

Of patriarchy and a need to change

People invariably get hurt by loved ones; whether they meant to do it or not remains another question to ponder on. I am talking about family elders, who should by now know how to conduct themselves in this time and era of all things politically correct.

It's something they often did not say, but their underlying tone was enough to bring tears to your eyes; they did not pronounce the silent hatred, but the casual expression of ignoring you was enough to peel away the shell around your heart; something they carefully avoided or did not take into cognisance that hurt you.

They do not know the severity of the upheaval; their blatant arrogance has caused inside of you. And how it dismantled your entire crux of being.

People forget how those subtle expressions, the body language, those pin pricks undo you; things like body shaming, gender inequality, or as simple as the matter of being fair complexioned or not. And you still cannot fathom the strange feeling how easily these elderly loved ones throw their noxious influence around, and how we can hardly retort back.

Anyway, moving forward, whatever they say, whatever they do, some would say you swallow the pain and move on; after all, they are your family elders. But is this the correct way of dealing with delinquency—avoiding them I mean? This giving up attitude of ours actually got them going this far, if the uptight elders were taught a lesson in their childhood then they would have done better now.

We say elders cannot be changed — their pride, their lack of political correctness, their attitude towards life — are the reasons why you avoided them at family gatherings in the first place. They got away with such political incorrectness in their hey days, which is exactly the reason of such narcissistic confidence now at

the far end of their lives. You cannot expect them to do any better.

The question remains, who would bell the cat—who will teach etiquettes to octogenarians? There are such elders in everyone's family and they get away because of their revered positions, failing to recognise how their personality traits are mimicked by ardent fans in the extended family, or in their socio-cultural circle; men who learn nothing but ultra-chauvinism from them.

These elderly individuals are the reason why men in our country are so disdainful. I would also add that their narrow-mindedness and looking at the world from a very selfish point of view are reasons enough for us to fear these band of men.

These days when violence against women are so rampant, we must learn to forgo of reverence and go deep into the battleground. You may say these are small incidents and casual comments, but what would the little fan of theirs learn?

We need to stop them from spreading toxicity and also stop the fans from picking such incorrect traits. And we need to do it now!

This week in Star Lifestyle, catch the story of a footballer from Jhenaidah and her achievements. You go girl, nothing can stop you, not even the patriarchs of the family.

*Also we have a special session arranged for our readers and patrons; keep a lookout for **Lifestyle Talkies tonight, at 8:30 p.m., at The Daily Star Facebook LIVE** for a much needed discussion on **Self Defense Tactics** and making it compulsory knowledge for every citizen of our country, including school going children. Watch this show to see numerous MYTHS busted by experts in the field.*

— RBR

Essentials

The Lifestyle Talkies viewing session has been updated from 7:30 p.m. to 8:30 p.m on every Tuesday at The Daily Star Facebook LIVE, based on popular choice and requests.

“Berger Easy Clean” reintroduced with a strengthened formula

Accommodating customers with a new generation painting solution for elegant interiors, Berger Paints Bangladesh Limited has reintroduced its unique “Berger Easy Clean” strengthened with engineered, modified polyester fibers.

This improved formulation was created in partnership with the Reliance Group of India, ensuring increased quality. The formulation includes VIRGIN polyester and polypropylene (mono-filament fibres) for secondary reinforcement in construction applications, made by Recron, a flagship brand of Reliance.

This partnership has enabled Berger Paints Bangladesh Limited to be the first and only paint company in the country to implement such innovation with effective features such as UV sparkle cross linking polymer, superior stain resistance, low VOC, anti-fungal, faster roller/brush applicability.

The stronger formulation ensures even better washability, while common household stains can be removed using plain water or soap water. For extreme strain, T6 thinner (tarpin oil) can be used.

Berger Easy Clean entails patented engineered modified polyester fibres. This three-dimensional integrated webbed network boosts the comprehensive strength of the paint than any other conventional interior paints.

This particular variant of paint is available in drum, gallon, and liter sizes (18 liters, 3.6 liters, and 0.9 liter) across the country. This variant is a colorbank based product and offers more than 2000 shades.



◆ HOROSCOPE ◆



ARIES (MAR. 21-APR. 20)

Don't invest in joint ventures. Your partner can be difficult. Health problems are likely. Your lucky day this week will be Monday.



TAURUS (APR. 21-MAY 21)

Pursue outdoor activities. Look to hobbies of interest. Avoid getting into disputes. Your lucky day this week will be Friday.



GEMINI (MAY 22-JUN. 21)

Endure if you wish to save the relationship. Be careful to avoid mistakes. Your work will be appreciated. Your lucky day this week will be Thursday.



CANCER (JUN. 22-JUL. 22)

Plan any event carefully. Romantic encounters are likely. Avoid issues with in-laws. Your lucky day this week will be Wednesday.



LEO (JUL. 23-AUG. 22)

Children can cause trouble. Avoid criticising others. Keeping a level head is key. Your lucky day this week will be Thursday.



VIRGO (AUG. 23-SEP. 23)

Find ways to stay occupied. Consider making career changes. Reorganise your finances. Your lucky day this week will be Tuesday.



LIBRA (SEP. 24-OCT. 23)

Put your plans to action. Win favours with superiors. Delve into worthwhile causes. Your lucky day this week will be Saturday.



SCORPIO (OCT. 24-NOV. 21)

Fulfil your duties. Family members can be a source of grief. Keep an eye on your health. Your lucky day this week will be Wednesday.



SAGITTARIUS (NOV. 22-DEC. 21)

Look into creative endeavours. Avoid going behind people's back. Take care on spending money. Your lucky day this week will be Monday.



CAPRICORN (DEC. 22-JAN. 20)

Uncertainties in your life will be unnerving. Invest in viable projects. Make plans to travel with your partner. Your lucky day this week will be Monday.



AQUARIUS (JAN. 21-FEB. 19)

Sort out pending paperwork. Think about yourself for a change. Make new friends and broaden your horizon. Your lucky day this week will be Sunday.



PISCES (FEB. 20-MAR. 20)

Avoid staking your own money. Do something energetic. Don't hurt anyone's feelings. Your lucky day this week will be Friday.