has often been mocked. Sarah was reminded again and again that she shouldn't take the risk as she has small kids. Some taunted her that none would come to bury her even if she died and her family would face challenges due to her. She shared how her female staff and she have been working under high risk and extreme mental pressure and trying to balance both personal and professional life since the beginning of the pandemic.

And reaching home safely with minimum facilities of transportation at night is like the second most important

war to fight after the Covid-19 war for female frontline warriors

As the director of GBK, she has faced complicated issues. There were no PPEs, masks and hand sanitisers in their Upazila during the initial period of Covid-19, and arranging these medical equipment for the social workers in a place where people had no idea about these equipments was a great challenge

Sarah said, "I remember how all the people were looking at us strangely for wearing PPEs on the first day. But I felt like a warrior that day as I was doing something good for my people. Despite criticism and difficulties, we haven't stopped our work. Because there are many people outside who need us to have at least some food a day, and we'll do as much as we can".

"I had to wear a PPE for 12-hour straight, despite rashes and allergies" Nurse Yeasmin Akhther, another female frontline worker has endured rashes and uneasiness due to constant wearing of PPE, masks and gloves on her 12-hour regular shift. Though the work shift is back to her normal shift hours, wearing the protective gowns and aprons is still a

She can't even take food or drink water whenever she needs as she doesn't want to waste the limited stock of protective equipment. Many time patients and their families behave aggressively with nurses and during this pandemic and according to her, these kind of people are on the

Yeasmin recalled how a Covid-19 patient whom she was assisting, died due to the irresponsible behaviour of his family despite giving her best efforts.

"This incident is too small for a nurse who sees many patients dying in her career. But somehow I can't forget this incident as he was the first Covid-19 patient whom I was assisting. I tried my best to keep both of us protected, but he needed proper treatment of Covid-19 which was not available in our hospital or Upazilla at that time. But his family was reluctant to understand the depth of the pandemic and consequently, he died," said Yeasmin.

She also added, "Most people are ignorant to share their medical history. We, nurses, check the patients before assigning them to doctors, which add a great risk for us. With a greater risk and immense mental pressure, we're still doing our duty."



TOGGLE

What's new in the arena of civil aviation?

SHAHRIAR RAHMAN

If you are someone who loves travelling particularly by air, then being homebound for the last few days must have been really the dullest period of your life. To make your mundane life a bit tolerable, we bring you a compiled list of stuff related to aviation travel that you might find interesting:

Dhaka airport to get a new radar By the time you are able to travel, rest assured your travel will be a bit safer as Civil Aviation Authority of Bangladesh is upgrading their analogue radar. Not only it will make our lives safer but will be source of additional national revenue by providing guidance.

The new radar system is going to be provided by Thales.

Flying drones get simpler If ariel photography is your thing, then this year should be a delightful one. This year, government has approved a new guideline for flying drones. For entertainment purpose, one no longer needs any permission to fly a drone. All you need is a legally purchased drone which won't fly above 500 feet and won't be weighing more than 5 kilograms. For details do check the guideline.

BD-US signs open sky pact By the time the pandemic is over, hopefully you will be to catch a Biman flight from Dhaka to USA, thanks to the recently signed Open Sky Agreement. This agreement in a way opens out way BD and USA have formally signed an air transport agreement today. From now on, this agreement will act as the primary basis to resume flight operations between the two countries.

