

Monitors that are easy on the eyes

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When we were young, almost all of us had a limit to how much TV we were allowed to watch in a single day. For many the cautionary tale was “watching too much TV will make you blind”. After we grew up, we realized the “limit” was less about preserving our vision and more motivated by a combination of other things. Still, while it has been scientifically proven that watching too much TV will not make us go blind, starting at a screen for an excessive amount of time will cause other issues, such as, eyestrain, headaches, blurred vision and dry eyes. And with the advent of the digital age and start of new trends such as “paper-free” offices, staring at a screen has become a large part of our daily lives. With that in mind, here is a list of monitors that are designed to mitigate some of the ill-effects of long-term screen use.

BenQ GW2480
Price: BDT 15,300

BenQ is one of the few brands that actively looks after protecting its users’ eyes from long term screen usage. Their budget offering, the 24-inch GW2480, comes with low blue light filter and flicker-free technology, designed to minimise damage, such as, eye strain and headache. In addition to these, the monitor also comes with an ambient light sensor which automatically adjusts the screen brightness based on the ambient light of the surrounding environment. A great general-purpose monitor, especially if you have a small budget.



Asus Designo MZ27AQ
Price: BDT 48,280

If you are a creative person looking for a large monitor that looks good even when turned off, then the Asus Designo MZ27AQ might be just for you. This 27-inch frameless monitor is fitted with Asus eye care technology, a TUV certified system that comes with four different blue



light filters and flicker-free screen. As an added bonus, the monitor comes with multiple eye check software, allowing you to self-diagnose your vision if you want to. Do note that this monitor is geared towards professionals, as indicated by the eye-watering price tag.



Asus VP28UQG
Price: BDT 43,500

While the MZ27AQ is great for creative use, its 60Hz refresh rate makes it ill-suited for gaming. Asus’s answer to this glaring problem is the VP28UQG, a 28-inch 4k gaming monitor with 1 ms response time. It comes standard with their proprietary eye care technology and AMD FreeSync, which is designed to eliminate screen tearing, motion chop, and input lag. The only downside to this amazing screen is the price, which actually costs more than some decent

gaming PCs. Still, getting this monitor means the only thing that is stopping you from dominating an online PvP match is your internet connection and lack of personal skills.

BenQ GW2283
Price: BDT 10,300

Taking a step back from the form enthusiast specials, BenQ’s GW2283 is another of budget offering that more comes with a quirky feature. The 21.5-inch monitor is fitted with BenQ’s proprietary Brightness Intelligence Technology, a system that detects overly bright or dark scenes and adjusts them for greater clarity, allowing its users to observe details that would otherwise go unnoticed. The monitor still retains all the other standard eye protection features found in all BenQ products so if you want a standard monitor that will literally show you what more than meet the eye, there aren’t many alternatives to this one.



Unique gadgets to accompany you on your travels

ZARIF FAIAZ AND ASIF AYON

Tech apparels outside of your phone, laptop and charger are often considered as extra baggage for trips. But it’s when there’s a product that guarantees a better experience for you, is when we chime in with our picks. These unique gadgets will help you get the most out of travels while ensuring that your daily lifestyle isn’t hampered. Buckle up.

Pack your lifestyle in a bag: Deuter AIRCONTACT LITE 65+10 Trekking Backpack
Availability: Available in Peak69 in Bashundhara City and on their website
Price: BDT 19,700



A portable washing machine: Scrubba wash bag
Availability: Available on Amazon and ships to Bangladesh
Price: \$41-\$57

Keep your clothes pressed with the world’s smallest portable steam iron
Availability: Available on Amazon and ships to Bangladesh
Price: \$23.99



Communicate with travel mates even without cellular network: goTenna Mesh
Availability: Available on Amazon and goTenna official website. Try Backpack to get it from the USA directly
Price: \$179

Find your way in darkness with Mpowerd Luci Pro 2.0 Solar Light
Availability: Available on Amazon and ships to Bangladesh
Price: \$11.18-22.99

