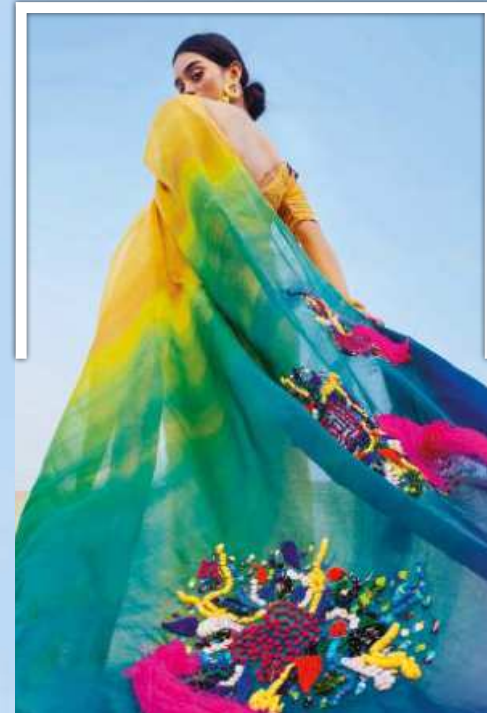


From sporting bright colours, to embracing the irresistible dash of blues and greens, the colour palette of the monsoon wardrobe is of course rather wide in scope. So, what are your plans for the monsoon that will last for a while this year? Are you thinking of donning the brighter and bolder hues, the typical shades, or perhaps — a marriage between the two?

story

Rainy day style

THERAPY



Let Star Lifestyle tell you all about the trendiest blend of colours this monsoon. Colours influence the mind more than you think. They have the power to soothe, and excite. Selecting the wrong hues at this moment of crises can bring an air of melancholia, and that is the last thing we need right now. Our styling needs have been minimalised this season as most of us will be spending our time indoors, attending virtual meetings and doing most of our office work from the comfort of our study. That by no means should mean that we should spend days in our pyjamas and tees while we finish the pressing presentation, or working on that accounts excel sheet.

One of the things that one must understand is that in order to see through these tough times, we must stay positive, and wearing the right wardrobe and of course, the right colours, can certainly make

or break your mood.

While traditionally, one would opt for darker tints like blue (the quintessential monsoon shade), black or shades of grey, this monsoon should see an increasing use of brighter hues — neons, pinks, yellows and other such happy shades — should have a predominant place in our wardrobes this season. These are not only trendy, but can also brighten up an otherwise gloomy rainy day. We can safely term this as colour therapy at its best!

It may not be impossible to shop for a stylish monsoon, but that goes unadvised and frankly, it is unnecessary. Just keep the important points in your mind — show the pastels and whites the door, for now, at least for a while. But if your closet is filled with such staples, always remember to offset them with some that will add a different touch to your ensemble. Colour blocking

with a brighter shade will do a better job at keeping glum at bay.

Monsoon truly brings out the lush green landscape of Bangladesh and the sweet smell of the soil freshening up after an overnight splash. Yet, there is no doubt it can be a menace when the rain becomes incessant and roads get stagnated; at a time when our lives are seemingly waterlogged, opting to be a little positive, perhaps going the extra mile in choosing an attire in the right shade to lift your mood is the right thing to do. To many, this may seem superficial and superfluous, but know this — there is nothing superficial about trying to be positive, even if it means rummaging through your wardrobe and planning ahead for the right outfit for that virtual meeting.

By Style Guru
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