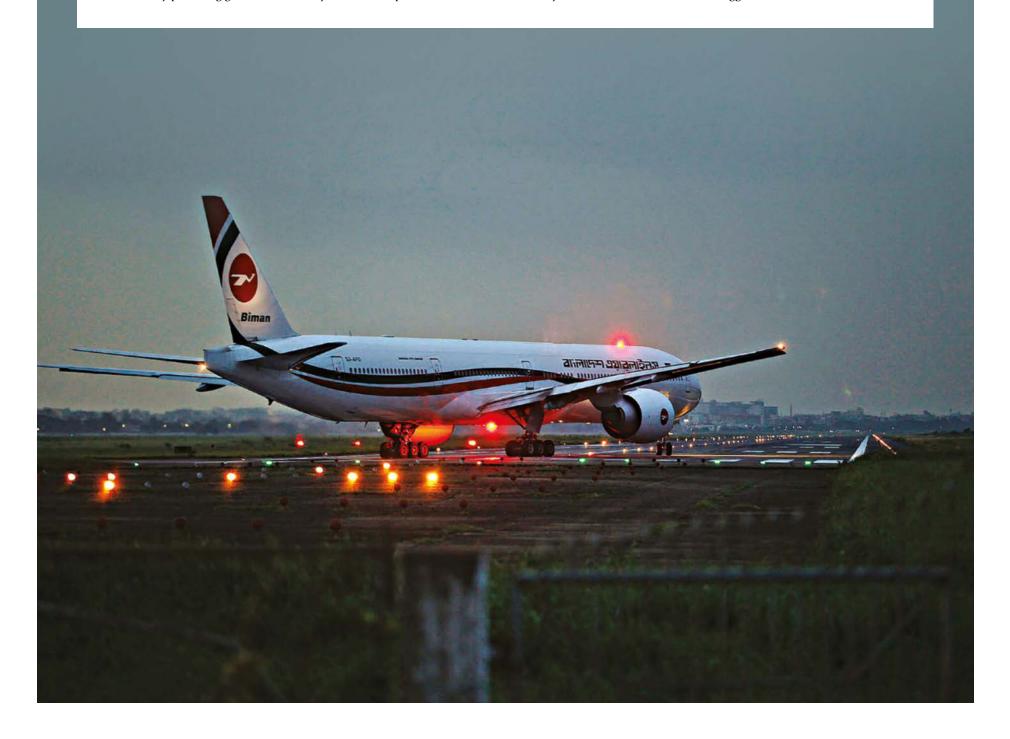
British Airways to resume operation

After more than a decade (11 years to be exact), British airways is again commencing its operation in Bangladesh. According to ministry of civil aviation, British

Airways will have direct flight from Dhaka to London making it a very lucrative option as a huge number of crowds right now have to rely on indirect flights to go to UK.

All airport WiFi passwords in one

Though this might be not be the handiest piece of information for you right now, but it is certainly worth bookmarking. Anil Potal, an engineer and blogger created a global map of most of the popular airports of the world. It's regularly updated and you can check every time before you trip. Here's the link: https://bit.ly/ ToggleWiFi





With the pandemic raging on in the country, flying, although more expensive, is considered safer than travelling by road or train.

Normally, I'd advise you to stay home and avoid going out, if possible. But if you find yourself in a dire need of travelling (not tours), then consider taking a flight. And while you're at it, here are a few things to keep in mind:

1. Layer up with masks, face shields and gloves Take multiple masks, either disposable ones or re-

Take multiple masks, either disposable ones or rewashables, throw in a face shield for added safety as you might come in close contact with other people. Wear a set of hand gloves to avoid directly touching anything. No matter how uncomfortable it gets, don't take them off! It's just a matter of few hours, at max.

2. Carry a hand sanitiser at all times

The best way to get rid of the virus is to constantly wash or disinfect your hands. Avoid touching surfaces as much as you can. Carry a hand sanitiser with you at all times, in case you accidentally touch a surface. Also remember to use it every time after you complete a transaction – Money, boarding pass, bags etc.

3. You don't need that meal

Do you, like my mother, enjoy bringing home the flight meal packet? Tough luck for you, then. Don't even touch that box. The ideal way to survive this pandemic is to consider everyone and everything

you come across as potential Covid-19 carriers. Eat up before a long flight if you fear getting hungry mid-flight or carry light home-made snacks. Carry a small water bottle for your personal use only.

4. Carry a mini blanket

Many of us need a blanket in long flights when the temperature drops at high altitudes. Carry your own in that case and avoid reaching out for the standard issue flight blankets. Mini blankets or comforters can be found online on sites like Daraz, Othoba. com and so on.

