

#PRESS RELEASE

Family Brunch Saturday at the Elements, InterContinental Dhaka

On weekends, we brunch!

Taking this idea and running with it is one such restaurant that is driven solely by an uncompromising attitude to only serve the best to your plates. Basking in natural light, the restaurant in question is the exquisite dine-in, Elements of InterContinental Dhaka and the brunch we started this conversation with is a culinary discovery you simply must find!



"Brunch is more of a western concept that we're seeing more and more of in our local culture now. Here, at Elements, we've been inspired by American and Parisian brunches, upon which we've added good dollops of Asian influences to come up with a balanced brunch buffet that any Bengali would love to indulge in," shares Syeda Faica Fareea, Assistant Communication Manager at InterContinental Dhaka.

And, so, the menu of this all-

inclusive brunch is a true celebration of scrumptiousness palatable to anyone looking for a good meal. This culinary journey will whisk you away to a healthy serving of greens to start off with, assorted sushi and a glass of whatever fruit juice you fancy, made fresh from pulp. You may also help yourself to a tall order of detox water to flush out bodily toxins.

Make your way to the cheese board and work through baked goodies like croissants,



Danish pastries and brioches. Indulge in the sweet, wafting smell of freshly-cooked eggs, waffles and pancakes, made to order right in front of you at the live station.

Also available for live viewing are prawn tempuras, pizzas and pastas cooked inside wood-fired ovens and turkeys and other meats grilled and carved to perfection right before you! Keeping deshi lunch in mind, hearty like buttery naans, delectable beef kala bhuna, glutinous mutton and tinged saffron pulao are there to tempt your palate.

Furthering these temptations still is the desserts station, claiming a space of its own in the heart of Elements. Chocolate in brownies and cakes, fruit tarts, cheesecakes, crème brûlès and pies, there's more here than what any sweet tooth can ask for!

Find that joy within with the help of the luscious chocolate fountain on display here and taste it with marshmallow sticks dipped deep enough for a full coating; a popular sight at this corner, particularly with children!

"We want to reinforce the idea of a family brunch with our buffet here at Elements and to cater to that, we have a kids' corner with face-painting, television, and games. They may bring their own toys, mingle and just enjoy the space designed for them here, even munching on the bite-sized treats intended for them from the buffet," explains Fareea.

If you are worried about eating out amid social distancing measures this pandemic, InterContinental has got you covered.

"Seating arrangement at Elements has been reduced by 40 percent keeping social distancing practices in mind. Tables are set up when each guest arrives after having their hands properly sanitised.

"At stations, customers are encouraged to stand at a healthy distance from one another with the help of footprints drawn on the tiles. Customers are served by our chefs in standby, so as to prevent mass numbers of people from touching the same cloches and spoons. Most importantly, our staff and chefs are following strict hygiene practices to ensure due caution in this pandemic," reassures Fareea.

To sweeten this deal even further, as part of celebrating 'Ladies' Night Saturday & Tuesday', InterContinental offers a flat 50 percent discount for all women walking through its doors these two days of the week.

The hotel's Family Brunch, hosted every Saturday, being regularly priced at Tk 4500 net per person is, therefore, just half that price for the ladies amongst you!

So, sneak away this Saturday and righteously call out for there to be brunch; after all, it's always a good idea!

By Ramisa Haque
Photo: Sazzad Ibne Sayed