#### CHECK IT OUT

# **Sunny and sensible with Cats Eye**

Mood and destination paired with the seasonal juncture of Spring and Summer — these are the features for Cats Eye's latest collection.

Sadiq Quddus, Cats Eye's Director and Designer, described the collection as being fully focused on the youth. Printed smart casual shirts, round-neck t-shirts, polo shirts with collar and stripe variations, long tops and much more are part of this youth-

forward fashion brand's newest line.

The offered formal and casual wears are made with top quality premium fabric, all priced reasonably.

Online shoppers can look forward to the chance of getting a 10 percent discount when they shop at www.catseye. com.bd

For more information, visit https://www.facebook.com/CatsEyeLtd/

# **Independence Day with Nipun**

In the hearts of every Bangladeshi, the month of March is synonymous with the spirit of independence. To honour this spirit, fashion house Nipun is set once again with a collection to uphold all that is free and proud. Nipun is offering shalwar-kameez, sari, panjabi and baby dresses this time around, without breaking the bank. This new collection can be found at all Nipun outlets.

For more information, visit www.facebook.com/nipuncraft

#### Feast from Middle East at The Westin Dhaka

Foodies and diners looking for the best of Middle Eastern cuisine should look no further that The Westin Dhaka's Middle Eastern food festival!

At the festival, guests can enjoy exotic dishes and desserts from Iran, Iraq, Syria, Lebanon, Turkey, Egypt, Saudi Arabia, Qatar, Kuwait and many other Middle Eastern countries. MasterChef Mehmet Tuncel and his team of culinary artists are presenting a lavish buffet spread, featuring delicacies such as Lamb Ouzi, Samka Harra, Tabbouleh and Kibbeh Labanieh. For the kebab lovers, Shish Taouk, Kofta Kebab, Kabab Orfali and many other succulent kebabs are also served in the spread. For a sweet finish, assorted Middle Eastern sweets such as Baklava, Kunafa, Basbousa and Umm Ali are part of the spread.

The food festival is a dinner-only event and the buffet dinner is priced at Tk 6,000 Net per person. Throughout the festival,



exciting B1G1 (Buy One Get One) offers are available on selected cards from a number of banks. This festival will run till 26 March, 2020, at the hotel's Seasonal Tastes Restaurant.

To attend the festival, guests will have to make a reservation by calling Seasonal Tastes at +8801730374871

For more information, visit www. facebook.com/The.Westin.Dhaka



# **Today's Athena**

As part of International Women's Day, BRAC University Natural Sciences Club (BUNSC) arranged an event, styled 'Today's Athena,' at BRAC University's Mohakhali campus. The name was inspired by Athena, the Greek Goddess of warfare, courage and wisdom. The programme was divided into two phases — a self-defence workshop, followed by a very interactive talk session.

The workshop was conducted by renowned trainer, Shamima Akhtar Tulee, owner and chief consultant of 'Combat Gym by Tulee.' The list of her achievements is impressive,— she is a regular health columnist of the 'Daily Observer,' a four-time National Karate Champion, the first woman in Bangladesh to hold the Shotokan Karate black belt, and has served as referee at various international karate championship matches, to name just a few.

The workshop, which was open to all students, faculty and staff of BRACU, both male and female, was very effective. The trainer taught the participants some very basic, easy, yet crucial self-defence techniques and moves, that can be used

to take down any perpetrator. Participants were taught about some of the weak points of all human beings, where hitting will surely weaken the perpetrator, and will give the victim enough time to make a run for it.

Just as knowing how to defend oneself is important, being aware of one's rights and being able to fight for them is equally important. Keeping this in mind, a talk session was arranged, with the same agenda as the theme of International Women's Day this year — 'An equal world is an enabled world.'

Famous Canadian researcher, scientist, philosopher and artist, Erik Zepka, was one of the speakers, along with some of the most distinguished faculties of the university. They shared their insights on how women's rights are nothing but basic human rights, the different ways women are still being deprived of their rights, and also, how to stand up and fight for one's rights.

By Faiza Khondokar

### Dhaka Kendra adds new corner

A project of Maula Buksh Sardar Memorial Trust — Dhaka Kendra has added a new corner titled "Dhakar Muktijuddho" on 14 March, 2020. At the same time, Nazir Hossain Nazir's book "Sat Doshoker Dhakar Smrity" was unveiled. During this occasion, Sayeed Khokon, Dhaka South City Corporation's Mayor attended as the chief guest.

Dhaka Kendra had started its journey back in 1977, with a view to make the denizens of Dhaka aware of the history and culture of the city, as well as to preserve the almost lost traditions of the capital.

For more information, visit www.facebook.com/dhakakendra97