5. Reconsider your life choices

The most important step of travelling during this pandemic is to reconsider if you really need to travel. Unless it's very important for you to travel; an urgent family need or an unavoidable field visit, can't you just wait a bit longer to go on that much fancied vacation? I hear a vaccine is around the corner!

-Illustration by Zarif Faiaz

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Infegraphic: Zarif Fa

Delving into the world of Korra

ISRAR HASAN

Everything changed when the Fire Nation attacked. What followed was finding Aang in the iceberg, genocides, Iroh's advice, Zuko's revolutionary redemption arc, and the climactic battle between Team Avatar and Fire Nation punctuated with thematic awestruck music and emotionally charged state of the art animation.

Avatar: The Last Air bender has recently enjoyed a renaissance as it trended as the top Netflix pick breaking the record for a longest consecutive appearance on Netflix's daily top ten list. Following the success of ATLA, Netflix has picked up its sequel, The Legend of Korra as well which has a polarized fan base compared to its predecessor.

First forward 70 years into the future, the new Avatar is Korra, a Southern water tribe member who possesses brute strength and a cocky, brash resolve compared to Aang, the pacifist and much younger monk at the start of the franchise. The series, unlike ATLA, does not have an overarching theme guiding the characters to the final climactic battles, it rather has each season or books, as they are called, have a special theme and villain in it.

The world-building steampunk style The Legend of Korra (LoK) is set in a much more technologically advanced world, resembling that of industrial



Europe teeming with steam engines, futuristic technologies, and nascent factories in expanding cities. Inspired by Victorian England saturated with all sorts of futuristic technology, the series is very different from the rather Asiatic agrarian settings the first series had shown.

The four nations have been integrated into a new autonomous city named Republic City where people of all nations can co-exist with a representative council presenting their interests. In LoK, the resentment takes place between "benders" – those who can manipulate fire, air, earth, and water and "non-benders" – regular citizens who do not have these inborn abilities. Charged with socioeconomic themes, LoK highlights the struggle the Korra has to go through to fight the Equalists, led by an ominous and

mysterious figure named Amon who can strip away people's bending abilities to create an equal society. Striking parallels to our times, the show highlights the "us vs them" narrative and how policies of exclusion lead to radical violent social movements.

The Avatar Universe has always presented a wide array of nuanced villains who cannot be easily put into a box of labels. Although not all characters get their adequate screen time, the show needs to get props for the presentation of ideologies stemming from familial guilt as is shown in Korra's own family and the socio-political climate that very often breeds extremist violence. One such group of villains are the Red Lotus, the counterpart to the peace-loving White Lotus we encounter in ATLA, who

seek to overturn the world systems of control exercised by governments, kings, and socially constructed hierarchies. The Red Lotus sought to unite the spirit and human worlds and eliminate governments, nations, borders and world leaders, including the Avatar.

The series does a rather amazing job when it comes to signalling the chaos of a sudden shift from an established system of governance to one of no direction moulding for more insidious forces to rise in the power vacuum. Very eerily similar to the world we live in.

A different kind of show

It is the last season of LoK that truly delves into the depths of emotional baggage and distress a superhero can carry. For a kids' show, it pushes boundaries of representation as Korra recovers from nightmares and depressive episodes from her previous fights. Amid her 3-year absence, she faces her final villain, a general turned warlord named Kuvira, who saves people in the name of nationalistic fervour putting opponents into concentration camps. The season charts the character development of brash and rough headed fighter into a more mature level headed character bringing the hero in sync with the ideals of the yesteryear Avatar.

LoK is no ATLA, and neither should it be. The show, however, needs to be applauded on many fronts: dark-skinned female hero, many leading female heroes, underlying LGBT themes, socio-political themes and brilliantly choreographed fights. Tapping into the darkest currents of the human experience, the show breaks ground in this regard providing thoroughly nuanced portrayals of the human condition that personifies our world.

